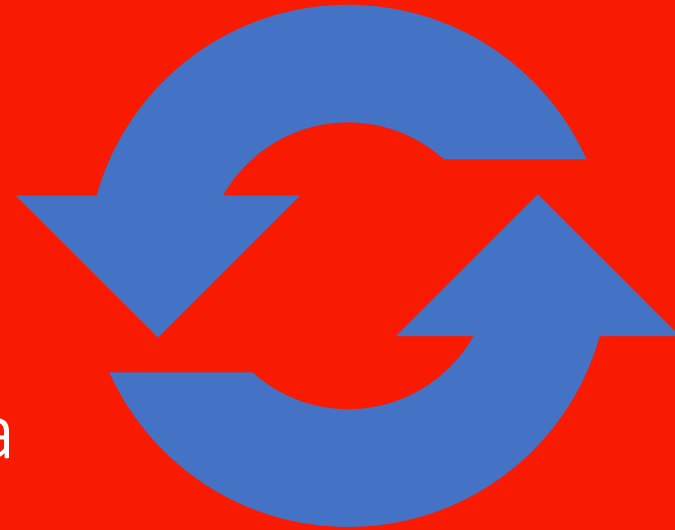


# THE STUDY CYCLE

with CFAR and mentor Alexia



Before going to class,  
spend some time  
looking at the concepts  
you will be learning



Always go to  
class/watch lectures  
so you can focus on  
the professor's  
explanation of those  
concepts

The time to  
connect and learn  
all the concepts  
together for the  
test

Revisit the concepts in  
your notes and use tools  
to help you learn the  
concepts--readings,  
videos, online course  
portals, connect to  
previous information in  
class, discussing content  
with a classmate

# Preview



**Prior to Lecture,  
look at the  
syllabus topics**



**Go into Canvas  
to see if anything  
is posted**



**Read the  
assigned  
reading  
chapters**



**Preview the  
boldface print,  
vocabulary, and  
summary.**



**Print out  
PowerPoint  
(PPT) slides and  
look at how the  
lecture will be  
presented.**



**Make an outline  
for your notes  
that you can use  
during lecture**



**Google and find  
videos for  
concepts that  
will be covered.**



**Review your  
notes from the  
past lecture.**

# Attend



Bring printed PPT slides to class or have them up on your computer screen



Have a different notebook/folder for each class to stay organized



Sit in the front to help with focus/sit in a quiet area when remote



Take pictures of problems or examples on the board



Put your other devices away to stay focused



Write down all the professor says that is not on the PPT slides-- capture the explanations



Listen for the vocabulary and concepts you previewed prior to class.

# Review



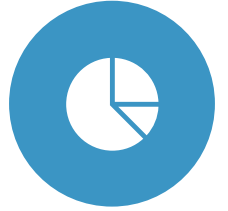
**WITHIN 24 HOURS,  
RE-READ YOUR  
NOTES AND FILL  
THEM IN WITH  
INFORMATION  
STILL IN YOUR  
MEMORY**



**RELATE THE  
CONCEPTS TO  
EACH OTHER AND  
TO THE LECTURE  
TITLE.**



**ASK YOURSELF  
HOW THIS NEW  
INFORMATION IS  
RELATED TO THE  
PREVIOUS CLASS  
LECTURE.**



**CREATE GRAPH,  
CHARTS OR AN  
INFORMATION  
MAP**



**MAKE  
FLASHCARDS FOR  
MEMORIZATION  
AND USE QUIZLET  
TO STUDY PAST  
MATERIAL**



**USE ONLINE  
RESOURCES:  
MASTERING A+P,  
KHAN ACADEMY,  
MYECONLAB, ETC.**



**QUESTION  
GENERATE NOTES**



**SUMMARIZE  
NOTES OR CREATE  
AN OUTLINE OF  
THE  
INFORMATION**

# Study



**CREATE POSSIBLE  
EXAM QUESTIONS BY  
PREDICTING HOW THE  
INFORMATION IN YOUR  
NOTES COULD BE  
TURNED INTO  
QUESTIONS FOR AN  
EXAM**



**MAKE A PRACTICE  
EXAM FROM PRIOR  
QUIZ QUESTIONS AND  
HOMEWORK  
PROBLEMS**



**DO PRACTICE  
PROBLEMS AND SOLVE  
FOR A DIFFERENT  
VARIABLE--ANTICIPATE  
HOW THE PROFESSOR  
MIGHT ASK THE  
QUESTION  
DIFFERENTLY**



**DISCUSS MATERIAL  
WITH A CLASSMATE--  
HELPS YOU TO RETAIN  
90% OF THE MATERIAL  
IF YOU CAN TEACH  
SOMEONE ELSE THE  
CONCEPTS**



**FILL OUT STUDY  
GUIDES OR CREATE  
YOUR OWN**



**BREAK DOWN  
STUDYING FOR MANY  
DAYS BEFORE THE  
EXAM**

<https://unh.mywconline.com>

How to make an  
appointment  
with a mentor

Sep. 29: Tuesday	9:00am	10:00am	11:00am	12:00pm	1:00pm	2:00pm	
Alexia-STEM major ONLINE ONLY							

## Create New Appointment

### Client

Gianoulis, Alexia (ag1172@wildcats.unh.edu)

To select a different client, begin typing a name or email above and then select from the resulting list.

### Appointment Date

Tuesday, September 29, 2020:  to  [Show REPEAT Options](#)

### Staff or Resource

Alexia-STEM major (CFAR Fall 2020)

**APPOINTMENT LIMITS:** Appointments must be 30 minutes in length.  
**LOCATION:** CFAR

### Meet Online?

- Yes. Schedule **Online** appointment.  
If you choose an online appointment, log back in to this website approximately five to ten minutes before the start of your appointment. Then, open this appointment and click "Start or Join Online Consultation."

Availability for this week

Sep. 24: Thursday	9:00am	10:00am	11:00am	12:00pm	1:00pm	2:00pm	3:00pm	4:00pm	5:00pm	6:00pm	7:00pm
<b>Audrey-STEM</b> ONLINE ONLY											
<b>Elena-STEM Engineering</b> ONLINE ONLY											
<b>Isabel-STEM major</b> ONLINE ONLY											
<b>Lauren-STEM major</b> ONLINE ONLY											
<b>Lorena-Social Work/Spanish</b> ONLINE ONLY											
<b>Megan-STEM</b> ONLINE ONLY											
<b>Ryan-Business major</b> ONLINE ONLY											
<b>Ujan-STEM-Engineering</b> ONLINE ONLY											

Sep. 25: Friday	9:00am	10:00am	11:00am	12:00pm	1:00pm
<b>Kylee-Health Studies/Sustainability</b> ONLINE ONLY					
<b>Sarah-Poli Sci/Communications</b> ONLINE ONLY					