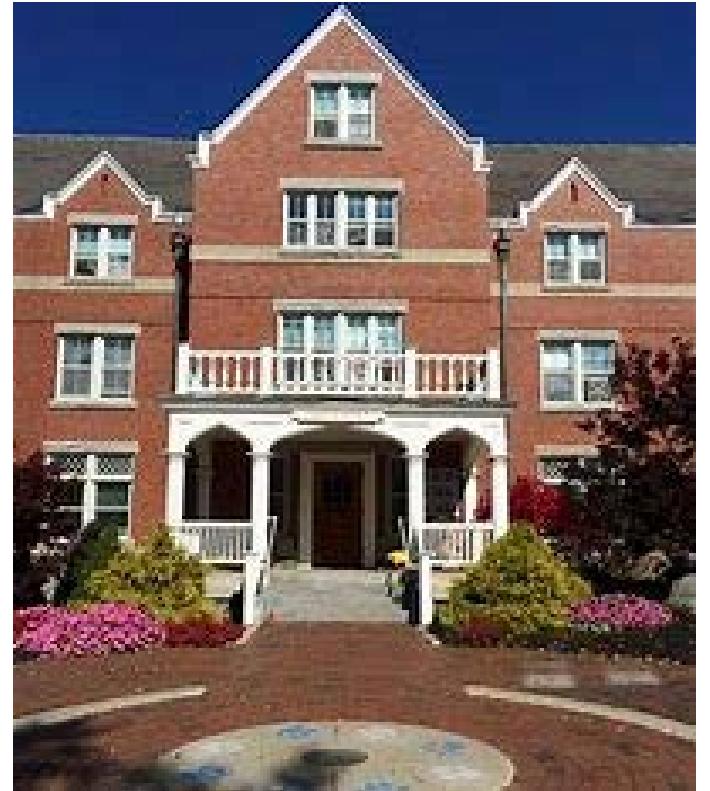


# Preparing for finals with CFAR

Whether it's your first time preparing for college finals or you've done this before, CFAR has simple, effective strategies that can make a big difference.

From organizing your to-do list to planning out study time for each class, these tools can help you feel more in control and confident heading into the end of the semester.



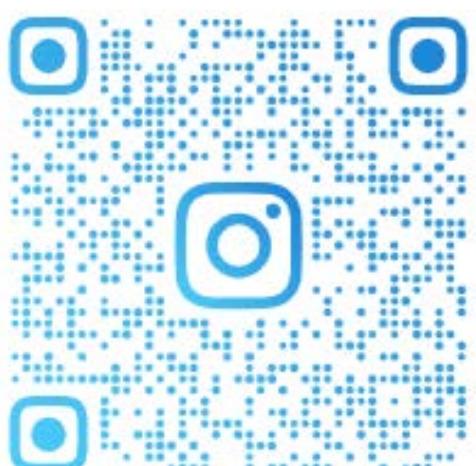
Smith Hall

Room 206

Drop-in Hours

Monday – Thursday

11am-3pm



UNHCFAR

# When are your finals?

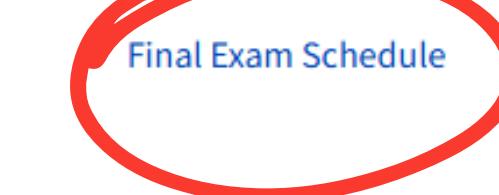
- Check the registrar schedule:  
<https://www.unh.edu/registrar/registration/exams>
- Double check the date, time & location with your instructor
  - they've probably posted something in Canvas or updated their syllabus!
  - How many exams do you have in a day?
- Test accommodations? Look for an email from SAS



## Final Exam Planning & Schedules

### Fall 2025

- General Information and Planning Guide
- Comm. Exam Priority List
- **Final Exam Schedule**



# Let's get a visual of your finals week!

**5 Week Calendar End of Semester Fall 25**

**Legend:**  
 Yellow box = final exams  
 Yellow line = final projects/presentations

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11/9	11/10 PSYCH Clinical 6am-3pm	11/11	11/12	11/13	11/14 MedSurg lab 8-12	11/15
11/16	11/17 PSYCH Clinical 6am-3pm	11/18	11/19	11/20 Exam #3 MEDSURG	11/21 MedSurg lab 8-12	11/22
11/23 Final project individual paper NURS 627 due at midnight	11/24 PSYCH Clinical 6am-3pm	11/25	No Classes	11/26 Thanksgiving	11/28 No Classes	11/29
11/30	12/1 Final QSEN due for MedSurg Clinical PSYCH Clinical 6am-3pm	12/2	12/3	12/4 Final presentation Honors NR444 Final presentation + Honors presentation NURS 627	12/5 Clinical patient education presentation at Wentworth Douglas Hospital	12/6
12/7 Reflection Essay for NURS 627 due by midnight	12/8 Last day of classes Final draft of book review NR444	Reading Day 12/9 Finals Start at 6 PM	12/10 10:30-12:30 MEDSURG final 3:30-5:30 PSYCH final final draft of capstone project NR444	12/11	12/12 Online final exam for NR444 due anytime before Dec 19 11:30 pm	12/13
Final QSEN due 6-psych Clinical 12/14	12/15	Finals End!!				

**Center for Academic Resources and Student Support Services**  
 Smith Hall 2<sup>nd</sup> Floor • (603) 862-3698 • [www.cfar.unh.edu](http://www.cfar.unh.edu)

**University of New Hampshire**

## What it is:

- A planning sheet to help you gather all the key information for each of your exams.

## How to use it:

- Fill one out per class – note your exam date, format, topics, and what percentage it's worth. Collect resources like study guides, lecture notes, and past exams.

## Why it helps:

- Having everything in one place saves time and reduces stress – you'll know exactly what, when, and how to study for each course.



## Finals/Midterms Checklist & Info Gathering WS

There's important pre-work to be done before you start your midterm/final exam preparation. Fill out this checklist & information gathering WS for each of your classes.

In order to complete this fully, consult your course SYLLABUS and CANVAS page!

CLASS: Intro to Audiology

### LOGISTICS

Date & time of exam: Wednesday Dec 10th 10:30Am-12:30pm

Is the exam cumulative?: Yes! → Covers all topics from semester

What percentage of your grade is your exam worth? 25% of final grade

How will the exam be structured? (MC, short-answer, online, etc.): all multiple choice

What percentage of your grade is still for the taking (including your final): still have 1 HW assignment & Exam 3 left!

### RESOURCE COLLECTION

Is there a study guide for the exam?: yes! uploaded to canvas

Is there a review session?: yes If yes, when?: during last class 12/4

Where will material for the exam pull from? (circle or highlight all that apply)

⇒ Textbook

⇒ iClicker questions

⇒ Online portal associated with text

⇒ Practice problems

⇒ Lectures/notes

⇒ Study guides

⇒ Homework

⇒ Quizlets/Knowit

⇒ Quizzes

⇒ Past/old exams

### NOTES:

Office Hours Wednesday 4-5pm

\* One-sided hand written cheat sheet allowed

# Prioritize your to-do list

What tasks would you like to complete before or after thanksgiving break?

What it is:

- A simple 4-box strategy that helps you decide what needs your attention right now, what can wait, and what might not need to be done at all.

How to use it:

- Sort your tasks into four categories – Do It Now, Do It Next, Schedule for Later, or Delete/Wait.

Why it helps:

- When everything feels urgent, this tool helps you see what actually matters most so you can spend your study time wisely.



Brain On!  
Study Smarter

Prioritizing Your To-Do List

To Do List:

- admn 570 chapter 9 nw  
↳ chapter 9 smartbook
- mktg 760 work on presentation
- admn 575 data analysis assignment  
↳ read ch. 19-22 in disrupted
- book ferry to go home for thanksgiving
- finish accreditation
- write micro badge reflections
- do pre registration schedule

DO IT NOW	DO IT NEXT
<ul style="list-style-type: none"><li>- do pre registration schedule</li><li>- admn 575 data analysis assignment</li></ul>	<ul style="list-style-type: none"><li>- finish accreditation</li><li>- write micro badge reflection</li><li>- book ferry</li></ul>
SCHEDULE A TIME TO DO LATER	DELETE/WAIT UNTIL ALL ELSE IS DONE
<ul style="list-style-type: none"><li>- mktg 760 work on presentation</li><li>- admn 570 chapter 9 nw</li><li>- admn 575 read disrupted ch. 19-22</li></ul>	<ul style="list-style-type: none"><li>- admn 570 chapter 9 smartbook (finished!)</li></ul>



Brain On!  
Study Smarter

## Assignment Plan of Action

What am I being asked to do:

create a marketing plan presentation with my group and have it ready to be presented by december 3<sup>rd</sup>.

What are the materials I need to use:

google slides/canva/powerpoint, rubric, library resource databases (statista, marketline, country commercial guides)

What information do I need to know:

maximum of 30 minutes to present, must be in third person, each slide must have photos/graphs, less information on slides/slides should be used as an outline)

Steps:

1. review the marketing plan presentation rubric  
break the rubric into sections so each group member can focus on one section to work on
2. member can focus on one section to work on
3. research topics in my section on databases
4. take the info and translate it onto the powerpoint
5. find graphics to add on library databases
6. add all links to a work cited slide @ end of slideshow
7. write out notecards to use while presenting to reference
8. schedule a time w/ group to practice the presentation
9. present on december 3<sup>rd</sup>!
10. \_\_\_\_\_

# Assignment Plan of Action

Do you have a final paper or project to complete?

What it is:

- A quick, fill-in-the-blank worksheet that helps you break any big paper, project, or study task into clear, manageable steps.

How to use it:

- Start by writing out what you're being asked to do, what materials you'll need, and what information you need to know. Then, list out your next steps—one by one—so you have a realistic plan to move forward.

Why it helps:

- When deadlines pile up, it's easy to feel stuck or unsure where to begin. This worksheet turns "I don't know where to start" into a clear, step-by-step action plan. Perfect for mapping out final projects, presentations, or study plans.

## Exam Study Guide

### Course: HUMAN DEVELOPMENT

Date of the exam: 11/16/20		Weight of the exam: 15 %
Importance	Topics to Study	Focus on...
I.e.: number ranking (1,2,3..), time (~2-3 hrs)	I.e.: weekly topics in course syllabi, lecture topics, topics in textbook	<ul style="list-style-type: none"><li>- What were the main points talked about?</li><li>- What were things that didn't make sense?</li><li>- Were there "learning objectives" listed in the lecture slides, chapters, or syllabus?</li></ul>
5	INFANCY	<ul style="list-style-type: none"><li>• physical development</li></ul>
30 min.		
2	TODDLER	<ul style="list-style-type: none"><li>• Attachment theory</li></ul>
2 hrs		
1	CHILD	<ul style="list-style-type: none"><li>• emotional development</li></ul>
2 hrs		
3	ADOLESCENCE	<ul style="list-style-type: none"><li>• behavior changes</li><li>• emotional intelligence</li></ul>
1 hr		
4	EARLY ADULTHOOD	<ul style="list-style-type: none"><li>• Brain development</li><li>• Social development</li></ul>
1 hr		
Exam Details		Questions to Ask Prof
50 multiple choice		<p>*Review this is your prof to see if you are focusing on the right topics</p> <ul style="list-style-type: none"><li>• Do I need to know the ages for each stage?</li></ul>
I.e.: multiple choice? Essay? Short answer?		

Adapted from UBC Learning Commons

# Create your own study guide

## 1. Gather Materials

- Pull notes, slides, quizzes, and your syllabus together in one place.

## 2. Know What's on the Exam

- Check Canvas and your syllabus for topics, format, and key objectives.

## 3. Organize by Topic

- Create sections for each chapter or theme – leave space for key terms or diagrams.

## 4. Turn Notes Into Questions

- Write practice questions, definitions, or quick summaries for each concept.

## 5. Prioritize

- Mark what you know vs. what needs more review – focus where it counts.

## 6. Study Actively

- Quiz yourself, teach it aloud, or test with a friend.

# CFAR has great study spaces for all students with whiteboards for practice!



CFAR Reset Space

Smith Hall Room 209

Perfect if you need a break from noise and want calm focus!



CFAR Study Lounge

Smith Hall Room 201

A collaborative space to stay motivated and productive

# CFAR Drop-in Hours

Stop by CFAR Drop-In Hours to apply these strategies to your classes!

Monday – Thursday 11am- 3pm  
Smith Hall Room 206

We'll partner with you to break down assignments, prioritize tasks, and get organized for the end of the semester/ finals week.