

Supplementary Table S1. Focus Group Participant Characteristics (n = 9)

Characteristic	n (%) or Mean (SD)
Age (years)	38.2 (12.6)
Female	9 (100%)
Non-Hispanic White	9 (100%)
Born in U.S.	9 (100%)
English only language spoken	9 (100%)
Employed full-time	9 (100%)
Education Level	
High school diploma/GED	1 (11.1%)
Some college, no degree	2 (22.2%)
Associate's degree	1 (11.1%)
Bachelor's degree or higher	5 (55.6%)
Annual Household Income	
\$26,199 and below	1 (11.1%)
\$26,200–\$34,059	1 (11.1%)
\$65,500 and above	5 (55.6%)
Prefer not to answer	2 (22.2%)
Marital Status	
Married	5 (55.6%)
Single	4 (44.4%)
Parent of child aged 0–5	
Yes	3 (33.3%)
No	6 (66.7%)
Federal Nutrition Program Participation	
None	7 (77.8%)
WIC/SNAP	2 (22.2%)