Each kit bag contains:
One (1) transport vial containing media, one (1) swab, one (1) biosafety bag, and one (1) absorbent pad. Kit materials may differ in appearance based on what supplies are available at a given time.

1. Watch the Instructional Video
   Visit www.unh.edu/covidtest and watch the instructional video.

2. Label
   Fill out two barcode labels with the date and time. You should receive a sheet of personalized labels when you pick up your kits.

3. Prepare
   Affix one label on the vial and the other label on the biosafety bag.

4. Prior to Test
   Wash hands with soap and water for 20 seconds and dry, or use hand sanitizer.

5. Prep for Collection
   Remove swab from packaging.

6. Sampling
   Gently and slowly swab the inside of your nostril for 15 seconds (as shown in the video). Repeat in the other nostril.

7. Swab Securing
   Place the swab sample (tip down) in the vial. Snap the swab handle by bending it firmly against the lip of the vial and dispose of the remaining piece. Screw the lid to the vial to seal securely.

8. Sample Securing
   Place the sealed tube in the labeled biosafety bag along with the absorbent pad and seal the bag. (In some kits, the absorbent pad may already be inside the biosafety bag.)

9. Sample Drop-Off
   Drop the sealed biosafety bag in the secured drop box at any collection point within 24 hours of sample collection.

Sample drop box locations:
› Holloway Commons (HoCo) Dining Hall
› West Edge Lot (drive-up drop box)
› Stillings Dining Hall
› Hamel Recreation Center lobby
› Philbrook Dining Hall
› A-Lot at the tunnel entrance
› Health & Wellness
› Thompson Hall (T-Hall)
› Kingsbury Hall entrance facing SERC
› Outside Spaulding Hall under the awning
Visit www.unh.edu/covidtest for additional information

www.unh.edu/covidtest
#unhtogether
What happens if I test positive for COVID-19?

› UNH Health & Wellness will contact you with further instructions. They will also contact you daily to monitor your symptoms.
› The New Hampshire Department of Health and Human Services will contact you to begin contact tracing.
› You will have the option to quarantine either at home or in an isolation hall on campus.
› You will be required to isolate for 10 days, be fever free for 24 hours without fever-reducing medicine and be symptom-free before being released (based upon CDC guidelines).
› Health & Wellness will help you connect with Academic Affairs to answer questions about classes.

What happens if I forget to drop off my self-test sample on time?

› An email notification will be sent notifying you that you have not dropped off your testing sample.
› You will have 24 hours from your original testing drop off time to drop off a testing sample.
› If the testing sample is not dropped off within the extended time allotted, a meeting with a COVID Incident Response Team member is required. Also, you will be required to self-isolate until your next testing period.
› If a second failure to test occurs, you will be required to leave the UNH campus and continue your semester online.

Other frequently asked questions

What happens if the test tube leaks when I flip it over to check the seal?
You need to complete a new testing sample.

What is the absorbent pad for?
The absorbent pad is included to soak up spilled liquid in the event a sample leaks. This helps protects lab workers and prevents the contamination of other samples.

How will I get more test kits when I run out?
Test kits will be provided periodically throughout the semester, but you will not be given any extra. If your sample has been compromised or a kit is no longer usable, please contact Health & Wellness at (603)-862-9355.

What happens if I am experiencing COVID-19 related symptoms?
You should self-isolate immediately and call Health & Wellness at (603) 862-9355 to be evaluated.

If I am required to stay in an isolation hall how will I eat?
UNH Dining will prepare boxed meals and deliver them to your door. They will take into consideration dietary needs.

Helpful links

Visit UNH Health & Wellness website for more information: www.unh.edu/health.

For all COVID-19 related academic concerns contact the Associate Dean of your college.

If you notice a member of the UNH student body not following the UNH COVID-19 polices, you can submit a concern on the COVID Incident Reporting Form: tinyurl.com/UNHCovid.