Learning new course material takes time and practice. Use short, frequent, and focused study sessions throughout the week rather than studying only before an exam. Use this approach and be amazed how much you learn and how well prepared you are for your exams!

**PREPARE TO UNDERSTAND!**
- Prior to lecture, look at the syllabus topic; assigned reading chapter title, subheadings, bold face print, vocabulary and summary.
- Print out PowerPoint (PP) slides and look at how lecture will be presented.
- Review notes from the past lecture.

**GO TO CLASS!**
- Use a notebook or laptop for notes.
- Bring printed PP slides to class
- Sit in the front to help with focus
- Listen for the vocabulary and concepts you previewed prior to class.
- Write down anything the professor says that is not on the PP slides.
- Take pictures of material on white/chalk board.

**PRACTICE!**
- Organize information into different formats by creating: pictures, graphs, charts, maps, timelines, Venn Diagrams!
- Actively work with the material: create possible exam questions, do practice problems, and discuss material with a classmate.

**REREAD YOUR NOTES!**
- Within 24 hours, re-read your notes and fill them in with information still in your memory
- Relate the concepts to each other and to the lecture title.
- Ask yourself how this new information is related to the previous class lecture.

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