At the University of New Hampshire, students develop personal and professional skills by following the Wildcat Way to Professional Success.

This model is designed to provide guidance and recommended action steps throughout the UNH experience, equipping students with the knowledge and tools to thrive in an ever-changing future.

- **Identify your interests, skills, and values**
  - Career and Professional Success staff can provide assessment tools to help with the exploration process

- **Learn about your field of interest: industry areas, job types/titles, growth projections**
  - Review Handshake, O*Net, the Bureau of Labor Statistics, Potential Careers for your Major pages, Vault, and Pathsource

- **Map your skills to industry needs**
  - Search job descriptions; indeed.com, LinkedIn, and company specific pages to learn what skills are in demand

- **Understand the career paths of fellow students and alumni**
  - Join Wildcat Connections, review alumni LinkedIn profiles, UNH Today, and college websites for alumni stories

- **Understand salary ranges for your industry**
  - Search Salary.com, Glassdoor, O*Net, and the Bureau of Labor Statistics to find ranges for roles in your industry

- **Create and update career documents**
  - Including resumes, cover letters, and other professional correspondence

- **Create and practice your professional pitch**
  - Take part in networking events on and off campus

- **Develop your LinkedIn & Wildcat Connections profile**
  - Attend Career Drop-In Hours or a CaPS appointment to receive feedback and tips on optimizing your profile

- **Practice interviewing for your specific industry/field and professional goals**
  - Use InterviewStream to record a practice interview, conduct a mock interview with a mentor/employer

- **Cultivate your professional image**
  - Dress for success, learn industry specific etiquette, and review your digital presence (social media and web search results)

[unh.edu/career]
WILDCAT WAY TO PROFESSIONAL SUCCESS

ACADEMIC

☐ Engage in research and field experience
  Connect with your faculty members, Hamel Center for Undergraduate Research, or the UNH
  Research Office

☐ Publish your research and papers
  Submit your research to industry specific journals

☐ Present at professional conferences and competitions
  Take part in the Undergraduate or Graduate Research Conference

☐ Secure a Teaching Assistantship, Lab Assistantship, or tutoring position
  Take on a leadership or service position within your department to support your peers

☐ Study away to build your national and global citizenship
  Find the right program for you with Study Away USA, Semester in the City, Education Abroad, etc.

CO-CURRICULAR

☐ Learn about all of the resources available on campus
  Explore the A-Z Resource Guide on unh.edu to see all UNH has to offer

☐ Volunteer to support your local or global community
  Visit the UNH Civic and Community Engagement website to identify opportunities

☐ Join and participate in clubs and/or student organizations
  Find through the Office of Student Involvement and Leadership, academic organizations, and Campus Recreation

☐ Pursue student leadership positions
  Apply to be a Resident Assistant, take a leadership position in an organization, run for student government

PROFESSIONAL

☐ Shadow professionals and companies of interest
  Use Wildcat Connections or campus connections to build relationships and request job shadowing experiences

☐ Secure at least one internship
  Search through Handshake, established department internship opportunities, and campus recruiting events to find options

☐ Get a part-time job to build other transferable skills
  Attend the Part-Time and Work Study Job Fair, search in Handshake, inquire with campus offices, or local businesses

☐ Build professional and personal networks
  Connect with alumni, faculty, staff, employers, supervisors, parents, friends, friend’s parents, etc.
  Create a profile on Wildcat Connections, join national associations, and expand your LinkedIn
  connections

☐ Maintain your network by following up with your new and established connections
  Send thank you notes after initial conversations and connect on LinkedIn when appropriate

☐ Attend employer events on campus and in the community
  Resume Review Days, Career and Internship Fairs, employer tabling, information sessions, employer and alumni panels

☐ Conduct informational interviews
  Meet with a variety of professionals from desired industry/organizations to hear their career
  stories and advice

☐ Secure 3-5 professional references
  Connect with a combination of appropriate employers, faculty, staff, and/or supervisors

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