EcoGastronomy Program
360B Peter T. Paul College of Business and Economics
10 Garrison Ave.
University of New Hampshire, Durham, NH 03824
603-862-3327
Ecog.info@unh.edu
http://www.unh.edu/ecoGastronomy
2014 SPRING
ECOGASTRONOMY IN FRANCE

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Program Dates:
Mid-January to the end of April –
vacation 1 week in February,
Easter Monday

Block Schedule:
Classes are five days a week with plans for
some 4 day weeks, so students can have 3
day weekends.
The module format is to study one subject
(class) intensively. The lectures are three to
six hours long per day for one subject.

E L I G I B I L I T Y
In order to participate in the
EcoGastronomy in France program
students must:
• Have earned a minimum of 32 credit
hours,
• Have a 2.5 GPA,
• Be free of major disciplinary infractions
in accordance with SRRR §2.4,
• Completed or enrolled in the
Introduction to EcoGastronomy course
with a grade of C or better. Some
exceptions apply.
PROGRAM COSTS

Course Number and Cost

Students must register for ECOG 685 for the spring semester of study.

UNH tuition covers registration at the Burgundy School of Business, bus from the CDG airport to Dijon, courses, and excursions.

Students are responsible for the payment of their housing, food and travel costs. Other routine expenses include books and supplies, and miscellaneous living costs. The cost of additional travel in Europe, souvenirs, etc. should be considered when planning one’s budget.

2014 Spring EcoGastronomy in France at the Burgundy School of Business, Dijon, France

Estimated Costs

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<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>Tuition for NH Residents</td>
<td>$6,835</td>
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<tr>
<td>Tuition for Out-of-State Residents</td>
<td>$13,195</td>
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<td>UNH technology fees</td>
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<td>UNH Study abroad fee and insurance</td>
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<td></td>
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<tr>
<td>CampusFrance and Visa fees</td>
<td>$168</td>
<td></td>
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<tr>
<td>Est. Additional Expenses</td>
<td>$7,479 - 8,461*</td>
<td></td>
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<tr>
<td>Est. Airfare</td>
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<td></td>
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<tr>
<td>Total Est. Costs for NH Residents</td>
<td>$15,923 - 16,905*</td>
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<tr>
<td>Total Est. Costs for Out-of-State Residents</td>
<td>$22,115 - 23,265*</td>
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</table>

On-site Costs*

Cost of living

Although substantially cheaper than in larger towns such as Paris, Lyon or Marseille, living in Dijon is perhaps slightly more expensive than international students are used to in their home countries. On average, accommodation, meals, entertainment, etc. can reach an average total of 1000 €uros a month.

Estimation of Costs (euros per month)

There are usually extra expenses during the first month while getting settled. Expenses vary depending on personal spending habits.

<table>
<thead>
<tr>
<th></th>
<th>Minimum</th>
<th>Average</th>
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<tbody>
<tr>
<td>Food</td>
<td>200</td>
<td>250</td>
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<tr>
<td>Telephone</td>
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<td>30</td>
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<tr>
<td>Accommodation</td>
<td>375</td>
<td>450</td>
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<tr>
<td>Transport / Travel /Leisure</td>
<td>200</td>
<td>400</td>
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<tr>
<td>Student Fees (BDE Fee) / Books</td>
<td>10</td>
<td>20</td>
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<tr>
<td>Medical Care / Hygiene / Ins.</td>
<td>50</td>
<td>100</td>
</tr>
<tr>
<td>TOTAL</td>
<td>1075</td>
<td>1,250</td>
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</table>

TOTAL For 4.5 Months $7,479 - 8,461*

1.31 Exchange
APPLICATION PROCESS

Below are the steps a student needs to take in order to plan his or her study abroad experience.

1. All students seeking admission to EcoGastronomy in France shall complete a Program Enrollment Form. The application deadline is October 2 and acceptance notice is given by October 5.

2. Apply for your passport. If you have a passport, check the expiration date to confirm that it will not expire until 3 months after your return.

3. Complete the Study Away Eligibility form and return the form to the Conduct and Mediation office located in 4 Hitchcock Hall as soon as possible.

4. Fill out the accommodation questionnaire and return it with your program enrollment form.

Prior Disciplinary and Criminal Incidents
The EGIP adheres to a policy adopted by the Center for International Education that students seeking to study abroad must be free of disciplinary incidents and criminal convictions. Under some circumstances the Academic Standards Committee will grant waivers to students who have successfully fulfilled the terms of disciplinary sanctions imposed by the UNH Judicial Program for isolated misconduct.

THE FINAL SEMESTER TUITION BILL WILL BE ISSUED BY THE UNIVERSITY

PREPARATION

At the initial pre-departure meeting on Thursday, October 3, you will receive information on all forms and requirements needed to study abroad.

Complete the rest of the registration paper-work by November 1 and return it to 360B or 360Z PAUL

- Copy of passport
- Health & Emergency Contact Form
- Consent & Agreement Form
- Itinerary & Flight Information

Needs advisor’s signature
- Return Registration Form
- Study Abroad Planning Form

Long Stay Visa
1. CampusFrance online application
2. Visa application through the French Consulate

Burgundy School of Business Application
Housing Application
Also needed
- Copy of your French Visa

Attend Mandatory Pre-Departure Orientation
Initial pre-departure meeting, October 3, 2013 370N PAUL
Second pre-departure meeting, November 21, 2013, 370N PAUL
Center for International Education pre-departure meeting Saturday, December 7 in the MUB.
You will receive an invitation for this.

Passports
Students who do not already possess a valid passport at the time that they apply to the EcoGastronomy in France program are encouraged to apply for passports upon applying and shall apply for a passport immediately upon acceptance to the program, if they have not previously applied.
A valid passport must have a date of expiration at least 3 months after the end of the student’s proposed stay in the Schengen area.
**Preparation (Continued)**

![Diagram of Visa Process]

**Visas—Step by Step Process at:**
You will be applying for a Long Stay Visa for Students through CampusFrance before your apply for your visa through the French Consulate.

Cost: $100

**French Consulates in the US**
http://ambafrance-us.org/spip.php?article330

**VISA PROCESS:**
Boston http://www.consulfrance-boston.org/spip.php?article2293
Park Square Building
31 Saint James Avenue, Suite 750
Boston, MA 02116
New York http://www.consulfrance-newyork.org/LONG-STAY-STUDENT-VISA
934 Fifth Avenue (between 74th & 75th)
New York, New York 10021
Students will need their Visa application, photographs, passport, and other documents to apply not earlier than 90 days prior to departure., which in this case is October 15, 2013
Cost: €50 or about $67.50

**Housing**
Burgundy School of Business does not own or manage student accommodation but the International Office can help you look for the best options. First, please take a look at the different kinds of accommodation they usually offer our students. http://www.bsbu.eu/international/practical-informations/accomodation/

All students are then requested to fill out the accommodation questionnaire.

The housing questionnaire will be handed in at the October 3 meeting. The International Relations Office will then contact you.

**Different accommodation possibilities**

Room in a residence
Individual studio flat in a residence
A flat to share in a residence
Homestay

**International SOS Global Assistance Services, sickness, accident and emergency evacuation insurance program**

I encourage you to visit the Center for International Education for a summary of benefits. unh.edu/cie/international-travel-assistance-insurance-program.

The cost of the insurance is $150 and is a mandatory study abroad fee, which is included on your tuition bill.

**Highlights:**

- All UNH students, faculty, scholars, and staff engaged in UNH-related activities outside the United States are eligible for this plan and are automatically covered.
- Emergency medical, security, legal and personal services will be provided by International SOS, a premier international services provider.
- International SOS provides free pre-trip travel, medical and security advice prior to departure through their online portal and toll free alarm center.
- Emergency sickness and accident medical expenses are covered up to $1,000,000 through University Health Plans (UHP) with no deductible and no exclusions for pre-existing conditions.
- UHP insures medical evacuations and repatriations and political / natural disaster evacuations organized by International SOS.
• The insurance covers advanced payment to a hospital if needed to secure admission and provides reunion benefits for a family member or friend to visit a hospitalized UNH-travel.

UNH travelers on university-related activities will be able to purchase the same coverage from UHP and International SOS for accompanying spouses and dependents, leisure travel that may coincide with UNH-related travel, and trip cancellation/trip interruption insurance.

Extended Stay Insurance: If you arrive before or stay after the program dates you can purchase extended coverage for $1.18/day. For example, if the program dates are 1/14 – 5/31, and you arrive a week early, you can buy the extended coverage online for the extra week.


University of New Hampshire Scholaristic Comprehensive Membership 11BCAS000009

The Center for International Education (CIE) will cover the details of the international SOS program with you at the study abroad orientation on Saturday, Dec. 7.

Studies and Academic Programs

E COG 685

This is an administrative course # that enrolls the student in the EcoGastronomy in France program and carries no credit or grade. It satisfies the UNH Discovery World Cultures.

Orientation in Dijon (4 days) Melting Pot, Welcome and Activities

o French Art of Living

Understand the sociology of food and wine, history of gastronomy; emergence of local food; climates in Burgundy; food and wine pairing; and understand the importance of education in food and wine industry by visiting a culinary institute

o Wine Product and Tasting

Analysis of wine representation in literature, poetry, painting and film industry; understand the viticulture and wine-making process; visit of monuments linked to the wine culture and Beaune and visit of several estates and vineyards.

o Food and Wine Tourism

Deep understanding of the relationship between food, wine, tourism in Burgundy from both a theoretical and practical dimension; understand the key concepts of marketing; and establish the best-practices in wine distribution or in tourism management by visiting two food and wine tourism enterprises

o Entrepreneurship

Entrepreneurship module is made up of 3 days of introduction through the MIME© method and group projects. Entrepreneurial thinking, activities, awareness, reflection, and idea creation and building your own business model and implementation.

o French as a Foreign Language

Basic: Surviving with basic French. Being able to get by in French in every day’s life: travelling, accommodation, shopping, students’ life...

Intermediate: survival French for real life situations. Discussions with the French; Reading little texts, role plays, debates.

You will take a placement exam in Dijon and placed in a French class at your level.

Cultural visits:

Day trip to Beaune and the wine area: visit Hospices de Beaune and Château de la Rocheptot

Day trip to Northern Burgundy: visit Abbaye de Fontenay, Semur en Auxois and Flavigny

The teaching is provided by the Burgundy School of Business. Faculty and program is accredited by the French Government and EU. Classes are taught to students in English.
Student Life Information

Burgundy School of Business

On-Site Orientation
Your first four days in Dijon, France will be filled with activities designed to help you get acquainted with each other and feel comfortable in your new surroundings.
Included in the induction programme:
- Pick-up at the CDG airport.
- Accommodation support
- Enrolling in your program of study
- French Language testing
- Opening a bank account
- Organized trip to discover the Burgundy Region
- Evening Social Events
- Administrative registration

Housing
Students have a few housing options. Apartments generally have a common kitchen, shared bath, laundry and some are women only.
Students will work directly with landlords and the housing officer at Burgundy in arranging housing. Internet is variable in apartments.

Computers and Internet Access
There are many restaurants and cafés offering free wifi access, including:
- ESC Dijon campus
- McDonalds, Rue de la Liberté
- Subway, opposite train station
- Quick, train station

Internet at School:
140 computers equipped with the latest software and 3 easy-access rooms linked to a network are available to students from Monday to Saturday. There are also 60 places where students can link their laptops to the network via Wifi. All students at Burgundy School of Business have free access to the Internet and a personal e-mail account given on their arrival.

Cellular Phones
All students who do not possess a cell phone that works in France are required to purchase one.

If you have an iPhone or Droid you can get a free app “Viber”, which is a free international call and text app.
We have made arrangements with PicCell Wireless to provide a discounted France Wireless cell phone package that you can have shipped to you before you leave the U.S. This package includes a free basic call phone rental, France SIM rental, a discounted activation fee of $19.90 and free shipping if you order at least 14 days in advance. Incoming calls and text messages are free for you while you are in France.

Be careful to use the Call abroad prefix for calls to the U.S. Dialing Direct is 3x as expensive.
www.piccelwireless.com/unh-france

Accessing Money While Abroad
In general, students made smaller purchases with cash and used a credit card for larger purchases (hotels, clothing, etc.) ATM machines are fairly accessible.

Opening a bank account
While it is not compulsory, opening a French bank account upon arrival will be more convenient for you. Indeed, some rental contracts will require you to pay through direct debit transfer from a French bank account.

Burgundy School of Business has developed specific partnerships with two French banks: BNP Paribas and Société Générale. During the induction week, English
speaking representatives from both institutions will be on our premises in order to help you open a bank account. Furthermore, as a student from Burgundy School of Business, both banks will offer you the possibility to register for housing insurance when opening your bank account. In most cases, housing insurance is compulsory.

Academic Advising
The Short-term Programs Manager has responsibility for all academic matters.

Disciplinary Authority and Process
If it is determined that the student has failed to conform to a reasonable standard of conduct, the student will receive notice from the UNH-in-France Program Administration of termination of his/her participation in the program.

Packages and Mail
French mailboxes are yellow, and sometimes can have 2 sections; one marked Dijon or Côte D’Or and the other, "Other Destinations" (Autres Destinations).

Website (in French) http://www.laposte.fr/Particulier

Communication

Emergency Communications with Parents
Subject to regulations of the United States Secretary of Education (see 34 CFR § 99.36), EcoGastronomy in France staff may, in connection with an emergency, release information contained in educational records to appropriate persons if the knowledge of such information is necessary to protect the health or safety of the student or other persons.

Communications with Participants and EcoGastronomy in France Staff
The EcoGastronomy in France will work to maintain continuous and open communications between UNH administrators and the Burgundy School of Business staff. Students shall address their concerns and questions to the Burgundy School of Business staff in the first instance, and may contact EcoGastronomy staff at UNH.

Students shall provide the administrators with a current e-mail address.

Health and Medical Costs

Health Insurance
Emergency sickness and accident medical expenses are covered up to $1,000,000 through University Health Plans (UHP) with no deductible and no exclusions for pre-existing conditions.

Procedures for Medical Problems and Emergencies

University of New Hampshire Scholastic Comprehensive Membership 11BCAS000009

EMERGENCY SERVICES
Hôpital : SAMU/Ambulance 15 (no charge)
Pompiers (Fire Brigade) 18 (no charge)
Police 17 (no charge)
Centre Anti - Poisons (Poison center) 04.72.11.69.11

MEDICAL INFORMATION
PHYSICIANS (English speaking)
Dr ROUGEOT, 3 place Saint Bernard
03.80.30.72.89 21000 DIJON
Cabinet médical Clémenceau, 38 rue Louis Blanc
03 80 28 96 72 21000 DIJON
Health and Medical Costs

SOS médecins SOS 21
03.80.59.80.80 03.80.78.68.68
24 hours a day, seven days a week 24 hours a day, seven days a week

DENTISTS (English speaking)
Dr. VINCENOT 4 avenue de la 1ère Armée française
03.80.30.18.18 21000 DIJON
Dr. Alex AKNIN 18 avenue de la 1ère Armée française
03.80.50.12.77 21000 DIJON

PSYCHOLOGIST- COUNSELLOR
Mrs Odile FORGUES 10 quai Nicolas Rolin
03.80.59.15.30 21000 DIJON

CHEMIST / PHARMACY
Most medicines are only available by prescription. The chemist will ask you for the doctor's prescription: "ordonnance". Chemists are usually open from 9.00 am to 7.00pm and sometimes close between 12 and 2pm.

Pharmacie des Godrans (English Speaking)
34 rue Godrans
21000 DIJON
03.80.30.16.49

HOSPITAL
Centre Hospitalier Universitaire (CHU)
2 rue Maréchal de Lattre de Tassigny
03.80.29.30.31
www.chu-dijon.fr

Emergencies (ER) or Urgences are located at Le Complexe du Bocage of the hospital:

Arrival to ER by public transport:
Bus from city centre:
Take line 3, direction Epirey Cap-Nord
Change at the stop Grésilles, onto bus line 17, direction Quetigny, getting off at stops CHU or Maternité. This takes you to the hospital site. The map on the following page indicates the main entrance.
Alternatively:
Take bus lines 1, direction Quétigny Europe or Chevigny, or line 3, direction Epirey Cap-Nord.
Change to bus line 16, direction Neuilly. This can be done at stops Théâtre Vaillant, St. Michel, Buffon, Saumaise OR Lycée H. Fountaine.
Get off at stops CHU or Maternité.
This takes you to the hospital site. The map on the following page indicates the main entrance.

A bus line map can be found at: http://www.divia.fr/277-Cartographie-interactive-du-reseau.html

Courtesy, Discipline, Health and Safety

Free Time — France, Europe and Beyond

Joint Obligation for Safety
A significant benefit of study abroad programs is the chance to “see the world.” Each year thousands of students from many countries participate in the excitement of “discovering” places and experiences new to them. The EcoGastronomy in France is designed and intended to promote students’ exploration of France and Europe. Except as provided in the section below, students shall be allowed free choice in their choice of destination, modes of transportation, style and manner of travel and companions. As a consequence and in consideration of this broad freedom, the EcoGastronomy in France cannot and does not assume any liability for loss, casualty, injury, death or any other ill that may befall its students while traveling on their own free time. EcoGastronomy in France requires students to participate in travel safety training and orientations.

Extended Stays in France and Europe
EcoGastronomy in France students may elect to travel in Europe before the beginning of the program or
after its conclusion. The program shall not be liable for housing, food, transportation or other costs associated with such travel.

**U.S. Department Travel Warning List**

EcoGastronomy in France students shall not travel to countries or cities listed on the U.S. Department’s “Travel Warning List.” Travel Warnings are issued to describe long-term, protracted conditions that make a country dangerous or unstable. A Travel Warning is also issued when the U.S. Government’s ability to assist American citizens is constrained due to the closure of an embassy or consulate or because of a drawdown of its staff.” Check out [http://travel.state.gov/](http://travel.state.gov/) for current travel warnings.

**Early Termination**

**No Partial Academic Credit**

Students dismissed or suspended from the EcoGastronomy in France program before the completion of the program shall not be entitled to partial academic credit without approval of the Academic Standards and Advising Committee.

**Refunds**

Students must withdraw prior to the starting date of the program to qualify for a refund. No refund will be granted once the program has commenced.

Students dismissed from the EGIP before the completion of the program shall not be entitled to full or partial refunds of tuition, fees or other costs charged by the University or the Program. At their sole discretion, the director may award partial refunds to students terminating their participation in the program for medical reasons or under seriously extenuating circumstances.

**Courtesy, Discipline, Health and Safety**

Please refer to [http://www.unh.edu/cie/](http://www.unh.edu/cie/)

**studyabroad/travel.html#anchor_health**

UNH Study Abroad Safely

**An Orientation on Cultural Differences**

You may enjoy reading this Lonely Planet blog on the 25 Major Cultural Differences Between France and America


**Departure**

**On-Campus Housing**

Before departing for France students shall obtain and execute the required forms to reserve on-campus housing for the fall semester following their return to Durham.

**Once Back Home**

**Study Abroad Report**

Study Abroad reports are an invaluable resource for prospective students. They provide an honest and first hand impression of the program in which you participated. This report will become part of your EcoG portfolio. Reports should be 800 to 1,200 words in length and should be carefully written or typed and submitted via email to the EcoG Director within 30 days of your return to UNH. These reports are available to anyone interested in reading them.

**Debrief Meeting and Evaluation of the Program**

An evaluation form will be sent to you at the end of your study abroad stay. It is essential that you fill out the form. The evaluation is your chance to have a critical role in improving the EcoGastronomy in France program.
Student Emergency Operations Plan
2014 EcoGastronomy in France Program

Students Call in Order Listed

Ecole Supérieure de Commerce Contacts

1. Nathalie Cureau, Short-term Programs Manager, International Relations, 29, rue Sambin 21000 Dijon FRANCE, +33 380 725 979, Nathalie.cureau@escdijon.eu 24 Hour Emergency only: +33 6 43 25 76 70

2. Marie-José Albert-Batt, Associate Dean for International Relations, International Relations, 29, rue Sambin 21000 Dijon FRANCE Emergency only: +336 32 38 92 94

UNH Contacts

3. Center for International Education: 001 603 862-2398 Mon-Fri 8:00am - 4:30 pm E.S.T. 00-1-603 312-3502 24 hours EMERGENCY ONLY 4. Daniel Winans, EcoGastronomy Director EcoGastronomy Contact: Office: 00-1- 603-862-3327 Cell: 00-1-603-834-5523

International SOS: UNH has partnered with International SOS, the world’s leader in international healthcare, medical assistance, and security services. The services provided by International SOS range from simple telephone advice, referrals to vetted providers to full-scale medical and security evacuations. The International SOS network of multilingual specialists operates 24 hours a day, 365 days a year from 26 Alarm Centers around the world. Call 1-215-942-8226 collect or go to their www.internationalsos.com. Use the following code for UNH University of New Hampshire, Scholastic Comprehensive Membership, 11BCAS000009

U.S. Citizen’s Emergency Center: The US Department of State has a hot line number citizens may call to obtain information on any area of the world. Call (202)647-5225 or log on to http://travel.state.gov/travel_warnings.html. The Center for Disease Control has a site for traveler’s health information http://www.cdc.gov/travel.html

Hôpital: SAMU/Ambulance 15 (no charge)
Pompiers (Fire Brigade) 18 (no charge)
Police 17 (no charge)
Centre Anti - Poisons (Poison center) 04.72.11.69.11
U.S. Embassy in Paris [33] (1)43122222

What Constitutes an Emergency?
Are you in imminent danger? By determining this first, you can then methodically assess your options for help. Emergencies such as medical issues (i.e., appendicitis, broken bones), assault, arrest or suicidal thoughts are all cases for activating the 24/7 emergency system immediately.