What is Northeast Passage?

Northeast Passage, founded in 1990, is a nationally recognized leader in the provision of innovative therapeutic recreation services. Northeast Passage delivers disability-related health promotion and adapted sports programs throughout New England. Northeast Passage is a program of the University of New Hampshire’s College of Health and Human Services and is an affiliate of Disabled Sports USA.

The Mission

The mission of Northeast Passage is to create an environment where individuals with disabilities can recreate with the same freedom of choice, quality of life, and independence as their non-disabled peers. Our guiding principles are promoting client independence through education and problem solving, creating opportunities, and collaborating with others to create a strong network of accessible recreation.

Core Programs

The Sports & Recreation program offers A-Z service, from entry-level instruction, to casual recreation, equipment rental and competitive sports:

- **Seasonal Recreation** available in cycling, court sports, cross country skiing, golf, hiking, paddling, power soccer, and waterskiing. **Competition Teams** offer training and team participation in sled hockey and quad rugby.
- **Athlete Development** offers a unique opportunity for competitive athletes with disabilities to train and attend UNH as student-athletes.
- **Junior Development/Paralympic Sport Club (PSC)** is a grassroots pipeline to introduce youth with physical disabilities to active lives and Paralympic sport.
- **Equipment Rental** makes it affordable to try more than 180 pieces of adaptive recreation equipment.

**TREK** (Therapeutic Recreation Empowering Kids) program staff work with parents, students, educators, and community recreation providers. Services include: IEP-based recreational therapy in schools; after school recreation opportunities; community exploration for young adults; transition programming; trip facilitation.

- **Similarity Awareness** educates students, teachers, and school administrators about access issues, providing tools to discuss and explore the similarities we all share, regardless of ability.

**PATH** (Promoting Access Transition Health) empowers individuals living with disabling conditions by providing support and advocacy so that they may reach their maximum potential and lead healthy, active lives. PATH is an individually designed, outcome-based therapy that takes place in the client’s home community.

More info at: [http://www.nepassage.org](http://www.nepassage.org)

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