



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Priorities for the Day							
8-9 am							
9-10 am							
10-11am							
11-noon							
12-1 pm							
1-2 pm							
2-3 pm							
3-4 pm							
4-5 pm							
5-6 pm							
6-7 pm							
7-8 pm							
8-9 pm							
9-10 pm							
10-11 pm							