

OSHER LIFELONG LEARNING INSTITUTE

OLLI

at Granite State College

Fall 2022 Catalog | Capital Region | Mt. Washington Valley | Greater Manchester | Seacoast | Zoom



Come for the Classes. Stay for the Friends.

A membership program providing learning and
social opportunities for older adults.

OLLI

at Granite State College

MEMBER
SPOTLIGHT

Cindy Graham
Class of 2016



Meet OLLI Member, Cindy Graham

I fell in love with Northern New Hampshire when I accepted a teaching job in Groveton after college. I grew up in the Boston area and wanted to try something new. I moved back to Greater Boston after three years but spent a lot of time in the Mount Washington Valley where my family built a vacation home.

After a career in Human Resources, I retired in 2016 and decided the Valley was where I wanted to be. I moved to Conway with my dog, Sadie, found myself talking with strangers in the grocery store, and realized I had to build a social network. One of my neighbors suggested I attend an OLLI preview with her, and I was hooked.

OLLI provided an opportunity to learn new things, meet new people and volunteer my time to help the program

thrive. Like many volunteers, I started as a Class Assistant, then was curious about how the OLLI program works. I agreed to lead the Mount Washington Valley committee and serve on the Leadership Council. I remain awed by the collective knowledge, skill, and experience of our volunteers as well as their dedication to our OLLI.

As we move through the changes brought by the pandemic, we have shown the ability to respond quickly to changing circumstances. I'm looking forward to bringing that creative thinking and willingness to try new things to my term as Chair of the Leadership Council and am looking forward to your suggestions and ideas.

Welcome to Osher Lifelong Learning Institute (OLLI)

Welcome to Osher Lifelong Learning Institute at Granite State College (OLLI at GSC). OLLI is in its 18th year as a learning for the fun of it, member-driven, volunteer-based educational program which supports older adults in their continued pursuit of lifelong knowledge. OLLI courses are not for credit, there are no tests, grades, or homework. We value high standards of program excellence with an emphasis on educational and social enrichment, volunteerism, fiscal sustainability, a diverse membership, mutual respect, and member safety.

Today, our OLLI membership is comprised of over 830 active adults from not only 100 cities and towns New Hampshire, but nine other states.

Our members are encouraged to select from any of the in-person, online, and hybrid courses offered in our four statewide regions. In addition, social events, volunteer opportunities, cost-free complimentary programming, our monthly *Outlook* newsletter, and our special interest groups (SIGs) enhance the member experience and provide additional opportunities for our members to remain active and purposeful.

OLLI is a self-sustaining program of Granite State College (GSC) supported by program fees, in-kind contributions from GSC, endowments from the Bernard Osher Foundation, member donations and local corporate sponsorships. We are one of 125 OLLIs at colleges and universities nationwide, representing more than 167,000 members, 25,718 active volunteers serving 380 cities and towns.

➔ To learn more about Osher Lifelong Learning Institutes across the USA visit: nrc.northwestern.edu/

Become an OLLI Member

Membership in OLLI offers you the opportunity to participate in a full range of offerings. Annual memberships (\$40) are valid for one year. There are three ways to join:

- 1. Complete the secure online application found on the OLLI website:**
olli.granite.edu/membership
- 2. Complete the enclosed OLLI Membership/Registration Form:**
Mail it with your \$40 membership fee to the OLLI office, 25 Hall Street, Concord, NH 03301. Please use a separate registration form and a separate check for each member applying. Additional registration forms can be found online at: olli.granite.edu/membership
- 3. Call the OLLI office at 603-513-1377** to make an over-the-phone payment with your credit card.



Contact Us

The OLLI Administrative Team is available to assist you:

- Visit our website: olli.granite.edu
- Call us: 603-513-1377
- Email us: olli.office@granite.edu



Follow us on
Facebook

Get the latest news on new programs, special events, and more by following us on Facebook at: facebook.com/olligsc

Registration

- Online registration (members only) for classes will open on **Tuesday, August 2, 2022, at 9:00 a.m.**
- Nonmembers may enroll in any OLLI class, unless otherwise indicated for an additional \$20 per course. Nonmembers must call the OLLI office at 603-513-1377 to register for a class.
- Phone registrations for both members and nonmembers are available Mondays through Thursdays from 9:00 a.m. to 4:00 p.m.
- Mail-in registration forms can be sent to OLLI at Granite State College, 25 Hall Street, Concord NH 03301, and will be processed in the order in which they are received.
- All registrations, including free offerings, will result in an e-mailed confirmation receipt. If you do not get a receipt, please check your e-mail spam folder.
- Registrations for Zoom courses are encouraged at least three (3) days prior to the scheduled start date to ensure you receive the course link, appropriate handouts, and content in advance.

For important information about policies including refunds, withdrawals, wait lists, credit card security and more please visit: olli.granite.edu/policies



Would you like free help learning how to Zoom?

Register for a Zoom 101 course with OLLI and we'll show you how it's done!

Our single session Zoom courses will be available in August to both members and nonmembers. Over 500 people have participated in these complimentary courses since they were first offered in March 2020.



To learn more about our FREE Zoom instruction, visit Zoom 101 registration on page 45.

Course Listing by Subject

Category Abbreviation

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- Creating an Art Quilt: A Presentation & Interactive Dialog (Morgan) S
- Handmade Cards for All Occasions (Frost) C
- Handmade Cards Using Die Cuts (Frost) C
- Handmade Cards with Watercolor (Frost) C
- Introduction to Collage (Karolian) Z
- Knitting a Scarf (Perry) W
- Making Soap the Old-Fashioned Way (King) C
- Paint A Barn Quilt (Astell) C
- Weaving a Holly Berry Basket (Perry-Mann) C
- Weaving a Shaker Style Basket (Perry-Mann) C
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- Films Through the Decades III (Jones) M
- George Carlin: Complaints & Grievances (Hebert) C
- Madness & the Movies X (Soreff) M
- MGM's Glittering Ladies in the 1930's (Brogan) M
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- 1984 Is Not an Instruction Manual (Conklin) M

- Beyond the Road: The Franco-American Identity of Jack Kerouac (Perreault) M
- Caesar: The Man from Venus (Lockwood) C
- Faulkner & Hemingway (Baker) Z
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- Jane Austen's World of the Early 19th Century (Janson-Sand) Z
- Poetry for Non-Poets (Jordan) Z
- Shakespeare's Julius Caesar: What's It All About? (Annal) C
- Sherlock Holmes: The Greatest Man Who Never Lived (Fritsch) M & Z
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- Alaska History & Cultures for Travelers (Haigh) Z
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- Civil War Soldier (Sommers) C & W
- Covered Bridges of New Hampshire: Past & Present (Caswell) Z
- Cruising New Hampshire History: Historical Roadside Markers (Bruno) C
- Decolonizing Representations of Stark, Rogers, & Their Contemporaries (Mahoney) Z
- Dietrich Bonhoeffer: A Man For Our Time (Graf) C
- Etched in Granite: The History of a 19th-Century Poor Farm in New Hampshire (Pettengill) W

- FDR's Lies: Deliberate Falsehoods, Political Strategies or War Necessities? (Langa) Z
- Forgotten Plane Wrecks of New Hampshire (Wallner) M
- From Vaudeville to the Western Front: Will Cressy in the Great War (Champlin) Z
- How Fishing Built Colonies: Early Explorations 1605 -1620 (Morrill) W & Z
- In the Wake of the Plague: The Development of Early Modern Europe (Zink) Z
- Lucy Stone: The Forgotten Champion of Women's Suffrage (Strang) C
- New Hampshire's World War II German Prisoner of War Camp (Lunn) W
- Only Hope: My Mother and the Holocaust Brought to Light (Lubliner) Z
- Reflections on Living Under Three Dictators (Simone) W
- Rise of the Nazis: Lessons for Democratic Citizenship (White) Z
- The Battle that Changed the Course of History: Saratoga 1777 (Desmarais) W
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- Retirement Living Options in New Hampshire (Gilvar & Isaak) Z
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- Behind the Scenes of TV Weather (Arnold) Z
- Educational Travelogue: Biophilia in Action (Simon) Z
- Honeybee Basics: Biology, Bounty, & Beyond (McEvoy) W
- Monitoring Climate Change Impacts from Space (Rock) Z
- Moose & Bear: The Largest Animals in the Northeast (Manley) W
- Paddling in Canada's Northwest Territory (Hunter) M
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- Winter Hiking in the White Mountains: A Photo Journey (Bradley) C
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- American Nonsense: It's All BS Folks & It's Bad for You (Hebert) M
- Demystifying, Decluttering, & Downsizing (Martin) S & Z
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- No One Wants Your Hummels & Other Aging Lessons I've Learned (Toomey) M & Z
- One New Author's Experience with Self-Publishing a Memoir (Lavoie) S
- Ron's Rescue & Restoration Garage: 1946 Chevy Panel Truck (Frost) Z
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- 2022 Midterm Elections: 5+1=535 & the 4 "I"s (Hess) C
- Civics Slam! Learning About Government Now That You're Older and Wiser! (Alcox) M
- Democracy in Action (Tentarelli & Zink) C
- Everything You Need to Know About the New Hampshire Court System (Spath) C
- Geopolitical Aspects of Russia & Ukraine (Monier) M
- Great Decisions Part II (McDonnell) Z
- Immigration Policy: The Imponderable Dilemma (Bruno) M & Z
- New Hampshire Cases in the United States Supreme Court (Bender & Blanchard) C
- Pandemics, Climate Threats, & War: Are Global Institutions Up to the Tasks? (MacDonald) M
- Putin's Journey from Dresden to War Criminal: Ukraine, How Will it End? (Freiberger) S
- Ranked-Choice Voting at Home & Abroad (Meyers) Z
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- Camino de Santiago: Walk With Us on The Way (Lindsey & Robidoux) C
- Civil Rights Efforts in the 1960's Versus Inequality Movements Today (Woolpert) C & Z
- Compassionate Listening Journey to Israel & Palestine (Romney) Z
- How Does White Privilege Impact Racism (Romney) Z
- Net Persuasion (Isaak) M
- Participating In & Attending the Olympics (Jones & Smith) W
- People of the Book: A Look at the Literature of the Jewish People (Nafshi) C & Z
- Roots & Routes of Jewish Humor (Soreff) M
- Things Are Better Than You Think (Isaak) C
- Women Deacons (Sweetland) M

Exploring the Community - pg. 57

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- Become a Television Studio Producer (Hardy) C
- Beer Brewery, Farm and Tasting at Throwback Brewery (Carrier) S
- Christmas at the Fells (Goldsmith) C
- Classical Composers of the African Diaspora (Langley) S
- Come Paint a Piece (McDonough) S
- From Turtle to Art & Ecological Preservation: A Journey (Carroll & Carroll) C
- Handbells & Handchimes: You, Too Can Play Them! (Ruesenberg) C
- Honoring Service & Sacrifice at the New Hampshire State Veterans Cemetery (Buck) C
- If You Don't Do It, Who Will? Funeral & Cremation Options (Phaneuf Plas) M
- Jackson Art Studio & Gallery: Come Meet the Artists! (Levitt) W
- Jackson, New Hampshire: Steeped in Tradition & History (Pillion) W
- Ladies of Strawberry Banke (Dickinson) S
- Learning to Look at Art (Docents) M
- Live Animals: Abundant to Endangered (Gillespie) C
- Main Street Histories: Bank of NH Stage & Kimball House (Gibson & Prizio) C
- Making Goat Milk Cheese (Woods) S
- Mission Brief & Tour of New Boston Space Force Station (Zesinger) M
- Natural Wine Growing & Tasting in the Granite State (Classen) W
- Portsmouth Naval Shipyard Tour: From Sails to Atoms (Gluckert) S
- Rock the Audi! Meet Concord's Own 118-year-Old Drama Queen (Bagan) C
- Slow Magnet Marble Race (Mayhew) M
- The Common Loon: A New Hampshire Icon (Hughes) C
- The Golden Age of Jazz Guitar (Zannini) M
- The Orthodox Church: An Ancient Faith with Rich Traditions (Wilson) M

- The Trolley Preservation Movement (Orlando) S
- Tour of Concord's Water Treatment & Wastewater Treatment Facilities (Driscoll & Philippon) C
- Tour of the Warren B. Rudman United States Courthouse (Lynch) C
- Trees are the Answer: Join Our Walk & Learn How to Listen (Dupere) S
- Understanding Learning in Informal Educational Settings (Hawrylchak & Mayhew) M
- Yes, We're Still Here: The Quakers (Kristl) S

Outdoor Adventures - pg. 68

- Boscawen Town Forest: Weir Family Farm Site Walking Tour (Mercier) C
- Explore Bedrock Gardens (Forti) S
- Explore Odiorne Point State Park (Russell) S
- Great Bay National Wildlife Refuge Walk (Russell) S
- Hike at Winant Park (Fenstermacher) C
- Learning What Pickleball is All About (Peterson & Wright) W
- Little Harbor Trail Walk (Russell) S
- Nature Walk for Everyone (Fenstermacher) C
- Salt Marshes: Pushing the Boundaries Between Land & Sea (Petersen) S
- Walk Around Wagon Hill Farm (Russell) S



Course Descriptions

Arts & Humanities

Art Appreciation

Dreams & Nightmares: Surrealist Art in Paris and Beyond

Surrealism was founded in Paris in 1924 by writers and artists reacting to the horrors of World War I. They sought to reinvent literature and the visual arts by aligning their creative processes with what lies beneath conscious reality. They explored memory, fantasy, and the realm of dreams to reveal a new "absolute reality, a surreality." In viewing the work of Max Ernst, Claude Cahun, Rene Magritte, Salvador Dali, Frida Kahlo and others, we will explore the time and the minds of the artists that produced some of the most extraordinary artwork of the 20th century.

Presenter: Betsy Holmes is an artist and librarian and has taught art history at New Hampshire Institute of Art, Saint Anselm College, and New England College. Holmes loves sharing her passion about art - it's not about dates, it's about people!

Member tuition: \$25.00 | 2 W: 12/7/2022 - 12/14/2022 | 10:00AM - 12:00PM | Class Limit: 30
Online - Virtual by Zoom

Paris & New York in the Twenties and Thirties, Part I

The course will consist of a sequence of four sessions, each of which are designed to provide some context about this creative period, suggest connections to other relevant topics, and offer an opportunity for discussion relating to participant experiences. The first session will be a broad introduction addressing several of the significant connections between these cities, and the factors that intensified the expressions of creativity in those crisis years between the great world wars. The second session will focus on the movement of surrealism in poetry and the visual arts. The third will examine the New York phenomenon of the Harlem Renaissance and its reflections in the flourishing of black Americans in the Montmartre section of Paris. There has been a four-part sequence of topics in this course, but it is not necessary to take them in sequence.

Presenter: Jim Mahoney holds a Ph.D. from the University of Notre Dame. He is an Emeritus Professor from Saint Anselm College where he taught Philosophy for forty years. Mahoney was strongly involved in the College's core Humanities Program, serving as Chair of the Jefferson unit, and developed the Paris-New York class for the program. His areas of specialization are Existentialism, American Philosophy, and Ethics.

Member tuition: \$35.00 | 4 Tu: 10/25/2022 - 11/15/2022 | 1:00 - 2:30PM | Class Limit: 15
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

“ OLLI at Granite State College means interesting classes, seeing old friends, and meeting others!”
- Sue Bergoffen, Class of 2008

Creative Art

Colorful Parrot Tulip: Using Beginner Watercolor Skills

Students will see how watercolor paints and water, work together. Learn the beginner watercolor techniques for painting wet on wet, wet on dry, and dry on dry. Followed by how to create a wash and use that wash, to shade, highlight and create shape. To finish the piece the final details will be painted dry on dry. In addition, a demonstration will be given to show how to add pizzazz to any painting with Iridescent Medium. The goal of the class is to have fun while learning new skill and enjoying the process. Presenter will provide a list of the necessary materials for this course.

Presenter: Dotty Pullo, CDA, paints in watercolors, acrylics, and oils. After joining the White Mountain Decorative Painting Guild and the Society of Decorative painters in 1995, she furthered her skills by working with teachers at her local guild and attending seminars and painting conventions. For the last ten years she has taught classes at New England Traditions, WMDPG, and her home studio. She is all about enjoying the process of creating and teaching what she has learned.

Member tuition: \$20.00 | 1 Sa: 9/10/2022 - 9/10/2022 | 1:00 - 4:30PM | Class Limit: 25
Online - Virtual by Zoom

Counted Cross Stitch Lessons

The class project is a 3" x 5.5" sampler "Autumn". You will learn to cross stitch from a chart. The design includes squirrels, fall leaves and pumpkins on 14 count Aida cloth (provided by instructor). Students supply 5 different colors of DMC floss, tapestry needles, small hoop, and scissors. A specific supply list will be sent prior to class. If needed students can supply extra lighting and magnification.

Presenter: Violet Anderson is a member of the Embroiderers' Guild of America and American Needlepoint Guild. She has over 50 years stitching experience starting with stamped doilies, continuing on to crewel, various counted techniques (counted cross stitch, Hardanger, pulled work, drawn thread work) and canvas work. Anderson previously taught needlework classes to elementary students in after-school programs as well as adults in guilds and has won national awards in guild shows.

Member tuition: \$30.00 | 3 M: 9/26/2022 - 10/10/2022 | 10:00AM - 12:00PM | Class Limit: 8
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Creating an Art Quilt: A Presentation & Interactive Dialog

In this presentation, Nancy will explain the making of one of her fabric art pieces through a series of step-by-step quilts, each quilt depicting one step in creating the piece from start to finish. Participants will be able to view and discuss each step of the creation process. This is a very interactive discussion so many questions and comments come up which adds to the diversity of the material covered. After the discussion there will be a slide show featuring some of Nancy's current works.

Presenter: Nancy Morgan grew up in the Seacoast area and her fabric art depicts many of its familiar scenes. She has developed her own technique and process which has evolved through her lifetime of sewing and 20 plus years as a Fabric Artist. Currently she owns Nancy Morgan Art, a working studio and Gallery in Portsmouth, N.H.

Member tuition: \$20.00 | 1 Th: 10/6/2022 - 10/6/2022 | 10:00AM - 12:00PM | Class Limit: 20
Great Bay Community College, 320 Corporate Dr, Portsmouth, NH 03801

Handmade Cards for All Occasions

Two cards will have simple rubber-stamped designs and painted with watercolor. Four cards will be decorated with die cuts. Embossed backgrounds will be used on three of the six cards you will make in this class. The instructor will demonstrate use of the Sizzix die cutting machine and Misti Stamping Platform. Cardstock and papers will be pre-cut for you. Stamp some simple sentiments. Learn how to choose backgrounds and coordinate colors. Envelopes will be included so your cards are ready to mail. A total of six cards will be made. Supplies to bring: glue stick, scissors, paper towels, water container, inexpensive folding watercolor palette or Styrofoam plate, Loew Cornell #8 Ultraround (or similar) paintbrush.

Presenter: Donna Frost is a member of the Society of Decorative Painters, the White Mountain Decorative Painters Guild and a long-time crafter.

Member tuition: \$20.00 | 1 M: 10/31/2022 - 10/31/2022 | 10:00AM - 12:00PM | Class Limit: 12

Note: \$10 materials fee will be added to your registration for a total of \$30.

GSC Concord, 25 Hall Street, Concord, NH, 03301

Handmade Cards Using Die Cuts

Learn how to rubber stamp floral die cuts and paint with watercolors to make four charming easy to make greetings cards. The instructor will demonstrate use of the Sizzix die cutting machine and Misti Stamping Platform. Cardstock and papers will be pre-cut for you. Choose the sentiment you wish to use. Choosing papers will be discussed as well as design layout choices. Envelopes will be provided so your cards are ready to mail. Supplies to bring: glue stick, scissors, paper towels, painters tape, clipboard, water container, inexpensive folding watercolor palette or Styrofoam plate, Loew Cornell #8 Ultraround (or similar) paintbrush.

Presenter: Donna Frost is a member of the Society of Decorative Painters, the White Mountain Decorative Painters Guild and a long-time crafter.

Member tuition: \$20.00 | 1 F: 9/23/2022 - 9/23/2022 | 10:00AM - 12:00PM | Class Limit: 12

Note: \$6 materials fee will be added to your registration for a total of \$26.

GSC Concord, 25 Hall Street, Concord, NH, 03301

Handmade Cards with Watercolor

Use rubber stamps and watercolors to paint four basic greeting cards. No experience required. Instructor will demonstrate use of Sizzix die cutting machine and Misti Stamping Platform. Cardstock will be pre-cut for you. Learn how to create color changes by using more water and how paint acts differently depending on wet or dry paper. Learn to coordinate paint and cardstock colors. Envelopes will be provided so your cards are ready to mail. Supplies to bring: glue stick, scissors, paper towels, painters tape, clipboard, water container, inexpensive folding watercolor palette or Styrofoam plate, and Loew Cornell #8 Ultraround (or similar) paintbrush.

Presenter: Donna Frost is a member of the Society of Decorative Painters, the White Mountain Decorative Painters Guild and a long-time crafter.

Member tuition: \$20.00 | 1 M: 8/29/2022 - 8/29/2022 | 10:00AM - 12:00PM | Class Limit: 12

Note: \$6 materials fee will be added to your registration for a total of \$26.

GSC Concord, 25 Hall Street, Concord, NH, 03301

Introduction to Collage

Refresh and invigorate your creative self through the organic process of collage making. Using magazines, maps, postcards, love letters etc. you will be guided in the creation of your own unique work of art. Surrender to the process of art making and you will be both surprised and amazed with your work.

Presenter: Donna Karolian recently retired from teaching art at both the high school and the elementary school levels. Donna believes an artist exists in each person. By approaching art making as a process rather than as a product, students are encouraged to unearth their artistic potential.

Member tuition: \$20.00 | 1 M: 12/12/2022 - 12/12/2022 | 10:00AM - 12:00PM | Class Limit: 21
Online - Virtual by Zoom

Knitting a Scarf

Depending upon your knitting ability, pattern will be available for you to learn to knit a scarf. The scarf will be 7" to 8" wide and five feet long. You will need 4 ply yarn, (at least 250 yards) and a pair of number 7 or 8 straight needles.

Presenter: Sandy Perry has a Master's degree in speech pathology and audiology and a Ph.D. in deaf education. She presently teaches "A Matter of Balance" and "Tai Ji Quan" classes at The Gibson Center for Senior Services and at Memorial Hospital. Perry has been knitting for more than 50 years and is currently teaching a knitting class at Silver Lake Landing.

Member tuition: \$50.00 | 5 Tu: 10/4/2022 - 11/1/2022 | 10:00 - 11:30AM | Class Limit: 8
WMCC, Academic Learning Center, 2541 White Mountain Hwy, N. Conway, NH, 03860

Making Soap the Old-Fashioned Way

The presenter will show you how to safely make soap the simple, old-fashioned way, using oils and sodium hydroxide. Each step of the process will be explained, during which questions are invited. Free soap samples will be handed out, as well as instructions on the soap making process.

Presenter: Janet King is the owner of Meadow's Pond Soaps, a business located in her green, off-the-grid home in the woods of Canterbury. She uses many local ingredients, including flowers, vegetables, animal fats and milks, and herbs. King sells her soaps online, at farmer's markets and in stores.

Member tuition: \$20.00 | 1 F: 9/23/2022 - 9/23/2022 | 2:00 - 4:00PM | Class Limit: 10
GSC Concord, 25 Hall Street, Concord, NH, 03301

“ I originally joined OLLI simply because I enjoy learning. I had no intention of becoming a presenter, but I gave it a try and found I absolutely love presenting historical topics for OLLI. The enthusiasm and energy of the members make it a pleasure!"

- **Eleanor Strang**, Class of 2012

Paint A Barn Quilt

You don't need a barn to display a barn quilt. These large wood paintings that look like quilts can be found hanging on inside walls, on the outside of houses, on fences, sheds, and even chicken coops. In this class you will paint your own 2 x 2-foot barn quilt in the Ohio Star Pattern. Participants will be taken through the process step by step including the wood preparation, priming, taping, painting, and sealing of your creation. While waiting for the paint to dry, you will hear about the meaning of the various barn quilt patterns and the history behind them. Various other quilt lore will be discussed. Please bring a bag lunch to enjoy.

Presenter: Marilyn Astell has been an avid quilter for many decades. She has also been an avid painter in the past, creating folk art for sale as well as teaching classes out of her home. More recently, Astell has discovered and followed various barn quilt trails in several states. Barn quilts have become an additional passion and her house displays her most recent work.

Member tuition: \$30.00 | 3 Tu: 8/23/2022 - 9/6/2022 | 10:00AM - 1:00PM | Class Limit: 8

Note: \$20.00 material fee will be added to your registration for a total cost of \$50.00.

GSC Concord, 25 Hall Street, Concord, NH, 03301

Weaving a Holly Berry Basket

You will be weaving a delightful holiday basket in this class. This basket was designed by "Joanna Schutt, of Joanna's Collections - Country Home Baskets" and your basket kit will have been put together by her. Here's a description, in Joanna's own words, of the basket you'll be weaving in this class: "Welcome in the holiday season with the Holly Berry Basket. This square-to-round basket measures 5" x 5" base and flares out to a 7" round top. Colorful "holly berries" are woven on the sides of the basket with dyed hunter green and cranberry red reeds". Your instructor, along with her two cohorts, will guide you along in weaving this basket. She will gladly stay beyond the end of class if you should need additional time.

Presenter: Diane Perry-Mann has always loved being creative and has a degree in Art from the University of New Hampshire. Although she has worked with many media, basket weaving has been her latest involvement. Now retired, she has been teaching locally to allow others to find the pleasure and appreciation of basketry.

Member tuition: \$20.00 | 1 Sa: 12/3/2022 - 12/3/2022 | 10:00AM - 3:00PM | Class Limit: 10

Note: \$23 materials fee will be added to your registration for a total of \$43.

GSC Concord, 25 Hall Street, Concord, NH, 03301

Weaving a Shaker Style Basket

This basket was designed by "Joanna Schutt, of Joanna's Collections - Country Home Baskets" and your basket kit will have been put together by her. Here's a description, in Joanna's own words, of the basket you'll be weaving in this class: "Katelyn's Shaker Basket was designed in simplistic form as it would have been by the Shaker people of bygone years. The stakes are wide and straight while the weavers are narrow, continuous, and long. The filled base measures 7" x 11" with 6 1/2" sides. Katelyn's Shaker Basket portrays the plain, yet gracious lines of similar baskets woven in the early 1900's." The class will have an instructor, plus two knowledgeable assistants, to guide you along the way. She will gladly stay beyond the end of class if you should need additional time.

Presenter: Diane Perry-Mann has always loved being creative and has a degree in Art from the University of New Hampshire. Although she has worked with many media, basket weaving has been her latest involvement. Now retired, she has been teaching locally to allow others to find the pleasure and appreciation of basketry.

Member tuition: \$20.00 | 1 Sa: 10/29/2022 - 10/29/2022 | 10:00AM - 3:00PM | Class Limit: 10

Note: \$29 materials fee will be added to your registration for a total of \$49.

GSC Concord, 25 Hall Street, Concord, NH, 03301

Weaving an Herb Basket

Create an herb basket, sized 10" x 16.5" with a D handle in a shallow gathering style, 12" tall. You will learn how to weave over odd numbers of spokes and to cut and tuck rim lashing. Presenter will provide the tools needed to create your basket. Have fun creating a lovely basket to show when you have finished!

Presenter: Mary Rennie learned basket-making from Pat Libby 20 years ago and has made many baskets in the years since. In her first OLLI course, she led the class in the creation of beautiful Williamsburg baskets.

Member tuition: \$25.00 | 2 Th: 10/20/2022 - 10/27/2022 | 1:00 - 4:00PM | Class Limit: 6

Note: An additional \$26.95 materials fee will be added to your registration for a total of \$51.96.

Gibson Center for Senior Services, 14 Grove Street, North Conway, NH, 03860

Film

Film Potpourri

We will examine five of Bob's favorite films from his DVD library. We will begin with two American genre movies: Criss Cross, his favorite film noir, and a 50s Western to be chosen later. Then we will continue with two very different recent British films, Their Finest and I, Daniel Blake. Finally, we will discuss a genuine oddity: Roger Corman directing William Shatner in a movie with four titles.

Presenter: Bob Pingree has a passion for teaching film classes and owns a vast collection of films. He has been teaching them for more than fifty years.

Member tuition: \$40.00 | 5 Tu: 9/20/2022 - 10/18/2022 | 9:30AM - 12:00PM | Class Limit: 18

GSC Concord, 25 Hall Street, Concord, NH, 03301

Films Through the Decades III

View and discuss eight films covering different traditions, technologies, and perspectives, dating from 1927 through the present. The films do not have a single theme, but all do explore the relationship of the individual to his/her society. We will discuss the background of each film, its thematics and techniques, and why it may be regarded as a "classic." The films for the Fall 2022 semester include: Sunrise: A Song of Two Humans (1927), L'Atalante(1934), La Enfants do Paradis(1945), Tokyo Story(1953), Persona(1965), Wings of Desire(1987), Chungking Express(1994), and Yi Yi(2000).

Presenter: Bob Jones is a lifelong film fanatic, avid outdoorsman, skilled computer user, and fan of The New Yorker magazine. Jones shares his many interests by presenting a variety of OLLI courses.

Member tuition: \$55.00 | 8 M: 9/12/2022 - 11/28/2022 | 1:00 - 4:30PM | Class Limit: 40

Note: No class October 3, October 10, October 17, and October 24.

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

George Carlin: Complaints & Grievances

Lenny Bruce once commented that "I'm not a comedian. And I'm not sick. The world is sick, and I'm the doctor. I'm a surgeon with a scalpel for false values." When American culture began to change in the late 1960s, most comics were looking tired and irrelevant to a younger generation experimenting with drugs and protesting the war in Vietnam. It was at this point that George Carlin evolved

into the most important comedian in America. The transformation Carlin helped bring about in comedy has become so ingrained that he has become immortalized as one of America's most radical and courageous artists. This course will include a review of Carlin's life with segments from his HBO Specials and selected video pieces from his career. Please note, you will be exposed to Carlin's "colorful" language and imagery.

Presenter: Dennis Hebert is amused by the tsunami of daily nonsense that is part of the American way of life. He believes that "when you are born on this planet, you get a ticket to the freak show. BUT when you are born in America, you get a front row seat."

Member tuition: \$30.00 | 3 M: 11/28/2022 - 12/12/2022 | 1:00 - 3:00PM | Class Limit: 40

GSC Concord, 25 Hall Street, Concord, NH, 03301

Madness & the Movies X

Madness and the Movies X. Films have a long history of portraying mental illnesses in its many dimensions. They have shown the patient to be either a monster or a victim; the therapists as either scheming villains, bungling fools or compassionate heroes; and mental institutions either as chambers of cruelty or corridors of caring. In this class we will look at some of the classic mental illness movies which the students have selected from the films in sessions I through VIII as well as new movies. We will look at films revealing the cinematic approach to mental illness and how each movie helps us understand it.

Presenter: Stephen Soreff, M.D., is a nationally known author, lecturer, and teacher in the field of mental health services. Soreff has authored ten books including: *The Handbook of the Treatment of the Seriously Mentally Ill*, *The Documentation Survival Handbook*, and *EMS Street Strategies, Edition 2* as well as his most recent book, *Life's Dueling Dualities: A Grandfather's Legacy of Wisdom*.

Member tuition: \$55.00 | 8 W: 10/12/2022-12/7/2022 | 9:30AM - 12:00PM | Class Limit: 22

Note: No class November 23

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

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MGM's Glittering Ladies in the 1930's

MGM was the Rolls-Royce of studios in the 1930's and none of their female stars shone brighter than Norma Shearer, Joan Crawford, Jeanette MacDonald and Eleanor Powell. We'll enjoy their work in a sparkling comedy, a spy-thriller, and a musical with music by Cole Porter.

Presenter: Paul Brogan has presented more than 45 classes at OLLI in the last decade, with over 1,000 attendees. In the process he has made many new friends. In his spare time, Brogan hosts a talk show for Concord TV and writes books. His third book, *A Sprinkling of Stardust Over the Outhouse*, was released in June of 2022. He is currently working on a mystery.

Member tuition: \$30.00 | 3 F: 9/2/2022 - 9/16/2022 | 1:00 - 3:30PM | Class Limit: 32
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Oscar's Musical Memories

The Academy Awards have honored scores of films as "Best Song". Some became classics as did many of those nominated but not winning. We'll talk about many of those songs, their composers as well as watching clips of their performances. Expect to be humming as you leave the classroom.

Note: Class will break for lunch for one hour at noon. Lunch is on your own; food is not allowed in the library.

Presenter: Paul Brogan has presented more than 45 classes at OLLI in the last decade, with over 1,000 attendees. In the process he has made many new friends. In his spare time, Brogan hosts a talk show for Concord TV and writes books. His third book, *A Sprinkling of Stardust Over the Outhouse*, was released in June of 2022. He is currently working on a mystery.

Member tuition: \$20.00 1 Th: 11/3/2022 - 11/3/2022 | 10:00AM - 3:00PM | Class Limit: 30
Pope Memorial Library, 2719 Main Street, North Conway Village, NH, 03860

Literature

1984 Is Not an Instruction Manual

George Orwell's prescient 1984 novel is a powerful warning against the rise of industrial autocracy following World War II. In this class we will discuss the novel mindful of both Orwell's concerns and our own. Required Reading: George Orwell's 1984 (ISBN-10: 9780451524935 or ISBN-13: 978-0451524935)

Presenter: Peter Conklin is the Director of Facilities, Safety, and Sustainability at Granite State College and an adjunct professor of Philosophy and Humanities at the University of New Hampshire - Manchester and New England College. Conklin has been studying and teaching the relationship between philosophy and ecology for over two decades.

Member tuition: \$30.00 | 3 W: 8/24/2022 - 9/7/2022 | 1:00 - 3:00PM | Class Limit: 32
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Beyond the Road: The Franco-American Identity of Jack Kerouac

Known as one of the founders of the Beat Generation of the 1950s, Jack Kerouac, author of the classic *On the Road* and other Beat novels, has drawn far less attention for having written about his Franco-American and Roman Catholic upbringing in his "Lowell novels" such as *Visions of Gerard* and *Doctor Sax*. This scripted slide presentation explores the influence of Kerouac's ethnic and religious background on his writing.

Presenter: Robert B. Perreault worked as research assistant/oral history interviewer, librarian/archivist, freelance writer, historical tour guide, public speaker, photographer, and French teacher to promote Manchester's history and New England's Franco-American culture since 1973. His works, written in French and English, include seven books and over 160 articles, essays, and short stories published in three countries. He holds an M.A. in French with specialization in New England Franco-American studies from Rhode Island College and an MFA in Creative Writing/Fiction from Southern New Hampshire University (SNHU). In 2012, Manchester's Franco-American Centre named him "Franco-American of the Year."

Member tuition: \$20.00 | 1 M: 8/22/2022 - 8/22/2022 | 10:00 - 11:30AM | Class Limit: 25
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Caesar: The Man from Venus

Experience the performance and discussion of a remarkable story. This is a storyteller's telling of the life of Caesar, a life formed by a circle of extraordinary women: mother, aunt, wives, daughter and mistress, and Cleopatra. This man is a philosopher, historian, writer, engineer, architect, politician and the greatest general in history. Caesar sees himself as descended from the Goddess Venus on his father's side and the Tarquin Kings of old on his mother's side. We meet Caesar in the apartment building his mother owns in Rome and follow his meteoric rise to become the first amongst men: the most powerful man in the world. No period in history has been better recorded. An extensive reading list will be offered.

Presenter: Sebastian Lockwood is a traveling bard and performer. He studied the roots of storytelling, classics and anthropology at Boston University and Cambridge UK. Lockwood has recorded a series of classic novels and poems including Homer's "Odyssey," the "Epic of Gilgamesh" and more.

Member tuition: \$20.00 | 1 Tu: 9/13/2022 - 9/13/2022 | 1:00 - 3:00PM | Class Limit: 20
GSC Concord, 25 Hall Street, Concord, NH, 03301

Faulkner & Hemingway

Two giants of American literature writing over three decades but never meeting face to face had an intense rivalry made clear in their terse exchange of letters and their public comments. Neither could have been more different than the other in style, subject matter and creative expression. One, a celebrity, courting public approval, and demanding attention to his work and himself; the other a near-recluse, refusing to talk about his work and barely recognized during his lifetime. Both won the Nobel Prize. This course will examine a number of their shorter works and contrast their styles, themes, and their world view. Readings will be sent electronically.

Presenter: Mike Baker, a former teacher and administrator, is a frequent presenter for the OLLI program.

Member tuition: \$35.00 | 4 W: 9/21/2022 - 10/19/2022 | 1:00 - 2:30PM | Class Limit: 40

Note: No class October 5.

Online - Virtual by Zoom

Hawthorne with a "w"

In the first class session, we will examine Hawthorne's life and times. He was born Nathaniel Hawthorne, descending from a long line of Puritans. He tried to distance himself from them, but was haunted by their deeds and Puritanism's focus on sin and guilt, which greatly influenced his writing. Hawthorne was shy and often reclusive, yet he led an eventful life which intersected with the major intellectual and political currents of nineteenth century America, including Transcendentalism, utopian communities, and the debate over slavery. The second session, led by Mike Baker, will concentrate on Hawthorne the writer and will include a discussion of a sampling of his work. The stories to be discussed will be sent electronically.

Presenters: Eleanor Strang has been presenting popular courses for OLLI since 2013. She received her M.A. from the University of Michigan and her MLS from Simmons College. Strang was the director of the Kelley Library in Salem, N.H. for 15 years, and has pursued her interest in American and Canadian history since retiring.

Mike Baker, a former teacher and administrator, is a frequent presenter for the OLLI program.

Section 1 Member tuition: \$25.00 | 2 M: 10/17/2022 - 10/24/2022 | 1:00 - 3:00PM | Class Limit: 25

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Section 2 Member tuition: \$25.00 | 2 Th: 11/10/2022 - 11/17/2022 | 1:00 - 3:00PM | Class Limit: 22

Online - Virtual by Zoom

Jane Austen's World of the Early 19th Century

What was it like to be living during Jane Austen's time? What did people eat? How did they dress? What social mores did they have to follow? What did they do for entertainment? How were things especially difficult for spinsters like Jane? This presentation will examine these questions and provide attendees with a glimpse of what it was like to be living at the turn of the nineteenth century.

Presenter: Colette Janson-Sand, Ph.D., RD, was an Associate Professor at the University of New Hampshire (UNH) and the Coordinator of the Nutrition Program. For 10 years she also was a Nutrition Specialist for UNH Cooperative Extension. As Didactic Program in Dietetics (DPD) Director at UNH for 34 years, she designed the college's Dietetic Internship and Dietetic Technician Programs.

Member tuition: \$20.00 | 1 W: 11/30/2022 - 11/30/2022 | 1:30 - 3:00PM | Class Limit: 30

Online - Virtual by Zoom

Poetry for Non-Poets

Curious about poetry? At once accessible and off-putting, the art of poetry is currently enjoying a resurgence in America. This class invites conversations about poems both classic and contemporary, provides you with fun prompts for writing your own poems and creates a supportive environment in which to revise your poems. Finally, you will have the option to read your poetry aloud to your classmates and prepare to share your words with the world! All levels of experience with poetry are welcome.

Presenter: Hope Jordan's writing has appeared recently in such journals as "Blue Mountain Review," "Twyckenham Notes," "Split Rock Review," "Black Fox Literary Magazine" and "Angels Flight Literary West." She holds a dual B.A. from Syracuse University and a creative writing M.F.A. from UMass Boston, where she taught an undergraduate poetry course. Jordan was New Hampshire's first official poetry slam master. Her chapbook is "The Day She Decided to Feed Crows" (Cervena Barva Press, 2018).

Member tuition: \$30.00 | 3 W: 9/14/2022 - 9/28/2022 | 3:30 - 5:00PM | Class Limit: 12

Online - Virtual by Zoom

Shakespeare's Julius Caesar: What's It All About?

Chuck Annal returns for an in-class presentation of his 12th Shakespeare class for OLLI. Whether you're someone who's wondering what all the fuss is about, or a long-time Shakespeare fan, you'll enjoy this interactive approach to "Julius Caesar," a play that speaks to our contemporary social issues. Because Shakespeare's plays were meant to be heard and not necessarily read, Chuck uses an approach that reads the entire play aloud, using class participants to read various roles in a scene (and, no, you don't have to read if you prefer not to). Along the way Chuck will lead discussions on themes, language, character, and staging. A study guide is provided as well. Required text: any copy of "*Julius Caesar*," with or without explanatory notes.

Presenter: Chuck Annal has a B.A., M.A., and Ph.D. in English. Now retired, he taught Shakespeare and other literature and writing classes at NHTI-Concord's Community College for over 25 years. Annal has taught eight plays for OLLI over the last six years.

Member tuition: \$30.00 | 3 Th: 11/3/2022 - 11/17/2022 | 1:00 - 3:45PM | Class Limit: 30
GSC Concord, 25 Hall Street, Concord, NH, 03301

Sherlock Holmes: The Greatest Man Who Never Lived

Sherlock Holmes has fascinated readers for over 125 years. Participants of this course will read one story a week to discuss the story, the era, view an occasional video, and explore the fascinating Sherlockian world. The first one will be "The Adventure of the Dancing Men" followed by the Jeremy Brett video from the 1980s PBS series. The participants will then choose the stories for the rest of the course.

Presenter: Robert Fritsch first read about Sherlock Holmes as a pre-teen, has read the Canon several times and has conducted a series of courses about Holmes. His Sherlockian library numbers over 500 books, magazines, movies, and games. He is a member of several Sherlockian societies and a founding member of The Fourth Garrideb, The Numismatics of Sherlock Holmes. Fritsch started his numismatic career over 50 years ago by collecting pocket change while stationed with the US Navy in Japan. He is heavily involved with organized numismatics and is an award-winning author, presenter, exhibitor, and exhibit judge.

Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration. No class November 23.

Section 1 Member tuition: \$45.00 | 6 W: 10/26/2022 - 12/7/2022 | 1:00 - 3:00PM | Class Limit: 32
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Section 2 Member tuition: \$45.00 | 6 W: 10/26/2022 - 12/7/2022 | 1:00 - 3:00PM | Class Limit: 30
Online - Virtual by Zoom

“ When I think about OLLI I smile. I was working part-time when I joined eight years ago and what started out as a casual interest quickly grew into a strong commitment to this wonderful program. I began volunteering as well as attending classes and these experiences fulfilled a longing for not only continuing educational enrichment, but also exposure to new ideas and new people. I can't imagine my life now without OLLI - For the Love of Learning, New Experiences and New Friends.”

- JoAnn Meyers, Class of 2014

The New Yorker

Join us in a well-established OLLI tradition, lively discussions of this chronicle of our times. Started in 1925, as a humor magazine, "The New Yorker" soon became a preeminent forum for serious fiction and journalism. With a circulation over one million and content by the most respected writers of fact and fiction, it is one of the most widely read and influential American magazines. The presenters will choose the first readings; after that, the class decides. To participate, students will need access to the magazine. Subscriptions can be purchased at www.newyorker.com or check with your local library.

Presenters: Bob Jones is a lifelong film fanatic, avid outdoorsman, skilled computer user, and fan of The New Yorker magazine. Jones shares his many interests by presenting a variety of OLLI courses.

John Monnelly is a graduate of the University of New Hampshire and a New Hampshire native. He loves visiting New York City and has been a serious fan of The New Yorker for many years.

Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration. No class September 29, October 6, October 13, and October 20.

Section 1 Member tuition: \$55.00 | 8 Th: 9/1/2022 - 11/17/2022 | 3:30 - 5:00PM | Class Limit: 16

Online - Virtual by Zoom

Section 2 Member tuition: \$55.00 | 8 Th: 9/1/2022 - 11/17/2022 | 3:30 - 5:00PM | Class Limit: 8

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Wallace Stegner's *Crossing to Safety*

"How do you make a book that anyone will read about lives as quiet as these?" In his novel *Crossing to Safety*, whose title derives from the Robert Frost poem, "I Could Give All to Time," Wallace Stegner answers that question through his narrator, Larry Morgan. The novel explores the deep and lifelong friendship between two couples – Larry and his wife Sally and Sid and Charity Lang. The attraction is immediate and mutual. Battell Pond in Vermont, where Charity's family has a summer home, is "the place where during the best time of our lives friendship had its home and happiness its headquarters." Yet in every Eden there is a serpent. "It was not a big serpent, nor very alarming ... it did not seem dangerous," but it creates disturbances that will threaten them all. Stegner raises questions in the novel about loyalty, about love, about time passing and loss. It was, Stegner told an interviewer, "in a way that no book of mine ever has been, an attempt to tell the absolute unvarnished truth about other people and myself." Books that speak so directly to our lived lives are rare, as one reader implies in the review, "Books like this are why I read." Join Judith Castle to discuss the questions *Crossing to Safety* raises. Required Reading: *Crossing to Safety*, Wallace Stegner, 978-0-375-75931

Presenter: Judith Castle has a passion for novels and the light they shed on the human condition. She has led several courses in English and American Literature at OLLI and at the Harvard Institute for Learning in Retirement. She has a degree from the University of London and a Master's degree from Harvard University.

Member tuition: \$25.00 | 2 Th: 10/20/2022 - 10/27/2022 | 10:30AM - 12:00PM | Class Limit: 15

Online - Virtual by Zoom

Your Thoughts on the Short Stories of Anthony Doerr

Short Stories are no less complex than novels; the artistic skill includes that the author has a limited amount of space to get the job done. This two session course invites readers to explore two NOT so short stories of Anthony Doerr. You may know him from his best seller *All the Light We Cannot See*. His short stories take a different approach. He's a writer, who in his own words, breaks all the rules, in both language and ideas. Any piece of good writing requires something of its reader. The two short stories chosen will ask us to

suspend our disbelief to appreciate what Doerr asks us to accept about both the natural and unnatural worlds. In the first session, we will discuss "The Hunter's Wife." In the second, we will discuss "The Shell Collector". Both pieces can be found in his anthology *The Shell Collector* (Scribner Books/Simon and Schuster, Inc.). Please read the short stories before joining the session. Thought provoking questions will be sent out prior to each session. Required Reading: *The Shell Collector* Anthony Doerr Scribner Books/Simon and Schuster, Inc. ISBN: 978-0-7432-1274-8

Presenter: Diane King is a retired professor of English and an Administrator in the Community College System of New Hampshire (CCSNH). For more than 25 years, she taught Creative Nonfiction, Creative Writing, and Composition and Research, as well as different genres of literature. Her favorite part of teaching was fostering students' creative voices, as well as their understanding, appreciation, and enjoyment of literature.

Member tuition: \$25.00 | 2 W: 10/26/2022 - 11/9/2022 | 10:00AM - 12:00PM | Class Limit: 12
Online - Virtual by Zoom

History

18th Century New Hampshire: Every Man Had a Gun & Every Woman Could Shoot

Learn of the forgotten time when Indians and Frenchmen prowled New Hampshire, kidnapping citizens and marching them to Canada for ransom; a time when every man carried a gun, when everyone feared the scalping knife, the Redcoats and the Tories. Explore the life, music, and food of the 18th century. Weather permitting, our second session will be a tour of one of New England's most fascinating cemeteries (tour rain date will be Monday, September 12). Please wear appropriate footwear during the second class session, tour is not recommended for those with mobility or balance issues.

Presenter: Julia Schappals is a semi-retired business lawyer, a transplant from southern California who became fascinated with the colonial history of New England, particularly the 18th century's nearly forgotten dramas, heroes, and heroines.

Member tuition: \$25.00 | 2 Th: 9/1/2022 - 9/8/2022 | 10:00AM - 12:00PM | Class Limit: 30
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

A Brief History of Gundalows

Come explore the rise and fall of the gundalow, a flat-bottomed barge once crucial to the movement of goods on the waterways of southern New Hampshire and Maine. Learn about the conditions in the Piscataqua region that led the first European settlers to develop these unusual vessels and the critical role gundalows played in the development of the area's economy throughout the 18th and 19th centuries before they nearly disappeared in the 20th century. Nearly lost, but not forgotten, resurgent interest in the gundalow has made it possible to once again see this hardy workhorse sailing Portsmouth Harbor and the Great Bay estuary.

Presenter: Rich Clyborne is a 1982 graduate of the United States Naval Academy. He served six years in active duty before transitioning to the Naval Reserve. He has worked as a defense contractor, a physical science teacher, a major gift officer at the Naval Academy Foundation, a systems analyst at Verizon, and a contract program manager at the Naval Academy and the Social Security Administration. He holds an MAT from Sacred Heart University in Fairfield, CT. Clyborne became the Executive Director of the Gundalow Company in 2018.

Member tuition: \$20.00 | 1 W: 9/7/2022 - 9/7/2022 | 6:30 - 8:30PM | Class Limit: 25
Online - Virtual by Zoom

Alaska History & Cultures for Travelers

This class looks at the geography, cultures, and history of Alaska as a background for travelers and includes information on Alaska's Native Peoples. We will start with an overview of Alaska's geography and Native Peoples. Then, a look at Southeast and Tlingit and Haida culture and cultural sites today. Then we will move on to Skagway, the jumping off point for the Klondike Gold Rush, and follow the Gold Rush to Dawson City, before proceeding down the Yukon to discuss the Gold Rushes in Nome and Fairbanks. The Gold Rush has often been narrated as a pioneering experience for people journeying North, but we will also look at the experience of Native people: Athabascans in the Interior of Alaska, and Inupiat on the Northwest coast. We will explore the history of the Alaska Railroad, and Denali National Park, as we travel to Anchorage and the Kenai Peninsula, before moving on to Kodiak Island, the Alaska Peninsula, and the Aleutian chain and how their original Native people were decimated by Russian conquest.

Presenter: Jane Haigh is an author and historian of Alaska who lived in Alaska for more than 30 years. After earning a Ph.D. in United States History at the University of Arizona, she taught Alaska History for ten years at Kenai Peninsula College, a branch campus of the University of Alaska Anchorage. Realizing the story of Alaska's Native people was often left out, she spent the last eight years working on a new approach that includes Native People. The course is based on her original materials.

Member tuition: \$35.00 | 4 M: 10/17/2022 - 11/7/2022 | 10:30 - 11:30AM | Class Limit: 25

Online - Virtual by Zoom

Bringing History North: Slavery in Massachusetts Province of Maine

Based on more than six years of intense research, historian Patricia Q. Wall traces the presence of enslaved Blacks in the original large Parish of Kittery from the mid-1600s to slavery's gradual ending in Massachusetts around 1790. Wall's work exposes information about more than 500 Blacks and over 200 slave owners in the Parish, which included the present-day towns of Kittery, Berwick, South Berwick, and Eliot, and reveals a great many little-known incidents concerning Blacks' lives in bondage, as well as glimpses of their later lives in freedom. This course destroys racists' myths and brings truth to light, confronting 19th century historians' racist views. It offers eye-opening information and suggestions for further study.

Presenter: Pat Wall has been involved for over 40 years in educating the public about colonial American history through writing and museum work. Since 1995, her focus has been New England's early African American history, resulting in two novels designed to introduce children to that vital topic: *Child Out of Place* (2004) set in Portsmouth and *Beyond Freedom* (2010), set in Boston. Wall's six years of research resulted in publication of *Lives of Consequence: Blacks in Early Kittery & Berwick in the Massachusetts Province of Maine*, a detailed work refuting myths of slavery's scarcity in the northern region.

Member tuition: \$20.00 | 1 F: 9/30/2022 - 9/30/2022 | 1:30 - 2:30PM | Class Limit: 50

Online - Virtual by Zoom

Civil War Soldier

This course is an overview of life as a soldier during the American Civil War. Through discussion and a PowerPoint presentation participants will gain an understanding of training and camp life during the war. A number of artifacts will be used to enhance student understanding of what soldiers had to endure.

Presenter: Warren Sommers is a retired Special Education teacher and administrator who has worked in the Lakes Region for over thirty-five years. He has presented numerous lectures and workshops that address Civil War history, including The Life of the Civil War Soldier, Generals, and Views relative to camp life during the Civil War, to many historical societies, schools, and civic organizations in New Hampshire.

Section 1 Member tuition: \$20.00 | 1 F: 9/9/2022 - 9/9/2022 | 10:00 - 11:30AM | Class Limit: 20
GSC Concord, 25 Hall Street, Concord, NH, 03301

Section 2 Member tuition: \$20.00 | 1 F: 10/21/2022 - 10/21/2022 | 1:00 - 3:00PM | Class Limit: 20
Moultonborough Public Library, 4 Holland Street, Moultonborough, NH 03254

Covered Bridges of New Hampshire: Past & Present

A century ago, the covered bridge was a ubiquitous part of New Hampshire's landscape. Fire, flood and progress have destroyed 90% of them so that only slightly over 50 remain. Take a virtual tour of some of the state's past and present covered bridges while learning about their designs, the craftsmen who built them, how the bridges met their demise, and the efforts to preserve those which remain.

Presenter: Bill Caswell has been interested in covered bridges for over 30 years. In 2003, he co-founded Covered Spans of Yesteryear, a project which has documented over 13,000 existing and former covered bridges in the U.S. and Canada. The research is available to others at www.lostbridges.org. In 2013, Caswell became president of the National Society for the Preservation of Covered Bridges, a non-profit organization dedicated to preserving American Historic Covered Bridges.

Member tuition: \$20.00 | 1 M: 8/29/2022 - 8/29/2022 | 10:00 - 11:00AM | Class Limit: 40
Online - Virtual by Zoom

Cruising New Hampshire History: Historical Roadside Markers

New Hampshire history is uniquely on display along the highways of the Granite State. The state's roadside historical markers commemorate significant events and individuals from the first settlers arriving in 1623 to notable individuals who helped define what New Hampshire is today. New Hampshire also played a major role in the birth of our nation. From Revolutionary battlefields to individuals of political influence, the Granite State has made an indelible mark on history. This class explores some of the 271 New Hampshire historical markers that dot the state highways and roads. Each marker is described with its location (to include GPS coordinates), date installed, marker inscription, and expanded historical references of this event/individual. Information may also be provided about other points of interest in the vicinity of the historical marker. If you wish to get some additional background information on this topic, suggested reading would be *Cruising New Hampshire History: A Guide to New Hampshire's Roadside Historical Markers*, Michael Bruno, ISBN: 978-0692107287.

Presenter: Michael Bruno is the author of *Cruising New Hampshire History: A Guide to New Hampshire's Roadside Historical Markers*. He has presented his experiences of visiting and cataloging each of the state's 271 historical roadside markers in all seven regions of the state. Bruno's presentation includes his lifelong interest in the markers culminating with his more than two years of visiting and researching each of the markers.

Member tuition: \$20.00 | 1 Sa: 9/17/2022 - 9/17/2022 | 1:00 - 3:00PM | Class Limit: 80
GSC Concord, 25 Hall Street, Concord, NH, 03301

Decolonizing Representations of Stark, Rogers, & Their Contemporaries

This is a one-session course that follows up on the one offered in spring 2022. It uses the methods of Cultural Anthropology to examine archival resources pertaining to the relationships between Native peoples and colonial settlers in the area of Goffstown and Dunbarton. It examines the flaws in many of the accounts that are commonly repeated. It develops a narrative by focusing on the lives of specific individuals like John Stark and Robert Rogers, and their families. The session will allow time for questions and discussion.

Presenter: Dillon Mahoney is a professor of anthropology at the University of South Florida in Tampa. His past work focused on social, economic, and environmental change around the tourism and crafts industries in Kenya. He also works with Central African refugees and refugee resettlement in the United States. Originally from Goffstown, New Hampshire, his new interests lie in the indigenous past and present of northern New England's Abenaki Dawnland.

Member tuition: \$20.00 | 1 F: 9/16/2022 - 9/16/2022 | 3:00 - 5:00PM | Class Limit: 40
Online - Virtual by Zoom

Dietrich Bonhoeffer: A Man For Our Time

One of many martyrs during the Holocaust, Dietrich Bonhoeffer's action in the world was formed by his faith and his response to dangerous times, starting with the loss of his brother in World War I. Early loss led to Christian faith, an interest in theology, travel to the United States, and a strong interest in communities of faith, pacifism, and in African-American spirituality as expressed in gospel music. After the rise of Hitler in 1933, Bonhoeffer spoke out against the German State Church, which was becoming infected with fascism—a tribalist heresy. In 1939, Bonhoeffer escaped to the United States, but did not stay. He chose instead to move back to Germany. During World War II he participated in several dangerous plots against Hitler. This class will be about Dietrich Bonhoeffer's journey from a privileged young boy to a pastor and theologian, to a spy and, eventually, a martyr. What led him to embark on this difficult journey and what led to such a deep sense of peace and an embrace of life despite the horrors around him? Let's look at Bonhoeffer's life and find out.

Presenter: Jen Graf is a retired training manager from the New Hampshire Department of Transportation. She has taught courses in technology and history at OLLI. Along with satisfying her curiosity with OLLI courses, she enjoys playing pickleball, attending musical performances and doing lots of volunteer work. She is fascinated by how spiritual growth impacts engagement with the world.

Member tuition: \$25.00 | 2 Th: 12/8/2022 - 12/15/2022 | 10:00AM - 12:00PM | Class Limit: 25
GSC Concord, 25 Hall Street, Concord, NH, 03301

Etched in Granite: The History of a 19th-Century Poor Farm in New Hampshire

Share Mj Pettengill's journey from her discovery of 298 numbered gravestones in a cemetery in Ossipee, New Hampshire, to the creation of her historical fiction series, *Etched in Granite*. After learning that the graves belonged to "inmates" of a 19th century poorhouse, the Carroll County Farm, whose records had been lost in a fire, Ms. Pettengill made it her mission to identify those interred at the site. She will present the research methods, sources, and results that led her to the identities of 268 individuals buried at the cemetery. She will also discuss the obstacles encountered and overcome during the discovery period and how fragments of data led to the examination of the foundation of our current welfare system and birth of the role of the social worker.

Presenter: Author and historian Mj Pettengill focuses on cultural narrative and traditions, historical and intergenerational trauma integration, ancestral healing, and social welfare development. Aligned with ancient healing customs, Mj practices the art of gathering wild plants for food/medicine on her farm in the mountains of New Hampshire. Along with undergraduate studies in history, theology, music, and psychology, she has an MFA in creative writing. She penned the *Etched in Granite* Historical Fiction Series.

Member tuition: \$20.00 | 1 Th: 10/6/2022 - 10/6/2022 | 3:30 - 5:00PM | Class Limit: 30
Moultonborough Public Library, 4 Holland Street, Moultonborough, NH, 03254

FDR's Lies: Deliberate Falsehoods, Political Strategies or War Necessities?

Franklin Delano Roosevelt was a much-revered President. However, after his death, researchers have discovered that he lied about several things. In particular, he lied about his knowledge of Pearl Harbor's imminent destruction, his intentions to rescue European Jews and the impact of his health on his abilities to function as President and Commander in Chief. We will examine these three areas to determine his intentions in misleading the American public and prominent Jewish leaders. We will also examine of this information changes your opinion of him as President.

Presenter: Michelle Langa is a retired superintendent of schools with a profound interest in history. She has authored two books in education and enjoys writing as a hobby. Langa is a firm believer in the adage that those who do not learn from history are bound to repeat it.

Member tuition: \$35.00 | 4 Tu: 11/1/2022 - 11/22/2022 | 10:00AM - 12:00PM | Class Limit: 50
Online - Virtual by Zoom

Forgotten Plane Wrecks of New Hampshire

Many plane crash sites in New Hampshire have been forgotten, but if you search you will find the unique stories of each of these crashes. This course will include a discussion on early navigation challenges and will then delve into the history of several crashes and the presenter's exploration of the crash sites. Crashes included in this talk are the B-18 bomber in 1942, Northeast Airlines flight 792 in 1954, Northeast Airlines flight 946 in 1968, the Christmas Eve 1996 crash of a Learjet business jet, "The Missing Doctors Crash," and more.

Presenter: Nick Wallner retired after managing the Concord branch of AAA for 46 years. Looking for new challenges, he found one in researching and looking for lost airplane wrecks in New Hampshire. An avid hiker, he has completed the state's 48 four thousand footers. Wallner is a Granite State Ambassador where he volunteers at the New Hampshire State House, is a member of the Kiwanis Club of Concord and has been a soccer referee for nearly 40 years and currently chairs the NH Soccer Assoc Disciplinary Committee.

Member tuition: \$20.00 | 1 W: 9/14/2022 - 9/14/2022 | 3:00 - 5:00PM | Class Limit: 32
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

From Vaudeville to the Western Front: Will Cressy in the Great War

In the early 20th century, Concord, New Hampshire's Will Cressy was one of America's best-known Vaudeville performers, appearing with his wife, Blanche Dayne, on stages across the country. He was a prolific writer, penning numerous skits and playlets, as well as humor pieces that upon his death drew comparisons with Will Rogers. When America entered the First World War, Cressy volunteered to travel to Europe, putting his life at risk to entertain American troops on the Western Front. This session will review Cressy's career and focus on his experiences during World War I.

Presenter: Byron Champlin is an independent historian who has lectured at Fort Ticonderoga's War College on the Seven Years War and on World War I at the New Hampshire Historical Society, the Aviation Museum of New Hampshire, and the Penacook and Concord Historical Societies. He contributed "Called to the Colors," the military history chapter of the Concord Historical Society's "Crosscurrents of Change: Concord, NH in the Twentieth Century" and published "Under a Foreign Flag: Concord Men in Foreign Service During the First World War" in the Fall 2017 issue of "Historical New Hampshire."

Member tuition: \$20.00 | 1 M: 10/3/2022 - 10/3/2022 | 10:00 - 11:00AM | Class Limit: 100
Online - Virtual by Zoom

How Fishing Built Colonies: Early Explorations 1605 -1620

We all know about the colonies established at Jamestown (1607) and Plimoth (1620), but they were not the first nor the only attempts by the English to gain a foothold in the New World. Olga Morrill will share the research for her third historical fiction novel *Vagabond Apothecary: The Life of David Thomson* which illuminates the amazing events and struggles involving colonization on what is now the coast of Maine, New Hampshire, and Massachusetts in the early 17th Century. In brief participants will learn of Weymouth's kidnapped Indians (1605), the Challons fiasco (1606), the Popham Colony on the Kennebec River (1607), Harlow's expedition to Cape Cod (1611), the fate of the French colony on Mt. Desert Island (1613), John Smith's mapping of the North American coast from Maine to Cape Cod (1614), how Tisquantum (Squanto) came to England, and what delayed the Pilgrims for four months, causing them to make landfall in the inhospitable month of November (1620). This fascinating period has been given little attention in standard history curriculum. We will cover as much as possible in the time allotted.

Presenter: Olga Morrill's higher education was in Theater Arts at the Drama Studio, London, England. She was active in summer stock and community theater in the '70s and '80s. She worked at the Conway Public Library from 1990 through 2014 in programming and public relations. She initiated the White Mountain Writers Group in 2012 and published her first novel *Vagabond Quakers: Northern Colonies* in July 2017. Morrill lives in Madison with her husband of more than 45 years.

Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.

Section 1 Member tuition: \$20.00 | 1 Th: 10/13/2022 - 10/13/2022 | 2:00 - 3:30PM | Class Limit: 20
Pope Memorial Library, 2719 Main Street, North Conway Village, NH, 03860

Section 2 Member tuition: \$20.00 | 1 Th: 10/13/2022 - 10/13/2022 | 2:00 - 3:30PM | Class Limit: 50
Online - Virtual by Zoom

In the Wake of the Plague: The Development of Early Modern Europe

This course will examine the momentous changes in Europe following the devastation wrought by the Bubonic Plague. We will begin by examining life in the Middle Ages, and move on to the 100 Years War, the Italian and Northern Renaissances, the Protestant Reformation and Catholic Counter-Reformation and their impacts, the Wars of Religion, and conclude with the Age of Exploration and the advent of Europeans in the "New World."

Presenter: Carol Zink is a retired high school history teacher who taught Modern World and AP European History. She taught many courses for OLLI in Hawaii and online, including Russian History, the French Revolution, Chinese History, Indian History, the Scientific Revolution and the Enlightenment, The Renaissance and the Reformation, and the Palestine-Israel Conflict. She has a B.A. in History from Northwestern University and an MBA from Santa Clara University. Zink is also a retired United States Navy Captain.

Member tuition: \$45.00 | 6 Tu: 10/4/2022 - 11/8/2022 | 3:00 - 4:30PM | Class Limit: 50
Online - Virtual by Zoom



Lucy Stone: The Forgotten Champion of Women's Suffrage

You have probably heard of Elizabeth Cady Stanton and Susan B. Anthony, the famous suffragists, but you may be among the many who are not familiar with the name of Lucy Stone. In fact, in the rotunda of the Capitol in Washington D.C. is a sculpture of the leaders of the women's suffrage movement, and Lucy Stone is not included. Yet she was an extremely important early leader in the movement. She began as an eloquent public speaker on the anti-slavery lecture circuit, and then turned her talents to speaking on behalf of women's rights. She was instrumental in organizing the first truly national Woman's Rights Convention in Worcester in 1850. She was a founder of the American Woman Suffrage Association, and publisher of the long-running *Woman's Journal*, the influential voice of the movement. Her private life demonstrated her courage and commitment to the cause in fascinating ways. This course is an opportunity to explore the life and work of this important but forgotten champion, and to see why she has often been left out of the history of the fight for women's suffrage.

Presenter: Eleanor Strang has been presenting popular courses for OLLI since 2013. She received her M.A. from the University of Michigan and her MLS from Simmons College. Strang was the director of the Kelley Library in Salem, N.H. for 15 years, and has pursued her interest in American and Canadian history since retiring.

Member tuition: \$20.00 | 1 F: 10/14/2022 - 10/14/2022 | 1:00 - 3:00PM | Class Limit: 25
GSC Concord, 25 Hall Street, Concord, NH, 03301

New Hampshire's World War II German Prisoner of War Camp

During World War II, 300 German prisoners of war (POW) were held at Camp Stark near the village of Stark, New Hampshire. In his book, *Stark Decency: German Prisoners of War in a New England Village*, author Allen V. Koop highlights the history of this camp and shares the thoughts of not only the POWs but also the guards and the townspeople. In this class, we will explore the rich history of this camp and the impact it made in the local community during one of our nation's most critical times. Reading of the book prior to the class is not required.

Presenter: Dennis Lunn is a native of New Hampshire's North Country and veteran of the United States Army who spent over 30 years in the computer industry. He currently lives in Stark, which was home to a German prisoner of war camp during World War II.

Member tuition: \$20.00 | 1 F: 10/7/2022 - 10/7/2022 | 1:00 - 3:00PM | Class Limit: 10
Conway Public Library, 15 Greenwood Avenue, Conway, NH, 03818

Only Hope: My Mother and the Holocaust Brought to Light

Before she passed away in 1974, Felicia Bornstein Lubliner wrote about her internment in Polish ghettos and two Nazi concentration camps, Auschwitz and Gross-Rosen. Her powerful stories have recently been published by her son, Irv Lubliner, an emeritus Southern Oregon University professor and OLLI instructor. He will share excerpts from "*Only Hope: A Survivor's Stories of the Holocaust*," shedding light on his mother's experiences and indomitable spirit, as well as his experience as a child of Holocaust survivors and his process in bringing the book to fruition. The instructor will pause during and after his presentation to invite questions and discussion. The book may be purchased on the website <https://www.onlyhopebook.com>, if participants choose.

Presenter: Irv Lubliner teaches math, blues harmonica, and literature classes for the OLLI program at Southern Oregon University, where he also serves on the Council of Directors. An emeritus professor specializing in mathematics education, he taught for 40 years and led seminars for teachers in 39 states. In 2019, he created Felabra Press and published his mother's writing about her experiences during the Holocaust, the book that will serve as the theme for this presentation.

Member tuition: \$20.00 | 1 Th: 10/6/2022 - 10/6/2022 | 1:00 - 2:30PM | Class Limit: 75
Online - Virtual by Zoom

Reflections on Living Under Three Dictators

What conditions allow a dictator to be successful? Gain some insight from Tony Simone, who spent 11 years working and living in countries ruled by notorious dictators – Russia’s Vladimir Putin, Egypt’s Hosni Mubarak, and Indonesia’s Suharto. Compare and contrast the cultural conditions in these countries that allowed dictators to flourish and consider the lessons that can be applied to the current world situation.

Presenter: Tony Simone has had a long career as a school administrator, serving 33 years in school districts in the United States, including two years with the United Nations International School in New York City. Simone also spent 11 years serving as an overseas administrator in Cairo, Jakarta, and Moscow.

Member tuition: \$20.00 | 1 T: 11/22/2022 - 11/22/2022 | 6:30 - 8:00PM | Class Limit: 25
Conway Public Library, 15 Greenwood Avenue, Conway, NH, 03818

Rise of the Nazis: Lessons for Democratic Citizenship

An exploration into the Rise of the Nazis, the destruction of German democracy and the ongoing threat of fascism and Nazism. We will explore the relevance of antisemitism then and now; the myriad of social forces and political agendas influencing decision-making. How did the Nazis actually come to power and how did they secure that power? We will compare and contrast Hitler to Franklin Delano Roosevelt’s reaction to the Nazi threat in the context of economic concerns, the power of the Southern democratic bloc in shaping U.S. policy, issues of Jim Crow, refugees, and U.S. immigration policy. We will explore the connection between eugenics in the U.S. with Nazi imagination, policy, and implementation. We will explore how institutions collapsed or collaborated with Nazism – including the legal system. What was the connection between the German-American Bund and the America First Committee and how is that relevant in contemporary America in the wake of January 6? As many topics will raise issues of individual and collective identities, we will ponder what lessons apply for democratic citizenship and civic responsibility. As we confront difficult history we seek to enhance our resiliency in confronting the challenges facing liberal democracy today. Conversation and reflection will be encouraged as we navigate this difficult, but important history. No advanced reading is required.

Presenter: Thomas M. White, Coordinator of Educational Outreach for the Cohen Center for Holocaust Studies at Keene State College, serves on the Board of Directors of the Association of Holocaust Organizations (AHO) and as training center coordinator for ADL/USC Shoah Foundation/Yad Vashem’s Echoes & Reflections curriculum. In addition, White has participated in and facilitated the Global Raphael Lemkin Seminar for Genocide Prevention at the Auschwitz Institute for Peace and Reconciliation (AIPR) and Yad Vashem & U.S. Holocaust Memorial Museum International Conferences. He received NEA-NH’s Champion of Human & Civil Rights Award in 2009 and was named Peace Ambassador by the Center for Peacebuilding from Bosnia and Herzegovina in 2015.

Member tuition: \$45.00 | 6 F: 9/30/2022 - 11/4/2022 | 10:00AM - 12:00PM | Class Limit: 100
Online - Virtual by Zoom

“ When I was getting ready to retire in 2013, I found OLLI in an online search, so I filed it in my "Things to Do When I Retire" folder. That was one of the most rewarding searches I have ever done. I took a class which was enlightening, but as soon as I joined a committee and started volunteering, my enjoyment multiplied many times over. I've really gotten to know so many wonderful people with all kinds of backgrounds from all over the state. Thank you, OLLI!”

- **Su Bennett**, Class of 2019

The Battle that Changed the Course of History: Saratoga 1777

This class will explain the strategies the Americans and British employed before and during the Battle of Saratoga. Emphasis will be placed on how both sides used the various elements of their Army to ensure victory. Time will also be taken to discuss how the outcome of this battle changed the course of world history.

Presenter: Norm Desmarais holds a Master's degree in Applied Management. Before retiring he was a V.P. of Operations in the defense industry. He was also an adjunct professor at Northeastern University and Webster University Graduate School for a total of 26 years. He is an amateur historian and a frequent speaker in Florida and New Hampshire. Desmarais is a member of the Mayflower Society and Sons of the American Revolution. This is his fourth history class for the OLLI at Granite State College learning community in the Mount Washington Valley.

Member tuition: \$20.00 | 1 F: 9/30/2022 - 9/30/2022 | 10:00AM - 12:00PM | Class Limit: 60
Conway Public Library, 15 Greenwood Avenue, Conway, NH, 03818

Ukraine & Russia, Tsarist and Soviet Periods: A Historical Perspective

The current Ukrainian-Russian conflict is as much about the past as about the present or future. Both sides regularly resort to historical arguments, turning the past into yet another battleground. The history and geography of Russia led to a national identity which relies on terms such as empire and nationalism. At the same time the identities of Russia and the former USSR have never been separated and thus the age-long desire for the status of an internationally recognized great power still lingers. This identity concept, the specific form of nationalism, and the perception that "the West" constitutes Russia's negative "other" are crucial to understand Russia's course in the Ukraine crisis. Moreover, this composition of characteristics will define Russian political culture in the foreseeable future. This class will explore the complicated multi-ethnic and national background of Ukraine.

Presenter: Merle Luber Friedenber, Ph.D, has been a college professor for many years. Recently, she has taught at lifelong-learning programs at Brandeis University and Rivier University, as well as OLLI. Her classes always reflect her in-depth historical reading and research and her ability to present serious topics as both education and entertainment.

Member tuition: \$40.00 | 5 Th: 10/13/2022 - 11/10/2022 | 10:00AM - 12:00PM | Class Limit: 25
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Why Learning the Truth Matters: Genocide Against Indigenous Peoples

In this course, participants will learn about the history of Indigenous peoples in the region now called New England, their resistance to settler occupation of their homeland, and how settler colonialism rewrote the narrative about the history of the place most of us call home. In this class, participants will be introduced to key concepts and screen two short documentary films that will bring history to life. Participants will also be provided with discussion guides and learning resources that they can read on their own.

Presenter: Mishy Lesser, Ed.D. is an Emmy® award-winning researcher and the learning director for the Upstander Project and Education Fellow at the Dodd Human Rights Impact at the University of Connecticut. She is co-director of the Upstander Academy, a weeklong professional learning experience for teachers and museum educators that focuses on genocide and developing the skills of upstanders.

Member tuition: \$20.00 | 1 Tu: 10/18/2022 - 10/18/2022 | 3:00 - 4:30PM | Class Limit: 30
Online - Virtual by Zoom

Personal Enrichment

Aging & Health

Acupuncture Demystified

Acupuncture is an old, strange and useful form of medicine. Let's demystify this simple, safe treatment through a down-to-earth question and answer period. We'll outline recent movements in the acupuncture profession that will benefit citizens of average means seeking relief from pain and illness.

Presenter: Andrew Wegman is licensed to practice acupuncture in New Hampshire and has worked as an acupuncturist in Manchester for the past 21 years. He established the Manchester Acupuncture Studio (MAS) in 2007 as a way to offer affordable healthcare to people in the Merrimack Valley.

Note: Attendees will be required to wear masks during this class.

Member tuition: \$20.00 | 1 Tu: 8/23/2022 - 8/23/2022 | 10:00AM - 12:00PM | Class Limit: 10
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Looking for a Better Way Out: Changing Funeral Expectations in America

How we care for our dead in the United States is a reflection of prevailing cultural, spiritual, and economic norms that are being challenged by growing forces and opinions seeking to find more satisfying ways of honoring our dead. Learn how the funeral industry came to be in our country, what influences are still at play, and how you can negotiate your way through the design and purchase of goods and services that resonate with your values. We'll debunk some myths about health and public safety, explore the laws around who owns the dead, and explain in detail how to create meaningful, affordable, and healing funerals that are family-directed, and community supported. And we'll talk about social justice in the death space, the ecologically and spiritually redeeming qualities of home care and natural burial, plus emerging processes and products that seek to provide life-affirming activities and outcomes at prices more can afford. Whether you plan to die or not, there is much to learn about these uniquely American death practices that have enormous cultural, spiritual, and economic impact on all our lives.

Presenter: Lee Webster is an internationally recognized authority on funeral reform, author of several books, and leader of several major nonprofits, including New Hampshire Funeral Resources & Education, Green Burial Council, National Home Funeral Alliance, National End-of-Life Doula Alliance, and Conservation Burial Alliance. She teaches general and adult education classes and lectures frequently at colleges and mortuary schools. Her latest collaborative book, *The Future of the Corpse*, was published in 2021.

Member tuition: \$30.00 | 3 F: 10/7/2022 - 10/21/2022 | 10:30AM - 12:00PM | Class Limit: 100
Online - Virtual by Zoom



Mental Health & Aging

Mental health is just as important as physical health and given the current landscape, individuals are struggling to maintain mental wellness. During this presentation we will discuss: the prevalence of mental health and behavioral health issues among older adults and ways you can take care of your mental and behavioral health. We will also go over the Ready to Care by Home Instead program that empowers individuals to be supportive of their peers and loved ones who may also be struggling with mental health issues.

Presenter: In her work with Home Instead, a national organization committed to providing the highest-quality home care services to fit your family's needs, Caitlin Cawley works to ensure that older adults are able to stay at home safely and successfully. As an advocate and resource for families, she is empathetic to the challenges faced in caring for loved ones. With many resources at hand, Cawley provides families the support needed to keep seniors engaged, safe and independent.

Member tuition: \$20.00 | 1 F: 12/2/2022 - 12/2/2022 | 1:00 - 2:30PM | Class Limit: 30
GSC Concord, 25 Hall Street, Concord, NH, 03301

Plan Your Own Funeral or Memorial Service: It Can Be Fun

This interactive course comes with homework! You will come to the first class with ideas for your final farewell - participants, location, music, readings. For the second class, you will have written your obituary. Remember, by preparing ahead of time YOU have the last word!

Presenter: Jane Van Zandt has been an Episcopal priest for over 39 years and has assisted folks in planning funerals and memorial services for themselves, friends, family members, and pets. She finds that preparing a fitting tribute to a loved one helps people grieve. And planning one's own? The ultimate catharsis!

Member tuition: \$25.00 | 2 Th: 12/1/2022 - 12/8/2022 | 10:00 - 11:30AM | Class Limit: 15
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Retirement Living Options in New Hampshire

Taking a look at various options for retirement living including Continuing Care Retirement Communities (CCRCs), 62+ and 55+ condos and apartments. Considerations include: community connections with other persons, available services/amenities, and of course "location, location, location."

Presenters: Jim Isaak is a retired, recovering techie with a diverse set of interests including artificial intelligence, privacy, social media, lies, spies, and sunken subs. Isaak is also interested in the limits and approaches to critical thinking that span all sorts of topics. Steve Gilvar is a retired engineer with a long history of volunteering for non-profits. Besides OLLI, he is active in Destination Imagination and the Society of Plastics Engineers. He and his wife, MerryLu, live in Bedford and have been members of a Continuous Care Retirement Community since 2012.

Member tuition: \$30.00 | 3 Tu: 11/29/2022 - 12/13/2022 | 1:00 - 2:30PM | Class Limit: 50
Online - Virtual by Zoom

Simplifying Medicare

Are you turning 65 or retiring? Many folks find Medicare very confusing with the process of how and when to enroll or should they delay their Medicare. This informal educational course will help educate and provide you with some guidance as you navigate through the Medicare process. You will learn what Medicare basic Parts A, B, C, and D are and how they work with supplemental insurance. Learn what Original Medicare covers and how the different types of supplemental insurance works with your Medicare so you can make the best decisions for your health care needs in retirement. You will also know the importance of enrollment periods and make sure you avoid lifetime penalties.

Presenter: Donna Wilton is an Independent Insurance Agent that specializes in Medicare Insurance plans and represents the major insurance carriers. She offers a focus on educating and guiding clients through their transition into Medicare while avoiding penalties. Wilton is thoroughly educated in the matters of Medicare and takes time to ensure your understanding of Medicare Part A, B, C, and D. She helps clients research Medicare plans based on their needs to ensure they sign up for a plan best suited for them and understand all the benefits.

Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.

Section 1 Member tuition: \$25.00 | 2 Th: 9/8/2022 - 9/15/2022 | 1:00 - 3:00PM | Class Limit: 30
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Section 2 Member tuition: \$25.00 | 2 Th: 9/8/2022 - 9/15/2022 | 1:00 - 3:00PM | Class Limit: 30
Online - Virtual by Zoom

The Talk That Families Need to Have. Hospice: What Do You Need to Know

The total picture of hospice will be presented followed by a period of questions and answers. What do you need to know to prepare should you or a family member find themselves in need of hospice? Many people make up the hospice program. They are involved with the care and the comfort of the patient and the family while the patient needs hospice and afterwards to help the family in grief. While Hospice can be thought of as an unpleasant subject, this course will explain the human experience and introduce you to those faces you might meet and certainly never forget.

Presenter: JoAnn Preston was raised in Boston, MA where she attended Girls' Latin High School and Fisher Business College obtaining an Associate degree in business. She moved to NH in 1971 and began career at Social Security in 1976, retiring in 2011. In the mid 1990's she returned to Notre Dame College in Manchester to complete a Bachelor's degree in psychology. Since then, she has been active in hospice.

Member tuition: \$20.00 | 1 W: 8/31/2022 - 8/31/2022 | 10:00 - 11:30AM | Class Limit: 31
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Understanding Osteoporosis: Take Charge of Your Bone Health!

One in three women and one in five men will suffer an osteoporosis related fracture in their lifetime. Globally, the one-year mortality rate of people who suffer a hip fracture is 22%. Another 20% never regain independence. Fracture prevention is vital! This course aims to increase your understanding of osteoporosis and how you can improve your bone health. We will discuss the difference between bone density and bone quality and why it is important. We will also cover diagnosis including DXA, FRAX and trabecular bone score and discuss medications used in treatment. Special attention will be paid to non-medication approaches including diet and exercise to improve our bones and reduce the risk of fracture.

Presenter: Dr. Meredith Stephens, DPT is an orthopedic PT, LMT, scoliosis specialist and has worked over 17 years with people with osteoporosis both individually and in her community-based osteoporosis and fall prevention programs. Her focus is to provide research-based education and exercise to help you take control of your bone health. She has presented workshops and webinars both nationally and internationally on osteoporosis, scoliosis, fascia, postural assessment and holistic treatment and bodywork.

Member tuition: \$20.00 | 1 F: 10/28/2022 - 10/28/2022 | 10:00AM - 12:00PM | Class Limit: 100

Online - Virtual by Zoom

Finance

Coin Collecting 2022: Don't Get Ripped Off!

Everyone has some old coins in a drawer or caught in the seams of the couch. Are they worth anything? And everyone has seen the high-pressure coin salesmen on TV. Are these good deals or a ripoff? This course will give students the knowledge to make informed decisions. Bob will also assess the value of coins brought by participants (up to three coins per person).

Presenter: Robert Fritsch first read about Sherlock Holmes as a pre-teen, has read the Canon several times and has conducted a series of courses about Holmes. His Sherlockian library numbers over 500 books, magazines, movies, and games. He is a member of several Sherlockian societies and a founding member of The Fourth Garrideb, The Numismatics of Sherlock Holmes. Fritsch started his numismatic career over 50 years ago by collecting pocket change while stationed with the US Navy in Japan. He is heavily involved with organized numismatics and is an award-winning author, presenter, exhibitor, and exhibit judge.

Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.

Section 1 Member tuition: \$20.00 | 1 W: 9/21/2022 - 9/21/2022 | 10:00AM - 12:00PM | Class Limit: 32

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Section 2 Member tuition: \$20.00 | 1 W: 9/21/2022 - 9/21/2022 | 10:00AM - 12:00PM | Class Limit: 32

Online - Virtual by Zoom

Contemporary Economic Policy Issues

Economics plays a central role in the functioning of every aspect of society. It plays this role primarily through the actions of governments at the federal, state, and local levels. Given the centrality of its role, this course will address a set of prominent policy issues where economics is at their core. We will explore these issues in detail, including their origins as policy matters, the underlying data and evidence, and what policy levers are available to deal with them. The focus will be on what the economics profession collectively understands to be true about the issue. The course will include lectures on Climate Change Economics, the Economics of Immigration, and Trade and Globalization. Each lecture will be taught by a subject matter expert from among NEED's 651 members.

Presenter: Jon Haveman is the Executive Director of the National Economic Education Delegation (NEED). He has a reputation for providing audiences with edible economic information that is readily useful in their work and private lives. Jon was previously a Senior Economist with the President's Council of Economic Advisers, and he also held a faculty position in the Business School at Purdue University. Dr. Haveman holds a Ph.D. in Economics from the University of Michigan.

Member tuition: \$30.00 | 3 Th: 8/25/2022 - 9/8/2022 | 1:00 - 2:30PM | Class Limit: 100

Online - Virtual by Zoom

Crypto Curious?

In this course we will tiptoe into the cryptoverse starting with the basic technology of blockchain, moving on to discuss several different cryptocurrencies such as Bitcoin and Ethereum and how smart contracts on the blockchain could revolutionize the way we live. We will discuss how crypto wallets work and how the platform of decentralized finance makes it possible to become your very own bank.

Presenter: Laura Denis is co-owner of Frontside Coffee Roasters and Poppy and Vale in North Conway, New Hampshire. As an entrepreneur Laura has always gravitated towards embracing new technologies and became interested in Cryptocurrencies in 2018. She is currently implementing yield farming strategies on the Solana blockchain and is very passionate about sharing her knowledge of the cryptoverse.

Member tuition: \$20.00 | 1 Sa: 9/10/2022 - 9/10/2022 | 11:00AM - 12:30PM | Class Limit: 25
Pope Memorial Library, 2719 Main Street, North Conway Village, NH, 03860

Is the Federal Reserve More Powerful Than Congress?

As interest rates rise and inflation concerns persist, the Federal Reserve Board is in the news as a major agent for growth or recession in this country. We will review the powers of, and controls over, this national government entity and look at its actions and effectiveness historically, especially in the last 25 years. We will also look at the impact of Congressional actions over the same time period. Of special focus will be the impact of the deficit spending during the Great Depression and the 2009 Great Recession, and the current period of the COVID-19 pandemic. Finally, we will discuss which entity, the Fed or Congress, has had the most impact on the lives of US citizens and the growth and stability of the US economy. This course will be interactive throughout the hour with comments and questions after each aspect of the presentation. Sharing of information and class participation is encouraged.

Presenter: Entrepreneur David Woolpert recently retired from his own personal investment advisory and financial planning business after 25 years. His previous work included financing subsidized housing projects throughout New England and Louisville, KY, interest rate risk management for a Concord-based bank, and financial management oversight for a large environmental organization in the state. A native of Washington, DC, Woolpert has lived and worked in the Concord area since 1972 and lives with his wife in Henniker since 2009.

Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.

Section 1 Member tuition: \$20.00 | 1 W: 9/7/2022 - 9/7/2022 | 1:00 - 2:30PM | Class Limit: 20
GSC Concord, 25 Hall Street, Concord, NH, 03301

Section 2 Member tuition: \$20.00 | 1 W: 9/7/2022 - 9/7/2022 | 1:00 - 2:30PM | Class Limit: 20
Online - Virtual by Zoom

Savvy Buying & Selling with Facebook Marketplace

Clean out your closets and garages and make some money! Learn how to use Facebook Marketplace to buy, sell and barter goods and services. Tips will be shared for safely buying and selling with strategies to minimize expenses and maximize profit. The instructor will show live internet examples of good and bad ads and take you step-by-step through writing your own. Learn how to accurately list your item using searchable terms making it easy for people to contact you and learn how to attach photos to your ad. Study the tricks from someone who has made hundreds of deals.

Presenter: Ron Frost is a New Hampshire native who thought it would be a good idea to move to Boston after attending the University of New Hampshire and becoming a civil engineer. It lasted until he figured out: a country-raised boy needs to stay in the country. So, Frost began his almost lifelong career as a building contractor and master electrician in New Hampshire, working with his father and brother. Following a successful career, he turned his thoughts to retirement and old vehicles.

Member tuition: \$20.00 | 1 M: 11/21/2022 - 11/21/2022 | 10:00AM - 12:00PM | Class Limit: 60
Online - Virtual by Zoom

Women & Investing

This two-session course provides unbiased basic financial education designed for women, to help them face the complex world of finance. The first class includes techniques to detect/prevent fraud. We shall also cover how to evaluate financial salespeople and unscrupulous sales. The second class includes special considerations of investing when retired, understanding common investments and simple estate planning concepts. We shall review recent studies on senior investing psychological tendencies and common investing mistakes made by women. Free educational materials will be provided as well as extensive Q & A time. Of course, men are also encouraged to come.

Presenter: Barry Glennon joined the New Hampshire Bureau of Securities Regulation in 2001 as a staff attorney. He was later Appointed Deputy Director of Licensing & Administration, and Director in 2012. Glennon was employed by the former Chubb Life/Jefferson Pilot Financial Insurance Company in Concord for 17 years where he held a variety of positions. He later served as marketing officer overseeing the company's field office operations. After graduation from law school, he was appointed AVP for Market Compliance for the life companies.

Member tuition: \$25.00 | 2 Th: 8/25/2022 - 9/1/2022 | 10:00AM - 12:00PM | Class Limit: 25
GSC Concord, 25 Hall Street, Concord, NH, 03301

Food & Cooking

Drinking Our Way Through New England History

Did the Pilgrims drink beer? How did rum impact the regional economy? How much money was lost because of the Boston Tea Party? What is the link between coffee production in the western hemisphere and industrial espionage? What role did soda fountains play in the late 18th and early 19th century? Who invented Coca-Cola and did it really have cocaine in it? Why did Johnny Appleseed plant orchards? What was the local impact of Christian Women's Temperance Union? Join June O'Donal for an informal power point presentation and discussion as we explore these topics.

Presenter: The author of the historical fiction novels, *The Fryeburg Chronicles*, says history is fascinating, textbooks are boring! She developed her love and knowledge for history while homeschooling her children. During the past twelve years as an author, she has learned how plants, industry, immigration, food, culture, wealth, immigration etc. are intricately intertwined in our local and regional history. O'Donal and her husband Wayne have two adult children and live in Denmark, Maine.

Member tuition: \$20.00 | 1 Th: 10/20/2022 - 10/20/2022 | 3:00 - 4:30PM | Class Limit: 30
Conway Public Library, 15 Greenwood Avenue, Conway, NH, 03818

How to Enjoy & Talk About Wine Like a Pro

Wine is one of life's greatest pleasures, but all too often, intimidation and fear of sounding like you don't know what you're talking about can stand in the way of really experiencing all the joys this ancient beverage has to offer. During this class, we'll talk briefly about where and how wine is grown, how it's made, and how to taste it. We'll also cover food and wine matching, so you'll always know what to have on hand for any occasion (or what to order at any restaurant).

Presenter: Nicole Habib has been in the wine and spirits trade for over 12 years and holds multiple Wine & Spirit Education Trust (WSET) certifications for wine, spirits, and sake. She is currently working on the WSET Diploma and the Spanish Wine Scholar post-nominal, and hopes to pursue the WSET Level 2 Spirits Award soon. When not working as content manager for Palm Bay International/Taub Family Selections, she loves to cook, hike with her husband and three dogs, ride motorcycles, and knit.

Member tuition: \$20.00 | 1 Th: 9/22/2022 - 9/22/2022 | 10:00AM - 12:00PM | Class Limit: 25
GSC Concord, 25 Hall Street, Concord, NH, 03301

NH Maple Sugaring: Myths, Magic, & Realities

A humorous look at the dark-amber side of backyard maple sugaring at Meetinghouse Hill Tree Farm, or as our presenter calls it, "my quest for the \$15,000 pancake!". As a Forest Society educator, naturalist and writer, I've visited neighbors operating small local sugarhouses for years, hearing colorful stories (in colorful language) while learning over many maple seasons. Some suggest maple becomes an obsession. The romance of backyard maple sugaring led to construction of a post & beam sugarhouse at Meetinghouse Hill Tree Farm in South Sutton from timber cut and milled on site. We operate the old-fashioned way: gravity fed, wood-fired: a slow process. "Hey, we may be slow but we're inefficient!" We strive to improve our process and learn from experience as changing weather, new technology, and even climate change affects our success or the lack thereof. Our family sugaring hobby connects us more closely to our trees, our woodlot, our home, the annual circle of seasons and into the future.

Presenter: Dave Anderson is the Senior Director of Education for the statewide Society for the Protection of New Hampshire Forests (SPNHF). His monthly "Forest Journal" column appears in the statewide New Hampshire Sunday News. His quarterly "Nature's View" columns are a regular feature in the Forest Society's quarterly magazine, "Forest Notes." Anderson is a writer and host of the Friday "Something Wild" feature on the stations of New Hampshire Public Radio (NHPR).

Member tuition: \$20.00 | 1 Tu: 11/1/2022 - 11/1/2022 | 1:00 - 3:00PM | Class Limit: 35
GSC Concord, 25 Hall Street, Concord, NH, 03301

The Art of Wild Tea: Wildcrafting in New Hampshire

Embrace the nature of our cycles and seasons while discovering the art of creating wild, locally harvested tea for beverage and medicinal purposes. Identify local plants traditionally used for various types of teas, infusions, and decoctions. Unlock the secrets of wild herbs, medicine, and culinary accents used by wise healers from centuries ago - traditional indigenous healing practices and local folk remedies - while respecting the principles of ethical and sustainable wildcrafting. Participants will learn the tools, guides, and apps for plant identification, which is imperative for avoiding dangerous look-a-likes and for the sustainable management of endangered, threatened, or sensitive plants. The course also covers the basics of preparing, drying, storing, and crushing wild plants used to create beverages and medicines.

Presenter: Author and historian Mj Pettengill focuses on cultural narrative and traditions, historical and intergenerational trauma integration, ancestral healing, and social welfare development. Aligned with ancient healing customs, Mj practices the art of gathering wild plants for food/medicine on her farm in the mountains of New Hampshire. Along with undergraduate studies in history, theology, music, and psychology, she has an MFA in creative writing. She penned the *Etched in Granite* Historical Fiction Series.

Member tuition: \$20.00 | 1 W: 11/9/2022 - 11/9/2022 | 1:00 - 3:00PM | Class Limit: 30
Moultonborough Public Library, 4 Holland Street, Moultonborough, NH, 03254

Games

A Mathematician Takes on Wordle

Since being introduced in October 2021, the online word game Wordle has gone viral. By November 1, 2021, it had 90 players. By the end of December 2021, it had over 300,000 users. According to the New York Times, the current daily players numbers in the millions. After describing the early history of Wordle, this course will describe how mathematical information theory can be used to solve Wordle puzzles with a computer. Along the way it will examine strategies that those of who want to use our heads can use to solve these puzzles. It will also show how to use and interpret the New York Times Wordlebot companion

Presenter: Glenn Meyers has worked as both a college professor and in the insurance industry as a research actuary. He has given over 100 professional presentations on technical topics to audiences with varying levels of expertise. In retirement, Meyers has been studying a number of scientific and current event topics, largely from a historical perspective. A frequent presenter for OLLI, he enjoys sharing these interests with others.

Member tuition: \$20.00 | 1 F: 10/28/2022 - 10/28/2022 | 1:00 - 3:00PM | Class Limit: 50
Online - Virtual by Zoom

Bridge for Your Brain: Commonly Used Conventions, Part II

Wade further into the fascinating world of bridge conventions - not to be confused with political conventions - by tackling minor suit opening bids and responses, strong jump shifts, reverse bids, fourth suit forcing bids, weak 2 opening bids, and strong forcing opening bids. The course is geared to returning students and first-time students with playing experience. Required: an inquisitive mind and openness to new and more modern methods.

Presenter: Rick Weinstein is one of seven accredited American Contract Bridge League teachers in New Hampshire. Weinstein has been playing bridge competitively for more than 30 years and has attained the rank of Ruby Life Master (1500+ masterpoints). In 2019, he was awarded the prestigious Leroy Lake Award by the New Hampshire Bridge Association for his contributions to the game.

Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.

Section 1 Member tuition: \$35.00 | 4 Sa: 10/8/2022 - 10/29/2022 | 10:00AM - 12:30PM | Class Limit: 20
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Section 2 Member tuition: \$35.00 | 4 Sa: 10/8/2022 - 10/29/2022 | 10:00AM - 12:30PM | Class Limit: 20
Online - Virtual by Zoom

Introduction to Chess

Did you see the series of "The Queen's Gambit" and wish to know more? Let's begin with the basics of chess including the rules of the game, characteristics of the pieces, and basic instruction on strategy. People best learn chess by playing, so the goal is to start playing one another as soon as possible. Chess is an absorbing game and requires no expensive equipment, only an interest in logic and competition.

Presenter: Philip Pajakowski a professor of history at Saint Anselm College and an enthusiastic amateur chess player. He believes that chess can provide countless hours of mind-focusing enjoyment.

Member tuition: \$30.00 | 3 Sa: 10/15/2022 - 10/29/2022 | 10:00 - 11:30AM | Class Limit: 12
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Gardening & Nature

Antarctica: The Southern Continent

Join us for an exploration of the Antarctic Continent! Travelers Bill & Cindy Lord recently stepped onto the continent and will share their experience - the history of discovery, the animals, birds, the South Pole, the weather, the glaciers and ice bergs, considerations for saving this true wilderness, and more. They will share recent pictures and stories of this magnificent, remote place and allow time to answer your questions.

Presenter: Bill Lord is a retired United States Air Force general and has always been interested in the outdoors and protecting the land for future generations. His wife Cindy, a retired schoolteacher and administrator, enjoys history and loves to travel. Combined they have travelled to over 90 countries and now, all seven continents.

Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.

Section 1 Member tuition: \$20.00 | 1 W: 9/14/2022 - 9/14/2022 | 10:00 - 11:30AM | Class Limit: 40

Pope Memorial Library, 2719 Main Street, North Conway Village, NH, 03860

Section 2 Member tuition: \$20.00 | 1 W: 9/14/2022 - 9/14/2022 | 10:00 - 11:30AM | Class Limit: 40

Online - Virtual by Zoom

Backyard Bird Feeding: Avian Entertainment!

Are you searching for an activity that offers hours of education and entertainment as we prepare to hunker down for another NH winter? Creating a backyard bird feeding station may be the perfect option! Join naturalist and environmental educator Kelly Dwyer as we explore the variety of birds you can expect to visit, the unique strategies they use to adapt and survive the winter, the best feeder types and seeds to attract avian guests, and tips to address challenges such as pesky squirrels and window strikes.

Presenter: Kelly Dwyer, founder of Nature Education Opportunities, is a self-taught naturalist, an environmental educator as well as a certified elementary teacher and certified wellness coach. She has been developing and presenting engaging programs on a variety of natural history topics for over twenty years. Dwyer sees herself as a facilitator, connecting people of all ages with the joys of nature and sparking the curiosity to continue learning.

Member tuition: \$20.00 | 1 Th: 11/17/2022 - 11/17/2022 | 7:00 - 8:30PM | Class Limit: 25

Online - Virtual by Zoom

Beekeeping: Love & Heartache

This course will describe the process of beekeeping, including the life cycle of a bee, a year in the life of a beehive, collection of pollen and nectar, harvesting honey, winterizing the hive and controlling pests.

Presenter: Jennifer Cattin grew up on Cape Cod in Woods Hole, moved to New Hampshire to raise her family and has now returned to the Cape with her husband. Cattin began beekeeping classes in 2015. She also serves as a mentor to new beekeepers as a member of the Barnstable Beekeepers Association.

Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.

Member tuition: \$20.00 | 1 F: 8/26/2022 - 8/26/2022 | 10:00 - 11:30AM | Class Limit: 20

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Behind the Scenes of TV Weather

Have you ever wondered what it's like to be a Broadcast Meteorologist? This class will give you a behind the scenes peek of what it's like to make a forecast, assemble graphics, and work with news crews and producers to make the three to four minutes you see on live TV. It's more than meets the eye!

Presenter: Cyrena Arnold is a degreed meteorologist that has worked on television in Alaska, with NASA, and was the Director of the Mount Washington Observatory. She is the author and illustrator of the children's book *The Weather Story: With Frances Fox*. Arnold's courses are educational and entertaining as she translates the complex world around us in an easy-to-understand way. She is now the Chief Sales Officer at reThought and was recently named Mrs. New Hampshire 2022.

Member tuition: \$20.00 | 1 W: 8/24/2022 - 8/24/2022 | 10:00AM - 12:00PM | Class Limit: 100

Online - Virtual by Zoom

Educational Travelogue: Biophilia in Action

Biophilia is the innate love of nature that all humans share. The best way to engage your inner biophilic is through educational travel. In this course, Eric will share his experiences leading educational travel courses to three of the world's great biodiversity hot spots. First we'll explore the world's second largest barrier reef in the Caribbean island nation of Belize. Second, we'll go on safari in and around Serengeti National Park in Tanzania. Finally, we'll follow in Darwin's footsteps through the Galapagos Islands. Each location will feature the flora and fauna unique to that location.

Presenter: Eric J. Simon, Ph.D., is a professor in the Department of Biology and Health Science at New England College, in Henniker, New Hampshire. He teaches introductory biology and tropical marine biology with a field component in Belize. Dr. Simon received a B.A. in biology and computer science and an M.A. in biology from Wesleyan University and a Ph.D. in biochemistry from Harvard University. Dr. Simon is the author of a widely used series of college biology textbooks with nearly three million copies.

Member tuition: \$30.00 | 3 Tu: 11/8/2022 - 11/22/2022 | 10:00AM - 12:00PM | Class Limit: 50

Online - Virtual by Zoom

Honeybee Basics: Biology, Bounty, & Beyond

This course explores the direct benefits to human and non-human beings selflessly provided by these tiny half-inch marvels of the natural world. Learn how you can help honeybees by planting trees (yes, trees!), shrubs, and plants to support these magnificent pollinators. We will discuss how honeybees differ from other pollinators, what colors attract them, and how you can help prevent colony collapse. For the second session, we will gather at a private property to observe beekeeping in person.

Presenter: Mary McEvoy is a certified Maine Master Naturalist and docent for the Greater Lovell Land Trust. She lives near the New Hampshire border and is a beekeeper and nature enthusiast. McEvoy regularly hikes, walks, snowshoes, and bicycles in the lovely forests of New Hampshire and Maine.

Member tuition: \$25.00 | 2 M, Th: 8/29/2022 - 9/1/2022 | 10:00AM - 12:00PM | Class Limit: 20

Conway Public Library, 15 Greenwood Avenue, Conway, NH, 03818

Monitoring Climate Change Impacts from Space

The Landsat series of satellites has been in orbit since 1972, imaging the same points on the ground every 16 days. The nearly 50 years of continuous coverage has allowed the monitoring of change-over-time impacts for a range of surface features such as melting glaciers, forest fires, and sea level rise impacts on coastal areas. Join Professor Rock as he introduces us to his Landsat-based studies of the Mendenhall Glacier in Alaska, the forest decline in Eastern Europe, and the salt marshes of New Hampshire. See how climate change has impacted our planet in such a short time.

Presenter: Dr. Barrett "Barry" Rock is Professor Emeritus in the Department of Natural Resources and Environment at the University of New Hampshire. Trained as a botanist and geologist, his current research is focused on the use of the Scanning Electron Microscope (SEM) to study small pieces of woody vegetation.

Member tuition: \$20.00 | 1 Th: 9/15/2022 - 9/15/2022 | 10:00 - 11:30AM | Class Limit: 25
Online - Virtual by Zoom

Moose & Bear: The Largest Animals in the Northeast

Ever wonder how antlers grow, how many young do moose have and what calls they make? Do bears hibernate, how big are they when they are born, and do they make nest? Nigel Manley, an avid outdoors man will answer these questions and many more doing this program designed for everyone interested in the natural world.

Presenter: Nigel Manley grew up in the United Kingdom and has worked for the Forest Society for more than 25 years. His degree in agricultural management helped with the startup of the Forest Society's Christmas tree farm, and his keen interest in public outreach and marketing has enabled him to successfully promote The Rocks Estate as a tourist destination.

Member tuition: \$20.00 | 1 W: 8/24/2022 - 8/24/2022 | 1:00 - 2:00PM | Class Limit: 50
Conway Public Library, 15 Greenwood Avenue, Conway, NH, 03818

Paddling in Canada's Northwest Territory

Canada has opened their borders again and my team is headed for the Northwest Territory to paddle the Horton River from Horton Lake 425 miles to Franklin Bay on the Arctic Ocean. Join us for this month-long paddle and see what it is like to be part of a paddling team. We hope to see caribou, Muskoxen, wolves, grizzly bears and an abundance of birds. We hope not to see too close the polar bears that have moved into this area.

Presenter: Gwen Hunter has been a paddle leader for Appalachian Mountain Club AMC since 2010. Her first wilderness canoe trip was in 2007 on the Missouri River in Montana. Retirement has allowed time to do more remote trips into Canada and be on the river for multiple weeks. Hunter enjoys sharing her passion for wilderness canoe tripping with others.

Member tuition: \$20.00 | 1 M: 12/5/2022 - 12/5/2022 | 9:00 - 10:30AM | Class Limit: 14
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

The Forests & the Trees: A Brief History of Our National Forests

The story of the creation of America's system of national forests is fascinating from a number of perspectives. At various times, cultural, geographic, economic and political winds either blew strongly against the idea or put just the slightest breeze behind the effort to place some forest land under federal protection. Yet, even after some forest lands were procured, there was a period when they weren't managed at all. Conservation historian and author Jeffrey Ryan shares how our national forests came into being, the struggles between those who wanted to preserve forests and those who wanted to manage timber production on the lands, and how eastern national forests, like the White Mountain National Forest became late invitees to the party. Along the way, we will meet a cast of recognizable characters including Theodore Roosevelt, Gifford Pinchot, John Muir, James Garfield, and George Vanderbilt. We will also cover the differences between national forests and wilderness areas and why they are both important components of our federal lands.

Presenter: Jeff Ryan is an author, adventurer, photographer, and historian. He has written several books about his outdoor exploits, his fascination with hiking trails, and the people who made America's public lands possible. His latest book, *This Land Was Saved for You and Me*, a hardcover published by Stackpole Books, is just hitting the shelves. Ryan is a frequent and popular OLLI presenter.

Member tuition: \$20.00 | 1 Tu: 11/22/2022 - 11/22/2022 | 1:00 - 2:30PM | Class Limit: 50
GSC Concord, 25 Hall Street, Concord, NH, 03301

Winter Hiking in the White Mountains: A Photo Journey

Former U.S. Congressman, current New Hampshire State Senator and Wolfeboro resident Jeb Bradley has a deep love affair with NH's White Mountains. During the winter of 2016, he hiked all the state's 48 4,000-foot (or higher) mountains in the span of about 90 days and in this class, shares the challenges associated with this amazing feat. From summiting Cannon Mountain to celebrating on the top of Mount Garfield, an accompanying slide show documents the beauty of New Hampshire famous peaks in the best – and worst – weather! Senator Bradley is also one of just 125 people who have also successfully completed "The Grid," where the most passionate of climbers hike each of our 4,000-footers in each calendar month (which can often take several years to complete all 578 peaks). In this class, you will see the Granite State from a whole new vantage point!

Presenter: Jeb Bradley currently serves in the New Hampshire Senate, representing his hometown of Wolfeboro and 16 other towns in east-central New Hampshire for District 3. He was a member of the New Hampshire House of Representatives from 1990 to 2000, and then served as the U.S. representative for New Hampshire's 1st congressional district from 2003 to 2007. He earned his B.A. in sociology from Tufts University.

Member tuition: \$20.00 | 1 W: 8/31/2022 - 8/31/2022 | 1:00 - 3:00PM | Class Limit: 80
GSC Concord, 25 Hall Street, Concord, NH, 03301

Yuka the Artic Fox

Meet Maria Laycox and her Arctic Fox, Yuka. Learn about Maria's interest in all foxes in New Hampshire, her life with Yuka and listen to her relate stories about Yuka. Yes, Yuka will be coming to class!

Presenter: Maria Laycox holds many certifications as a Realtor, Associate Broker, and Broker Manager who focuses on the New Hampshire's home sellers and buyers. She currently lives in Salisbury, New Hampshire with her Arctic Fox, Yuka. Yuka is the only fox in New Hampshire being exhibited for the public to see up close and personal and is part of an exhibit presentation Laycox creates for New Hampshire called "Foxes in New Hampshire."

Member tuition: \$20.00 | 1 F: 10/21/2022 - 10/21/2022 | 1:00 - 2:30PM | Class Limit: 32
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Personal Development

American Nonsense: It's All BS Folks & It's Bad for You

The Comedian Sandra Bernhard once commented that "My father was a proctologist; my mother was an abstract artist. That's how I look at the world." To be an American in the 21st century is to subject yourself to a continuous assault of nonsense on your intelligence, psyche, and serenity. Our COVID-19 experience has again proved conclusively that humor and satire, combined with a sense of irony, are critical to quality of life. Let's take a satirical look at life in America and have some fun. Please note that there will be videos regarding 'life in America'. Please note this course presents George Carlin videos regarding 'life in America' that include colorful language and imagery.

Presenter: Dennis Hebert is amused by the tsunami of daily nonsense that is part of the American way of life. He believes that "when you are born on this planet, you get a ticket to the freak show. BUT when you are born in America, you get a front row seat."

Member tuition: \$30.00 | 3 Th: 10/6/2022 - 10/20/2022 | 1:00 - 3:00PM | Class Limit: 16
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Demystifying, Decluttering, & Downsizing

We're all dealing with so much stuff! This session offers participants guidance, tips and resource ideas on decluttering and downsizing. Maybe you're preparing for a move or want more space in your present surroundings. Or you want to ease the load for loved ones down the road. We'll discuss the challenges and provide suggestions on what to do with accumulated books, dishes, clothing, memorabilia and much more. And we'll share possible steps for furniture that's no longer needed. You CAN reach your goal of packed boxes ready for a move, emptier closets, and an organized garage or basement. You'll find more breathing room and space in your home with a great sense of accomplishment of a job well done!

Presenter: Jill Martin is the owner of Mindful Moves, a move management company specializing in helping clients with tasks of sorting, organizing, cataloguing, packing, unpacking, and clearing out or setting up living spaces. She is certified by the National Association of Move Managers (NASMM). She was previously the owner of a furniture consignment store, a home stager, an antique mall stall owner and worked in the estate sale business. Although not a certified appraiser, Martin possesses the skills to identify and assess approximate value of many treasured items for the resale market.

Section 1 Member tuition: \$20.00 | 1 W: 9/14/2022 - 9/14/2022 | 11:00AM - 12:30PM | Class Limit: 45
Great Bay Community College, 320 Corporate Dr, Portsmouth, NH 03801

Section 2 Member tuition: \$20.00 | 1 M: 10/10/2022 - 10/10/2022 | 11:00AM - 12:30PM | Class Limit: 45
Online - Virtual by Zoom

How to Have Difficult Conversations

Do you want to engage with others on the topic of diversity but are afraid to stumble or offend? Do you need to challenge discrimination but are unsure how? This session will cover a variety of topics including conversational norms, skills and barriers to productive conversations, and options for responses to address offensive or tricky comments. All this will help you to make these discussions more productive.

Presenter: James McKim is a sought-after organizational performance speaker, coach, change manager, and author of the recently published book, *The Diversity Factor: Igniting Superior Organizational Performance*. Over his extensive career, he has helped organizations in many industries spark efficiency and growth through aligning people, process, and technology. McKim currently serves as Managing Partner of Organizational Ignition. He is known nationally for his focus on organizational and individual

performance through diversity, equity, and inclusion. In addition, he is Chair of the Episcopal Church's National Executive Council Committee Anti-Racism & Reconciliation and was the principal writer of the church's guidelines on anti-racism and reconciliation. As president of the Manchester Branch of the NAACP, he works regularly with governments and businesses to eliminate discrimination and advance racial healing for all.

Member tuition: \$20.00 | 1 W: 9/7/2022 - 9/7/2022 | 9:00 - 10:30AM | Class Limit: 100

Online - Virtual by Zoom

No One Wants Your Hummels & Other Aging Lessons I've Learned

This course grew out of a cocktail party. Many people had started asking me about aging, because I work in a retirement community, and it spurred me first to do a TEDx talk and then, in April 2020, a podcast, called Seniority Authority, "Let's Get Smarter about Growing Older" where I track down experts to answer questions on aging. In the course of the first year, I have interviewed best-selling writers (Dan Heath, New York Times best-selling author; Arthur Brooks, Atlantic columnist and author), leading researchers (Dr. Robert Waldinger, from the Harvard Adult Longevity Study, Dr. Maureen O'Connor, neuropsychiatrist), and more. In this class, you will learn some of the most important things you can do today to change your experience of aging for the future.

Presenter: Cathleen Toomey has more than 30 years in marketing and advertising, the last 15 as Vice President of Marketing for the RiverWoods Group, a non-profit family of Continuing Care Retirement Communities. She is an experienced presenter and has presented to professionals and consumers across the country. In April 2021, she launched a podcast, Seniority Authority, that seeks to answer people's questions on aging. Toomey is a Fairfield University (B.A.) and Fordham University (M.A.) graduate.

Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.

Section 1 Member tuition: \$20.00 | 1 M: 9/12/2022 - 9/12/2022 | 10:00 - 11:30AM | Class Limit: 32

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Section 2 Member tuition: \$20.00 | 1 M: 9/12/2022 - 9/12/2022 | 10:00 - 11:30AM | Class Limit: 100

Online - Virtual by Zoom

One New Author's Experience with Self-Publishing a Memoir

Do you have a manuscript you've been working on for a long time but aren't sure what to do next? Learn from a new author about her recent experience completing her memoir and getting it self-published.

Presenter: Recently retired, Mary Jane Lavoie worked in higher education in New Hampshire and Massachusetts for 35 years, the last 18 of which were as an Academic Advisor at Granite State College. She spent the year following her March 2021 retirement working on finishing her memoir and getting it self-published. She holds a BSEd in Mathematics Education from Keene State College, an MBA from New Hampshire College, and she is ABD status towards a Ph.D. in Higher Education Administration from the University of Nebraska, Lincoln.

Member tuition: \$20.00 | 1 F: 11/18/2022 - 11/18/2022 | 10:00 - 11:00AM | Class Limit: 20

Great Bay Community College, 320 Corporate Dr, Portsmouth, NH 03801

Ron's Rescue & Restoration Garage: 1946 Chevy Panel Truck

If you have an interest in old vehicles and have wondered "How did they do that?", then this class is for you. Ron began restoring old Jeeps from the 1940's about 5 years ago, then he spotted a 1946 Chevy ½ ton panel truck on Facebook Marketplace. It spent its life in Illinois. This was a new challenge for Ron since he had never purchased a vehicle without doing a personal inspection and this panel truck was hundreds of miles away. You'll find out how he did it. He will take you through its restoration and modification. Some additional buying and selling had to take place because it came without much of an engine. This is a great retirement hobby. Come along for the ride!

Presenter: Ron Frost is a New Hampshire native who thought it would be a good idea to move to Boston after attending the University of New Hampshire and becoming a civil engineer. It lasted until he figured out: a country-raised boy needs to stay in the country. So, Frost began his almost lifelong career as a building contractor and master electrician in New Hampshire, working with his father and brother. Following a successful career, he turned his thoughts to retirement and old vehicles.

Member tuition: \$20.00 | 1 W: 8/31/2022 - 8/31/2022 | 10:00AM - 12:00PM | Class Limit: 60

Online - Virtual by Zoom

Stuck In a Rut & Ready to Get on a Better Path?

Over the past few years, we have all found ourselves indulging in ways that haven't been what is best for us - whether it's poor food choices, late night media binging and burning the mid night oil, creating a well-worn groove in the couch or favorite chair, neglecting connections that matter, or not engaging in creative activities that have brought you joy in the past. Learn simple steps to create and adopt lasting habits that are good for you or learn how to break an old habit. This is an opportunity to begin the process of making a good habit automatic and in better alignment with the life you want to be living.

Presenter: Trish Manning enjoyed a successful career as an RN in a variety of roles including Critical Care Nurse, Nurse Manager, Director of Nursing, Clinical Educator, and Director of Quality Improvement. Manning brings these skills to her role as a Health Coach, along with additional education/certification and experience in holistic health including Meditation, Reiki, and Therapeutic Touch. Begin your unique journey to optimal health and wellness and with her support and guidance, become a more vibrant you!

Member tuition: \$20.00 | 1 W: 10/19/2022 - 10/19/2022 | 10:30AM - 12:00PM | Class Limit: 100

Online - Virtual by Zoom

The Best Way to Remember Anything

What would you do if your memory were a Superpower? What would you want to remember better? For example, names, numbers, dates, details, to-do-lists, facts about people or about things, talks, long presentations, songs, poems, where you put your keys, anything with words, numbers or pictures. The word "memory" is used way too much: poor memory, good memory, memory problem, memory challenge. It is the wrong word. The word to use is "memorize". And the single best way to improve your memory is to change how you memorize. The Ancient Greeks in 500 BC had a system for remembering. They had to. They had no books or even paper. Yet they had huge amounts they wanted to know and pass on to others. The solution: a memory method they perfected. In their schools were the 4 R's, not 3: Reading, 'Riting, 'Rithmetic and Remembering. In this class, you will learn the basics of their method and now to apply it to anything. You will learn to change the way you memorize, which will make your memory your new Superpower.

Presenter: In his long and distinguished career as a trainer to businesses such as Motorola, Neil Kutzen has helped thousands of people improve their productivity and personal effectiveness. He is an actor, award winning storyteller and expert memory trainer. His MemorizeBest Masterclass has been hailed as a breakthrough in how memory method is taught.

Member tuition: \$20.00 | 1 Th: 9/15/2022 - 9/15/2022 | 1:00 - 3:00PM | Class Limit: 30

GSC Concord, 25 Hall Street, Concord, NH, 03301

Think You Can't Meditate?

Like most of us, you probably have some preconceived ideas of what makes for a good meditation. This presentation will give you the opportunity to explore and open to a fresh new perspective and allow you to find stillness in a way that works best for you. Learn simple meditation practices that will take as little as seconds to minutes - whatever time you have - to create moments of calm in your day.

Presenter: Trish Manning enjoyed a successful career as an RN in a variety of roles including Critical Care Nurse, Nurse Manager, Director of Nursing, Clinical Educator, and Director of Quality Improvement. Manning brings these skills to her role as a Health Coach, along with additional education/certification and experience in holistic health including Meditation, Reiki, and Therapeutic Touch. Begin your unique journey to optimal health and wellness and with her support and guidance, become a more vibrant you!

Member tuition: \$20.00 | 1 W: 10/12/2022 - 10/12/2022 | 10:30 - 11:30AM | Class Limit: 100
Online - Virtual by Zoom

Writing a 'Legacy Letter'

Your legal will and testament bequeaths your valuables, but how do you transmit your values to your loved ones? A legacy letter (also called an "ethical will") is a written document that allows people to share their life lessons, express their values and transmit their blessings to future generations. A legacy letter is shorter than a memoir, typically just a few pages. Writing one is a rewarding experience that creates an enduring gift for family, friends and loved ones. This one-session online workshop includes discussion and brief writing exercises to help you examine your life history, explore your values and capture important insights. It offers advice, encouragement and a model structure to help you draft and complete your own legacy letter.

Presenter: Jay Sherwin has practiced law, given away money for five different charitable foundations and served as a hospital chaplain. In 2019, he created the Life Reflections Project to educate people about legacy letters, ethical wills and other legacy documents. Sherwin has extensive experience facilitating adult learning programs and he has taught this course for OLLI programs nationwide. He holds a B.A. from the University of Pennsylvania and a J.D. from Northeastern University School of Law.

Member tuition: \$20.00 | 1 Tu: 12/13/2022 - 12/13/2022 | 10:30AM - 12:00PM | Class Limit: 25
Online - Virtual by Zoom

Writing a Memoir through the Lens of Food & Cooking

Our memories around food are powerful. They shape how we nourish ourselves and provide a strong emotional connection to our past. Whether it's meals, recipes, or celebrations, we all have memories associated with family and food. This class will offer a supportive environment to help you begin documenting your experiences. We'll cover using the five senses to bring memories to life; setting and place; reflecting on the characters in your personal history; techniques for interviewing family members; and techniques for writing and revising your work. All that's required of participants is a willingness to contribute.

Presenter: Linda Anderson is a former journalist and author of *Classic New Hampshire: Preserving the Granite State in Changing Times*. She has a B.S. degree in Journalism and an M.A. degree in Education. After a career in corporate education, she graduated at age 60 from the culinary arts program at York County Community College. Since then, she has taught memoir writing focused on food and cooking at libraries in Maine.

Member tuition: \$40.00 | 5 W: 10/12/2022 - 11/9/2022 | 1:00 - 2:30PM | Class Limit: 12
UNH Professional Development & Training, 231 Corporate Drive, Portsmouth, NH 03801

Science & Technology

Computers, Smartphones, & Tablets

Learning the iPhone & iPad

Did you recently get an iPhone or iPad, or have had one for a while and are wondering how to make it work better for you? This class is an introduction to the history, basic buttons, and the iOS operating system of these devices. We hope to make you familiar and comfortable with this marvel of modern engineering. Topics will include learning the buttons, sliders, and finger gestures; what do all those funny symbols mean; how do we personalize these wonderful tools and toys and make them work. We will explore (a few) of the millions of apps which could make life easier and more fun. Please bring your own iPhone or iPad to class, and don't silence them when we start.

Presenters: Bob Jones is a lifelong film fanatic, avid outdoorsman, skilled computer user, and fan of The New Yorker magazine. Jones shares his many interests by presenting a variety of OLLI courses.

Dottie Nelson is a retired software engineer who enjoys playing with the latest technology. She likes helping her OLLI friends feel more comfortable using their iPhone and iPad devices.

Member tuition: \$35.00 | 4 Tu: 8/30/2022 - 9/27/2022 | 1:00 - 3:00PM | Class Limit: 16

Note: No class on September 13.

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Scheduling & Hosting Zoom Meetings

Do you want to see your friends and family members in a virtual setting? You can also conduct meetings for other organizations. As a follow-up to Zoom 101, this class covers how you can host meetings yourself using the Zoom online platform. You can subscribe to a free or paid account, depending on features. You will learn how to sign up for a subscription, schedule meetings, use security measures, host meetings, take polls, share documents, and use break out rooms. For those who have enjoyed participating in Zoom meetings, we will prepare you to take a step forward so you can invite others to join you for social or other types of gatherings.

Presenter: Tessa McDonnell works for OLLI part-time and is an adjunct faculty member at Granite State College in the School of Education. She has been engaged in teaching through technology for 30 years. McDonnell has used Zoom for meetings with non-profit agencies and with her students for over five years. Ever curious about the world around her, she enjoys deep discussions and exploring new ideas.

Member tuition: \$20.00 | 1 Th: 9/29/2022 - 9/29/2022 | 1:00 - 2:30PM | Class Limit: 50

Online - Virtual by Zoom



Zoom 101 Introduction to Zoom: Personal Computers (PC), Laptops, Notebooks

This class is an introduction to the Zoom online platform for video meetings. It is an application that enables users to meet online with family, friends, and colleagues. Zoom is an easy way to stay connected, share, and keep in touch at a distance. You will learn how to join a meeting and take advantage of all the features for participating. OLLI has been presenting classes and events via Zoom since April 2020. It is a great way for members to stay connected and continue to enjoy our offerings. This section is for those using Zoom on computers, tablets, and laptops.

Presenter: Tessa McDonnell works for OLLI part-time and is an adjunct faculty member at Granite State College in the School of Education. She has been engaged in teaching through technology for 30 years. McDonnell has used Zoom for meetings with non-profit agencies and with her students for over five years. Ever curious about the world around her, she enjoys deep discussions and exploring new ideas.

Section 1 Member tuition: \$0.00 | 1 W: 8/17/2022 - 8/17/2022 | 10:00 - 11:30AM | Class Limit: 30

Online - Virtual by Zoom

Section 2 Member tuition: \$0.00 | 1 Th: 8/18/2022 - 8/18/2022 | 1:00 - 2:30PM | Class Limit: 30

Online - Virtual by Zoom

Math & Science

Creating Magic Squares

Magic Squares are squares of numbers with special properties. In Roman times they were thought to bring good luck. There was a time when people would display magic squares on the walls of their house, much as we would display a painting. We will start with an introduction to several types of magic squares and how to construct them, and then participants will actually create their own magic squares of various sizes.

Presenter: (Douglas) Scott Hewitt, a retired Math teacher, still teaches occasional courses in calculus and statistics for Great Bay Community College. He enjoys math puzzles and on a Sunday afternoons may be found enjoying a game of Billiards.

Member tuition: \$20.00 | 1 Th: 9/29/2022 - 9/29/2022 | 1:00 - 4:00PM | Class Limit: 16

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Daily Weather Observations and the Morning Weather Show

Participants will learn about the National Weather Service Coop Observer Program, the Community Collaborative Rain, Hail and Snow Network (CoCoRaHS) volunteer observers and the importance of volunteer weather observers to the NWS in providing accurate weather forecasting. The class will cover the details of daily weather observation and the preparation for the Morning Weather Show along with the highly scientific method of "rating the day from 5 to 50 cents."

Presenter: Ed Bergeron has been a National Weather Service (NWS) Coop Observer and is currently a Community Collaborative Rain, Hail & Snow Network (CoCoRaHS) volunteer observer providing the daily weather rating on the 93.5 WMWV Morning Weather Show.

Member tuition: \$20.00 | 1 M: 10/3/2022 - 10/3/2022 | 1:00 - 3:00PM | Class Limit: 15

Pope Memorial Library, 2719 Main Street, North Conway Village, NH, 03860

Light & Color in the Atmosphere: Rainbows and More

This is a three-part version of a course on light and color in the atmosphere presented before at OLLI. Part I, Daily and Rare Sights, will be an introduction to atmospheric optics. Besides some introductory history, we will cover the colors of the sky (blue skies, red sunsets, white clouds, etc.), and the great variety of ice halos. Part II, Marvelous Sights, will cover rainbows and auroras (northern lights), and Part III, More Sights, will cover the range of other optical effects, such as mirages, shadows, flashes, and more. In general, we will cover the science as well as the history and cultural aspects of each of the atmospheric effects discussed. Each session will be two hours with a 15-minute break.

Presenter: Lourdes Aviles is originally from Puerto Rico. She has B.S. and M.S. degrees in Physics and a Ph.D. in Atmospheric Sciences. She is a professor of atmospheric science at Plymouth State University, Department Chair, and Trustee of the University Corporation for Atmospheric Research at Plymouth State University. Dr. Aviles published the book, *Taken by Storm, 1938: A Social and Meteorological History of the Great New England Hurricane*.

Member tuition: \$30.00 | 3 W: 11/30/2022 – 12/14/2022 | 1:00 - 3:00PM | Class Limit: 100

Online - Virtual by Zoom

Magic Squares: An Array of Numbers

Albrecht Durer's Melancholia. Antoni Gaudi's La Sagrada Familia, 1st century Christian symbols. Planets and their angels (or demons). All these are related in that they include a square array of numbers, usually positive integers - called a magic square if the sums of the numbers in each row, each column, and both main diagonals are the same. According to legend, the first known magic square was discovered by Emperor Yu in China about 2200 B.C. Join other curious learners to benefit from the presenter's hours of sorting through available resources. Learn how easy it is to make and solve any 3 x 3 magic square. Benjamin Franklin created an 8 x 8. If necessary to keep our sanity, I'll intersperse math trivia - things you'll enjoy, like old chestnuts or a new game.

Presenter: Bill Faulkner has presented 32 times with OLLI, ten unique courses in seven cities. With more than 50 years of teaching under his belt, he likes to interact with inquiring minds and welcomes suggestions for the content of his upcoming courses.

Member tuition: \$25.00 | 2 M: 11/28/2022 - 12/5/2022 | 10:00AM - 12:00PM | Class Limit: 10

GSC Concord, 25 Hall Street, Concord, NH, 03301

Spectroscopy: A Window into Atoms & Molecules

In *The Ascent of Man*, Jacob Bronowski explains how alchemists and early chemists used fire as a sword to "cut below the visible structure", to learn how matter is assembled from elements into compounds. And several chapters later in discussing atomic structure, "The inside of the atom is invisible, but there is a window into it, a stained-glass window: the spectrum of the atom." In this course, following a brief review of the properties of light, we will consider how scientists of the 19th and 20th centuries used spectroscopy, the interaction of light with matter, to discover elements, drive chemical reactions, and understand the structures of atoms and molecules. The approach will be quasi-historical and at a rudimentary level. No special background is expected.

Presenter: George Parodi taught chemistry for eight years at the University of Pittsburgh, Johnstown Campus and 30 years at Saint Anselm College. His research, at the boundary of physics and chemistry, involves the interaction of light with matter.

Member tuition: \$35.00 | 4 Tu: 11/22/2022 - 12/13/2022 | 10:00 - 11:00AM | Class Limit: 15

GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

What's Wrong with your Weather Forecast

In a time where our weather forecasts are more accurate than they have ever been before, why does it feel like they aren't? We all rely on the weather, but it very different ways and we need different information. Let's talk about forecasts, free weather apps, why TV meteorologists are asked to give less info, and how that contributes to negative perceptions around today's weather forecasts.

Presenter: Cyrena Arnold is a degreed meteorologist that has worked on television in Alaska, with NASA, and was the Director of the Mount Washington Observatory. She is the author and illustrator of the children's book, *The Weather Story: With Frances Fox*. Arnold's courses are educational and entertaining as she translates the complex world around us in an easy-to-understand way. She is now the Chief Sales Officer at reThought and was recently named Mrs. New Hampshire 2022.

Member tuition: \$20.00 | 1 W: 9/28/2022 - 9/28/2022 | 10:00AM - 11:30PM | Class Limit: 100

Online - Virtual by Zoom

Social Sciences

Politics & Current Events

2022 Midterm Elections: 5+1=535 & the 4 "I"s

Who will control the United States Senate and House of Representatives next January? And how and why will that happen? Midterm elections are historically a referendum on the sitting president, so much may depend on how President Biden handles the four "I"s - inflation, invasion, infection & immigration. In addition, the party occupying the White House has lost seats in 90% of the midterms in the last century. So with the Democrats controlling the two chambers by the narrowest margins in half a century, - 8 votes in the House and 0 in the Senate - they face a daunting challenge to retain control. In following the campaigns over their last 10 weeks, we will identify the 40 or 50 decisive races; examine polls, fundraising, advertising, redistricting, campaign themes and tactics, and likely voter demographics among other things. Which way are suburban Minivan Moms leaning? How about conservative Latinos? Millennials and Gen Xers? Who is likely to turnout, and why? How much will ex-President Trump interject himself into the election? And what impact will that have? What surprises will fall out of the sky in the final weeks before election day? All are wide open questions as this is being written in April. Once again, political correctness will be left at the front door. So sit up! Pay attention! Root for your favorites! And peek behind the curtains and into political back rooms as we identify and weigh factors you won't see covered in the mainstream media.

Presenter: Dave Hess is a graduate of Dartmouth College and Yale Law School and was a Fellow at Harvard's Kennedy School of Government. He is a retired trial lawyer who served as an New Hampshire Assistant Attorney General under Warren Rudman and David Souter and was a member of the New Hampshire House of Representatives for 25 years, including terms as Majority Leader, Deputy and Assistant Majority Leader. Hess has presented several diverse and varied classes at OLLI over the last six years. He developed a passion for politics more than 50 years ago when he became involved in the 1964 presidential primary. History in general, and political, military, and American western history, have been some of his lifetime interests.

Member tuition: \$35.00 | 4 Th: 9/8/2022 - 12/1/2022 | 10:00AM - 12:00PM | Class Limit: 80

Note: The dates for this course are September 8, October 13, November 3, and December 1.

GSC Concord, 25 Hall Street, Concord, NH, 03301

Civics Slam! Learning About Government Now That You're Older and Wiser!

There has been an increasing need to provide civics education to adults for the past number of years. Recently, we have seen a growing division amongst people on social media, television and in person. The ability for people to civilly discuss ideas, differing viewpoints and varied political philosophies quickly erode into shouting matches and cancel culture. Part of this hostility towards each other can be found in civic illiteracy and the lack of basic understanding of government. People tend to shout their ideas rather than reason them when they lack the proper education to take or make a position and support it with reasoning. This lecture series will give people the opportunity to hear non-partisan views on topics such as basic ideas of government, influences of the enlightenment philosophers, debates at the Constitutional Convention, the United States Constitution and the Bill of Rights, political parties, the 14th Amendment, voting and citizenship rights. These topics, intertwined with answering participant questions, will give participants a richer understanding of the basics of civics and government.

Presenter: David Alcox has taught civics at Milford High School for 25 years. He earned his Master's of Teaching Social Studies at Indiana University in Bloomington, IN in 2006. He has been the recipient of a number of awards and honors, including New Hampshire State Teacher of the Year three times, National Civics Teacher of the Year twice, the 2000 NH James Madison Fellowship recipient, and the 2013 Milford Citizen of the Year.

Member tuition: \$30.00 | 3 Tu: 8/30/2022 - 9/13/2022 | 10:00AM - 12:00PM | Class Limit: 32
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Democracy in Action

Over three weeks, we will discuss voting and redistricting which includes: Who votes and who doesn't? How to register, how to vote by absentee, how votes are counted and recounted, what district you are in, why we change district lines every 10 years. Partisan redistricting and gerrymandering have been cancers on American democracy since the beginning of the republic. Voters recognize that it's unfair, but many politicians see it as a means to an end -- power. We'll show you how to have a conversation with a legislator or voter who may like things the way they are or may just not know how fair redistricting would be better for voters of all parties. On week two, we will discuss money in politics and in week three, we will explore our local, state and congressional issues with emphasis on our role and how to advocate.

Presenters: Liz Tentarelli is a retired educator. She has been a member of the nonpartisan League of Women Voters for more than 25 years, and president of the state League since 2013. Tentarelli often testifies on election law issues in the New Hampshire Legislature on behalf of the League and is also a presenter for the NH Humanities on women's suffrage. She has a Master's degree from the University of New Hampshire and lives in Newbury.

Olivia Zink has been working as a community organizer in New Hampshire since 2000. She is the Executive Director of Open Democracy. She is a graduate of the University of New Hampshire with a Bachelor's degree in Political Science and a minor in Sustainable Living, and a graduate of Southern New Hampshire University with a Master's degree in Community Economic Development.

Member tuition: \$30.00 | 3 W: 9/14/2022 - 9/28/2022 | 10:00 - 11:30AM | Class Limit: 80
GSC Concord, 25 Hall Street, Concord, NH, 03301

Everything You Need to Know About the New Hampshire Court System

This course will identify and explain the jurisdiction and functions of each of the three sections of the state's Court system: The New Hampshire Supreme Court, the New Hampshire Superior Court, and the New Hampshire Circuit Court. We will also explore the responsibilities of each of the different courts, and how the public can best utilize the services provided.

Presenter: Judge Kristin Spath has been a New Hampshire Circuit Court Judge for 11 years and is currently sitting in what is known as "Senior Status". Prior to being appointed to the Bench, Judge Spath served as the Chief of Staff at the state's Attorney General's Office. Prior to this position, she served as the Bureau Chief of the Consumer Protection Bureau. Judge Spath has been an attorney for 37 years.

Member tuition: \$20.00 | 1 F: 10/14/2022 - 10/14/2022 | 10:00 - 11:30AM | Class Limit: 20
GSC Concord, 25 Hall Street, Concord, NH, 03301

Geopolitical Aspects of Russia & Ukraine

The three lectures will focus on both Russia and Ukraine which have great agricultural, mineral, and forest resources, but the area is handicapped by factors of physical geography- climate, geomorphology, and soils. Cultural, political, and economic policies have frequently strained relationships with other powers and the region is prevented from becoming an economic powerhouse.

Presenter: Prior to spending 20 years as executive Director of the New Hampshire Housing Finance Authority, Clair Monier was Regional Director of the United States Department of Health and Human Services during the Reagan Administration. Prior to that, she served as the Executive Director of the New Hampshire State Council on Aging.

Member tuition: \$30.00 | 3 Tu: 10/4/2022 - 10/18/2022 | 1:30 - 2:30PM | Class Limit: 20
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Great Decisions Part II

Developed by the Foreign Policy Association to promote understanding of American Foreign Relations, "Great Decisions" provides the perfect opportunity to learn about issues concerning U.S. policy makers today and pose foreign policy challenges for tomorrow. Read, watch and join the discussion on contemporary international issues. The current topics for this year can be explored at fpa.org/great_decisions. You must obtain the most current Great Decisions Briefing Book (ISBN: 9780871242785) on your own. It can be purchased online from Foreign Policy Association at greatdecisions.org.

Presenter: Tessa McDonnell works for OLLI part-time and is an adjunct faculty member at Granite State College in the School of Education. She has been engaged in teaching through technology for 30 years. McDonnell has used Zoom for meetings with non-profit agencies and with her students for over five years. Ever curious about the world around her, she enjoys deep discussions and exploring new ideas.

Member tuition: \$35.00 | 4 Th: 11/10/2022 - 12/8/2022 | 10:00AM - 12:00PM | Class Limit: 25

Note: No class on November 24.

Online - Virtual by Zoom

Immigration Policy: The Imponderable Dilemma

Application backlogs into the millions, rising user fees into the thousands, long waiting times - often years, complex rules only a bureaucrat could love, anonymous decision makers, and the lingering effect of COVID-19 - all contribute to a system that just lumbers along, not satisfying the needs of families, businesses, humanitarian relief, nor national security. A former United States Ambassador, and current immigration lawyer, the presenter will explore these topics, along with the impact of developments from Afghanistan, Ukraine, and our southern border. Spoiler alert: Mexico still has not paid for that "big, beautiful wall."

Presenter: George Bruno is a practicing immigration lawyer with Mesa Law LLC in Manchester and principal in the consulting firm of the International Resource Group LLC. He has traveled to 60 countries and is the former U.S. ambassador to Belize.

Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.

Section 1 Member tuition: \$20.00 | 1 F: 12/9/2022 - 12/9/2022 | 10:00AM - 12:00PM | Class Limit: 40
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Section 2 Member tuition: \$20.00 | 1 F: 12/9/2022 - 12/9/2022 | 10:00AM - 12:00PM | Class Limit: 40
Online - Virtual by Zoom

New Hampshire Cases in the United States Supreme Court

Starting in 1789, the United States Supreme Court has decided nearly 31,000 cases. New Hampshire has sent less than 60 cases to the highest court. Many of them, while important to the litigants, have little meaning to history. There are, however, some cases from New Hampshire that are significant, important, or just fun. We will select some of the notable cases like "Coolidge v. NH", "Chaplinsky v. NH" versus cases like "NH v. Louisiana" and the Pink Margarine cases.

Presenters: Martin Bender is a retired member of the New Hampshire Bar Association who graduated Franklin Pierce Law School in 1980. He joined VISTA which sent him to Legal Aid of Central Texas where he practiced law, was able to sue Lampasas County jail, and teach law to kids in the county. Upon returning to New England, he was a criminal defense, family, bankruptcy, and personal injury lawyer though his passion was teaching law to kids through mock trials. He co-authored the book *Patriots, Pirates, Politicians & Profit Seekers*.

Joan Blanchard has been a teacher and a librarian after graduation from St. Mary's College (history major) and SUNY at Albany (Master's of Library Science). She co-authored *Patriots, Pirates, Politicians and Profit Seekers* and its teachers' guide while on sabbatical from teaching high school social studies at Merrimack Valley High School. After retiring, she prepared the teacher's guide for the second edition. She lives in a 1925 home in West Concord where she pursues multiple interests.

Member tuition: \$30.00 | 3 Tu: 11/8/2022 - 11/22/2022 | 9:00 - 10:30AM | Class Limit: 60
GSC Concord, 25 Hall Street, Concord, NH, 03301

Pandemics, Climate Threats, & War: Are Global Institutions Up to the Tasks?

Pandemics, climate change, and now the threat of nuclear annihilation: In an era where we seem capable of accomplishing almost anything, we seem incapable of dealing effectively with these global problems. We will examine critically major global institutions, particularly political institutions such as the United Nations and its various components and instruments (e.g., the Universal Declaration on Human Rights and the International Criminal Court) and economic institutions such as the World Bank, International Monetary Fund, and the World Trade Organization. This will be a seminar style course, where after some preliminary lecture material is presented, we will discuss the major questions and issues at hand informed by brief readings.

Presenter: Dennis MacDonald received his Ph.D. in Sociology from the University of New Hampshire in 1985. He taught a course on Global Society for many years and has published on various aspects of globalization.

Member tuition: \$35.00 | 4 W: 11/2/2022 - 11/30/2022 | 1:00 - 2:30PM | Class Limit: 20
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Putin's Journey from Dresden to War Criminal: Ukraine, How Will it End?

The course hopes to trace the evolution of Vladimir Putin from a KGB agent to being the mastermind of the war in Ukraine. The topics include: the collapse of the Soviet Union; Putin: A psychological and ideological profile; the expansion of NATO; and the war in Ukraine. The overriding theme as Thomas Friedman writes, is the major battle between the two dominant political systems in the world today: free-market, "rule-of-law democracy versus authoritarian kleptocracy." The evolution of the course will be flexibility depending on how the war may (or may not) evolve. Class discussion and participation is key for the course to be a success, with dialogue, not monologue the goal. Relevant materials will be provided depending on where the war stands as of the first class.

Presenter: Dr. Steven Freiburger has a Ph.D in Diplomatic History and a 40-year career in education.

Member tuition: \$35.00 | 4 Tu: 9/27/2022 - 10/18/2022 | 10:30AM - 12:00PM | Class Limit: 30
UNH Professional Development & Training, 231 Corporate Drive, Portsmouth, NH 03801

Ranked-Choice Voting at Home & Abroad

Ranked-choice voting is an electoral system where voters fill out a ballot ranking candidates in order of preference. In the United States, ranked choice is becoming more popular in several jurisdictions, including statewide and congressional elections in Maine and Alaska. Abroad it is used for parliamentary elections in Australia, Ireland, and Scotland. After explaining how ranked-choice voting determines the winning candidate, the course will survey how it worked for recent elections both in our country and abroad.

Presenter: Glenn Meyers has worked as both a college professor and in the insurance industry as a research actuary. He has given over 100 professional presentations on technical topics to audiences with varying levels of expertise. In retirement, Meyers has been studying a number of scientific and current event topics, largely from a historical perspective. A frequent presenter for OLLI, he enjoys sharing these interests with others.

Member tuition: \$20.00 | 1 F: 12/2/2022 - 12/2/2022 | 10:00AM - 12:00PM | Class Limit: 50
Online - Virtual by Zoom

“ It was a very difficult decision to retire after 45 very fulfilling years of teaching. Fortunately, a former colleague introduced me to OLLI. I became a presenter for two OLLI classes last year, and it made the transition to retired life a joy. I have learned something new from every class, social event, and speaker. There is rarely a day that goes by when I am not thinking about a topic for a course, or a friend who might be a good presenter to invite. It is a welcoming place.”

- **Jim Mahoney**, Class of 2016

Supreme Court: The Least Dangerous Branch of Government

Since the turn of the 20th century, the United States Supreme Court has been a powerful force in modern society. How did this peculiarly "anti-democratic" institution come to be a powerhouse? Is it too powerful? How does it relate to the other legal and political institutions of government? Explore these questions and examine some familiar examples of historical and contemporary debate over government policies. How is the Court constituted and how does it operate? From its formation to its functional operation, the Court manages to process the major legal disputes of the day. Putting aside current politics, we will explore how it does that.

Presenter: Dick Hesse is a retired law professor who has offered courses at OLLI, Linec, and AIL for more than a decade. He has taught in public school, college and graduate programs for six decades and offered programs for the New Hampshire Humanities Council for more than three decades. The focus of his academic and professional career has been constitutional law and human rights.

Member tuition: \$40.00 | 5 Tu: 9/6/2022 - 10/4/2022 | 10:00AM - 12:00PM | Class Limit: 24
GSC Concord, 25 Hall Street, Concord, NH, 03301

There Ought to Be a Law...

This course will provide a general understanding of the process by which an idea can become law in New Hampshire. Participants will first learn about the state's House of Representatives' committee structure and its role in law-making, as well as some of the historic etiquette in the House and some of the political tactics used in law-making. Following this discussion and Q&A regarding the law-making process, class members will serve as an ad hoc committee, moving an idea from its inception to the floor of the "OLLI House of Representatives" for a vote. This course will require active participation and is NOT intended to be primarily a lecture/Q&A program.

Presenter: Stephen Woodcock spent most of his career in education and politics. He is currently in his second term in the New Hampshire House of Representatives, where he serves on the Education Committee, and has worked on political campaigns ranging from School Committee to President of the United States. Woodcock is active in the North Conway American Legion, has coordinated the annual Mount Washington Valley 9-11 Remembrance Ceremony, and serves as a trustee for the Mount Washington Valley Adult Day Center and the Pequawket Foundation.

Member tuition: \$20.00 | 1 M: 9/26/2022 - 9/26/2022 | 1:00 - 4:00PM | Class Limit: 30
Conway Public Library, 15 Greenwood Avenue, Conway, NH, 03818



Sociology, Religion, & Culture

Camino de Santiago: Walk With Us on The Way

The Camino de Santiago is a 500-mile pilgrimage walk in Spain along old Roman roads and trade routes. Thousands walk this path each year in search of spiritual enlightenment, physical challenge, and personal growth. Hear what it is like to be a modern-day pilgrim walking this journey.

Presenters: Judi Lindsey was a K-8 educator for 23 years, specializing in developing and implementing the Enrichment and Challenge program at Moore School in Candia. She received her B.S. in Arts and Media from Grand Valley State College in Michigan and her M.Ed. from Rivier College in Nashua. Lindsey is active on her local planning board, conservation commission and church. Barbara Robidoux has a B.A. degree in English and an M.Ed. in Reading from the University of New Hampshire. She retired after thirty-five years of teaching with positions ranging from teaching emergent readers and writers in kindergarten, to teaching American literature to high school students, to being the Literacy Coordinator at an elementary school. She is an avid runner, having completed seventeen marathons and many half marathons and shorter races.

Member tuition: \$20.00 | 1 W: 9/7/2022 - 9/7/2022 | 10:00AM - 12:00PM | Class Limit: 40
GSC Concord, 25 Hall Street, Concord, NH, 03301

Civil Rights Efforts in the 1960's Versus Inequality Movements Today

Starting in the 1950's but peaking in the 1960's, the Civil Rights movement in the United States involved many different groups and methods but, looking back, resulted in many beneficial changes in American society. What can be learned from examining those issues and efforts? Can some of that history be useful for those people who want to improve the kinds of racism that still exists in America today? The main focus will be a review of the most noteworthy efforts and groups roughly sixty years ago, with little emphasis on the efforts of groups in the last ten years. Much of the class will be the sharing of experiences of the instructor and others in the class who were at least teenagers in the 1960's and the questions of those who are too young to have had much knowledge of what happened in America regarding race, poverty and civil rights in the 1960's.

Presenter: Entrepreneur David Woolpert recently retired from his own personal investment advisory and financial planning business after 25 years. His previous work included financing subsidized housing projects throughout New England and Louisville, KY, interest rate risk management for a Concord-based bank, and financial management oversight for a large environmental organization in the state. A native of Washington, DC, Woolpert has lived and worked in the Concord area since 1972 and lives with his wife in Henniker since 2009.

Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.

Section 1 Member tuition: \$20.00 | 1 Tu: 8/30/2022 - 8/30/2022 | 1:00 - 2:30PM | Class Limit: 35
GSC Concord, 25 Hall Street, Concord, NH, 03301

Section 2 Member tuition: \$20.00 | 1 Tu: 8/30/2022 - 8/30/2022 | 1:00 - 2:30PM | Class Limit: 35
Online - Virtual by Zoom

Compassionate Listening Journey to Israel & Palestine

Participants will be introduced to the core principles and practices of Compassionate Listening. Participant narrators will share stories which were transcribed from Listening Sessions with Israelis and Palestinians from the West Bank, who spoke with a Compassionate Listening peacemaking delegation in the fall of 2019. Anne Romney, the workshop presenter, was on this delegation and the stories she has selected represent a broad range of personal experiences and points of view. Each gives voice to the common values and human desire for peace, safety, home, and family. These are the human stories that often are lost behind the political stories we hear about in the media and affirm the power of human resilience and the capacity to heal. Volunteer narrators will be asked to share in the presentation of these stories.

Presenter: Anne Romney of Portsmouth is an educator/group facilitator committed to anti-racism education. She is a co-facilitator of the program White People Challenging Racism, developed and presents an online program called Standing Up to Racism through area libraries and local organizations, is a member, is a member of the Seacoast NAACP, and volunteers with the Black Heritage Trail of New Hampshire. In the fall of 2019 and winter 2020, Romney was on the Portsmouth Listens Equity and Inclusion steering committee. Romney has an M.Ed. in Counseling from Lesley University.

Member tuition: \$20.00 | 1 M: 9/26/2022 - 9/26/2022 | 10:00AM - 12:00PM | Class Limit: 50
Online - Virtual by Zoom

How Does White Privilege Impact Racism?

The recent racially charged events and the COVID-19 pandemic have brought national attention to the harsh realities of widespread "systemic racism" in our country. In this presentation, we will look specifically at White Privilege and how it contributes to the inequities experienced by black Americans and other marginalized groups. The intent is not to place blame, but to build awareness that can lead to effecting change.

Presenter: Anne Romney of Portsmouth is an educator/group facilitator committed to anti-racism education. She is a co-facilitator of the program White People Challenging Racism, presented a workshop on the book, Waking Up White, is a member of the Seacoast NAACP, and volunteers with the Black Heritage Trail of New Hampshire. In the fall of 2019 and winter 2020, Romney was on the Portsmouth Listens Equity and Inclusion steering committee. She has been leading this course since June 2020. Romney has an M.Ed. in Counseling from Lesley University.

Member tuition: \$20.00 | 1 M: 9/19/2022 - 9/19/2022 | 10:30AM - 12:00PM | Class Limit: 50
Online - Virtual by Zoom

Net Persuasion

This course will explore the challenges we face with online addiction, data collection, personalization, and manipulation. We will watch "The Social Dilemma" and then discuss questions and challenges raised by the film. To fully understand the topic, the presenter recommends viewing "Hacking Your Mind" the four-part series found on PBS.

Presenter: Jim Isaak is a retired, recovering techie with a diverse set of interests including artificial intelligence, privacy, social media, lies, spies, and sunken subs. Isaak is also interested in the limits and approaches to critical thinking that span all sorts of topics.

Member tuition: \$25.00 | 2 Th: 12/8/2022 - 12/15/2022 | 1:00 - 3:00PM | Class Limit: 30
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Participating In & Attending the Olympics

Many of you have probably spent many hours over the years in front of the television watching the Olympic Games and you've even wondered what it would be like to attend them. Well, now's your chance. Come join us and learn what it's like as a competitor with the Valley's 2010 & 2014 Super G and Combined Olympian, Leanne Smith. Valley resident Paula Jones has attended the 2018 & 2022 Olympics to support her niece Julia Marino, who recently took the silver medal in the slopeside finals. They will both be here to tell you about their experiences, both as a competitor and a spectator and to answer your questions.

Presenters: Leanne Smith is a local, born and raised in North Conway who went from the slopes of Cranmore onto the World Cup circuit for seven years where she had ten top 10 finishes. She also was a member of the United States Ski Team in 2010 and 2014. Paula Jones, besides being an avid supporter of her niece at the Olympics, is in charge of communications for the North Conway Chamber of Commerce and a board member for M&D Playhouse.

Member tuition: \$20.00 | 1 W: 9/28/2022 - 9/28/2022 | 10:00AM - 12:00PM | Class Limit: 25
Pope Memorial Library, 2719 Main Street, North Conway Village, NH, 03860

People of the Book: A Look at the Literature of the Jewish People

Jews have been called "The People of the Book" for thousands of years. In truth, the body of literature that is sacred, filled with laws, filled with stories, provides guidance on prayer, or is in some other way key to Judaism past and present, contains hundreds of books, not just one. This class provides an overview and understanding into the Jewish way of learning and living.

Presenter: Robin Nafshi is the rabbi of Temple Beth Jacob in Concord. She embraces the definition of rabbi as "teacher" and has generously shared her knowledge as an OLLI presenter for many years.

Note: This course will be offered in-person and via Zoom (a hybrid format). Please select your preference at registration.

Section 1 Member tuition: \$20.00 | 1 M: 11/14/2022 - 11/14/2022 | 10:00AM - 12:00PM | Class Limit: 40
GSC Concord, 25 Hall Street, Concord, NH, 03301

Section 2 Member tuition: \$20.00 | 1 M: 11/14/2022 - 11/14/2022 | 10:00AM - 12:00PM | Class Limit: 40
Online - Virtual by Zoom



Roots & Routes of Jewish Humor

This program focuses upon humor in three ways. As the title indicates, it explores the origins of Jewish humor. There are more books written on this topic than any other religions and ethnicities humor. Why? The presentation answers that by looking at the history and literature of Judaism. Next, the talk looks at the anatomy of a joke - what makes a joke funny? It concludes with the role of humor in health. It shows how humor is the best medicine by enhancing your immune system, decreasing heart attacks, and relieving stress, to name some of its benefits. With its emphasis on humor, the audience not only hears a lively narrative which included an interesting history and jokes but also is encouraged to share their own funny stories. The talk makes people feel engaged and good.

Presenter: Stephen Soreff, M.D., is a nationally known author, lecturer, and teacher in the field of mental health services. Soreff has authored ten books including: *The Handbook of the Treatment of the Seriously Mentally Ill*, *The Documentation Survival Handbook*, and *EMS Street Strategies, Edition 2* as well as his most recent book, *Life's Dueling Dualities: A Grandfather's Legacy of Wisdom*.

Member tuition: \$20.00 | 1 Tu: 11/1/2022 - 11/1/2022 | 10:00AM - 12:00PM | Class Limit: 22
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Things Are Better Than You Think

Tired of pandemics, politics, propaganda, personalized ads, and anything starting with "P"? According to Hans Rosling, things are better than you think! We will view various TED videos by Hans Rosling and review his book *Factfulness: Ten Reasons We're Wrong About the World... and Why Things Are Better Than You Think*. Hans' message is not just the data/fact-based reality that things have and are improving, but that we have built in resistance to recognizing the improvements. Hopefully we will all come away not just feeling better about the world but recognizing how to avoid or mitigate the "joy suckers" that make us feel worse. While not required reading, the course will be building on Hans Rosling's book.

Presenter: Jim Isaak is a retired, recovering techie with a diverse set of interests including artificial intelligence, privacy, social media, lies, spies, and sunken subs. Isaak is also interested in the limits and approaches to critical thinking that span all sorts of topics.

Member tuition: \$25.00 | 2 F: 10/28/2022 - 11/4/2022 | 1:00 - 3:00PM | Class Limit: 25
GSC Concord, 25 Hall Street, Concord, NH, 03301

Women Deacons

Can women be ordained deacons? In modern times, women serve as ordained deacons in Anglican churches and Methodist churches. At present, the Roman Catholic Church does not ordain women to the diaconate. The course will look at the evidence from Scripture and Tradition used to support the ordination of women to the diaconate. In addition to the transitional diaconate (students ordained deacons prior to being ordained priests), the Second Vatican Council (1962-1965) authorized the restoration of the diaconate as a permanent order of ministry and decreed that the permanent diaconate could be opened to mature married men. Inevitably, the question of ordaining women to the permanent diaconate arose. In 2016, Pope Francis appointed a panel of scholars to study this question. The commission could not agree about the role of women in the early centuries of Christianity. In 2020, Pope Francis appointed a different panel of scholars to study this question again. We will examine the evidence from Scripture and Tradition that is used to support or oppose the ordination of women to the diaconate.

Presenter: Dennis Sweetland is a professor emeritus of theology at Saint Anselm College where he taught Humanities and biblical theology courses for almost 40 years. Sweetland's interest in languages comes from the study of ancient and modern languages, his travels, and association with Manchester's Latin American Center.

Member tuition: \$20.00 | 1 W: 9/14/2022 - 9/14/2022 | 10:00 - 11:30AM | Class Limit: 15
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Exploring the Community

250 Years of Sandwich History: A Personal Narrative Tour

Though one of the most populous in Carroll County at the time of American Revolution and once considered as a location for New Hampshire's state capital, many residents joined the westward migration, leaving old hill farms and settlements deserted by the end of the 19th century. Concerned by these losses, the Sandwich Historical Society was founded in 1917 by local and summer residents to preserve the town's institutional and personal histories for future generations. Join us to tour three of the Society's buildings, all within walking distance in Center Sandwich – the Elijah Marston House Museum, the Transportation Museum (Home of the Sandwich Concord Coach), and the former Mount Israel Grange Hall, originally built as a Quaker Meetinghouse.

Presenter: Jim Mykland is the Director of the Sandwich Historical Society (SHS). A longtime local historian, Mykland has served as a Trustee and President of the Society. He is a retired Dispatcher from the Conway Police Department and is currently Town Moderator in Sandwich, as well as a former Chief of the Sandwich Fire-Rescue Department. When not attending to his duties at SHS, he can be found walking the forests and fields around central New Hampshire.

Member tuition: \$20.00 | 1 Th: 9/22/2022 - 9/22/2022 | 10:30AM - 12:30PM | Class Limit: 20
Sandwich Historical Society, 4 Maple Street, Sandwich, NH, 03227

Become a Television Studio Producer

In this course you will get a full behind-the-scenes experience at ConcordTV, Your Community Media Center. We'll provide equipment for hands-on training on a variety of 4K and HD digital video equipment and Adobe Premiere Pro editing software. Each session will have a different topic so you'll get a full idea of what goes into running ConcordTV on a day-to-day basis. We design these lessons for anybody to learn so there is no prior experience necessary!

Presenter: ConcordTV is a nonprofit community media station that provides video production resources to the city, school district, and general public of Concord, New Hampshire. This program's lead instructor, Josh Hardy, is the organization's Executive Director. He has been with ConcordTV since 2013 and is proficient in video production, video editing, marketing/communications and nonprofit management.

Member tuition: \$35.00 | 4 M: 9/12/2022 - 10/3/2022 | 4:00 - 6:00PM | Class Limit: 6
ConcordTV, 170 Warren Street, Concord, NH, 03301



Beer Brewery, Farm and Tasting at Throwback Brewery

Join fellow OLLI beer lovers at Throwback Brewery, located at Hobbs Farm in North Hampton, New Hampshire. Throwback is dedicated to acquiring all of its ingredients from within a 200-mile radius and was founded in 2010 by Annette Lee and Nicole Carrier. At Throwback, we will discuss beer styles, glassware, pairings, and how beer is made. Participants will sample 6 beers and snack on an Amuse-bouche. Weather dependent, we will then visit the animal barns and the hop yard. This part of the experience includes walking and is not handicapped accessible. Tour participants will receive a 16-ounce Throwback Brewery Belgian tulip glass to take home. The restaurant is open for dinner at 4 p.m., and you are welcome to eat there after our tour at your own expense.

Presenter: Nicole Carrier is one of the founders of Throwback Brewery where she wears many hats: handling marketing, social media, technology, and business strategy. Carrier homebrewed for over 10 years but now dreams up new recipes for the team to craft. Her favorite aspect of owning a brewery is getting to meet and interact with all the amazing people in the community- from farmers, to chefs, fellow brewers, and customers. She has a B.A. in economics and math from Dartmouth College and an MBA from the Tuck School at Dartmouth.

Member tuition: \$20.00 | 1 W: 9/7/2022 - 9/7/2022 | 2:30 - 4:00PM | Class Limit: 20

Note: A \$25 fee (for tasting and snacks) will be collected by the brewery on the day of the tour.

Throwback Brewery, 7 Hobbs Rd, North Hampton, NH, 03862

Christmas at the Fells

The Fells, one of New England's finest early 20th-century summer estates, was the home of John Milton Hay, Abraham Lincoln's private secretary. The house, listed on the National Register of Historic Places, is decorated for Christmas and open for tours. This tour includes pastries before the tour and lunch after the tour. Please note the steps are steep. Parking is in the lower lot.

Presenter: This tour will be given by a docent from The Fells.

Member tuition: \$20.00 | 1 W: 11/9/2022 - 11/9/2022 | 10:00AM - 12:30PM | Class Limit: 26

Note: \$32 admission fee (includes docent, pastries and lunch) will be added to your registration for a total of \$52.

The Fells Historic Estate and Gardens, 456 Route 103A, Newbury, NH, 03255

Classical Composers of the African Diaspora

Perhaps the names of composers of African heritage are better known in the genres of jazz and rock and roll, but those composing in the classical traditions are no less notable. Learn about the Chevalier de Saint-Georges, whom John Adams proclaimed, "the most accomplished man in Europe," and others who wrote and performed classical music from the 18th century to the present day, including Samuel Coleridge-Taylor, William Grant Still, Margaret Bonds, and Errollyn Wallen. Hear examples of their works in live performance in this third of Pamela Langley's series presenting lesser known and under-performed classical composers.

Presenter: Pamela Langley studied piano as a child and then with Louise Rogers and Donald Steele as a student at the University of New Hampshire. She has performed locally, primarily as church musician and accompanist for individuals and choral groups. Langley was a member of the baroque trio, the Jefferson Street Ensemble, which performed in the Portsmouth area in the 1980s, and sang with Amare Cantare for many years. In retirement from a career at NHTI-Concord's Community College, she continues to perform, most often playing two-piano repertoire with her partner, Jim Bullock.

Member tuition: \$20.00 | 1 Th: 10/27/2022 - 10/27/2022 | 1:00 - 3:00PM | Class Limit: 100

Community Church of Durham, 17 Main Street, Durham, NH, 03824

Come Paint a Piece

Firefly Pottery is a contemporary ceramic studio in Portsmouth where you can come in, relax, and be creative by painting pottery, working with glass fusing, canvas painting with acrylics, even clay work. Choose a ceramic project to paint from many of our different designs and colors or choose to work with glass fusing to build colorful glass projects. Projects may include ornaments, jewelry, sun catchers, dishes, and bowls. Participants are responsible for purchasing their own project materials at Firefly Pottery; expect a cost of approximately \$15.

Presenter: Owner Denise McDonough and her team at Firefly Pottery are ready to provide inspiration and assistance.

Member tuition: \$20.00 | 1 F: 10/21/2022 - 10/21/2022 | 10:00AM - 12:00PM | Class Limit: 20
Firefly Pottery, 72 Mirona Road, Portsmouth, NH, 03801

From Turtle to Art & Ecological Preservation: A Journey

Visit the Carroll Studio for a discussion with David Carroll who encountered a spotted turtle in the wild at age eight and became obsessed enough to follow turtles for the next seven decades and study their wetland ecology interwoven with an evolution in art and writings. David will share his artwork as well as that of his artist wife Laurette. Subjects will include ways in which environmental agencies, and trusts, conservation commissions as well as individuals can make critical decisions and take measures that would impede the accelerating loss of habitats and its accompanying biodiversity.

Presenters: David Carroll is a MacArthur Genius Award winner. He is renowned for his art and writing about turtles and other swamp creatures.

Laurette Carroll is an artist who works with a vast array of subjects and medias.

Member tuition: \$20.00 | 1 W: 9/14/2022 - 9/14/2022 | 1:00 - 2:30PM | Class Limit: 15
Carroll Gallery and Studio, 237 East Main St., Warner, NH, 03278

Handbells & Handchimes: You, Too Can Play Them!

Join the Memorial Bell Choir of South Congregational Church in Concord for an evening of music and music-making. They will perform a short program, and afterwards, will engage students in the basics of how to play handbells so they can successfully perform with the group. Interested students can participate as much or as little as they like. No prior music reading experience is required, however, it can be helpful. Some physical activity may be involved, including standing and swinging arms, but can be adaptable to individual students' needs and abilities. The Memorial Bell Choir is celebrating its 33rd year at South Congregational Church, and two of its members have been in the group since its beginning. They participate in worship on the third Sunday of the month between September and May, and on Christmas Eve and during Holy Week. They play on five octaves of Schulmerich handbells and five octaves of Malmark handchimes.

Presenter: Carlene Ruesenberg has been the director of the Memorial Bell Choir at South Congregational Church since 2015. As a ringer, she became a founding member of the Granite State Ringers where she played for six years and is now in her eighth year ringing with the Merrimack Valley Ringers from Chelmsford, MA. Ruesenberg holds a B.M. in Bassoon Performance from Arizona State University, and a M.Ed. from Plymouth State University, and has a Level 1 Certification from the Handbell Musicians of America.

Member tuition: \$20.00 | 1 W: 10/19/2022 - 10/19/2022 | 7:00 - 8:30PM | Class Limit: 20
South Congregational Church, 27 Pleasant Street, Concord, NH, 03301

Honoring Service & Sacrifice at the New Hampshire State Veterans Cemetery

This course will take place on the hallowed grounds of the New Hampshire State Veterans Cemetery. It will include a comprehensive guided tour of the cemetery as well as individual time to explore and learn. Topics will include eligibility requirements, day-to-day operations, history of the cemetery, New Hampshire military history, overview of military honors. If possible, students will witness military honors from a distance. No preparation is required, though a video "A Living Memorial - New Hampshire State Veterans Cemetery" is recommended and available on YouTube. This tour is handicapped accessible.

Presenter: Shawn Buck retired from the United States Army in 2008 and is now the Director of the New Hampshire State Veterans Cemetery. His experience includes battery commander, Assistant Professor of Economics at West Point, Chief of Recruiting Market Analysis, and Professor of Military Science at UCLA. He later served as Director and Vice President of Operations for two private companies. He has a Bachelor's in Economics from West Point & an MBA from Northwestern University. He is married and has three grown children.

Member tuition: \$20.00 | 1 F: 9/16/2022 - 9/16/2022 | 10:00AM - 12:00PM | Class Limit: 16
NH State Veterans Cemetery, 110 DW Highway, Boscawen, NH, 03303

If You Don't Do It, Who Will? Funeral & Cremation Options

An increasing number of Americans are planning for their own final arrangements in order to spare their families much of the emotional and financial burden. This seminar will provide the opportunity to get the answers you need to help yourself and/or other family members make these important decisions. We will discuss topics such as cremation options, cremation facts, funeral options and green burials.

Presenter: Michele Phaneuf Plaszc is a fourth-generation funeral director, working in the industry since 1997. She is the Vice President of Phaneuf Funeral Homes and Crematorium where she works alongside her siblings. She holds a B.S. degree in Sociology from the University of New Hampshire and is a graduate of Lynn University with an A.S. degree in Funeral Service. Along with employee development, she spends her days assisting families with their pre-planning arrangements.

Member tuition: \$20.00 | 1 Th: 9/29/2022 - 9/29/2022 | 10:00 - 11:00AM | Class Limit: 24
Phaneuf Funeral Home, 243 Hanover Street, Manchester, NH, 03102

Jackson Art Studio & Gallery: Come Meet the Artists!

We all love touring art galleries and museums. But have you wondered what it would be like to have the artists share their work with you? At Jackson Art Studio and Gallery, you'll get the chance to listen to key artists share their philosophy and their approach to their art.

Presenter: Melanie Barash Levitt graduated from the Rhode Island School of Design in 1990 and is the owner of Jackson Art Studio & Gallery. An award-winning plein air artist who paints in a loose, impressionistic style with a brush or a palette knife in oils, she paints on location braving the elements to capture the mood of the scene. She exhibits her work in galleries and shows throughout NH, ME, VT, and NY. She has been featured in Boston Chronicle (WCVB-TV, ABC), NH Chronicle (WMUR 9), and has been published in various newspapers and magazines. She was recently juried into the prestigious Salmagundi Club in NYC.

Member tuition: \$20.00 | 1 W: 12/7/2022 - 12/7/2022 | 1:00 - 2:30PM | Class Limit: 10
Jackson Studio and Gallery, 155 Ridge Road, Jackson, NH, 03846

Jackson, New Hampshire: Steeped in Tradition & History

This is an introduction to the Jackson Historical Society. We will give a brief history of our facility and tour of our collection. We will then have a presentation by Erik Koeppel on the historical and contemporary paintings on exhibition at the society. This will give rise to a discussion of the cultural significance of landscape painting in the 19th century. Erik will show how this mode of artwork is relevant today.

Presenter: Anne Pillion is the Jackson Historical Society's President. Anne's professional career was in the field of environmental site assessment and compliance, and she received an EPA lifetime achievement award in recognition for her advocacy on behalf of the environment. Pillion has a lifelong connection to Jackson and is currently working to build support for old house preservation, while finding new connections to keep history alive at the Jackson Historical Society.

Member tuition: \$20.00 | 1 Tu: 11/15/2022 - 11/15/2022 | 2:00 - 3:30PM | Class Limit: 20
Jackson Historical Society, 23 Black Mountain Road, Jackson, NH, 03846

Ladies of Strawberry Banke

This walking tour of Strawberry Banke Museum will focus on some of the ladies who lived, worked, raised families and made an impact in their own unique ways on their time in Portsmouth and the area which is now Strawberry Banke. We will visit where they lived and explore their lives, focusing on the years 1777-1943, which were important years not only in Portsmouth history but New England and American history as well. Come and meet these extraordinary women! Note: The museum grounds are uneven and not all houses we will visit are wheelchair accessible. The participants should wear comfortable walking shoes and dress for the weather.

Presenter: Nancy Dickinson has worked at Strawberry Banke since 2007. She is a museum teacher, costumed role-player, 18th century hearth cook and textile weaver as well as an historic house interpreter at the Museum. Dickinson and her husband have lived in Dover since 1992 and are both United States Air Force veterans where they had the opportunity to travel to both Asia and Europe as well as in the U.S. for assignments.

Member tuition: \$20.00 | 1 M: 9/12/2022 - 9/12/2022 | 10:30AM - 12:00PM | Class Limit: 10
Note: \$25 admission fee will be added to your registration for a total of \$45.
Strawberry Banke Museum, 14 Hancock Street, Portsmouth, NH, 03801

Learning to Look at Art

Using the Currier Museum of Art's collection and current exhibitions, this course will introduce participants to ways of approaching, thinking about, and appreciating art. We will begin in the auditorium with a brief overview of different genres of art followed by an exercise where we look together and discuss one picture to introduce some of the fundamental building blocks of art. Participants will then tour the Currier's galleries with a docent to closely examine some of the museum's highlights, and exhibition works. The group will return to the auditorium to debrief. The tour segment involves some walking and standing; collapsible chairs are available.

Presenters: Pamela Harvey is a retired librarian and educator; Carolyn Hollman is a retired professor. Both are volunteer docents for the Currier Museum and at the Frank Lloyd Wright Houses at the Currier Museum of Art.

Member tuition: \$20.00 | 1 W: 10/12/2022 - 10/12/2022 | 1:30 - 3:30PM | Class Limit: 20
Note: \$17.50 admission fee will be added to your registration. Total cost \$37.50.
Currier Museum of Art, 150 Ash Street, Manchester, NH, 03104

Live Animals: Abundant to Endangered

While we hear warnings and threats to local wildlife, other species are thriving and expanding their ranges. What factors help or hurt? Join Margaret Gillespie, Naturalist at the Squam Lakes Natural Science Center, in a program featuring three live ambassador animals as we delve into the challenges and changes affecting local wildlife. Potential live animals include peregrine falcon, opossum, and Blanding's turtle and then explore the Science Center's ¾ mile Exhibit Trail, featuring a variety of live wildlife in outdoor exhibits, including coyote, bobcat, white-tailed deer, otter, a variety of raptors as well as hands-on exhibits.

Presenter: Margaret Gillespie, BS in Wildlife Management from UNH and MS in Environmental Education from Cornell, joined the Squam Lake Science Center in 1986 as a naturalist.

Member tuition: \$20.00 | 1 Th: 10/20/2022 - 10/20/2022 | 10:00AM - 12:00PM | Class Limit: 40

Note: \$20 admission fee will be added to your registration for a total of \$40.

Squam Lake Science Center, 23 Science Center Road, Holderness, NH, 03245

Main Street Histories: Bank of NH Stage & Kimball House

We will learn the history of the building currently housing the Bank of New Hampshire Stage Theater, as well as the present a history of the Kimball House at the Capitol Center for the Arts. The course will include a walking tour of each building.

Presenters: Holly Gibson recently joined the staff at the Capitol Center for the Arts (CCA) in a newly created role, Director of Operations. Most recently, Gibson was the Director of Development at MoCo Arts in Keene, NH where she spearheaded fundraising for children's arts education. Prior to that she served as the Director of Audience Services at Keene's Colonial Performing Arts Center.

Sal Prizio has recently joined the CCA as its new Executive Director. In his previous role as Programming Manager and Event Producer at Schenectady, New York's Proctors Theatre Collaborative, he was responsible for artistic programming for Proctors' many venues and was part of the team.

Member tuition: \$20.00 | 1 M: 9/19/2022 - 9/19/2022 | 10:00 - 11:30AM | Class Limit: 100

Bank of NH Stage, 16 South Main Street, Concord, NH, 03301

Making Goat Milk Cheese

Little Miss Muffet sat on her tuffet eating her curds and whey. That is what we do here - make curds and whey. Come, visit our Ladies, tour our farm, and learn how to make your very own goat milk cheese. Participants will receive some goat cheese to take home.

Presenter: Donna-Lee Woods and her husband, Philip Tambling, are both architects turned goat farmers. They will provide you with firm cave raw goat milk cheeses, Yogoatgut, Fudge and Waddles and goat milk soap.

Member tuition: \$20.00 | 1 W: 9/7/2022 - 9/7/2022 | 10:30AM - 12:00PM | Class Limit: 10

Hickory Nut Farm, 22 York Lane, Lee, NH, 03861

Mission Brief & Tour of New Boston Space Force Station

The Commander will provide a brief Mission Brief, followed by a questions and answer period. He will then lead participants on a tour of Heritage Hall which is like a small museum on base.

Presenter: Lt Col David C. Zesinger is the Squadron Commander of New Hampshire's New Boston Space Force Station. He leads more than 240 military, DoD civil service, and contractor personnel, providing operations and maintenance to eight Satellite Control Network, two GPS, and seven specialized antenna systems worth more than \$3 billion, which provide command and control to DoD, national and civil satellite control centers operating over 190 intelligence, weather, navigation, warning, and communications satellites.

Note: Registration for this course closes 8/18 to allow Space Force team to complete background checks on registered members. Additional details to follow.

Member tuition: \$20.00 | 1 Th: 8/25/2022 - 8/25/2022 | 10:00 - 11:30AM | Class Limit: 25
New Boston Space Force Station, 317 Chestnut Hill Road, New Boston, NH, 03070

Natural Wine Growing & Tasting in the Granite State

Winemaker Ryan Classen will discuss the "Natural Winemaking" approach and how it differs from that of industrialized winemaking, from the agriculture, to the chemistry and even the cultural relevancy. His aim is to convey what we have to gain as a culture, by taking back our ancient wine traditions through local agriculture. Having grown his own vineyard for 13 years and now stewarding thousands of vines throughout the region, he is a pioneer of viticulture in the Mount Washington Valley. He will explain the current state of cold climate wine growing and the significant rise in hybrid grapes in the face of climate change. In line with the cider making tradition in the area, the majority of Alpine Garden Winery's current offerings are natural sparkling ciders. Ryan works with local orchards and uses the same "Natural Winemaking" process with the apples as he does the grapes. And of course, there will be an opportunity to taste the ciders and wines.

Presenter: Ryan Classen recently opened Alpine Garden Winery. He brings Natural Winemaking by growing grapes, wild apples, and fermenting them into various styles. His perspective was shaped by his travels in Tasmania, South Australia, and New Zealand. The timing coincides with the desire for natural wines and chemical free food by many. His mission is to prove that the Mount Washington Valley has the potential to become a renowned wine growing region.

Member tuition: \$20.00 | 1 Tu: 9/6/2022 - 9/6/2022 | 2:00 - 4:00PM | Class Limit: 25
Alpine Garden Winery, 1257 US 302, Bartlett, NH, 03812

Portsmouth Naval Shipyard Tour: From Sails to Atoms

For more than 200 years, Yankee ingenuity and craftsmanship have been the keys to success for Portsmouth Naval Shipyard. In this popular tour, learn about the role and achievements of the Yard in times of war and peace from a military historian's perspective. A government-issued picture ID is required. Participants will be transported by school bus from the Kittery Lions Club parking lot at 117 State Road, Kittery to stops in the Shipyard. Participants must be able to use the bus and negotiate stairs. Neither the bus nor comfort facilities are handicapped accessible. Gather at the meeting spot by 9:15 a.m. so the tour can start at 9:30 a.m. Registrants need a government issued picture ID in order to board the bus. The bus will meet participants at Kittery Lions Club Parking Lot, 117 State Road, Kittery, ME, 03904. Participants should gather there at 9:15AM.

Presenter: Joe Gluckert is the historian at Portsmouth Naval Shipyard. Master Sergeant Gluckert is also the historian for the 439th Airlift Wing at Westover Air Reserve base in Massachusetts.

Member tuition: \$20.00 | 1 Th: 10/13/2022 - 10/13/2022 | 9:30AM - 12:00PM | Class Limit: 30
Kittery Lions Club Parking Lot, 117 State Road, Kittery, ME, 03904

Rock the Audi! Meet Concord's Own 118-year-Old Drama Queen

A 118-year old "Drama Queen" - Concord's own City Auditorium - gathers her Friends to share the secrets and stories which place her on the National Register of Historic Places. Then follow her crew on stage, into the spotlight and - BAM! - right through the theatre's legendary "fourth wall". We'll start with morning coffee in a house with no kitchen and end with the promise that you will never watch a performance anywhere in quite the same way again. We will climb stairs, so please wear flat shoes.

Presenter: Carol Bagan and the Friends of the Audi welcome you to their second home, where they have enjoyed being on, off, and backstage at Concord's "Arts Park."

Member tuition: \$20.00 | 1 M: 11/7/2022 - 11/7/2022 | 10:00 - 11:30AM | Class Limit: 15
Concord City Auditorium, 2 Prince St, Concord, NH, 03301

Slow Magnet Marble Race

Participants in this course will be given an engineering challenge to create a track for a magnetic marble to travel from top to bottom of an inclined surface with the goal of reaching the bottom as slowly as possible. Each team is given an identical set of materials and tools to construct their pathway. Participants are encouraged to discuss the structure and properties of the materials, plan their material use and to test each new addition to their track. In addition to pushing participant engineering skills this course works on team building. During the challenge, participants will be split into teams of three or four members.

Presenter: Rebecca Mayhew has more than 30 years of experience working at the SEE Science Center in informal science education. Mayhew and her team serve over 6000 students yearly from grades pre-K through 8th grade in science subjects ranging from physics to bioengineering.

Member tuition: \$20.00 | 1 Tu: 9/27/2022 - 9/27/2022 | 10:00 - 11:30AM | Class Limit: 35
Note: \$10 admission fee will be added to your registration for a total of \$30.
SEE Science Center, 200 Bedford Street, 4th Floor, Manchester, NH, 03101

The Common Loon: A New Hampshire Icon

For many, the haunting call of the loon is an important part of the New Hampshire lake experience. Often seen as a symbol of the northern wilderness, loons are a beloved fixture on New Hampshire lakes, and many lake-goers enjoy watching them as they raise their young. However, the breeding season can be a vulnerable time for loons as they face many threats, both natural and human-caused, while on our lakes. This presentation will focus on the biology and life history of loons, the threats that loons face, and the work that the Loon Preservation Committee has performed since 1975 to help recover New Hampshire's threatened loon population.

Presenter: Caroline Hughes joined the Loon Preservation Committee (LPC) as a biologist in 2016. Her work includes helping to oversee LPC's statewide loon monitoring program, building and floating rafts and signs to help vulnerable loon pairs nest successfully, rescuing loons in distress, assisting with research into the challenges facing New Hampshire's loons, coordinating the efforts of LPC's volunteers, as well as planning and conducting LPC's education and outreach programs.

Member tuition: \$20.00 | 1 M: 10/10/2022 - 10/10/2022 | 11:00AM - 12:00PM | Class Limit: 35
The Loon Center, 183 Lees Mill Road, Moultonborough, NH, 03254

The Golden Age of Jazz Guitar

According to Scott Yanow in his book, *The Great Jazz Guitarists: The Ultimate Guide*, "The history of the guitar in jazz can be divided into three separate struggles; the battle to become part of jazz, to be audible, and to find its own role in the music. It took some time, but the jazz guitar won all three battles and is now in its golden age." In this course, we'll look at the styles of some truly legendary icons like Charlie Christian who was one of the first performers to embrace the electric guitar during the mid-1930's, popularizing it as a jazz instrument and finding national fame when he joined Benny Goodman's group in 1939. As well as more modern-day artists like Pat Metheny who burst onto the scene in the mid-1970's collaborating with classical composers like Steve Reich, jazz legends like Herbie Hancock, and pop stars like David Bowie! Together we'll listen to performances by a variety of truly great jazz guitarists, explore their approaches to improv, and talk about what makes them special.

Presenter: Tony Zannini has performed throughout New England with several bands in such venues as Hynes Auditorium, Mechanics Hall in Worcester, the Museum of Science and WGBH Studios. Zannini has been teaching extensively in the Greater Boston and New Hampshire area and loves to share his stories of jazz clubs and concert halls where he met legendary performers such as Andres Segovia and George Benson.

Member tuition: \$30.00 | 3 Tu: 10/4/2022 - 10/18/2022 | 1:00 - 2:00PM | Class Limit: 50
Manchester Community Music School, 2291 Elm Street, Manchester, NH, 03104

The Orthodox Church: An Ancient Faith with Rich Traditions

The Orthodox Church embodies and expresses the rich spiritual treasures of Eastern Christianity, and the Cathedral of Saint George is an opportune place to learn about both its past and present. Orthodoxy developed in lands of Semitic and Hellenistic cultures, differing it from Western Christianity. As early as 1768 an Orthodox church was established in the United States, and immigrants of Greece, Russia, the Middle East, and the Balkans have over the centuries brought their religious traditions to America. The faith has grown to over five million adherents, making Orthodoxy one of the four major faiths in the United States. Fr. Mike will discuss the history and teachings of Orthodoxy as he takes the class on a tour of the magnificent Saint George Greek Orthodox Cathedral, explaining its architectural history and relationship to religious practice. Finally, we will move to the Community Room; students are encouraged to bring a brown bag lunch and the church will provide Greek treats to sample. Note: Members are encouraged to bring a brown bag lunch to continue the conversations with Fr. Mike. The Church will also provide Greek treats to the group.

Presenter: The Very Reverend Father Agathonikos M. Wilson known to his parish as Fr. Mike, has been Cathedral Dean at Saint George Cathedral in Manchester since 2015. Prior to attending seminary at Holy Cross in Brookline, New Hampshire, Fr. Mike served as a church schoolteacher, altar boy director, and chanter. He was ordained to the Holy Priesthood in 2005 at the Annunciation Cathedral in Boston by His Eminence Metropolitan Methodios and was elevated to the ecclesiastical rank of Archimandrite in 2010.

Member tuition: \$20.00 | 1 Tu: 10/18/2022 - 10/18/2022 | 11:00AM - 1:00PM | Class Limit: 30
St. George Greek Orthodox Cathedral, 650 Hanover St., Manchester, NH, 03104

“Over the years, OLLI has been my go-to organization for camaraderie, information, and fun. I am constantly amazed by the wide variety of classes, events, and opportunities. As an educator (we never do retire) I have enjoyed offering classes, serving on committees, and most of all, learning about topics and areas I'd mused about before I left my formal job, but had never taken the time to pursue. OLLI serves as an example of the very best of volunteerism and intellectual stewardship.”

- Jo Hendry, Class of 2012

The Trolley Preservation Movement

Seashore Trolley Museum in Kennebunkport, Maine is the world's first and largest electric railway museum in the world. Take a ride on a restored trolley from the early 1900s. View several restored trolleys on display. Visit the restoration shop and see what it takes to preserve, maintain and restore transit artifacts.

Presenter: Katie Orlando is the Executive Director of the Seashore Trolley Museum in Kennebunkport, Maine and the National Streetcar Museum at Lowell. She has served in this position since September 2018. Prior to her arrival to the historic preservation world, Katie served as the leader of three Big Brothers Big Sisters of America organizations over the course of 10 years and she worked in higher education student affairs prior to that.

Member tuition: \$20.00 | 1 W: 10/5/2022 - 10/5/2022 | 10:00 - 11:30AM | Class Limit: 45

Note: \$10 admission fee will be added to your registration for a total of \$35.

Seashore Trolley Museum, 195 Log Cabin Road, Kennebunkport, ME, 04046

Tour of Concord's Water Treatment & Wastewater Treatment Facilities

Where does Concord get its drinking water and how is it treated to make it safe? How does Concord deal with its sewage? These questions and others will be answered when you tour both the water treatment facility and the wastewater treatment facility. The tours begin with classroom instruction at the water treatment facility at 53 Hutchins Street in Concord and end with a tour of the wastewater treatment facility at 125 Hall Street in Concord. There are some challenging stairs which could make a complete tour of the facility difficult for some, but the classroom discussion should be accessible to all. Sturdy footwear is recommended for the wastewater treatment facility.

Presenters: Marco Philippon is the Water Treatment Superintendent for the City of Concord, NH. He has been in the water industry for 30+ years in Southern New Hampshire and Massachusetts. Philippon holds a Treatment 4 and Distribution 4 License in two states and has a BS in Business Studies from Southern New Hampshire University (SNHU). He is a Past President of the New Hampshire Water Works Association, a member of New England Water Works committees, and Secretary for the Contoocook and North Branch River Local Advisory Committee.

Dan Driscoll graduated from the University of Massachusetts Lowell with a BS in Environmental Science. He has spent several years working as an Environmental Consultant managing oil and hazardous waste cleanup projects throughout the United States. In 2011, he joined the City of Concord's Waste Treatment Plant as an Operation Supervisor and later that year was promoted to his current position as Superintendent of the Wastewater Division. Driscoll previously worked for the city of Manchester. He has been happily married to his wonderful wife, Stacy, for the past 25 years.

Member tuition: \$20.00 | 1 W: 10/26/2022 - 10/26/2022 | 9:00AM - 12:00PM | Class Limit: 25

Concord Wastewater Treatment Facilities, 53 Hutchins Street & 125 Hall Street, Concord, NH, 03301



Tour of the Warren B. Rudman United States Courthouse

Tour the Warren B. Rudman United States Courthouse and hear Daniel Lynch explain the federal court system and then describe the differences between the state and federal courts. Attendees will tour the courthouse and observe a demonstration of courtroom technology and the electronic jury evidence presentation system. All participants must have valid photo ID. Please leave cell phones at home, as they are not permitted inside. Parking is limited.

Presenter: Daniel Lynch is the Clerk of Court and the United States Magistrate Judge. Lynch practiced law in New Hampshire with Sheehan, Phinney, Bass, and Green prior to joining the Federal Court in 2002.

Member tuition: \$20.00 | 1 Th: 9/15/2022 - 9/15/2022 | 9:00 - 11:30AM | Class Limit: 50
Warren B. Rudman US Courthouse, 55 Pleasant St, Concord, NH, 03301

Trees are the Answer: Join Our Walk & Learn How to Listen

Join us for a walk along the marshes and into the woods of the Urban Forestry Center in Portsmouth and learn how to listen to trees. We will explore the woodlot and look for signs of past farming and forestry activities. After our walk, we will have a presentation about the Division of Forests and Lands and state forests that you can explore to see the other hidden gems around the state.

Presenter: AJ Dupere is the Urban Forester for the New Hampshire Division of Forests and Lands and manages the Urban Forestry Center in Portsmouth. He graduated from the University of New Hampshire with an undergraduate degree in Arboriculture and a Master's in Adult Education. AJ assists communities throughout the state on how to develop locally based urban tree care programs. He provides technical training to municipal workers, arborists, and community leaders about the importance of a healthy urban forest.

Member tuition: \$20.00 | 1 W: 9/21/2022 - 9/21/2022 | 10:00AM - 12:00PM | Class Limit: 50
Urban Forestry Center, 27 Elwyn Road, Portsmouth, NH, 03801

Understanding Learning in Informal Educational Settings

The discussion will explore the difference between formal and informal learning settings. Explore the learning benefits of mixed age learning groups and look at how participants can assist with maximizing child learning experiences within the extracurricular learning settings like the SEE Science Center. We will also investigate how to effectively utilize inquiry-based supports to help children develop investigatory skills and become self-sufficient learners. Participants will then be given the opportunity to witness a professional educator demonstrate engaging with participants at both an exhibit and program experience on the museum floor. The visit will culminate with a free explore on the Museum floor and ample time for participant Q&A.

Presenters: Shana Hawrylchak has over 20 years of experience in the museum field. She has a background in hands-on science education and has held positions at the Museum of Science, Boston and the EcoTarium Museum in Worcester, Massachusetts, as well as at historical museums and archives prior to coming to the SEE Science Center in Manchester, New Hampshire. Hawrylchak has opened over 80 exhibitions during her career including numerous museum projects and programs throughout the Northeast and around the globe.

Rebecca Mayhew has more than 30 years of experience working at the SEE Science Center in informal science education. Mayhew and her team serve over 6000 students yearly from grades pre-K through 8th grade in science subjects ranging from physics to bioengineering.

Member tuition: \$20.00 | 1 Tu: 9/20/2022 - 9/20/2022 | 10:00AM - 12:00PM | Class Limit: 35

Note: \$10 admission fee will be added to your registration for a total of \$30.

SEE Science Center, 200 Bedford Street, 4th Floor, Manchester, NH, 03101

Yes, We're Still Here: The Quakers

This class will give a brief history of Quaker religion from its founding in 1600s England to the present, focusing on an exploration of Quaker principles, practices and organization as they have evolved since that time. It will also delve into Quaker peace and social justice actions in the wider world, historical and current, as well as local activities which inspire a new generation. We'll hold our class in the historic Dover Friends Meeting House (1768). Bring your curiosity and your questions.

Presenter: Ginny Kristl has attended Quaker meetings for worship in Massachusetts, Maine, New Hampshire, and California since the early 1980s and became a member of the Religious Society of Friends in 1988. She now attends Dover Friends Meeting and enjoys sharing her love of Quakerism's practices and principles with the newcomer.

Member tuition: \$20.00 | 1 Th: 12/15/2022 - 12/15/2022 | 1:00 - 4:00PM | Class Limit: 88
Dover Friends Meeting House, 141 Central Avenue, Dover, NH, 03820

Outdoor Adventures

Boscawen Town Forest: Weir Family Farm Site Walking Tour

Enjoy a short hike, covering one and a half miles. Some of the trail is rocky and uneven, but there are no steep hills. We will view what was the Weir family farm circa 1850 to 1930, as well as look at vernal pools, glacial boulders, how the trees have returned to once open fields, and the excellent stewardship of the Boscawen Conservation Commission to open and diversity the forest. We will also discuss the successful clean-up of the Superfund Allied Leather waste dump that was on the property. Both a natural history and a New Hampshire history walk combined.

Presenter: Raymond Mercier has presented this tour at Boscawen Old Home Day and has had the privilege to share the tour with decedents of the Weir family. Mercier has walked the stone walls on the farm and entered the data into the NH Granite Stone Wall Mapper program.

Member tuition: \$20.00 | 1 Sa: 9/17/2022 - 9/17/2022 | 10:00AM - 12:00PM | Class Limit: 25
Weir Road Trail Head, Weir Road, Boscawen, NH, 03303



Explore Bedrock Gardens

Bedrock Gardens is an oasis for horticulture, art and inspiration. It has been described as a haven in the ever-expanding land of stoplights and traffic jams on our formerly quiet by-ways. Over the last 30 years, this 37-acre 1740's farm site was recreated as a unique garden journey through numerous outdoor rooms with artful installations, rare botanical collections, diverse habitats, and a whole lot of joy. When you tour this garden, you are supporting the non-profit Friends of Bedrock Gardens, as this private garden is currently in the process of transferring ownership from the founders so that it might be shared with the general public for generations to come. A tour through the garden with executive director John Forti will take from 1.5 - 2 hours. The terrain is flat to gently sloping and covers about 3/4 of a mile. There are many places to pause and lots of seating along the way. Feel free to bring a lunch and stay a while. Bedrock Gardens was named 'Best Cultural Oasis' by NH Magazine and described by the Boston Globe as "one of the most beautiful and intriguing landscapes in New Hampshire." In accordance with current recommendations, no masks are required in the garden. However, masks are suggested in close encounters, such as in the bathrooms, or for your comfort.

Presenter: John Forti is a nationally recognized lecturer, garden historian, ethnobotanist, and garden writer. He is the Executive Director for Bedrock Gardens. Forti has been the Horticulture Director for Mass Horticultural Society, Strawberry Banke Museum, and Plimoth Patuxet Museum.

Member tuition: \$20.00 | 1 Tu: 8/30/2022 - 8/30/2022 | 10:30AM - 12:30PM | Class Limit: 20

Note: \$25 admission fee will be added to your registration. Total cost \$45.

Bedrock Gardens, 19 High Road, Lee, NH, 03861

Explore Odiorne Point State Park

The Odiorne family settled near Rye in the mid-1660s and lived at Odiorne Point into the 1900s. From 1942 to 1947, Odiorne Point was the site of Fort Dearborn. Come explore the park with a mostly level approximately two-mile walk. Highlights include a walk along the shore with views of the Wood Island Life Saving Station and White Island Lighthouse, the Frost Point Breakwater, the Battery Seaman, the Dolphin Fountain, and the Odiorne Point Cemetery. Afterwards, participants can explore the grounds of the Seacoast Science Center and visit it for an admission fee collected at the door. Not recommended for people who have difficulty walking.

Presenter: John Russell enjoys the outdoors, poetry, and mathematics (especially statistics). He is enthusiastic about sharing this enjoyment with others. Russell is a retired quality engineer, former trip leader for the Appalachian Mountain Club, and sometime poet.

Member tuition: \$20.00 | 1 F: 10/14/2022 - 10/14/2022 | 10:30AM - 12:00PM | Class Limit: 12

Odiorne State Park, 570 Ocean Boulevard, Rye, NH, 03870-2104

Great Bay National Wildlife Refuge Walk

Join us for a walk around this hidden gem of the Seacoast, home to fox, deer, osprey, kestrel, and an occasional bald eagle. We will walk the William Furber Ferry Way Trail (2 miles) and, if time permits, the Peverly Pond Trail (1/2 mile). Both trails are graded and include gentle inclines. Wear good walking shoes (no sandals or flip-flops), long pants (there may be ticks) and a hat. Cameras, binoculars, and walking sticks are optional. No dogs allowed. Not recommended for people who have difficulty walking.

Presenter: John Russell enjoys the outdoors, poetry, and mathematics (especially statistics). He is enthusiastic about sharing this enjoyment with others. Russell is a retired quality engineer, former trip leader for the Appalachian Mountain Club, and sometime poet.

Member tuition: \$20.00 | 1 F: 10/7/2022 - 10/7/2022 | 1:00 - 2:30PM | Class Limit: 12

Great Bay National Wildlife Refuge, 4 Arboretum Drive, Newington, NH, 03801

Hike at Winant Park

Join us for a hike along the Winant Park Trails in Concord. The hike will be about 2.3 miles long and we'll discuss local ecology and land history along the way. You'll be rewarded with a beautiful view of the mountain vista. Please come prepared with comfortable walking shoes and water. This hike will take approximately 90 minutes.

Presenter: Beth Fenstermacher is the Assistant City Planner for the City of Concord. She is involved in permitting, natural resources planning, and landscape design for the City. She has staffed the Conservation Commission and Trails Subcommittee for over 7 years.

Member tuition: \$20.00 | 1 W: 9/14/2022 - 9/14/2022 | 10:00AM - 12:00PM | Class Limit: 20
Winant Park, 53,11 Fisk Road, Concord, NH, 03301

Learning What Pickleball is All About

You must have heard about America's fastest growing sport, Pickleball, and wondered what this funny sounding game is all about. This two-session class, taught by two OLLI members who have been playing for eight years each, will tell you what it's all about, teach you the basic skills required to play, the rules and where you can find a game in the Valley. You'll also get to practice what you've learned by playing with your fellow classmates. Paddles and balls will be supplied so all you'll need to become a pickler is to just show up with some good quality sneakers.

Presenters: David Wright and John Peterson, both OLLI members and presenters, have each been playing pickleball for eight years and have even competed together in local tournaments. Both have been helping newcomers improve their games during their regular play.

Member tuition: \$25.00 | 2 M: 9/19/2022 - 9/26/2022 | 1:00 - 3:00PM | Class Limit: 16
Field of Dreams, 59 Recreation Drive, Fryeburg, ME, 04037

Little Harbor Trail Walk

Starting at the Society for the Preservation of New Hampshire Forests' (SPNHF)Creek Farm Reservation we will walk through the woods and then along the Sagamore Creek mud flats and salt marsh with beautiful views and the possibility of seeing various shorebirds. Because there are lots of roots on this 1.5 mile trail, sturdy shoes are required and those with mobility issues may not wish to participate. As part of the trail is on private property, no dogs are allowed. Not recommended for people who have difficulty walking.

Presenter: John Russell enjoys the outdoors, poetry, and mathematics (especially statistics). He is enthusiastic about sharing this enjoyment with others. Russell is a retired quality engineer, former trip leader for the Appalachian Mountain Club, and sometime poet.

Member tuition: \$20.00 | 1 F: 10/14/2022 - 10/14/2022 | 1:00 - 2:30PM | Class Limit: 12
Creek Farm Reservation, 400 Little Harbor Road, Portsmouth, NH, 03801

Nature Walk for Everyone

Join us for a beginner-friendly walk through the forest at Contoocook River Park in Concord. This nature walk will be less than a mile on mostly flat terrain passing along the Contoocook River. We'll explore and discuss local ecology. Please come prepared with comfortable walking shoes and drinking water and bring a camera or journal if you'd like. The walk will take approximately 1 hour.

Presenter: Beth Fenstermacher is the Assistant City Planner for the City of Concord. She is involved in permitting, natural resources planning, and landscape design for the City. She has staffed the Conservation Commission and Trails Subcommittee for over 7 years.

Member tuition: \$20.00 | 1 M: 9/12/2022 - 9/12/2022 | 10:00 - 11:30AM | Class Limit: 20
Contoocook River Park Trails, Electric Ave., Penacook - Concord, NH, 03303

Salt Marshes: Pushing the Boundaries Between Land & Sea

Salt marshes are dominant geologic features of the East Coast, starting in southern Maine and continuing down much of the seaboard. Colonists considered them prime real estate, but over time, people degraded them and called them wastelands to be filled for more "productive" uses. Most people continue to misunderstand them. This class will have an inside component (one hour) in which participants will learn about some history and modern issues, followed by a field portion where they will experience the salt marsh up close (two hours). The field portion will involve a walk on some uneven terrain and potentially muddy conditions. Low mud boots or old sneakers are recommended.

Presenter: Suzanne Petersen is a seasoned environmental science educator. She has an extensive background in the ecology of estuaries and has led educational programs about salt marshes for many years to much of coastal New England.

Member tuition: \$25.00 | 2 M: 10/24/2022 - 10/31/2022 | 10:30AM - 12:30PM | Class Limit: 20
Session 1- UNH Professional Development & Training, 231 Corporate Drive, Portsmouth, NH 03801
Session 2- Seacoast Science Center, 570 Ocean Boulevard Rye, NH 03870

Walk Around Wagon Hill Farm

If you've driven U.S. Route 4 between Durham and Dover you've been by Wagon Hill Farm. Come join us for a walk by the water, through the woods, through the bob-o-link breeding grounds and ending at the Monarch Butterfly habitat. Wear long pants (this will be tick season) and sturdy shoes (no sandals or flip-flops). Hats, water bottles, and cameras are encouraged. Not recommended for people who have difficulty walking.

Presenter: John Russell enjoys the outdoors, poetry, and mathematics (especially statistics). He is enthusiastic about sharing this enjoyment with others. Russell is a retired quality engineer, former trip leader for the Appalachian Mountain Club, and sometime poet.

Member tuition: \$20.00 | 1 F: 10/7/2022 - 10/7/2022 | 10:30AM - 12:00PM | Class Limit: 12
Wagon Hill Farm, US Route 4, Durham, NH, 03824

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Courses are listed in order by region and then by start date. For complete course details, please refer to complete course listing.

Capital Region						
COURSE TITLE	START DATE	DAY	START TIME	END TIME	PRESENTER	PAGE
<u>Paint A Barn Quilt</u>	8/23	Tu	10:00AM	1:00PM	Astell	11
<u>Women & Investing</u>	8/25	Th	10:00AM	12:00PM	Glennon	33
<u>Handmade Cards with Watercolor</u>	8/29	M	10:00AM	12:00PM	Frost	9
<u>Civil Rights Efforts in the 1960's Versus Inequality Movements Today</u>	8/30	Tu	1:00PM	2:30PM	Woolpert	53
<u>Winter Hiking in the White Mountains: A Photo Journey</u>	8/31	W	1:00PM	3:00PM	Bradley	39
<u>Supreme Court: The Least Dangerous Branch of Government</u>	9/6	Tu	10:00AM	12:00PM	Hesse	52
<u>Camino de Santiago: Walk With Us on The Way</u>	9/7	W	10:00AM	12:00PM	Lindsey & Robidoux	53
<u>Is the Federal Reserve More Powerful Than Congress?</u>	9/7	W	1:00PM	2:30PM	Woolpert	32
<u>2022 Midterm Elections: 5+1=535 & the 4 "I"s</u>	9/8	Th	10:00AM	12:00PM	Hess	47
<u>Civil War Soldier</u>	9/9	F	10:00AM	11:30AM	Sommers	20
<u>Become a Television Studio Producer</u>	9/12	M	4:00PM	6:00PM	Hardy	57
<u>Nature Walk for Everyone</u>	9/12	M	10:00AM	11:30AM	Fenstermacher	71
<u>Caesar: The Man from Venus</u>	9/13	Tu	1:00PM	3:00PM	Lockwood	15
<u>Democracy in Action</u>	9/14	W	10:00AM	11:30AM	Tentarelli & Zink	48
<u>From Turtle to Art & Ecological Preservation: A Journey</u>	9/14	W	1:00PM	2:30PM	Carroll & Carroll	59
<u>Hike at Winant Park</u>	9/14	W	10:00AM	12:00PM	Fenstermacher	70
<u>The Best Way to Remember Anything</u>	9/15	Th	1:00PM	3:00PM	Kutzen	42
<u>Tour of the Warren B. Rudman United States Courthouse</u>	9/15	Th	9:00AM	11:30AM	Lynch	67
<u>Honoring Service & Sacrifice at the New Hampshire State Veterans Cemetery</u>	9/16	F	10:00AM	12:00PM	Buck	60
<u>Boscawen Town Forest: Weir Family Farm Site Walking Tour</u>	9/17	Sa	10:00AM	12:00PM	Mercier	68
<u>Cruising New Hampshire History: Historical Roadside Markers</u>	9/17	Sa	1:00PM	3:00PM	Bruno	21
<u>Main Street Histories: Bank of NH Stage & Kimball House</u>	9/19	M	10:00AM	11:30AM	Gibson & Prizio	62
<u>Film Potpourri</u>	9/20	Tu	9:30AM	12:00PM	Pingree	12
<u>How to Enjoy & Talk About Wine Like a Pro</u>	9/22	Th	10:00AM	12:00PM	Habif	34
<u>Handmade Cards Using Die Cuts</u>	9/23	F	10:00AM	12:00PM	Frost	9
<u>Making Soap the Old-Fashioned Way</u>	9/23	F	2:00PM	4:00PM	King	10
<u>The Common Loon: A New Hampshire Icon</u>	10/10	M	11:00AM	12:00PM	Hughes	64
<u>Everything You Need to Know About the New Hampshire Court System</u>	10/14	F	10:00AM	11:30AM	Spath	49

Capital Region

COURSE TITLE	START DATE	DAY	START TIME	END TIME	PRESENTER	PAGE
<u>Lucy Stone: The Forgotten Champion of Women's Suffrage</u>	10/14	F	1:00PM	3:00PM	Strang	25
<u>Handbells & Handchimes: You, Too Can Play Them!</u>	10/19	W	7:00PM	8:30PM	Ruesenberg	59
<u>Live Animals: Abundant to Endangered</u>	10/20	Th	10:00AM	12:00PM	Gillespie	62
<u>Tour of Concord's Water Treatment & Wastewater Treatment Facilities</u>	10/26	W	9:00AM	12:00PM	Driscoll & Philippon	66
<u>Things Are Better Than You Think</u>	10/28	F	1:00PM	3:00PM	Isaak	56
<u>Weaving a Shaker Style Basket</u>	10/29	Sa	10:00AM	3:00PM	Perry-Mann	11
<u>Handmade Cards for All Occasions</u>	10/31	M	10:00AM	12:00PM	Frost	9
<u>NH Maple Sugaring: Myths, Magic, & Realities</u>	11/1	Tu	1:00PM	3:00PM	Anderson	34
<u>Shakespeare's Julius Caesar: What's It All About?</u>	11/3	Th	1:00PM	3:45PM	Annal	17
<u>Rock the Audi! Meet Concord's Own 118-year-Old Drama Queen</u>	11/7	M	10:00AM	11:30AM	Bagan	64
<u>New Hampshire Cases in the United States Supreme Court</u>	11/8	Tu	9:00AM	10:30AM	Bender & Blanchard	50
<u>Christmas at the Fells</u>	11/9	W	10:00AM	12:30PM	Goldsmith	58
<u>People of the Book: A Look at the Literature of the Jewish People</u>	11/14	M	10:00AM	12:00PM	Nafshi	55
<u>The Forests & the Trees: A Brief History of Our National Forests</u>	11/22	Tu	1:00PM	2:30PM	Ryan	39
<u>George Carlin: Complaints & Grievances</u>	11/28	M	1:00PM	3:00PM	Hebert	12
<u>Magic Squares: An Array of Numbers</u>	11/28	M	10:00AM	12:00PM	Faulkner	46
<u>Mental Health & Aging</u>	12/2	F	1:00PM	2:30PM	Cawley	29
<u>Weaving a Holly Berry Basket</u>	12/3	Sa	10:00AM	3:00PM	Perry-Mann	11
<u>Dietrich Bonhoeffer: A Man For Our Time</u>	12/8	Th	10:00AM	12:00PM	Graf	22

Greater Manchester

COURSE TITLE	START DATE	DAY	START TIME	END TIME	PRESENTER	PAGE
<u>Beyond the Road: The Franco-American Identity of Jack Kerouac</u>	8/22	M	10:00AM	11:30AM	Perreault	15
<u>Acupuncture Demystified</u>	8/23	Tu	10:00AM	12:00PM	Wegman	28
<u>1984 Is Not an Instruction Manual</u>	8/24	W	1:00PM	3:00PM	Conklin	14
<u>Mission Brief & Tour of New Boston Space Force Station</u>	8/25	Th	10:00AM	11:30AM	Zesinger	63
<u>Beekeeping: Love & Heartache</u>	8/26	F	1:00PM	2:30PM	Cattin	36
<u>Civics Slam! Learning About Government Now That You're Older and Wiser!</u>	8/30	Tu	10:00AM	12:00PM	Alcox	48
<u>Learning the iPhone & iPad</u>	8/30	Tu	1:00PM	3:00PM	Jones & Nelson	44
<u>The Talk That Families Need to Have. Hospice: What Do You Need to Know</u>	8/31	W	10:00AM	11:30AM	Preston	30
<u>18th Century New Hampshire: Every Man Had a Gun & Every Woman Could Shoot</u>	9/1	Th	10:00AM	12:00PM	Schappals	19
<u>The New Yorker</u>	9/1	Th	3:30PM	5:00PM	Jones & Monnelly	18

Greater Manchester

COURSE TITLE	START DATE	DAY	START TIME	END TIME	PRESENTER	PAGE
<u>MGM's Glittering Ladies in the 1930's</u>	9/2	F	1:00PM	3:30PM	Brogan	14
<u>Simplifying Medicare</u>	9/8	Th	1:00PM	3:00PM	Wilton	30
<u>Films Through the Decades III</u>	9/12	M	1:00PM	4:30PM	Jones	12
<u>No One Wants Your Hummels & Other Aging Lessons I've Learned</u>	9/12	M	10:00AM	11:30AM	Toomey	41
<u>Forgotten Plane Wrecks of New Hampshire</u>	9/14	W	3:00PM	5:00PM	Wallner	23
<u>Women Deacons</u>	9/14	W	10:00AM	11:30AM	Sweetland	56
<u>Understanding Learning in Informal Educational Settings</u>	9/20	Tu	10:00AM	12:00PM	Hawrylchak & Mayhew	67
<u>Coin Collecting 2022: Don't Get Ripped Off!</u>	9/21	W	10:00AM	12:00PM	Fritsch	31
<u>Counted Cross Stitch Lessons</u>	9/26	M	10:00AM	12:00PM	Anderson	8
<u>Slow Magnet Marble Race</u>	9/27	Tu	10:00AM	11:30AM	Mayhew	64
<u>What's Wrong with Your Weather Forecast</u>	9/28	W	10:00AM	11:30PM	Arnold	47
<u>Creating Magic Squares</u>	9/29	Th	1:00PM	4:00PM	Hewitt	45
<u>If You Don't Do It, Who Will? Funeral & Cremation Options</u>	9/29	Th	10:00AM	11:00AM	Phaneuf Plaszc	60
<u>Geopolitical Aspects of Russia & Ukraine</u>	10/4	Tu	1:30PM	2:30PM	Monier	49
<u>The Golden Age of Jazz Guitar</u>	10/4	Tu	1:00PM	2:00PM	Zannini	65
<u>American Nonsense: It's All BS Folks & It's Bad for You</u>	10/6	Th	1:00PM	3:00PM	Hebert	40
<u>Bridge for your Brain: Commonly Used Conventions, Part II</u>	10/8	Sa	10:00AM	12:30PM	Weinstein	35
<u>Learning to Look at Art</u>	10/12	W	1:30PM	3:30PM	Docents (Currier Museum of Arts)	61
<u>Madness & the Movies X</u>	10/12	W	9:30AM	12:00PM	Soreff	13
<u>Ukraine & Russia, Tsarist and Soviet Periods: A Historical Perspective</u>	10/13	Th	10:00AM	12:00PM	Luber Friedenberg	27
<u>Introduction to Chess</u>	10/15	Sa	10:00AM	11:30AM	Pajakowski	35
<u>Hawthorne with a "w"</u>	10/17	M	1:00PM	3:00PM	Baker & Strang	16
<u>The Orthodox Church: An Ancient Faith with Rich Traditions</u>	10/18	Tu	11:00AM	1:00PM	Wilson	65
<u>Yuka the Arctic Fox</u>	10/21	F	1:00PM	2:30PM	Laycox	39
<u>Paris & New York in the Twenties and Thirties, Part I</u>	10/25	Tu	1:00PM	2:30PM	Mahoney	7
<u>Sherlock Holmes: The Greatest Man Who Never Lived</u>	10/26	W	1:00PM	3:00PM	Fritsch	17
<u>Roots & Routes of Jewish Humor</u>	11/1	Tu	10:00AM	12:00PM	Soreff	56
<u>Pandemics, Climate Threats, & War: Are Global Institutions Up to the Tasks?</u>	11/2	W	1:00PM	2:30PM	MacDonald	50
<u>Spectroscopy: A Window into Atoms & Molecules</u>	11/22	Tu	10:00AM	11:00AM	Parodi	46
<u>Plan Your Own Funeral or Memorial Service: It Can Be Fun</u>	12/1	Th	10:00AM	11:30AM	Van Zandt	29
<u>Paddling in Canada's Northwest Territory</u>	12/5	M	9:00AM	10:30AM	Hunter	38
<u>Net Persuasion</u>	12/8	Th	1:00PM	3:00PM	Isaak	54
<u>Immigration Policy: The Imponderable Dilemma</u>	12/9	F	10:00AM	12:00PM	Bruno	50



Seacoast

COURSE TITLE	START DATE	DAY	START TIME	END TIME	PRESENTER	PAGE
<u>Explore Bedrock Gardens</u>	8/30	Tu	10:30AM	12:30PM	Forti	69
<u>Beer Brewery, Farm and Tasting at Throwback Brewery</u>	9/7	W	2:30PM	4:00PM	Carrier	58
<u>Making Goat Milk Cheese</u>	9/7	W	10:30AM	12:00PM	Woods	62
<u>Ladies of Strawberry Banke</u>	9/12	M	10:30AM	12:00PM	Dickinson	61
<u>Demystifying, Decluttering, & Downsizing</u>	9/14	W	11:00AM	12:30PM	Martin	40
<u>Trees are the Answer: Join Our Walk & Learn How to Listen</u>	9/21	W	10:00AM	12:00PM	Dupere	67
<u>Putin's Journey from Dresden to War Criminal: Ukraine, How Will it End?</u>	9/27	Tu	10:30AM	12:00PM	Freiberger	51
<u>The Trolley Preservation Movement</u>	10/5	W	10:00AM	11:30AM	Orlando	66
<u>Creating an Art Quilt: A Presentation & Interactive Dialog</u>	10/6	Th	10:00AM	12:00PM	Morgan	8
<u>Great Bay National Wildlife Refuge Walk</u>	10/7	F	1:00PM	2:30PM	Russell	69
<u>Walk Around Wagon Hill Farm</u>	10/7	F	10:30AM	12:00PM	Russell	71
<u>Writing a Memoir through the Lens of Food & Cooking</u>	10/12	W	1:00PM	2:30PM	Anderson	43
<u>Portsmouth Naval Shipyard Tour: From Sails to Atoms</u>	10/13	Th	9:30AM	12:00PM	Gluckert	63
<u>Explore Odiorne Point State Park</u>	10/14	F	10:30AM	12:00PM	Russell	69
<u>Little Harbor Trail Walk</u>	10/14	F	1:00PM	2:30PM	Russell	70
<u>Come Paint a Piece</u>	10/21	F	10:00AM	12:00PM	McDonough	59
<u>Salt Marshes: Pushing the Boundaries Between Land & Sea</u>	10/24	M	10:30AM	12:30PM	Petersen	71
<u>Classical Composers of the African Diaspora</u>	10/27	Th	1:00PM	3:00PM	Langley	58
<u>One New Author's Experience with Self-Publishing a Memoir</u>	11/18	F	10:00AM	11:00AM	Lavoie	41
<u>Yes, We're Still Here: The Quakers</u>	12/15	Th	1:00PM	4:00PM	Kristl	68

Mt. Washington Valley

COURSE TITLE	START DATE	DAY	START TIME	END TIME	PRESENTER	PAGE
<u>Moose & Bear: The Largest Animals in the Northeast</u>	8/24	W	1:00PM	2:00PM	Manley	38
<u>Honeybee Basics: Biology, Bounty, & Beyond</u>	8/29	M, Th	10:00AM	12:00PM	McEvoy	37
<u>Natural Wine Growing & Tasting in the Granite State</u>	9/6	Tu	2:00PM	4:00PM	Classen	63
<u>Crypto Curious?</u>	9/10	Sa	11:00AM	12:30PM	Denis	32
<u>Antarctica: The Southern Continent</u>	9/14	W	10:00AM	11:30AM	Lord	36
<u>Learning What Pickleball is All About</u>	9/19	M	1:00PM	3:00PM	Peterson & Wright	70
<u>250 Years of Sandwich History: A Personal Narrative Tour</u>	9/22	Th	10:30AM	12:30PM	Mykland	57
<u>There Ought To Be a Law...</u>	9/26	M	1:00PM	4:00PM	Woodcock	52
<u>Participating In & Attending the Olympics</u>	9/28	W	10:00AM	12:00PM	Jones & Smith	55
<u>The Battle that Changed the Course of History: Saratoga 1777</u>	9/30	F	10:00AM	12:00PM	Desmarais	27
<u>Daily Weather Observations and the Morning Weather Show</u>	10/3	M	1:00PM	3:00PM	Bergeron	45
<u>Knitting a Scarf</u>	10/4	Tu	10:00AM	11:30AM	Perry	10
<u>Etched in Granite: The History of a 19th-Century Poor Farm in New Hampshire</u>	10/6	Th	3:30PM	5:00PM	Pettengill	22
<u>New Hampshire's World War II German Prisoner of War Camp</u>	10/7	F	1:00PM	3:00PM	Lunn	25
<u>How Fishing Built Colonies: Early Explorations 1605 -1620</u>	10/13	Th	2:00PM	3:30PM	Morrill	24
<u>Drinking Our Way Through New England History</u>	10/20	Th	3:00PM	4:30PM	O'Donal	33
<u>Weaving an Herb Basket</u>	10/20	Th	1:00PM	4:00PM	Rennie	12
<u>Civil War Soldier</u>	10/21	F	1:00PM	3:00PM	Sommers	20
<u>Oscar's Musical Memories</u>	11/3	Th	10:00AM	3:00PM	Brogan	14
<u>The Art of Wild Tea: Wildcrafting in New Hampshire</u>	11/9	W	1:00PM	3:00PM	Pettengill	34
<u>Jackson, New Hampshire: Steeped in Tradition & History</u>	11/15	Tu	2:00PM	3:30PM	Pillion	61
<u>Reflections on Living Under Three Dictators</u>	11/22	Tu	6:30PM	8:00PM	Simone	26
<u>Jackson Art Studio & Gallery: Come Meet the Artists!</u>	12/7	W	1:00PM	2:30PM	Levitt	60



Online – Virtual by Zoom

COURSE TITLE	START DATE	DAY	START TIME	END TIME	PRESENTER	PAGE
<u>Zoom 101 Introduction to Zoom: Personal Computers (PC), Laptops, Notebooks</u>	8/17	W	10:00AM	11:30AM	McDonnell	45
<u>Zoom 101 Introduction to Zoom: Personal Computers (PC), Laptops, Notebooks</u>	8/18	Th	1:00PM	2:30PM	McDonnell	45
<u>Behind the Scenes of TV Weather</u>	8/24	W	10:00AM	12:00PM	Arnold	37
<u>Contemporary Economic Policy Issues</u>	8/25	Th	1:00PM	2:30PM	Haveman	31
<u>Beekeeping: Love & Heartache</u>	8/26	F	1:00PM	2:30PM	Cattin	36
<u>Covered Bridges of New Hampshire: Past & Present</u>	8/29	M	10:00AM	11:00AM	Caswell	21
<u>Civil Rights Efforts in the 1960's Versus Inequality Movements Today</u>	8/30	Tu	1:00PM	2:30PM	Woolpert	53
<u>Ron's Rescue & Restoration Garage: 1946 Chevy Panel Truck</u>	8/31	W	10:00AM	12:00PM	Frost	42
<u>The New Yorker</u>	9/1	Th	3:30PM	5:00PM	Jones & Monnelly	18
<u>A Brief History of Gundalows</u>	9/7	W	6:30PM	8:30PM	Clyborne	19
<u>How to Have Difficult Conversations</u>	9/7	W	9:00AM	10:30AM	McKim	40
<u>Is the Federal Reserve More Powerful Than Congress?</u>	9/7	W	1:00PM	2:30PM	Woolpert	32
<u>Simplifying Medicare</u>	9/8	Th	1:00PM	3:00PM	Wilton	30
<u>Colorful Parrot Tulip: Using Beginner Watercolor Skills</u>	9/10	Sa	1:00PM	4:30PM	Pullo	8
<u>No One Wants Your Hummels & Other Aging Lessons I've Learned</u>	9/12	M	10:00AM	11:30AM	Toomey	41
<u>Antarctica: The Southern Continent</u>	9/14	W	10:00AM	11:30AM	Lord	36
<u>Poetry for Non-Poets</u>	9/14	W	3:30PM	5:00PM	Jordan	16
<u>Monitoring Climate Change Impacts from Space</u>	9/15	Th	10:00AM	11:30AM	Rock	38
<u>Decolonizing Representations of Stark, Rogers, & Their Contemporaries</u>	9/16	F	3:00PM	5:00PM	Mahoney	22
<u>How Does White Privilege Impact Racism</u>	9/19	M	10:30AM	12:00PM	Romney	54
<u>Coin Collecting 2022: Don't Get Ripped Off!</u>	9/21	W	10:00AM	12:00PM	Fritsch	31
<u>Faulkner & Hemingway</u>	9/21	W	1:00PM	2:30PM	Baker	15
<u>Compassionate Listening Journey to Israel & Palestine</u>	9/26	M	10:00AM	12:00PM	Romney	54
<u>Scheduling & Hosting Zoom Meetings</u>	9/29	Th	1:00PM	2:30PM	McDonnell	44
<u>Bringing History North: Slavery in Massachusetts Province of Maine</u>	9/30	F	1:30PM	2:30PM	Wall	20
<u>Rise of the Nazis: Lessons for Democratic Citizenship</u>	9/30	F	10:00AM	12:00PM	White	26
<u>From Vaudeville to the Western Front: Will Cressy in the Great War</u>	10/3	M	10:00AM	11:00AM	Champlin	23
<u>In the Wake of the Plague: The Development of Early Modern Europe</u>	10/4	Tu	3:00PM	4:30PM	Zink	24
<u>Only Hope: My Mother and the Holocaust Brought to Light</u>	10/6	Th	1:00PM	2:30PM	Lubliner	25
<u>Looking for a Better Way Out: Changing Funeral Expectations in America</u>	10/7	F	10:30AM	12:00PM	Webster	28
<u>Bridge for your Brain: Commonly Used Conventions, Part II</u>	10/8	Sa	10:00AM	12:30PM	Weinstein	35

Online – Virtual by Zoom

COURSE TITLE	START DATE	DAY	START TIME	END TIME	PRESENTER	PAGE
<u>Demystifying, Decluttering, & Downsizing</u>	10/10	M	11:00AM	12:30PM	Martin	40
<u>Think You Can't Meditate?</u>	10/12	W	10:30AM	11:30AM	Manning	43
<u>How Fishing Built Colonies: Early Explorations 1605 -1620</u>	10/13	Th	2:00PM	3:30PM	Morrill	24
<u>Alaska History & Cultures for Travelers</u>	10/17	M	10:30AM	11:30AM	Haigh	20
<u>Why Learning the Truth Matters: Genocide Against Indigenous Peoples</u>	10/18	Tu	3:00PM	4:30PM	Lesser	27
<u>Stuck In a Rut & Ready to Get on a Better Path?</u>	10/19	W	10:30AM	12:00PM	Manning	42
<u>Wallace Stegner's <i>Crossing to Safety</i></u>	10/20	Th	10:30AM	12:00PM	Castle	18
<u>Sherlock Holmes: The Greatest Man Who Never Lived</u>	10/26	W	1:00PM	3:00PM	Fritsch	17
<u>Your Thoughts on the Short Stories of Anthony Doerr</u>	10/26	W	10:00AM	12:00PM	King	18
<u>A Mathematician Takes On Wordle</u>	10/28	F	1:00PM	3:00PM	Meyers	35
<u>Understanding Osteoporosis: Take Charge of Your Bone Health!</u>	10/28	F	10:00AM	12:00PM	Stephens	30
<u>FDR's Lies: Deliberate Falsehoods, Political Strategies or War Necessities?</u>	11/1	Tu	10:00AM	12:00PM	Langa	23
<u>Educational Travelogue: Biophilia in Action</u>	11/8	Tu	10:00AM	12:00PM	Simon	37
<u>Great Decisions Part II</u>	11/10	Th	10:00AM	12:00PM	McDonnell	49
<u>Hawthorne with a "w"</u>	11/10	Th	1:00PM	3:00PM	Baker & Strang	16
<u>People of the Book: A Look at the Literature of the Jewish People</u>	11/14	M	10:00AM	12:00PM	Nafshi	55
<u>Backyard Bird Feeding: Avian Entertainment!</u>	11/17	Th	7:00PM	8:30PM	Dwyer	36
<u>Savvy Buying & Selling with Facebook Marketplace</u>	11/21	M	10:00AM	12:00PM	Frost	32
<u>Retirement Living Options in New Hampshire</u>	11/29	Tu	1:00PM	2:30PM	Gilvar & Isaak	29
<u>Jane Austen's World of the Early 19th Century</u>	11/30	W	1:30PM	3:00PM	Janson-Sand	16
<u>Light & Color in the Atmosphere: Rainbows and More</u>	11/30	W	1:00PM	3:00PM	Aviles	46
<u>Ranked-Choice Voting at Home & Abroad</u>	12/2	F	10:00AM	12:00PM	Meyers	51
<u>Dreams & Nightmares: Surrealist Art in Paris and Beyond</u>	12/7	W	10:00AM	12:00PM	Holmes	7
<u>Immigration Policy: The Imponderable Dilemma</u>	12/9	F	10:00AM	12:00PM	Bruno	50
<u>Introduction to Collage</u>	12/12	M	10:00AM	12:00PM	Karolian	10
<u>Writing a 'Legacy Letter'</u>	12/13	Tu	10:30AM	12:00PM	Sherwin	43

“ OLLI has been a joyful and important part of my life for ten plus years. The classes have been interesting, informative, and so enjoyable. The many friends I have made are the bonus to my OLLI membership.”

- **Patti Rau**, Class of 2010

THANK YOU to Our OLLI at Granite State College Presenters!



To our nearly **100** OLLI at GSC volunteers, who presented courses across our four learning communities during our Spring 2022 term, a sincere and resounding 'thank you.'

Our presenters share their knowledge and expertise which inspire our members to continue lifelong learning. They take the time to create timely and inspired courses that engage and strengthen our learning community in-person and online.

Be sure to take a moment and thank a presenter as you enjoy the wonderful courses they have prepared for this fall!





When Your Choices Lead You Home, Choose a Trusted Local Provider!!

At Home By Hunt is a retirement option for those who wish to continue living independently in their New Hampshire home. We provide the assurance and peace of mind knowing that you have guaranteed lifetime access to a wide range of health care should health needs ever change. If you have recently begun your search into retirement living options for yourself, you may be curious to learn more about this option that can make aging in place a safe solution.

- 💰 **Cost Savings:** Initial and monthly membership fees are often tax-deductible, and the lifetime guarantee for health care, regardless of any changes to your health or financial status, means there will be no burdening family for care or financial assistance.
- ☀️ **Wellness Coordination:** Coordination of care can be difficult to manage in an ever-changing landscape of health care. Life Plan Coordinators help arrange and facilitate both medical and non-medical services and save you the time and worry associated with finding the best care close to home.
- ♥️ **Health Care Guarantee:** At Home By Hunt offers peace of mind that your health needs will always be met, and, in the event your needs change drastically, we will help coordinate the appropriate level of care.
- 🏠 **In-Home Safety Assessments:** At Home By Hunt offers in-home, functional and safety assessments, making recommendations as needed for the greatest level of independence for successfully aging in place.
- ☀️ **Programs:** You will have access to available programs at Hunt Community and The Huntington at Nashua keeping you actively involved, with opportunities for special events, exercise, trips, wellness seminars, speakers and more.

Call 603-821-1200 or visit AtHomeByHunt.org

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The Baldwin

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*The Baldwin is a not-for-profit
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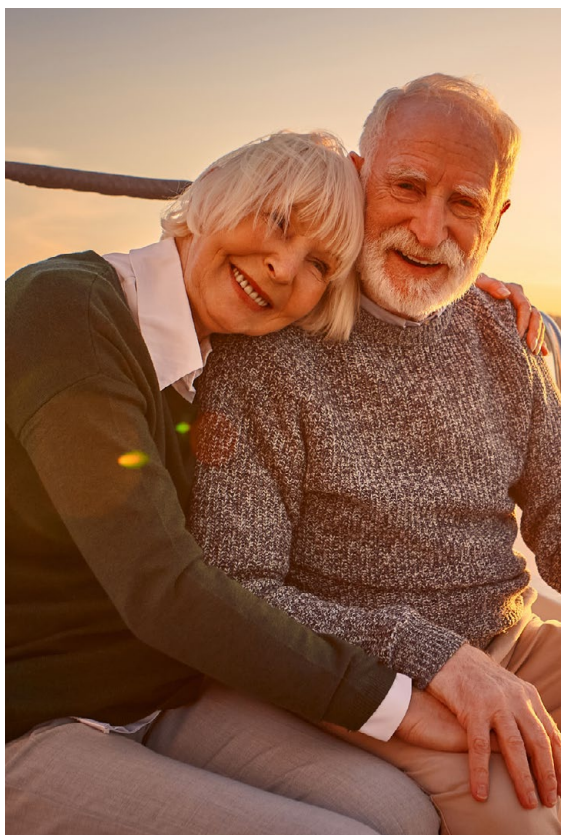
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