**LIFTING EQUIPMENT**

**Dollies & Push Carts**
- Easy to handle
- Can handle different load capacities, up to 600 lbs, for any type of job
- Decreases the force required to transport heavy or awkward loads
- Helps reduce back strain

**Safety Tips**
- Follow proper body mechanics when lifting the load onto the dolly
- Place the heaviest objects on the bottom
- Position the load so it rests on the axles, so the weight is carried by the truck and not the handles
- Make sure the load does not slip, shift, or fall; do not operate if the load is off-center
- Move forward, not backward, with a hand truck
- If you are going down slope, keep the load in front of you
- If you are going up slope, keep the load behind you
- Move slowly and cautiously
- Make sure you can see the load at all times

**Hydraulic Trash Can Dumper**
- Designed so heavy trash cans can be safely dumped
- Decreases worker injury related to heavy lifting, pushing, and pulling trash cans
- Adjustable unit and chute allows for use with different type of trash cans
- Portable and versatile with two rigid and two swivel casters
- Powered by either manual foot pump or powered hand controls
  - Maximum dump angle: 135°
  - Maximum dump height: 48”
  - Maximum capacity: 400 lbs

**Safety Tips**
- Read the owner's manual and understand how to operate machinery before use
- Keep equipment well maintained and up to code with regular inspections
- Routinely inspect and clean all labels affixed to the product to maintain legibility
- Make sure the area surrounding the equipment during use is clear
- Stand out of the way during operation
LIFTING EQUIPMENT

Hydraulic Lifts
- Keeps loads at an ideal height for building or breaking down pallet loads
- Springs and shock absorbers used to lower and raise loads
- No power or air supply is required
- Can handle loads up to 4,500 lbs
- Turn table allows for complete 360° access to loads

Safety Tips
- Install unit on flat, even surface
- Do not operate if the load is off-center
- Keep away from “pinch points” where materials meet
- Do not rotate if anyone is standing near the unit, as parts may move
- Follow proper body mechanics when lifting any load

Manual Hydraulic Lifts & Transporters
- Versatile workstations that can transfer elevated or low-level loads
- Manually operated by pushing the lift
- Load capacity of 170–500 lbs, depending on the lift
- Work surface can be raised from floor height to 36”–96” by using hydraulics and a foot pedal
- Four locking swivel casters allow transportability and versatility

Safety Tips
- Lock breaks during use
- Keep area around equipment clear and free from obstruction during use
- Know the weight of your load and keep it under maximum weight
- Take your time while using lifts and always be aware of your surroundings
- Push lifts whenever possible and avoid pulling
- Read the owners manual and understand how to operate equipment
- Keep equipment well maintained and up to code with regular inspections

Vendors of Ergonomic Material Handling Equipment
- Unidex Inc.
- Southworth Products Co.
- Easy Rack
- ULINE
- Vestil Manufacturing