### Training: Evidence-Based Treatments for Ethnic Minority Youth

2 Training Hours

1. True or False: If a treatment is evidence-based then all individuals will respond equally.

2. Members of the APA and the NASW believe that Culturally Responsive Treatment requires consideration of 4 factors. Which of the following is NOT one of the 4:
   a. Awareness of existing differences
   b. Growing up as part of the culture in question
   c. Knowledge of the client’s culture
   d. Distinguishing between culture and psychopathology in assessment
   e. Taking culture into account in therapy

3. True or False: This training recommends that most minority youth will benefit from “short-term, time-limited, pragmatic, directive, goal-oriented, problem-focused treatment”.

4. True or False: On average, ethnic minorities tend to prefer a treatment provider of the same ethnicity.
5. True or False: There are currently no evidence-based interventions for minority youth that address trauma related problems.

6. On the whole, existing treatments are effective for ethnic minority youth.

7. True or False: Taken as a whole, there are significant differences in the treatment outcomes for ethnic-minority youth as compared to Euro-American youth.

8. True or False: It is universally true that Culturally Responsive Treatments will enhance the effectiveness of evidence-based interventions.

9. True or False: The training suggested that there are some indications that ethnic minorities who are less acculturated may get more benefit from Culturally Responsive Treatments than minorities who are highly acculturated.

10. Thinking of times when you might need to refer ethnic minority families to services, which of the following did the training describe as an evidence-based way of improving treatment outcomes?
   a. Use reminder letters, phone calls, and other engagement strategies to improve utilization and retention of the intervention.
   b. Always refer to services that provide Culturally Responsive Treatments
   c. Refer all ethnic minority families to One Session Treatment (OST) Exposure Therapy
   d. Ethnic minorities are actually unable to benefit from referrals to services

Please attach your Action Plan and this completed Participation Check and submit them to UNH CPE to the attention of Pam Seufert.
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