Upcoming Events & Conferences

Feb 4  
12:30 pm-2:00 pm  
Spring Graduate Fair  
MUB | Strafford Room

Feb 5 (Snow date-Mar 4)  
1:00 pm-3:00 pm  
*Nursing Career Fair  
MUB | Strafford Room

Feb 12  
11:00 am-3:00 pm  
Resume Review Day  
MUB | Granite State & Strafford Rooms

Feb 19  
1:00 pm-5:00 pm  
No Pressure Networking Night  
MUB Room 334/336

Feb 26  
1:00 pm-5:00 pm  
Career and Internship Fair  
Whittmore Center

March 26  
12:00 pm-3:00 pm  
Non-Profit Job and Internship Fair  
MUB | Strafford Room  
* This fair is open to Nursing Majors only

MULTIPLE EVENTS ALERT!!!

This month the Career and Professional Success team is hosting a number of events for all students. Get your resumes reviewed by industry professionals, learn how to network with staff and alumni, land internships and jobs, and more. To prepare for these events contact CHHS career counselors– Lauren.Haley@unh.edu or Komal.Sha@unh.edu.

Or book an appointment with them directly through Handshake!

No time for an appt? Walk-in during Career Express hours.

What are you currently doing? What is the most rewarding aspect of your career?

I run our Premium Sales and Services Department here with the Red Sox which is responsible for selling and servicing our suites and hospitality packages all over the ballpark on a game by game basis. The most rewarding aspect of my career is seeing our clients have a great experience at the ballpark on a professional level with their clients and employees but also on a personal level as a fan of baseball and the Red Sox.

What do you know now that you wish you’d known while an undergrad?

Get involved with as many internships as possible. I did not have much of an opportunity to do it while at UNH because of the time demands of playing soccer, but when I am hiring full and part-time staff the ones who have gathered experience while in school have always been the most ready and successful employees I have had.

What advice do you have for students interested in your field?

Do whatever you can to gain experience. If you cannot find an internship/part-time job with the specific team/company you want, find a similar opportunity in-line with those to best prepare you when an opportunity presents itself. Hardest part about a career in sports is getting your foot in the door so do your very best to begin gaining valuable experience as soon as you can.

(Cont. on the next page)
How did you obtain your first job after graduation? What steps did you take, and what would you recommend to others?

I was one of the few lucky ones where I moved up from CT focused on getting a job with the Red Sox and it actually happened. After receiving my degree at UNH I went against what basically everyone was telling me and I took a job chucking boxes in the warehouse of the Red Sox Team Store. I met some incredible people and networked across to this side of the street as much as I could and within 8 months was working for the Ticket Services Department. I do not recommend everyone just move 2 hrs away on a whim but you definitely give yourself a better chance being front and center with where your goals lie.

**Benefits of getting a job or internship (or several) during college**

Here are a few reasons why getting jobs and multiple internships during college is important:

1. **Learning "On the Job"** - Skills that you learn in the field will always be useful at your next job. Internships are the best place for you to learn new skills and practice old ones to enhance your professional self.

2. **Clearing your doubts** - Internships are great places to experience the environments in which you may potentially be working after graduation. An internship can either strengthen mind to work in a particular field or provide gainful insight to make a better decision.

3. **Networking** - Working with your supervisor, colleagues, and staff will build your networks. The advantage is that they are working in your field of interest and may have many other connections branching out. Use them as your resources when looking for jobs or learning additional skills that will enhance your resume.

4. **Stand out** - Employers are always looking for people who have experience (1-2 yrs) in the field. Luckily for you, you would have gained multiple experiences that make your chances of getting hired, greater.

Based on your experiences and education, what skills do you think have been the most helpful in your career?

- Have to be the hardest worker in the room. Working in sports is incredibly competitive, especially at a global brand like the Red Sox so old-fashioned hard work goes a very long way and is the most noticeable skill.
- Being as personable as possible with everyone and anyone. I always encourage people on my staff to seek out colleagues they do not often work with in the building to not only learn more about the organization but to improve their personal network.
- Ask questions! I bet you will never find and interviewer, supervisor, etc. that will say you are asking too many questions. It not only shows interest and excitement in what you are doing/want to do, it helps you to be better prepared for interviews, projects, daily work, and beyond.

**Attention Grad students! - Upcoming events**

- **Live free or Die Writing**  Jan 14-18; 8:30 - 5:00 P.M
- **J-Term Bootcamp**  HamSmith 232 & 240
- **3 Minute Thesis Workshop #1**: Jan. 31; 12:30-1:30 p.m.
- **The Bones of Your 3MT**  T-Hall G16
- **Three Minute Thesis**  Feb. 20 (Last day- Feb. 13);
  **Practice Round**  4-6 p.m; **Flight Café in Dover**

**Pro Tips:** List all your experiences, duties and responsibilities as a personal document during your internship. Doing this will help you fill your resume easily for other jobs.

**SPRING 2019 Fellowships Calendar**

- **Benjamin A. Gilman Scholarship Info Session**
  - Feb 1st: 3:00-4:00 PM Conant 102
  - Feb 7th: 5:00-6:00 PM Conant 102
  - Feb 12th: 12:30-2:00 PM Connect Off. Hood House

- **Study Abroad & Scholarships Info Session**
  - Feb 7th: 12:45-2:00 PM: MUB 330

- **Postgraduate Opportunities (with Honors Program)**
  - Feb 20th: 5:00-6:00 PM Conant 113

**Jobs and Internships**

Handshake is an online recruiting and job platform that connects college students to employers. To know more about the jobs below (and many others) log in through your Handshake account.

- **Conifer Health Solutions**
  - #2133561 Patient Access Rep, Manchester
  - #2133602 Patient Access Rep, Keene
  - #2133651 Patient Access Rep, Nashua

- **Encore Boston Harbor**
  - #2247479 Public Areas Coordinator

- **UNH Campus Recreation**
  - #2138009 Outdoor Education
  - #1949918 Sport Clubs Supervisor
  - #2219679 Fitness Assistant
  - #2253399 Licensed Practical Nurse
  - #2253421 Special Education Teacher

- **International Sports Training camp**
  - #2168113 Nurse (RN or LPN)
  - #2168231 Lifeguard/Waterfront Staff
  - #2170654 Youth Development Internship (Paid)

- **Southern New Hampshire Health**
  - #2167763 Ropes Course Instructor
  - #2168818 Youth Development - Counselor

- **Maxim Healthcare Services**
  - #2172500 Registered Nurse

- **GEO group**

**Missed on the Previous Issues of Human Impact? Go here:** https://www.unh.edu/career/chhs-newsletters

**Do you have ideas, events, photos, updates, jobs, to share for the upcoming March Newsletter?**

Contact CHHSCareerCounselor, Komal Shah: komal.shah@unh.edu