Conference Description

The New Hampshire Division for Children, Youth and Families (DCYF) Annual Conference provides a diverse learning forum in which best practices in child protection and juvenile justice can be shared in an effort to enhance service quality. Additionally, the conference provides an opportunity to recognize and celebrate the excellent work of child welfare professionals, as well as community members who work in partnership to better the lives of children, youth, and families. This year, the 21st Annual DCYF Conference is entitled *From Silos to Synergy: Implementing Vision*. The conference focus is intended to demonstrate DCYF’s ongoing commitment to collaboration and partnership in improving outcomes for New Hampshire’s children and families.

Conference Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>7:30am</td>
<td>Registration and Continental Breakfast</td>
</tr>
<tr>
<td>8:30am</td>
<td>Welcome and Opening Remarks</td>
</tr>
<tr>
<td>8:45am</td>
<td>Keynote Presentation</td>
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<td></td>
<td>“Energize Our Work!”</td>
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<td></td>
<td>Bob Faw</td>
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<tr>
<td>9:45am</td>
<td>Break</td>
</tr>
<tr>
<td>10:00am</td>
<td>First Workshop Session (see F1–F7)</td>
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<tr>
<td>12:00pm</td>
<td>DCYF Awards Luncheon</td>
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<tr>
<td>1:15pm</td>
<td>Second Workshop Session (see S1–S7)</td>
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<tr>
<td>2:45pm</td>
<td>Break</td>
</tr>
<tr>
<td>3:00pm</td>
<td>Third Workshop Session (see T1–T7)</td>
</tr>
<tr>
<td>4:30pm</td>
<td>Conference Adjourns</td>
</tr>
</tbody>
</table>

Professional Development

Participants in this conference are eligible for 6.0 staff development credits/hours. DCYF staff who attend are eligible for 6 training hours.

Registration Information

**Date:** Friday, April 18, 2014  
**Time:** 8:30am – 4:30pm, *registration begins at 7:30am*  
**Location:** Radisson Hotel, Manchester, NH  
**Conference Registration Fees:**
- DCYF staff (including CPS, JJS, SYSC, and others), IV-E/DCYF interns, Collaborating Birth Parent, or Youth – No Charge  
- Resource Parent (Foster, Pre/Adoptive, Relative caregiver), Court Appointed Special Advocate (CASA) volunteer, CCR&R Staff, or full-time student – $75  
- Other Professionals – $125

Fee includes continental breakfast, lunch, and materials.  
**Registration Deadline:** Wednesday, April 9, 2014

About the Keynote Speaker

An author, keynote speaker and positive change consultant, Bob Faw ignites passion for positive change around the world. He is the Chief Energizing Officer of the Matchbox Group. He is also the President of the Board of Vital Cycles, empowering trauma survivors on their healing journeys. He is a brain science geek who shares his insights with others who support children in need. Bob’s comedic style and energizing activities keep learners engaged and supports great learning. He builds on learners’ strengths to build passion and rapport.
21st Annual DCYF Conference

From Silos to Synergy: Implementing Vision

Hotel information

Accommodations: Rooms are available at the Center of NH Radisson for a rate of $119 plus tax. Please mention that you are with the DCYF Conference. Available through March 27, 2014.

DCYF staff only: DCYF staff who live and work at least 50 miles from the Center of NH Radisson in Manchester will be eligible to receive overnight accommodations the night of April 17 (this must be for double occupancy). Eligible DCYF staff are asked to contact Heidi Young at 603.271.7212 or via email at hyoung@dhhs.state.nh.us to reserve an overnight room. This will be subject to verification.

Parking: Participants will receive a $5 discounted day parking rate. Please bring your parking ticket with you to the conference registration area for validation. Participants who are staying at the hotel overnight will receive a voucher for an $10 discounted overnight parking rate.

Directions

Radisson Hotel, 700 Elm Street, Manchester, NH
Phone: 603.625.1000

From the south: Follow Route 3N/Everett Turnpike. Just south of Manchester, Route 3 becomes Route 293. Take exit #5/Granite Street. Turn right off ramp, then go through two sets of lights. Hotel garage is next left.

From the east: Follow 95S to Portsmouth; after crossing State line, take 3rd exit (exit #2) to 101W/93S to 293N. After passing Brown Avenue exit, stay right as 293 bears right. Take exit #5/Granite Street. Turn right off ramp, then go through two sets of lights. Hotel garage is next left.

From the west: Take Route 89S to Route 93S to Route 293S. On 293S take exit #5/Granite Street. Turn left off ramp, then go through two sets of lights. Hotel garage is next left.

Event Policies

Registration Policy:
Advance registration is required and accepted in the order received. Payment or purchase order must be provided at least seven (7) days prior to the event. Registrations received within six (6) days of the event may be accepted (depending upon availability) if accompanied by full payment or purchase order.

Cancellation Policy:
To receive a full refund, cancellations must be made in writing seven (7) days prior to the event. Cancellations received within six (6) days of the event are not eligible for a refund.

Conference Collaborators

The preparation of this conference was financed under a contract with the University of New Hampshire and the State of New Hampshire, Department of Health and Human Services, Division for Children, Youth and Families (DCYF), with funds provided in part by the State of New Hampshire and the United States Department of Health and Human Services.

The Center for Professional Excellence in Child Welfare (CPE) draws upon the extensive resources of UNH and its faculty research to provide training and professional development support to child welfare and juvenile justice staff at DCYF. www.unh.edu/cpe

The Institute on Disability at the University of New Hampshire strengthens communities and ensures full access, equal opportunities, and participation for all persons. www.iod.unh.edu

REGISTER AT www.unh.edu/cpe
**Keynote Presentation – Energize Our Work! (8:45am – 9:45am)**

Bob Faw, the Chief Energizing Officer of the Matchbox Group, has worked with all DCYF Bureaus and is expanding his energizing message to other child welfare professionals. By focusing on the self-care needed to support you in the vitally important role you play in the lives of the families you serve, he will take cutting-edge brain science and make it simple, fun, and memorable. He will be presenting on how the brain is naturally wired around the normative response to change and stress that you, your clients, and your colleagues face daily. He will provide both tools and skills to build the capacity to be resilient as an individual and an agency that you can present to the children, youth, and families you work with. Bob is a motivational speaker who brings his warmth and gratitude for the work you do every day.

**First Workshop Session (10:00am – 12:00pm)**

**f1 Energize Tools for Leadership**  
Bob Faw, Chief Energizing Officer, Matchbox Group  
For DCYF Supervisors/Leadership ONLY

Expanding on his keynote message, Bob Faw will provide DCYF Supervisors (from child protection and juvenile justice bureaus) on how to implement change effectively. Even good change is change. The tools he will provide in this training will help create relationship-based communication by being able to manage yourself when the staff you supervise are responding to their own stressors. These tools can be passed down to the workers, which will hopefully be passed down to the children, youth, and families they work with.

**f2 Current Drug Trends**  
Nicole Rodler, Juvenile Court Diversion Coordinator; Detective Christopher Mangum, Rochester NH Police Department

This workshop covers current drug trends that are being seen in New Hampshire and across the country, including: descriptions of products that are on the market and accessible for use, symptoms of use to look for in an individual, what to look for in home visits and on persons, and hides and holds. The presentation discusses both juvenile and adult use. This workshop is designed for professionals in service fields including schools, juvenile probation, and caseworkers.

**f3 Demystifying Social Emotional Competence**  
Thomas Linehan, MS, M.Ed., Field Specialist, University of New Hampshire (UNH) Cooperative Extension

The development of social/emotional competency in children and youth can seem pretty mysterious. Some kids get along with everybody and others seem to struggle mightily to fit in. This workshop will focus on understanding the component parts of social competency: self-regulation, social understanding, and social skills. The emphasis will be on practical strategies for promoting social competency that be built into the everyday lives of children and youth.

**f4 Domestic Minor Sex Trafficking**  
Donna Plourde & Ronda Grace, Executive Directors, Real Life Giving

An estimated 100,000–300,000 children are currently being exploited through prostitution, pornography, and sexual entertainment in the United States. This workshop will include a video presentation and discussion focusing on the following: an overview of the human trafficking of children, contributing factors including the role of vulnerability, recruitment tactics of pimps, and the identification of potential victims. Information specific to New Hampshire in regard to awareness, advocacy, and prevention will be included.
Fetal Alcohol Syndrome/Fetal Alcohol Spectrum Disorder: The Invisible Disability
Jerry Larson, North Country Program Manager, CASA NH; Marty Sink, President/CEO, CASA NH, Adoptive Parent; Connie Owen, MA, MLADC, LCS, Adoptive Parent, Certified FASD Trainer, NOFAS NH board member; Louise Brassard, Foster/Adoptive Parent, NOFAS NH board member
Misinformation about FAS (Fetal Alcohol Syndrome) and FASD (Fetal Alcohol Spectrum Disorder) is widespread. This workshop is designed to build a foundation of scientifically-based knowledge about prenatal exposure to alcohol and its possible negative effects on the fetus. This workshop will also explore ways to non-judgmentally screen for prenatal exposure to alcohol, and will provide helpful suggestions about appropriate interventions and ways we can help improve outcomes for children with FAS/FASD.

Student Victims or Student Criminals: Sexting in a Cyber World
Todd DeMitchell, Ed.D., Professor of Education & Justice Studies, UNH
This workshop will discuss the definition, prevalence, and consequences of student sexting. It will explore how students become victims of sexting and also how students may become criminals carrying the label of sex offender. This workshop will look at the issue of sexting through the lens of educators, and participants will discuss options for responding to this issue.

Second Workshop Session (1:15pm – 2:45pm)

The Unimaginable: Critical Incident Stress Management Lessons Learned from the Sandy Hook Tragedy
Sergeant Troy S. Anderson, State Coordinator, STOPS (State Troopers Offering Peer Support) Program, Connecticut State Police
No one could have ever prepared for the tragic shooting at the Sandy Hook Elementary School in Newtown. Responders who entered the school have been forever changed. Those charged with protecting affected families put aside their own grief while witnessing overwhelming sorrow. Sergeant Troy Anderson, State Coordinator, Connecticut State Police STOPs (State Troopers Offering Peer Support) Program will discuss challenges faced during the tragedy and strategies for long-term support for officers and their families.

Synthetic Drugs of Abuse: What Is Poisoning Youth & Families?
Tami Schaeffer, DO, FACEP, FAMT, Medical Director, Northern New England Poison Center
A medical toxicologist and educator from the Northern New England Poison Center will describe the newest drugs of abuse and discuss the impact on children and families. The presenters will describe the most concerning drugs and give case examples of affected teens, adults and small children. Attendees will learn the effects of Bath Salts, Molly, synthetic marijuana, and other current synthetic drugs of abuse on users and their children. At the end of the session, attendees will form groups which will receive a “case” with problems they will identify, discuss, solve, and present to the remaining audience. Attendees will become familiar with the Poison Center and how working with it and other partners can improve care for children and families.
Addition, Treatment and Recovery for the Young Mother-to-be
Niki Miller, MS, CPS, Senior Program Manager, Advocates for Human Potential
This workshop will look at historic, social, legal, and clinical trends in the use of substances by women during pregnancy, with a special focus on current practices in the treatment of opioid dependency. Participants will review the latest prevalence, treatment utilization, and overdose data, and the background of pharmacological therapy in addiction treatment. Participants will become familiar with the current committee opinion from the American College of Obstetrics and Gynecology on practice guidelines for pregnant women, and resources that support recovery in young families.

Is It Sensory or Behavior: Understanding Typical and Atypical Sensory Processing Skills in Children
Alexa Trolley-Hanson, MS, Clinical Associate Professor of Occupational Therapy, UNH
Do you know a child who struggles to get through daily activities like dressing, grooming, or bathing? Do you know a child who avoids common activities that other children enjoy or is particularly picky? Do you know a child who can't sit still? This workshop will introduce typical and atypical development of sensory processing skills and how these skills impact behaviors across environments. Parents and professionals will leave this course with general strategies they can use to promote strong sensory processing skills and resources for additional support.

Resiliency and Attachment: Reducing the Effects of Trauma in Families Exposed to Violence
Linda Douglas, M.Ed., Trauma Informed Specialist, NH Coalition Against Domestic and Sexual Violence
Children who witness violence and/or depend upon parents who have been victimized or are perpetrators of abuse may face difficulties. Exposure to such experiences may have a tremendous impact on the child’s developing brain. Fortunately, strong, healthy attachments will assist children in developing resilient, well-functioning brains. This workshop will explore how witnessing violence and/or experiencing trauma will impact the brain and will provide models for facilitating positive parent-child interactions leading to a more resilient child.

New Hampshire’s System of Care
Erica Ungarelli & Adele Gallant, MSCJ, NH DCYF; Kathleen Abate, Executive Director, Granite State Federation of Children; Claudia Ferber, MS, Child & Family Programs Director, National Alliance on Mental Illness (NAMI) NH
The NH System of Care is a values-based system designed to serve children, youth, and families experiencing difficulties in day-to-day life due to a severe emotional disturbance and who are at risk for acute psychiatric hospitalization or out-of-home placement in a residential treatment facility. The system of care is built on a partnership between service systems within the Department of Health and Human Services as well as community-based providers. These partnerships will allow access to an enhanced set of services designed to build resiliency, coping, and strategies for families to better meet their child’s or youth’s behavioral health needs. Participants will gain a basic understanding of the values and principles that comprise a System of Care and will learn where the State of NH currently is in its implementation of a System of Care.

NH’s Early Learning Standards: A Tool and Resource for Professionals, Caregivers, and Communities to Understanding Developmental Domains
Ellen Wheatley, Ph.D., ECMP & Jessica A. Sugrue, M.S., AMP/ECMP, Child Development Bureau, NH DCYF
The New Hampshire Department of Health and Human Services, Division for Children, Youth and Families Child Development Bureau will release our new Early Learning Standards this year. The Early Learning Standards are a wonderful tool for professionals and families to utilize in unlocking powerful knowledge about early development in children aged 0–6. Understanding children’s development is critical to the reduction of child abuse and neglect,
assuring school success, optimizing developmental outcomes, and strengthening families as we look ahead to the future of our work. Workshop attendees will participate in interactive discussion and small group activity and be provided with an overview of online tools and resources to inform their practice and to share with families.

**Third Workshop Session (3:00pm – 4:30pm)**

**t1**  
**Avoiding Third-Degree Burns: A Professional First Aid Kit to Prevent Burnout**  
Stephanie Allain Savard, LICSW, Vice President, Families in Transition & Loretta L.C. Brady, Ph.D., APA-CP, Clinical Psychologist, Associate Professor of Psychology at St. Anselm College

Working with children and families with histories of trauma can increase the personal and professional vulnerability of those providing services to this population and the agencies for which they work. This workshop will teach participants the causes, signs, and solutions for professional burnout and vicarious trauma and ways agencies can prevent this problem. Skills for preventing burnout at individual, supervisor and agency levels will be reviewed. Participants will be equipped to recognize and respond to signals of burnout in themselves and colleagues.

**t2**  
**Resilience and Recovery after the Sandy Hook Tragedy**  
Jim Siemianowski, MSW, Director of Quality, Connecticut Department of Mental Health and Addiction Services

This workshop will provide an overview of the role of Connecticut Department of Mental Health and Addiction Services in promoting recovery following the Sandy Hook tragedy. The workshop will explore the behavioral health effects of this mass casualty event on the school and the community and will identify challenges encountered during the response. The session will focus on strategies and interventions used by behavioral health responders to promote resiliency. The training will highlight a range of “lessons learned” at both the individual responder level and the state response level.

**t3**  
**Working with an Addictive Family System**  
Brian Miller, LICSW, MLADC, Assistant Clinical Faculty in Social Work, UNH

Addictions are highly stigmatized and present multiple barriers for individuals and families in both self-identification and the acceptance of treatment. In this interactive workshop participants will learn the effects of substance use disorders on family members, explore our present beliefs about addictions as a culture, gain skills in assessment and referral, and explore roadblocks for individuals struggling with addictions.

**t4**  
**Promoting Positive Dispositions for Youth with Severe Emotional Disorders**  
Ken Norton, LICSW, ACSW, Executive Director, NAMI NH

According to the Mental Health and Juvenile Justice Collaborative for Change 70% of youth in the juvenile justice system meet criteria for a mental health disorder, over 50% meet criteria for multiple disorders, and almost 30% are experiencing disorders so severe that their ability to function is highly impaired. Many of these youth become involved in the juvenile justice system often because their disorders lead to risky or illegal behaviors. This panel will give a family-systems perspective of the challenges and benefits of incorporating police-based diversion or seeking CHINs services in the treatment process. The panel will consist of individuals who have navigated the juvenile justice system as a youth or family member, as well as professionals who will give insight on how to best involve or collaborate with law enforcement for better outcomes.

**t5**  
**The Brain Matters**  
JoAnne Cobb, MSSW, LICSW, Program Director for Early Childhood and Family Support, Child and Family Services

This workshop will provide an overview of early childhood brain development. The effects of toxic stress on the developing brain will be discussed and its implications for practice with children experiencing abuse and neglect.
Participants will learn about available community resources and understand the work being done statewide to integrate early childhood systems.

**The Partners for Change Project: Collaborating with Mental Health Providers to Improve Outcomes for Traumatized Youth and Families**  
*Cassie Yackley, Psy.D., Administrative Director, Partners for Change Project, Dartmouth Trauma Interventions Research Center*

This workshop will provide an orientation to the Partners for Change (PFC) project, a collaboration between the Dartmouth Trauma Interventions Research Center and NH DCYF, aimed at improving the emotional well-being of youth involved in the system. Discussion will focus on the implementation of universal screening and ongoing outcome monitoring for youth/families across the state. We will explore the role of DCYF staff in understanding the emotional health of youth and in facilitating access to evidence-based treatments for trauma. The session will also focus on barriers and facilitators to effective DCYF/mental health collaboration, and challenge participants to consider ways in which the two systems can better understand and support the work of each other.

**APPLA Protocols**  
*Krysty Lamont, Court Improvement Project*

The Model Court Project recognizes that despite the best efforts of all involved there will always be some older youth in RSA 169-C cases with the permanency plan of APPLA. In light of this, the Model Court Project developed a definition of an APPLA permanency plan for older youth that includes the youth’s foremost needs and effectively focuses the efforts of all involved, including the court, at post-permanency hearings. In addition, the Model Court Project addressed related best practices for these older youth by involving the youth as a key participant at all RSA 169-C post-permanency hearings and by supporting the collaborative efforts of DCYF, the CASA GAL or GAL and other primary and supportive adults working with and on behalf of the youth.
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☐ Resource Parent (Foster, Pre/Adoptive, Relative caregiver), Court Appointed Special Advocate (CASA) volunteer, CCR&R Staff, or full-time student – $75
☐ Other Professionals – $125

Please select workshops (one per session):

First Workshop Session:  
☐ f1  ☐ f2  ☐ f3  ☐ f4  ☐ f5  ☐ f6
Second Workshop Session:  
☐ s1  ☐ s2  ☐ s3  ☐ s4  ☐ s5  ☐ s6  ☐ s7
Third Workshop Session:  
☐ t1  ☐ t2  ☐ t3  ☐ t4  ☐ t5  ☐ t6  ☐ t7

Please select lunch:  
☐ Chicken Pomodoro  ☐ Vegetable Lasagna  ☐ Baked Scrod

Name: _____________________________________________
Title: _____________________________________________  Organization: __________________________
Address: _______________________________________________________________________________________
City: ___________________________________________  State: _____________  ZIP: ___________________
This address is my:  ☐ Home  ☐ Work
Daytime Phone: ___________________  E-mail Address: ___________________________________________
*An e-mail confirmation will be sent prior to the event.

Please Select Method of Payment:

☐ Check #: ___________________ Checks can be made payable to the University of NH

☐ Purchase Order #: __________________________

  Billing Contact Name: ____________________________  Billing Contact Phone: ____________________________

  Billing Contact E-mail Address: ____________________________

☐ Visa/MC#: __________________________  Exp. Date: ________  CVV Code: ______

Total Amount Enclosed: $_____________________

I understand and agree to the event policies outlined in this brochure (Signature Required)

Signature: _____________________________________________

Please note any dietary/accessibility accommodations here: ____________________________________________