UNH Psychological and Counseling Services (PACS)
2018-2019 Annual Report

<table>
<thead>
<tr>
<th>Department Name:</th>
<th>Psychological and Counseling Services (PACS)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Location:</td>
<td>3 Garrison Ave., Smith Hall Third Floor, Durham, 03824</td>
</tr>
<tr>
<td>Main Phone:</td>
<td>603-862-2090</td>
</tr>
<tr>
<td>Website:</td>
<td><a href="http://www.unh.edu/pacs/">www.unh.edu/pacs/</a></td>
</tr>
<tr>
<td>Director’s Name:</td>
<td>Dr. Shari Robinson</td>
</tr>
<tr>
<td>Director’s Email:</td>
<td><a href="mailto:Shari.Robinson@unh.edu">Shari.Robinson@unh.edu</a></td>
</tr>
</tbody>
</table>

Number of Staff:

<table>
<thead>
<tr>
<th>Staff Type</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full Time Professional/Classified Staff</td>
<td>11</td>
</tr>
<tr>
<td>Part Time Professional/Classified Staff</td>
<td>3</td>
</tr>
<tr>
<td>Doctoral Interns</td>
<td>3</td>
</tr>
<tr>
<td>Post-Doctoral Fellows</td>
<td>2</td>
</tr>
<tr>
<td>Administrative Support Staff</td>
<td>3</td>
</tr>
<tr>
<td><strong>Total:</strong></td>
<td><strong>22</strong></td>
</tr>
</tbody>
</table>

MISSION

Psychological and Counseling Services (PACS) is committed to serving UNH’s diverse campus community by providing students with support and education for their personal and academic success through confidential counseling, psychiatric consultation, and outreach and prevention services.

**Diversity Statement:** PACS is sensitive and committed to diversity and the richness of human differences. Our service and training missions require that staff and clients alike are treated with respect and value across all differences. Thus, PACS policies, procedures, activities, relationships, and interactions with individuals and groups in the campus community are consistent with these values.

We are faced with increasing global diversity in our everyday lives. We challenge ourselves, our clients, and the University community to develop qualities of adaptability, flexibility, and versatility so that we may all learn to work effectively with those different from ourselves. As a staff we are committed to celebrating the diversity that gender, gender identity and gender expression, ethnicity, race, culture, sexual orientation, age, religious beliefs, class, appearance, and abilities bring. Further, we are committed to confronting prejudice, discrimination, and oppression and facilitating healing in our lives and in the lives of those we serve and train. Discrimination and harassment are not tolerated at PACS. The hiring of staff and selection of interns and fellows are consistent with the University Affirmative Action Guidelines.

UNIT OVERVIEW

PACS offers clinical services including crisis intervention and emergency risk assessments, short term individual counseling, group counseling, medication consultation, couples counseling, and consultation and referral services surrounding screening, treatment recommendations, and community referrals. Additionally, PACS serves as a resource for consultation to staff, faculty, and family members, provides educational workshops and presentations, and collaborates on outreach efforts within the UNH community. PACS staff includes psychologists, clinical social workers, and doctoral level trainees who work under the supervision of our professional staff.
<table>
<thead>
<tr>
<th>Goals</th>
<th>Accomplishments &amp; Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Goal #1</strong></td>
<td>Overhauled design aesthetic of existing site to make website more navigable and visually appealing. Incorporated video-based media onto website to provide alternative strategy for delivering information about PACS to students and the broader campus community. Updated existing content to PACS website to more clearly advertise our scope of services, policies, procedures, and training program. Added new components to site, which included online resources, a self-help page, a suicide prevention page, links to new social media pages, and online request/feedback forms, among other additions.</td>
</tr>
<tr>
<td><strong>Goal #2</strong></td>
<td>Hired two permanent senior staff positions, one senior psychologist and one early career psychologist, with anticipated start at PACS Fall 2019.</td>
</tr>
<tr>
<td><strong>Goal #3</strong></td>
<td>Formed the H&amp;W integration workgroup that met biweekly throughout the academic year. As the result of this collaborative effort: 1) Shared informed consent was revised; 2) H&amp;W and PACS behavioral health clinicians met monthly consultation to ensure the best integrated care for our shared clients/patients; 3) Both staffs participated in two joint staff professional development trainings; and 4) Submitted a proposal to the Senior Vice Provost for Student Life to increase psychiatric coverage from .40 FTE to .75 FTE integrating psychiatric care between PACS and H&amp;W.</td>
</tr>
<tr>
<td><strong>Goal #4</strong></td>
<td>Increased the number and variety of group offerings from 4 to 9 groups compared to previous year. Group contacts grew by 40%, total number of group participants were 132 who attended 748 group sessions.</td>
</tr>
<tr>
<td><strong>Goal #3</strong></td>
<td>Academic average wait-time was 4.62 days (includes weekend), decreased by 55% from fall 2017. Number of unique clients increased by 20.6% from previous year. All 1:1 contacts increased by 36% from previous year.</td>
</tr>
<tr>
<td><strong>Goal #4</strong></td>
<td>We successfully trained and mentored two post-doctoral fellows and three doctoral interns to complete their APA internship requirements. We matched with three pre-doctoral interns and accepted one post-doctoral fellow for the 2019-2020 academic year. All three doctoral interns and one post doc fellow are transitional to full time employment.</td>
</tr>
</tbody>
</table>
Goal #5  Program Evaluation: engage in timely and relevant programmatic evaluation of all services.

The “Client Satisfaction Survey” was distributed during the fall and spring semesters. The CCAPS (clinic wide outcome assessment of client distress) was administered at the initial consultation and every 3-4 weeks. The Client Satisfaction survey is a one-page survey that front desk staff provides to all students accessing PACS during a two-week period mid semester. A total number of students completing the satisfaction survey were 766. 90% of students were able to make an appointment in a reasonable amount of time; 85% of students surveyed reported that they believed that the treatment they received at PACS was associated with their academic success; 72% felt they made progress toward their treatment goals; and 87% felt understood and affirmed by their therapist.

Goal #6  Outreach and Consultation Services

There were 669 different outreach events for a grand total of 921 hours of providing outreach presence to the campus community. PACS staff attended such as campus wide assemblies, tabling events, forums, symposiums, student celebrations, as well as providing outreach and consultations to student orgs, student life and academic depts., and serving on university committees to name a few.

Goal #7  Campus wide resources

PACS disseminated over 2400 “Helping Students in Distress Faculty & Staff Resource folders to 2400 all faculty and staff that works with students directly.

Goal #8  Suicide Prevention

Under PACS purview, launched sustainable, coordinated campus wide suicide prevention efforts by establishing council, building consensus for, and agreed upon timeline with key campus stakeholders. Engaged QPR trainers in coordinated dissemination efforts (schedule meeting of trainers, tracking, goals, outreach to their constituents). Changed ID cards to include number for National Suicide Prevention Hotline. Posted signs along railroad tracks with the National Suicide Prevention Hotline. Establish regular meetings for the newly revamped Suicide Prevention Partnership Council, building a strong campus wide constituency. Provided QPR trainings: 35 trainers trained 615 (182 faculty/staff and 433 students).

POINTS OF PRIDE

<table>
<thead>
<tr>
<th>Short Title</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Comprehensive Counseling Center</td>
<td>With the reinstatement of our APA accredited training program and the significant increase in campus presence, visibility and outreach presentations. UNH PACS is functioning as a Comprehensive Counseling Center according to IACS standards and AUCCCD guidelines. Provided training consistent with the new Standard on Accreditation and</td>
</tr>
</tbody>
</table>
supervision for two post-doctoral fellows, and reinstatement of our APA accredited internship program.

Clinical Services

PACS served 1,842 unique students this year, which was a 20.6% increase over the previous year. Regardless of this increase, PACS did not have a waitlist for individual therapy services throughout for the second consecutive year. Clinicians completed 1,786 Initial Consultation appointments (averaging 52/week). This led to an average wait time for initial appointments of 4.62 days (including weekend days), therefore maintaining our goal of keeping wait times for initial appointments to less than five days. Urgent same day appointments continued to be available each weekday (211 Urgent Same Day appointments attended, averaging 6/week). 4,662 individual therapy appointments were held during 2018-2019. This was a 38% increase over the number of therapy appointments the previous year. Increased the number and variety of group offerings from 4 to 9 groups compared to AY 2017-18. Group contacts grew by 40%, total number of group participants was 132 who attended 748 group sessions.

Training Program

Resume a fully functional APA Doctoral internship and Postdoctoral fellowship programs after placing the training program on moratorium the previous year.

Outreach/Campus Presence

There was a significant increase in the number of outreach events, participants reached, and increase in campus presence and visibility. Total number of Outreach events were 669 which includes media engagement, consultation, campus liaison, trainings, presentations to faculty, staff and students and attended campus wide events such Orientation, UDay, Student Org’s meetings, Assemblies and Open Houses to name a few. There were 669 different outreach events for a grand total of 921 hours of providing outreach presence to the campus community.

Website Redesign

Overhauled the aesthetic design of the existing website to make it more navigable and visually appealing. Added different multimedia resources and online tools and self-help information to attract a broader campus community. According to Google Analytics, PACS website averaged 3500 visits monthly.

<table>
<thead>
<tr>
<th>COLLABORATIVE EFFORTS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Short Title</strong></td>
</tr>
<tr>
<td>Residential Life</td>
</tr>
<tr>
<td>Department</td>
</tr>
<tr>
<td>------------------------------------------------</td>
</tr>
<tr>
<td>Behavioral Intervention Team (BIT)</td>
</tr>
<tr>
<td>Office for International Students and Scholars (OISS)</td>
</tr>
<tr>
<td>Connect Program</td>
</tr>
<tr>
<td>Athletics</td>
</tr>
<tr>
<td>Black Student Union</td>
</tr>
<tr>
<td>Office of Multicultural Student Affairs (OMSA)</td>
</tr>
<tr>
<td>Sexual Harassment and Rape Prevention Program (SHARRP)</td>
</tr>
</tbody>
</table>
Health & Wellness

| PACS clinicians participated in monthly Behavioral Health Case Consultation meetings with Health & Wellness practitioners to discuss mutual clients and facilitate consultation about clinical services. Shari Robinson, Elisa Bolton and Emily Woodall attended bi-weekly meetings with Health & Wellness leadership team members with the purpose of continuing the integration of mental and physical health care on campus. Submitted a proposal to the Senior Vice Provost for Student Life to increase psychiatric coverage from .40 FTE to .75 FTE integrating psychiatric care between PACS and H&W. PACS staff attended “Fierce & Fabulous” and the Wellness expos organized by Health & Wellness (October 2019). Combined staff development trainings were held with PACS and Health & Wellness staff in August 2018 and January 2019. The August training was focused on Trauma Informed Care and the training in January was focused on Considerations for colleges and universities in the age of medical marijuana use. |

Campus Committees

| Elisa Bolton chaired the Suicide Prevention Partnership Council. Peggy Goetz served on the First Year Retention Workgroup. Shari Robinson served on the Sophomore Retention Workgroup, Suicide Prevention Partnership Council, Behavioral Intervention Team, Acute Incident Response Team, President Advisory Council for Campus Climate, Campus Climate Survey Task Force, Faculty and Staff of Color planning committee, MLK Summit planning committee, Residence Life-PACS workgroup, First Year Orientation workgroup, OMSA Director Search Committee, Healthy UNH, Stigma Free 603 planning committee, and the Women of Color Image Initiative planning committee. |

Stop the Stigma student group

| Ann Hotchkiss served as the student organization staff advisor, she attended biweekly organization meetings, provided guidance to the executive board members, and she and Tim Runk provided a QPR suicide prevention training. Ann supported tabling events such as UDay, and SHARPP Anti-violence walk. PACS co-sponsored an event during Mental Health Awareness week with the President Advisory Council on Campus Climate. |

Graduate College

| Peggy Goetz served as the PACS liaison to the Graduate College, she participated in facilitated community building, promoting PACS services to graduate students, and made herself readily available for consultation. She attended the Graduate School Open House, facilitated an open meeting to discuss graduate student’s needs. Piloted the “Let’s Talk’ sessions in the new Graduate student lounge throughout the fall semester. Attended numerous social events, facilitated a QPR training for their faculty, staff and students, and initiated a mindfulness group throughout the spring semester. |

Suicide Prevention

| Under the leadership of Elisa Bolton, who chaired the Suicide Prevention Partnership Council (SPPC), coordinated campus wide suicide prevention efforts by establishing a council with key campus stakeholders from H&W, Faculty Senate, Residence Life, PAT, OS, Hamel Recreational Center, UNH Police Department, and Dean of Students with the goal to build consensus for, and agreed upon timeline to implement a comprehensive prevention plan. Established monthly meetings for the |
newly revamped Suicide Prevention Partnership Council, building a strong campus wide constituency.

| Campus Community | All PACS staff participated in staffing tabling, 1:1 private consultation sessions, or “Your Student Wellness” concurrent sessions at 2019 Orientation Season. Michelle Morrow continues to provide crisis consultation services for Summer Camp staff. |

### CONTINUOUS IMPROVEMENT

<table>
<thead>
<tr>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Case management Services</strong></td>
</tr>
<tr>
<td><strong>After-hours Crisis Coverage</strong></td>
</tr>
<tr>
<td><strong>ADD/ADHD Protocol</strong></td>
</tr>
</tbody>
</table>

### EQUITY, DIVERSITY, AND INCLUSION

<table>
<thead>
<tr>
<th>Short Title</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>PACS Diversity Staff Development Series</td>
<td>PACS staff participated in a facilitated monthly book discussion on the book, <em>Why Are All the Black Kids Sitting Together in the Cafeteria</em>, by Beverly Daniel Tatum, each staff was provided a book to read during AY2018-19. Kristen Butterfield facilitated a monthly full staff discussions and reflection throughout the academic year.</td>
</tr>
<tr>
<td>Collaborative Efforts</td>
<td>Several of the above listed Collaborative Efforts intentionally focused on expanding outreach efforts to student populations that traditionally underutilized campus mental health services. These endeavors included establishing formal liaisons with OMSA, Connect, OISS, UNH Athletics and Graduate College. The PACS director strategically served on the President Advisory Council for Campus Climate, Campus Climate Survey Task Force, Faculty and Staff of Color planning committee, and the MLK Summit planning committee because these campus committees’ mission directly supports Equity, Diversity and Inclusion at the UNH.</td>
</tr>
</tbody>
</table>

### PROFESSIONAL DEVELOPMENT

**Ann Hotchkiss**
- Coordination meeting on Integrated Healthcare, August 2018
- Eating Disorders Symposium, September 2018
- Trans-Affirmative Care: Providing Compassionate & Competent Therapy to Transgender Clients, October 2019
- Principles of Group Therapy, December 2018
- ADHD Assessment & Treatment, January 2019
Marijuana Use & Addiction, January 2019
Lecture on Student-Athletes with Eating Disorders, February 2019
Breakthrough Strategies: GenZ and new approaches to well-being, May 2019
Mindfulness & Compassion Summit online (5 hrs), May 2019
NHPR broadcast ---Panel: Transgender experiences in NH, May 2019
Webinar: Experiences of Non-binary Graduate Students, May 2019
Engaging Marginalized Students, May 2019
Working with Trans and Non-binary Students, May 2019

Bill Fahey
- WPATH Certified Training Course, August 2018
- Changing the Anxious Mind Rapidly: A Two-Day Training, May 2019
- Legal and Ethical Issues in Behavioral Health in New Hampshire, May 2019

Bola Afolayan
- Train the Trainer for Question, Persuade, Refer (QPR), August, 2018
- Juuls and Marijuana: trends and legal implications for college students
- How will legal Marijuana Impact your Students? January 2019
- Race and Equity in New Hampshire: Building Foundation for the Future, April, 2019
- 30th Annual International Trauma Conference, May 2019
- Becoming a Multiculturally Competent Supervisor: Diverse perspectives and Approaches, March, 2019
- Gen Z and New Approach to Mental Well-being, May 2019

Elisa Bolton
- QPR Hamel Rec, August 2018
- SHARPP open house, August 2018
- QPR RAs, August 2018
- Elisa and Tim (support for athletics), August 2018
- ACCTA Conference, September 2018
- QPR CEPS, September 2018
- PACS Playlist, November 2018
- QPR for Sorority, December 2018
- PACS presence: climate and culture in the academy, January 2019
- QPR RAs, January 2018
- QPR for HR, February 2019
- QPR psychology class, February 2019
- QPR death and dying class, February 2019
- Support at Manchester following student death, February 2019
- QPR classroom, April 2019
- QPR faculty senate, April 2019

Emily Woodall
- QPR Suicide Prevention Gatekeeper Instructor Certification Program, August 2018
- Principles of Group Psychotherapy, 2-days, December 2018
- Art Therapy Interventions for Anxiety, Chronic Pain and Addictions, March 2019
- New Hampshire National Association of Social Workers (NASW) Annual Conference, 2-days, May 2019
- Boston University, Beyond Problem Talk and Problem Solving: The Art and Science of Solution Focused Behavioral Therapy, May 2019
Evelyn Marsilia
- QPR Training the Trainers, August 2018
- Health & Wellness Coordination Training, August 2018
- Supervisory Training, September 2018
- Staff Development Vaping Seminar, November 2018
- Principles of Group Therapy, December 2019
- Staff Development CEU’s on Marijuana, January 2019
- UNH Supervision Training, March 2019
- Suicide Prevention & Interventions, March 2019
- Understanding Gen Z Breakthrough Strategies, May 2019
- Providing Multicultural Competent Supervision, March 2019
- Fighting the Good Fight (Ethics) at NASW Conventions, May 2019
- Moments of Meeting (Clinical practice interventions), May 2019
- Eating Disorder, May 2019
- Law Enforcement & SW as Allies, May 2019
- Riding the Wave, May 2019
- Polyvagal Perspective, May 2019
- Working for Change and Justice, May 2019
- Working with Trans & Non-binary Students, May 2019
- Preventing Suicide Webinar, May 2019
- Treatment Termination, May 2019
- Ethics, June 2019

Jennifer O’Flynn
- Paper presentation at International Conference on Eating Disorders (ICED), March 2019
- ICED 3-Day Conference, March 2019
- Safe Zone Panel, Fall 2019
- Gaypril, April 2019
- FAQ: Fat, Awesome and Queer program, April 2019

Kate Mayhew
- AGPA (American Group Psychotherapy Association) CONNECT Annual Conference February 2019

Michelle Morrow
- QPR Gatekeeper Instructor Training Program, August 2019
- WPATH (World Professional Association for Transgender Health) training August, 2018
- Vaping Seminar, November 2018
- The Principles of Group Therapy, December 2018
- ADHD assessment and treatment January 2019
- Psychopharmacology for Mental Health Professionals February 2019
- Providing Multiculturally Competent Supervision, March 2019
- Treating Young Adults: Mental Health Risks & Challenges, April 2019
- Experiences of non-binary graduate students: what’s helpful and what’s not, May 2019
- Increasing student engagement: outreach to marginalized populations, May 2019

Peggy Goetz
- Eating Disorders, September 2018
- “Presentations without Panic” workshop, October 2018
- New Hampshire National Association of Social Workers (NASW) Annual Conference, May 2019
- The Principles of Group Therapy, December 2018
- Social Justice Educator Training, January 2019
- ADHD Assessment and Treatment, January 2019
- Transgender panel, May 2019
- Engaging Marginalized Students, May 2019
- Working with Trans and Non-Binary Students, May 2015
- Ethics roundtable - addressing conflict of interest, June 2019

Phil Small
- Gaypril, April 2019
- Vaping Seminar, November 2018
- The Principles of Group Therapy, December 2018
- Cannabis Seminar, January 2019

Ross Johnston
- Vaping Seminar, November 2018
- The Principles of Group Therapy, December 2018
- Cannabis Seminar, January 2019

Shari Robinson
- Association of University College Counseling Center Director Annual Conference (presented)
- Higher Education Mental Health Alliance (Chaired)
- NASPA Mental Health Strategies Conference (presented)
- American Psychiatric Association Convention (presented)
- NASPA Institute for Aspiring Vice Presidents for Student Affairs
- International Association of Counseling Services (IACS) Site Visitor
- Principles of Group Psychotherapy: A 12-hour course, December 2018
- ADHD Assessment & Treatment, January 2019
- Marijuana Use & Addiction, January 2019
- Breakthrough Strategies: GenZ and new approaches to well-being, May 2019
- Mindfulness & Compassion Summit online (5 hrs), May 2019
- Webinar: Experiences of Non-binary Graduate Students, May 2019
- Increasing student engagement: outreach to marginalized populations, May 2019
- Working with Trans and Non-binary Students, May 2019
- Ethics roundtable - addressing conflict of interest, June 2019
- Halias Safety Symposium August 2018
- Providing Multiculturally Competent Supervision, March 2019
- Stalking must stop (Debbie Riddle)
- UNH Drug Awareness and Prevention: Stories and Voices engaging Addiction

Tim Runk
- Training: (Suicide Prevention) “QPR - Train the Trainer”, with Sara Gaer, MA, August 2018
- Training: Eating Disorders with Seda Ebrahimi, PhD, of Cambridge Eating Disorders, September 2018
- Training: Resiliency Documentary and ACE Research Panel Discussion, October 2018
- 2-day Training: “The Principles of Group Therapy” with Dr. Michele Ribeiro, December 2018
- PACS training: “ADHD Assessment and Treatment” with Bill Fahey, PhD, January 2019
- UNH Diversity and Inclusion Training for Coaches at the Victory Club, January 2019
- Training: “Legal Marijuana: Weed Better Be Ready” with Joy LaGrutta, Prevention Specialist, January 2019
- Training “Stalking Must Stop” with Debbie Riddle, February 2019
- Training “Athletes with Eating Disorders” with Rachael Steil, February 2019
- Training "Ben is Back" - Addiction movie and panel discussion sponsored by Health & Wellness, April 2019
- Webinar "Experiences of Non-Binary Graduate Students: What's Helpful and What's Not", May 2019
- Webinar “Outreach to Marginalized Populations”, May 2019
- PACS Training “Working with Trans and Non-Binary Students” with Michelle Morrow, PhD, May 2019
- Training: “Active Shooter,” June 2019
- Training: “Cognitive Restructuring for Trauma” with Elisa Bolton, PhD, June 2019

Patricia Turner
- PACS Training: Emergency Role Play, September 2018
- Training: Carousel Digital Signage, November 2018
- PACS Social Media Overview, November 2018
- Titanium Webinar: Q&A Topics of Choice with Titanium Support Specialist, November 2018
- Staff Development with Health & Wellness, January 2019
- Training: Titanium Webinar for Client Recordkeeping, February 2019
- Training: Active Shooter, June 2019
- Supervisors Boot Camp, July 2019
- Website ADA Compliance, July 2019
- Business Analysis Course, July 2019
- UNH Data Analysis Boot Camp, August 2019

Mary Bargdill
- PACS Training: Emergency Role Play, September 2018
- Training: Carousel Digital Signage, October 2018
- Training: Social Justice Educator, January 2019
- Staff Development with Health & Wellness, January 2019
- Training: QPR Suicide Prevention, January 2019
- Administrative Office Professionals Conference, May 2019
- Training: Active Shooter, June 2019
- Ongoing Training: Microsoft Excel, 2019

Kim King
- PACS Training: Emergency Role Play, September 2018
- Training: Carousel Digital Signage, October 2018
- PACS Social Media Overview, November 2018
- Training: Social Justice Educator, January 2019
- Staff Development with Health & Wellness, January 2019
- Training: QPR Suicide Prevention, January 2019
- Ongoing Training: Drupal, 2018-2019
- Ongoing Training: Microsoft Excel, 2019
- Administrative Office Professionals Conference, May 2019
- Training: Active Shooter, June 2019
- Website ADA Compliance, July 2019

Susan Norton
- Question, Persuade, Refer (QPR): Train the Trainer, 1-day, March 2018

### Strategic Goals 2019-2020

<table>
<thead>
<tr>
<th>Goal #1</th>
<th>Case Management Services: Develop a process for referring students to case management services. Develop a process for the case manager to follow up with and bridge referred students to coordinate referrals from PACS to community providers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Goal #2</td>
<td>After-hours Crisis Model: Develop a comprehensive after-hours system that will be accessible for on and off campus students who may experience mental health crisis after hours or over the weekend during the academic year.</td>
</tr>
<tr>
<td>Goal #3</td>
<td>Develop ADHD Protocol that are consistent with Psychometric testing and Assessment best practices for collegiate mental health.</td>
</tr>
<tr>
<td>Goal #4</td>
<td>H&amp;W Integration: a) To work closely with H&amp;W to advocate for an increase in psychiatric services available on campus; b) To identify an integrated electronic medical/health record system that will meet the functional needs for H&amp;W and PACS.</td>
</tr>
<tr>
<td>Goal #5</td>
<td>Suicide Prevention: Establish comprehensive set of policies to expand the University’s ability to support students struggling with thoughts of suicide.</td>
</tr>
<tr>
<td>Goal #6</td>
<td>Training: Increase the number of psychologists on staff in order to develop the training program’s capacity to supervise interns and postdoctoral trainees.</td>
</tr>
<tr>
<td>Goal #7</td>
<td>Outreach: Continue to grow and refine PACS’ outreach program to increase awareness of mental health services and resources on campus, and increase overall mental health literacy on the UNH campus. One exciting aspect of PACS’ increased outreach programming will be to establish a peer component titled PACS Peer Ambassadors for Well-being, with the initial implementation and training of the inaugural PACS Peer Ambassador cohort planned for Fall 2019.</td>
</tr>
</tbody>
</table>

**Organizational Chart** See attachment