How to: Safely Wear a Mask or Face Covering

- Thoroughly wash hands with soap and water before touching the mask
- Check the mask for any tears or holes
- Cover your mouth, nose, and chin
- Adjust the mask without leaving gaps on the side
- Avoid touching the mask
- Use the straps to remove the mask
- Store it in a clean, plastic, resealable bag if it is not dirty or wet and you plan to re-use it
- Wash the mask in soap or detergent, preferably with hot water, at least once a day
- Wash your hands after removing the mask
- Avoid removing the mask if others are within 6 feet of you
- Avoid sharing masks/coverings with others

#UNHTogether
Source: World Health Organization