CAREER EXPLORATION SERIES
Four consecutive weeks
MONDAYS Feb. 08 through 29 @ 6:00-7:30 pm
Horton 201

This series is presented by the UNH Center for Academic Resources (CFAR). It is available only to students who are eligible for our TRIO-Student Support Services (SSS). We are geared to students who are figuring out their future career plans, trying to decide on a major, or really lost about what they seek to do in their lives. We will cover the content below in these sessions.

Please contact me directly to reserve a space!

* CAREER ASSESSMENT – Introduction to our career development model & completion of a brainstorming self assessment and goal-setting activity.

* CAREER INFORMATION – Looking at valuable sources of career information from paper, the Internet, and from people. Developing your professional network. Using LinkedIn in a million ways.

* RÉSUMÉS and CAREER TOOLS – We will do a unique and interesting résumé activity to get a sense of strengths and weaknesses in résumés. Using a résumé as a self-assessment tool as well as a summary of experience.

* DECISION-MAKING AND VALUES – We will do a thought-provoking values activity and look at decision-making styles and how we make decisions.

* CAREER GOALS & ACTION PLAN – We will do a goal-setting activity, look at career and personal goals, and summarize our career series by developing a Personal Action Plan during an individual career meeting.

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Just send me an e-mail to reserve a space!