



| Terminology | What it Means |
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| MWF | Monday, Wednesdays, and Fridays |
| MW | Mondays and Wednesdays |
| TR | Tuesdays and Thursdays |
| Language classes | Usually meet 4 days a week |
| Problem Solving classes | Meet for lecture and recitation with TA |
| CEPS | College of Engineering and Physical Sciences |
| CHHS | College of Health and Human Services |
| COLA | College of Liberal Arts |
| COLSA | College of Life Sciences and Agriculture |
| PAUL | College of Business |
| Associate Deans & Prof Advisors | Guidance Counselor ISH! |
| 128 | Credits needed to graduate |
| 12 to 20 | Credits taken per semester |
| Major, Minor, Discovery, your choice | Classes you chose each semester to graduate |
| RAC | Number from advisor to register for classes |
| Canvas | Class portal like Google classroom |
| My.usnh.edu | Access point for all UNH's portals |
| My Wildcat Success | Make appointment with advisors |
| Webcat | Personal info, Registration, Student Records, Billing, Parent Portal |
| Registrar's Office, Stoke Hall | Student records, Grades, Scheduling rooms |
| Business Services, Stoke Hall | Your financial account and paying your bill |
| Financial Aid, Stoke Hall | Workstudy, Scholarships, Student Loans |
| IT, Library, T-Hall third floor | Computing Help |
| Center for Academic Resources (CFAR) Smith | Study Skills, Time Management, Study Space |
| Writing Center, Library | Help with all writing assignments |
| Math Center, Kingsbury | Help with homework in Math Classes |
| Knack, online | Free tutoring |
| Student Accessibility Services (SAS) Smith Hall | Accommodations for students w/disabilities |
| Health and Wellness Near downtown | Medical and Living Well Services |
| Psychological & Counseling Services(PACS) Smith | Individual, group, and crisis counseling |
| Res Life Staff: Hall Director and RA | Professional & peer staff living with you |

**1. SYLLABUS**

- Gives you a GPS for the course: a framework of what you will learn and with what tools
- Helps you know your professor's expectations: attendance policy, communication style, office hours
- Tells you what will be on the exams: focus on the topics and how they relate to the learning objectives

2. CANVAS

- Provides you with most of the course content: check out all the tabs in-depth the first week of classes
- Turn on notifications to get email announcements. Click on your photo to make sure the bell is green
- Use the assignments summary, calendar, and grades to track due dates

3. CALENDARS

- Transfer your test and assignment due dates onto [CFAR's semester calendar](#) (or paper copy at CFAR)
- Create a weekly visual schedule adding block of study time for each day
- Create study goals for each day breaking down your workload

4. CLASS

- Always go to class: the attendance policy is found on the syllabus or in Canvas
- Prepare for class by previewing powerpoint slides (PPS) and reviewing notes from previous lecture
- Class material is the majority of what you will be tested on

5. POWERPOINT SLIDES AND NOTETAKING

- Download PPS or print them out to take notes on them (studies show writing notes is most beneficial)
- PPS introduce a concept—class lecture/discussion provides the vital explanation
- Write down explanations, examples, and how concepts relate to each other and take pictures of board

6. BOOK/EBOOK/ARTICLES

- Your syllabus or canvas site will tell you the required reading
- Look for any portals associated with your ebook that provide homework and study tools
- Professors expect you to do the assigned readings before class to gain a basic understanding

7. VIDEO AND ONLINE RESOURCES

- Google the topic you are trying to learn to find helpful resources
- Use tutorial videos like [Khan Academy](#); [Bozeman Science](#); [Crashcourse](#), [Ted Ed](#)
- Test your understanding with tools like [Quizlet](#); [Knowt](#); [StudyKit](#)

8. CAMPUS RESOURCES

- [CFAR](#)
- [Connors Writing Center](#)
- [The Math Center](#) [Knack Tutoring](#)