CFAR's Favorite Apps and Websites for Reducing Distraction and Staying Focused:

TIME MANAGEMENT:

Flora Stay focused on your tasks, clear to-do lists, and build positive habits

Tomato Timer: Set the clock and start studying!

Chipper Digital Planner app

FOCUS

RescueTime: Time tracking and distraction blocking software

Focus: Website and Application Blocker for Mac OS

Stay focused and plant trees with Forest

Calendars and To Do Lists:

Microsoft To Do

Pocket Schedule/Planner for Apple products

Smart Tasks: Lists made easy!

Motivation Videos

Study Hard, Motivation for Students

Just Keep Studying! Study Motivation

Study Less Study More

Click here for CFAR's Finals 2020 Toolkit