BUILD YOUR OWN BOWL 8.49

1. CHOOSE YOUR GRAINS

2. CHOOSE YOUR PROTEIN
   see menu for options and additional cost

3. CHOOSE YOUR VEGGIES

4. CHOOSE YOUR SAUCE

5. CHOOSE YOUR TOPPING
SIGNATURE BOWLS 8.49

HARVEST
wild grains, super greens, dried apples, craisins, sweet potato, chicken, feta cheese, almonds, citrus cilantro vinaigrette

MEDITERRANEAN
couscous, chicken, romaine, tomato, olives, cucumber, feta cheese, tzatziki, balsamic

BAJA
wild grains, chicken, black beans, corn, chipotle salsa, Guac, chipotle ranch, tortilla chips

FIREFRACKER SHRIMP
wild grains, Shrimp, squash, roasted brussels sprouts, feta, onion, jalapeno, sriracha ranch, sriracha sunflower seeds

THAI
wild grains and quinoa, super greens, tofu, peppers, oranges, carrots, Thai peanut sauce, wasabi peas