

# Getting started.

1a. **Download the app.**

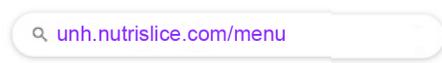
Download [Nutrislice](#) from your smartphone's app store.



1b. **Visit the website.**

Type the web address into your computer's browser.

or



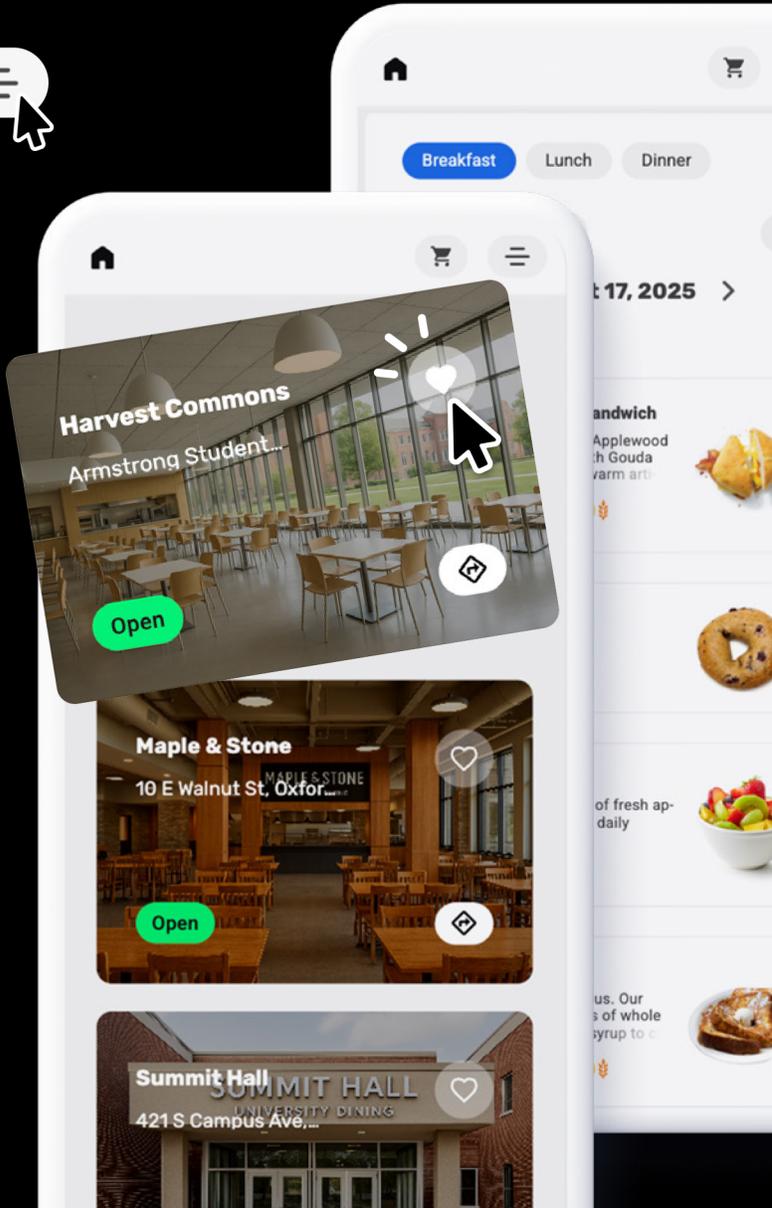
2. **Select your language.**

Click the dropdown menu in the right-hand corner and click "Select A Language." Choose your preferred language, and click "Translate."



3. **Pick your location.**

Click on the location you want to view menus for. Don't forget to add locations you visit most often to your favorites list!



4. **Get started.**

Click into a menu to see available menu options for that day, week, or month depending on your administrator's settings. Click on a menu item to open a food card that may contain nutritional information and/or images.



5. **You're done!**

Enjoy your [Nutrislice](#) experience.