

# Cultural Coat of Arms

GOALS:

1. To help participants to identify and become aware of specific aspects of their cultures, by identifying their cultural groups greatest accomplishment, a favorite food of their cultural group, a piece of clothing that is symbolic of their cultural group, and an artifact of their cultural group in their home.

GROUP CHARACTERISTICS:

--Between 5 and 15 participants

MATERIALS REQUIRED:

--Copies of the Cultural Coat of Arms worksheet (see manual), and color marker for each individual.

TIME REQUIRED:

--Approximately 10-15 minutes for the participants to draw their Cultural Coat of Arms and 20-30 minutes to discuss each individuals Coat of Arms.

PROCESS:

1. Ask participants to use color markers to draw in their Coat of Arms, using the worksheet provided (the worksheet provides the salient categories for the participants).
2. After the participants have drawn their Coat of Arms, ask each one to share their drawing with the rest of the group. Have all group participants discuss the various aspects of their cultures represented on the worksheet.

