Each kit bag contains:
One (1) transport vial containing media, one (1) swab, one (1) biosafety bag, and one (1) absorbent pad.
Kit materials may differ in appearance based on what supplies are available at a given time.

1. Watch the Instructional Video
   Visit www.unh.edu/covidtest and watch the instructional video.

2. Label
   Fill out one barcode label with the date and time of sample collection. You received a sheet of personalized labels with your kits.

3. Prepare
   Affix one label on the vial. Cover the barcode that is already on the vial. *Labels must be on the vial for sample to result*

4. Prior to Test
   Wash hands with soap and water for 20 seconds and dry, or use hand sanitizer.

5. Prep for Collection
   Remove swab from packaging. Open from the side opposite the swab tip.

6. Sampling
   Rotate the swab in one nostril for 15 seconds (as shown in the video).

7. Sampling
   Rotate the swab in the other nostril for 15 seconds.

8. Swab Securing
   Place the swab (tip down) in the vial. Snap the swab handle by bending it firmly against the lip of the vial and dispose of the remaining piece. Screw the lid on the vial to seal securely. Make sure the top of the handle sits below the lip of the vial so the handle is not bent when the lid is sealed. NEVER fold the swab handle over to fit it in the vial.

9. Sample Securing
   Place the sealed tube in the biosafety bag along with the absorbent pad and seal the bag. (In some kits, the absorbent pad may already be inside the biosafety bag.)

10. Sample Drop-Off
    Drop the sealed biosafety bag in the secured drop box at any collection point within 2 hours of sample collection. Please use the drop boxes located on the campus where you received your kits (e.g., if you received your kits in Durham, please use the Durham drop boxes).

www.unh.edu/covidtest #unhtogether
Frequently asked questions
What happens if I test positive for COVID-19?
› UNH Health & Wellness will contact you with further instructions. They will also contact you daily to monitor your symptoms, either by voice call, text or email.
› Health & Wellness will help you connect with Academic Affairs to answer questions about classes
› If you tested positive on a test outside of UNH upload to H&W using this form: https://covid-19.unh.edu/upload-my-test-result

What happens if the test tube leaks when I flip it over to check the seal?
› You need to complete a new testing sample.

What if my sample spills, is rejected, or I’ve run out of test?
› Test kits will be provided periodically throughout the semester, but you will not be given any extra. If your sample has been compromised or a kit is no longer usable, please contact Health & Wellness at (603)-862-9355.

What is the absorbent pad for?
› The absorbent pad is included to soak up spilled liquid in the event a sample leaks. This helps protects lab workers and prevents the contamination of other samples.

What happens if I am experiencing COVID-19 related symptoms?
› You should self-isolate immediately and call Health & Wellness at (603) 862-9355 to be evaluated.

Contact information:
Visit UNH Health & Wellness website for more information at www.unh.edu/health or contact covid@unh.edu.
For issues with your testing portal, contact unhcovidlab@unh.edu
For all COVID related academic concerns, contact the Associate Dean of your college.

www.unh.edu/covidtest #unhtogether