

SCOTT MCNAMARA, PH.D. CAPE

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EDUCATION

- Ph.D. Texas Woman's University, Denton, TX, August, 2018
Field of Study: Kinesiology, Adapted Physical Education
Advisor: Suzanna Dillon, Ph.D.
Dissertation: *Effectiveness of podcasts on Texas special education administrators' knowledge of adapted physical education.*
- M.Ed. Wayne State University, Detroit, MI, 2013
Field of Study: Kinesiology, Physical Education Pedagogy
Advisor: Suzanna Dillon, Ph.D.
Master Project: *Community-based sport programming for youth with autism: Implementing evidence-based practices.*
- B.S. Wayne State University, Detroit, MI, 2012
Major: Education
Concentration: Special Education

PROFESSIONAL EXPERIENCES

Assistant Professor of Physical Education Pedagogy, University of New Hampshire, Durham, New Hampshire (August, 2021 – Present)
Assistant Professor of Physical Education Pedagogy, University of Northern Iowa, Cedar Falls, Iowa (August, 2018 – June, 2021)
Graduate Teaching Assistant, Department of Kinesiology, Texas Woman's University, Denton, Texas (2015 – 2018)
Adjunct Professor, Department of Kinesiology, Tarrant County College, Fort Worth, Texas (2016-2017)
Autism Instructor, OUCares, Rochester, Michigan (2013-2015)
Special Education Teacher, Warren Woods Public Schools, Warren, Michigan (2013-2015)
Chapter Founder and Executive Director, Camp Abilities Michigan, Detroit, Michigan (2013-2017)
Adapted Physical Education Teacher, MI-LEAPE Fellowship, Detroit, Michigan (2012-2013)

TEACHING

Courses Taught as Teacher of Record at the University of New Hampshire Undergraduate:

Introduction to Health and Physical Education (HPE 500)
Elementary Physical Education Practicum (HPE 570)

Elementary Physical Education Pedagogy (HPE 610)
Middle School & Secondary Physical Education Pedagogy (HPE 655)
Student Teaching (HPE 694)
Introduction to Adapted Physical Education (HPE 781)

**Courses Taught as Teacher of Record at the University of New Hampshire
Graduate:**

Advanced Assessment in Adapted Physical Education (KIN 842)
Introduction to Adapted Physical Education (KIN 881)
Internship (KIN 950)

**Courses Taught as Teacher of Record at the University of Northern Iowa
Undergraduate:**

Secondary Physical Education Teaching Methods (PEMES 4172)
Adapted Physical Education (PEMES 4152)
Research Experiences: Sports Psychology/Exercise Science (PEMES 3193)
Administration and Curriculum Development in Physical Education (PEMES 3176)
Practicum: Panther Gym Kids (PEMES 3140)
Teaching Physical Education with Technology (PEMES 2031)

Graduate:

Adapted Physical Education (PEMES 5152)
Curriculum Theory and Design in Physical Education (PEMES 6230)

Chaired Graduate Research Papers:

Abby Whritenour (2021). *Educating through a pandemic: The new era of teaching physical education online.*
Sara Clemons (2021). *Effects of aerobic exercise on academic performance in K-12 students.*
Lucas Sears (2021). *Peer mentors' impact on physical activity and socialization of students with intellectual disabilities in physical education.*

Courses Taught as Teacher of Record at Tarrant County College Undergraduate:

Introduction to Health and Wellness (KINE 1164)
Sports Officiating (KINE 1308)

**Courses Taught as Teacher of Record at Texas Woman's University
Undergraduate:**

Disability Sports and Modified Games (KINS 2143)
Adapted Physical Education Practicum (KINS 2621)
Adapted Physical Activity (KINS 2623)
Disability Sport Internship (KINS 4801)
Motor and Physical Assessment of Individuals with Special Needs (KINS 4821)

Courses Assisted at Texas Woman's University Undergraduate:

Motor Learning and Development (KINS 4573)

Graduate:

Methods of Research (KINS 5023)

Professional Affiliation in Adapted Physical Education (KINS 5123)

Assessment in Adapted Physical Education (KINS 5853)

Statistical Inference (KINS 6043)

Courses Assisted at Wayne State University

Undergraduate:

Elementary and Secondary Physical Education Teaching Methods (KHS 6540)

RESEARCH

Refereed Publications (Total Referred Publications = 66)

1. **McNamara, S.,** Henly, J., Craig, P., & Gravink, J. (in press). Gatekeeping and ableism in physical education provision for disabled children: Perspectives and practices. *Qualitative Research in Sport, Exercise and Health*.
<https://doi.org/10.1080/2159676X.2025.2487899>
2. **McNamara, S.,** Wilson, W., & Woo, D. (in press) Legal analysis of the interpretation of adapted physical education in US law. *Exceptionality*.
<http://dx.doi.org/10.1080/09362835.2024.2396110>.
3. Oh, J., **McNamara, S.,** Lee, Y. (in press), Exploring the impact of parent-facilitated aquatics on children with developmental disabilities: A mixed-methods study. *International Journal of Developmental Disabilities*.
<https://doi.org/10.1080/20473869.2024.2371683>
4. Colombo-Dougovito, A., **McNamara, S.,** Blagrove, A.J., Kupferstein, H. (in press). 'Not everybody enjoys physical activity': A qualitative Twitter study of the barriers experienced by autistic adults. *International Journal of Disability and Social Justice*.
5. Columna, L., **McNamara, S.,** Myers, B., Dosa, N., Barry, A., Roth, K., Ashby, C., Ku, B., Davis, T., Borowski, N., & Hooper, L. (in press). Assessing parental stress and self-efficacy: A multisite feasibility study of parent-mediated physical activity interventions for children with developmental disabilities. *Health Promotion Perspective*.
6. **McNamara, S.,** Gunter-Bassett, R., Townsend, R., & Wilson, W. (in press). Promoting adapted physical activity within kinesiology undergraduate programs: A RE-AIM perspective. *Sport, Education, & Society*.
<https://DOI.org/10.1080/13573322.2024.2336585>
7. **McNamara, S.,** Killian, C., & Weiner, B. (2025). ChatGPT in adapted physical education: A useful tool that may not comply with all individualized elements within special education (editorial). *Journal of Physical Education, Recreation and Dance*, 96(4), 5-6. <https://doi.org/10.1080/07303084.2025.2459561>
8. **McNamara, S.,** Craig, P., Henly, J., & Gravink, J. (2024). Relegated to the sidelines: A qualitative inquiry of gatekeepers' perspectives and values of

- physical education for disabled children. *Adapted Physical Activity Quarterly*, 41(4), 573–592. <https://DOI:10.1123/apaq.2023-0174>
9. **McNamara, S.**, Pitchford, E.A., & Case, L. (2024). Familiarity of adapted physical activity among undergraduate students: Personal connection matters. *Journal of Disability Policy Studies*, 35(30), 175-184. <https://doi.org/10.1177/10442073231185262>
 10. **McNamara, S.** & Min, S. (2024). Understanding why educational professionals engage with podcasts: Educational Podcasts Motivational Scale development and validation. *British Journal of Educational Technology*, 55(4), 1728-1746 <https://doi.org/10.1111/bjet.13428>
 11. Townsley, M., & **McNamara, S.** (2024). “PE is more than playing kick ball the entire hour”: Using standards-based grading to elevate physical education’s status among preservice physical educators. *Journal of Teaching in Physical Education*, 43(4), 733–739. <https://doi.org/10.1123/jtpe.2023-0064>
 12. **McNamara, S.**, Larocca, V., & Bassett-Gunter, R. (2024). Physical education podcasts: A thriving community of practice or a one-way mode of communication?. *Physical Education and Sport Pedagogy*, 29(3), 289-301. <https://doi.org/10.1080/17408989.2022.2061937>
 13. **McNamara, S.**, Brian, A., Patey, M., & Bittner, M. (2024). Content acquisition podcasts vs open-access podcast: Improving preservice physical educators’ ability to teach students with visual impairments. *Journal of Special Education Technology*, 39(1), 134-142. <https://doi.org/10.1177/01626434231184820>
 14. **McNamara, S.** & Burt, T. (2024). Professors’ use and perceptions towards an adapted physical education podcast. *Physical Educator*, 81(2). <https://doi.org/10.18666/TPE-2024-V81-I2-11529>
 15. Richards, K.A., Kinder, C. J., **McNamara, S.**, Woods, A. M., Mueller, A., & Ryba, K. (2024). School administrators’ perspectives on and support for physical education. *Journal of Teaching in Physical Education*, 43(3), 451-460. <https://doi.org/10.1123/jtpe.2023-0112>
 16. Lieberman, L., Grenier, M., **McNamara, S.**, Houston-Wilson, C., & Brian, A. (2024). Identifying essential content in the introduction to adapted physical education class. *International Journal of Kinesiology in Higher Education*, 8(3), 255-267. <https://doi.org/10.1080/24711616.2023.2288108>
 17. **McNamara, S.** (2023). Dismantling school administrators’ neoliberal priorities: Creating spaces for physical educators to thrive. (Editorial). *Journal of Physical Education, Recreation & Dance*. 94(7) 3-4. <https://doi.org/10.1080/07303084.2023.2237368>
 18. **McNamara, S.** & Rizzo, T. (2023). Principals’ attitudes and intentions towards supporting adapted physical education. *European Physical Education Review*, 29(3), 421-437. <https://doi.org/10.1177/1356336X231158495>
 19. **McNamara, S.**, Healy, S., Bittner, M., & Blagrove, J. (2023). Physical educators’ experiences and perceptions towards teaching autistic children: A mixed methods approach. *Sport, Education and Society*, 28(5), 522-535. <https://doi.org/10.1080/13573322.2022.2052835>
 20. Richards, K., **McNamara, S.**, Trad, A., Abdallah, S., & Hill, L. (2023). Adapted physical educators’ navigating relationships with school administration. *Adapted*

- Physical Activity Quarterly*, 40(2), 238–256. <https://doi.org/10.1123/apaq.2022-0107>
21. Becker, K., & **McNamara, S.** (2023). The absence of vision impacts attentional focus effects during a balancing task. *Research Quarterly for Exercise & Sport*, 94(1), 118-123. <https://doi.org/10.1080/02701367.2021.1946462>
 22. Hampton, M., & **McNamara, S.** (2022). The impact of educational rewards on the diagnosis of Autism Spectrum Disorder. *Economics and Human Biology*, 47, 101188. <https://doi.org/10.1016/j.ehb.2022.101188>
 23. **McNamara, S.**, Brian, A., & Bittner, M. (2022). Content acquisition podcasts and preservice physical educators' knowledge and self-efficacy towards teaching students with visual impairments. *Journal of Teaching in Physical Education*, 41(3), 356–363. <https://doi.org/10.1123/jtpe.2020-0228>
 24. **McNamara, S.**, Richards, K., Trad, A., Abdallah, S., & Hill, L. (2022). Adapted physical educators' experiences with school administration and marginalization. *Journal of Teaching in Physical Education*, 42(2), 283-292. <https://doi.org/10.1123/jtpe.2021-0299>.
 25. **McNamara, S.**, Bittner, M., Katz, H., & Hangauer, K. (2022). Addressing literature gaps in online learning and adapted physical education: A scoping review. *Kinesiology Review*, 11(2), 191-196. <https://doi.org/10.1123/kr.2021-0030>.
 26. Pan, C. C., & **McNamara, S.** (2022). The impact of adapted physical education on physical fitness of students with intellectual disabilities: A three-year study. *International Journal of Disability, Development and Education*, 69(4), 1257-1272. <https://doi.org/10.1080/1034912x.2020.1776851>
 27. **McNamara, S.**, Ng, K., & Healy, S. (2022). Adapted physical educators' social media usage for professional learning. *Frontiers in Education- Digital Education*, 7. <https://doi.org/10.3389/feduc.2022.849919>
 28. Bittner, M., Young, A., **McNamara, S.**, Miedema, B., & Bowers, T. (2022). The National Consortium for Physical Education for Individuals with Disabilities: Strengths and concerns. *PALESTRA*, 36(2), 14-22.
 29. **McNamara, S.**, Wilson, K., Lieberman, L. (2022). The syllabus is a living document: An examination of introductory adapted physical education syllabi. *The Physical Educator*, 79, 117-141. <https://doi.org/10.18666/TPE-2022-V79-I210607>
 30. Wilson, K., **McNamara, S.**, Lieberman, L. (2022). A descriptive probe into current introduction to adapted physical education courses in the United States of America. *Journal of Special Education Apprenticeship*, 11(2), 1-12.
 31. Hailbach, P., **McNamara, S.**, & Lieberman, L. (2022). Home-based balance intervention for adults with visual impairments. *British Journal of Visual Impairment*, 40(2), 145-159. <https://doi.org/10.1177/0264619620935937>
 32. **McNamara, S.**, Trujillo-Jenks, L., Dillon, S., Healy, S., & Becker, K. (2022). Special education administrators' knowledge of adapted physical education services. *International Journal of Disability, Development and Education*, 69(4), 1389-1400. <https://doi.org/10.1080/1034912x.2020.1731437>
 33. **McNamara, S.**, Dillon, S., Becker, K., Healy, S., & Trujillo-Jenks, L. (2022). The impact of podcasts on special education administrators' understanding of adapted physical education services. *International Journal of Disability*,

- Development and Education*, 69(2), 640-656.
<https://doi.org/10.1080/1034912X.2020.1731437>
34. Adams, D., **McNamara, S.**, Bittner, M., Pawlowski, J., Hangauer, K. (2022). Structured play groups for children with Autism Spectrum Disorder: A critical review. *Journal of the American Academy of Special Education*, 47(1), 7-26.
 35. Yell, M. L., **McNamara, S.**, & Prince, A. M. (2021). Adapted physical education: Meeting the requirements of the Individuals with Disabilities Education Act. *TEACHING Exceptional Children*, 54(1), 70-78.
<https://doi.org/10.1177/00400599211038380>
 36. Shaw, M., & **McNamara, S.** (2021). "I can just get all the bits that I need": Practitioners use of open-access sport science podcasts. *Frontiers in Education, section Digital Learning Innovations*. <https://doi.org/10.3389/feduc.2021.666865>
 37. **McNamara, S.**, Rizzo, T., & Townsley, M. (2021). School administrators' intentions to promote adapted physical education. *NASSP Bulletin*, 105(4), 276292. <https://doi.org/10.1177/01926365211045459>
 38. **McNamara, S.**, Weiner, B., Martinez, D., Ambrosius, H., Griffin, A., Beavers, A., & Heebink, J. (2021). The impact of COVID-19 on teachers' ability to navigate the delivery of APE services. *Journal of Physical Education, Recreation & Dance*, 92(7), 10-15. <https://doi.org/10.1080/07303084.2021.1948466>
 39. Townsley, M., Waldron, J., Alborn-Yilek, S., Schares, D., Huckstadt, D., **McNamara, S.**, Gute, D. (2021). School administrators' experiences in a six month health and wellness community of practice. *Journal of School Health*, 91(10), 857-966. <https://doi.org/10.1111/josh.13073>
 40. **McNamara, S.**, Liberman, L., Weiner, B., McMullen, B. (2021). Discussing adapted physical education during IEP meetings: First-hand parent experiences and a supporting tool. *Journal of Research in Special Educational Needs*, 21(4), 302-311. <https://doi.org/10.1111/1471-3802.12528>
 41. Townsley, M., & **McNamara, S.** (2021). "I thought I was supposed to get an A in PE!" Successes and challenges of teachers and administrators implementing standards-based grading in physical education. *Studies in Educational Evaluation*, 70(101012), 1-8. <https://doi.org/10.1016/j.stueduc.2021.101012>
 42. **McNamara, S.**, Lieberman, L., Wilson, K., & Colombo-Dougovito, A. (2021). "I mean I hate to say it's sink or swim, but...": College course instructors' perceptions of the adapted physical education content that they prioritize and teach". *Sport, Education, and Society*, 92(3), 339-351.
<https://doi.org/10.1080/13573322.2021.1882978>
 43. **McNamara, S.**, Townsley, M., & Hangauer, K. (2021). School administrators and physical educators: A scoping review of perceptions and partnerships from 2000-2020. *Journal of School Leadership*, 32(2), 186-217.
<https://doi.org/10.1177/1052684621990618>
 44. **McNamara, S.**, Shaw, M., Wilson, K., & Cox, A. (2021). Educational podcasts within the field of kinesiology: A scoping review. *Kinesiology Reviews*, 10(1), 88100. <https://doi.org/10.1123/kr.2020-0007>
 45. **McNamara, S.** & Haegele, J. (2021). Undergraduate students' experiences with educational podcasts to learn about inclusive and integrated physical education. *European Physical Education Review*, 27(1), 185-202.
<https://doi.org/10.1177/13563336x20932598>

46. Moriarty, T., Bourbeau, K., Fontana, F., **McNamara, S.**, & Pereira da Silva, M. (2021). The relationship between psychological stress and healthy lifestyle behaviors during COVID-19 in US college students. *International Journal of Environmental Research and Public Health*, 18 (9), 4752. <https://doi.org/10.3390/ijerph18094752>.
47. **McNamara, S.**, Colombo-Dougovito, A., Weiner, B., & Ahrens, C. (2021). Adapted physical educators' perspectives of educational research. *Research Quarterly for Exercise and Sport*, 92(3), 339-351. <https://doi.org/10.1080/02701367.2020.1732858>
48. **McNamara, S.**, Healy, S., & Haegele, J. (2021). Use of social media for professional development by physical educators who teach students with disabilities. *International Journal of Disability, Development and Education*, 68(5), 690-701. <https://doi.org/10.1080/1034912X.2019.1699649>
49. **McNamara, S.**, Wilson, K., & Petersen, A. (2020). Content acquisition podcasts' impact on pre-service teachers' understanding of language and disability. *British Journal of Educational Technology*, 51(6), 2513-2528. <https://doi.org/10.1111/bjet.12927>
50. **McNamara, S.**, Bittner, M., & Healy, S. (2020). Online training for physical activity practitioners on evidence-based practices for clients with autism. *Advances in Autism*, 7(4), 283-293. <https://doi.org/10.1108/AIA-04-2020-0026>
51. **McNamara, S.**, & Shaw, M. (2020). Using educational podcasts in kinesiology college courses. *International Journal of Kinesiology in Higher Education*, 112. <https://doi.org/10.1080/24711616.2020.1846476>
52. Bittner, M., Lavay, B., **McNamara, S.**, & Abadjian, K. (2020). Using social media to promote adapted physical education services. *California Association for Health, Physical Education, Recreation and Dance*, 6(1), 12-25.
53. **McNamara, S.**, Pitchford, E., & Griffin, A. (2020). Position statement on adapted physical education for IAHPERD. *IAHPERD Journal*, 21-22.
54. Bittner, M., **McNamara, S.**, Katz, H., & Silliman-French, L. (2020). School administrators' opinions toward adapted physical education. *Journal of Special Education Administration*, 33(1), 36-44.
55. **McNamara, S.** (2020). Universal design for learning in physical education. *Adapted Physical Activity Quarterly*, 37(2), 235-237. <https://doi.org/10.1123/apaq.2020-0016>
56. **McNamara, S.**, & Dillon, S. (2020). Finding a home for adapted physical education in individualized education program software. *European Journal of Adapted Physical Activity*. 13(4), 1-12. <https://doi.org/10.5507/euj.2019.015>
57. **McNamara, S.**, & Drew, C. (2019). Concept analysis of the theories used to develop educational podcasts. *Educational Media International*, 56(4), 300-312. <https://doi.org/10.1080/09523987.2019.1681107>
58. **McNamara, S.** (2019). Using podcasts to promote adapted physical education. *PALESTRA*, 33(4), 40-43.
59. **McNamara, S.**, Dillon, S., & Fulton, N. (2019). Online learning for school administrators regarding physical education: A systematic review. *Education Leadership Review*, 20(1), 39-50.

60. **McNamara, S.,** Silliman-French, L., Morgan, V., & Stephens-Pisecco, T. (2019). Overcoming adapted physical education barriers through collaboration among special educators and administrators. *Journal of the American Academy of Special Education Professionals (JAASEP)*.
61. **McNamara, S.,** Lieberman, L.J., Weiner, B., McMullen, B. (2019). Physical education and the individual education plan: A checklist for service providers and parents. *Strategies: A Journal for Physical and Sport Educators*, 32(5), 32-35. <https://doi.org/10.1080/08924562.2019.1637179>
62. **McNamara, S.,** Becker, K., Wiegel, W., Marcy, P., & Haegele, J. (2019). The influence of attentional focus instructions on motor performance among adolescents with severe visual impairment. *Perceptual and Motor Skills*, 126(6), 1145-1157. <https://doi.org/10.1177/0031512519869090>
63. Bittner, M., **McNamara, S.,** Adams, D., Goudy, L., & Dillon, S. (2018). How to implement exercise as an evidence-based practice for individuals with autism spectrum disorder. *PALESTRA*, 30(2), 15-19.
64. **McNamara, S.,** Becker, K., & Silliman-French, L. (2017). Attentional focus during balancing for children with visual impairments. *Frontiers in Movement Science and Sport Psychology*, 8(1804), 1-7. doi:10.3389/fpsyg.2017.01804
65. Dillon, S., Adams, D., Goudy, L., Bittner, M., & **McNamara, S.** (2017). A systematic review: Exercise as an evidence-based practice for individuals with autism spectrum disorder. *Frontiers in Public Health*, 290(4), 1-8. <https://doi.org/10.3389/fpubh.2016.00290>
66. **McNamara, S.,** & Brooks, C. (2016). Promoting physical education through podcasts. *Journal of Physical Education, Recreation and Dance*, 87(6), 50-52. <https://doi.org/10.1080/07303084.2016.1192928>

Manuscripts with Revisions

1. Shaw, S., **McNamara, S.,** Bell, L., McGawley, K., & Fernandes, J. (Major Revisions). It's for me, but then I share it': Exploring open-access podcast creation in the sport and exercise sciences. *Journal of Radio and Audio Media*.

Chapters and Supplemental Readings

1. **McNamara, S.,** Wilson, W., Bittner, M., & Haegele, J. (2024), *Physical education: A federally guaranteed component of special education*. In J. Kaufman, D.P. Hallahan, & P. Cullen (Eds.) *Handbook of Special Education* (3rd Ed). Routledge.
2. Ross, S. & **McNamara, S.** (2024). A reintroduction to NCPEID leaders. *The Advocate Newsletter*.
3. **McNamara, S.** (2023). Advocating for physical education and adapted physical education to administrators. *New Hampshire Association for Health, Physical Education, Recreation & Dance*. (Spring Issue).
4. **McNamara, S.** (2022). Why listen to physical education podcasts?. *The Advocate Newsletter*.
5. Lai, B., Stanish, H., Odusanya, A., & **McNamara, S.** (2022). *Demystifying the intersection between kinesiology, therapy and public health: Roles and career*

- opportunities. In D. Burt & B. Hersman (Eds.) *Movement in Special Populations* (1st Ed). Kendall Hunt.
6. **McNamara, S.** & Haegele, J. (2021). Unlocking research: Undergraduate students' experiences with educational podcasts to learn about inclusive and integrated physical education. *Unlock Research: SHAPE America*. Available at: https://www.shapeamerica.org/prodev/research/UnLocking_Research.aspx
 7. Townsley, M., & **McNamara, S.** (2021). Standards-based grading empowers physical educators and enhances their teaching practices. *Iowa ASCD: The Source*, 21(8). Available at <https://www.smores.com/4wtja-the-source?ref=email>
 8. Iowa Department of Education (2020). Guidance for Physical Education for Students with Disabilities. <https://educateiowa.gov/documents/physical-education/2020/12/guidance-physical-education-students-disabilities> (Authors in alphabetical order: Griffin, A., Jenkins, L., **McNamara, S.**, & Pitchford, E.A.)
 9. **McNamara, S.** (2020). Advocating for adapted physical education: An IEP checklist. *The Advocate Newsletter*.
 10. **McNamara, S.**, & Pan, C. (2020). *Adapted physical education in the special education process*. In A. Singh, M. Viner & C.J. Yeh (Eds.) *Special Education Design and Development Tools for School Rehabilitation Professionals* (1st Ed), pp. 61-85. IGI Global.
 11. **McNamara, S.**, Lieberman, L., Tymeson, G., & Weiner, B. (2019). IEP meeting checklist for parents about physical education services. On Wrightslaw.com
 12. **McNamara, S.** (2018). What's new in adapted physical education: A podcast. *NCPHAD Quarterly Digest: Educators Newsletter*.
 13. Bittner, M., Goudy, L., & **McNamara, S.** (2017). Disability fact sheets. In *SPARK Inclusive PE Guidebook*. Appleton, WI: SDSU Foundation.

Conference Presentations (Total Referred Presentations Accepted/Presented 92)

*Indicates student research project/presentation

1. Brown, C. & **McNamara, S.** (June, 2024). *From margins to mainstream — Transforming sports culture for diversity and inclusion*. Disability Sports Conference, Coventry, United Kingdom. [Status: Presented] [Referred].
2. Craig, P., **McNamara, S.**, Henly, J., & Gravink, J. (March, 2024). *The status of adapted physical activity for K-12 students with disabilities in New England*. College of Health and Human Services Research Conference, Durham, NH. [Status: Presented] [Non-Referred].
3. **McNamara, S.** (November, 2023). *Insights into adapted physical education in the New England region to empower change*. New Hampshire Association for Health and Physical Education, Recreation and Dance, Waterville, NH. [Status: Presented] [Referred].
4. **McNamara, S.** (November, 2022). *Special education law and adapted physical education*. New Hampshire Association for Health and Physical Education, Recreation and Dance, Waterville, NH. [Status: Presented] [Referred].

5. Grenier, M. & **McNamara, S.** (November, 2022). *Ask the Experts: Questions and Answers on Adapted/Physical Education for Your Students with Disabilities*. New Hampshire Association for Health and Physical Education, Recreation and Dance, Waterville, NH. [Status: Presented] [Referred].
6. Ellison, S., Hernández-Saca, D.I., Levingston, J., & **McNamara, S.** (November, 2021). *Social Justice Education in the Midst of Pandemics and Crises*. Bill and Linda Tubbs Teaching Connections Virtual Conference, University of Northern Iowa, College of Education, Cedar Falls, IA. [Status: Presented] [Referred].
7. Young, A., Bittner, M., **McNamara, S.**, Miedema, B., Ambrosius, H., & Bowers, S. (July, 2021). *The National Consortium for Physical Education Individuals with Disabilities: Strengths and concerns*. National Consortium for Physical Education for Children with Disabilities, Washington DC. [Status: Presented] [Refereed].
8. **McNamara, S.** (October, 2020). *Staying connected: Using podcasts for PETE and K-12 PE programs*. Michigan Society of Health and Physical Educators Conference, Lansing, MI. [Status: Presented] [Referred].
9. Colombo-Dougovito, A., Blagrove, J., Vanderbom, K., & **McNamara, S.** (April, 2020). *We are in this together: Improving research outcomes by including key stakeholders*. American Educational Research Association. San Francisco, CA. [Status: Presented] [Referred].
10. Grenier, M., Brian, A., Patey, M., & **McNamara, S.** (April, 2020). *Inclusionary Practices: What We Know, Want and Need*. Society of Health and Physical Educators Conference, Salt Lake City, UT. [Status: Presented] [Refereed] [Conference Cancelled]
11. Dillon, S., **McNamara, S.**, & Goudy, L. (November, 2019). *Adapted physical education in the introductory special education course*. Teacher Education Division of the Council for Exceptional Children Annual National Conference, New Orleans, LA. [Status: Presented] [Referred].
12. Dillon, S., Goudy, L., & **McNamara, S.** (November, 2019). *Innovative and interdisciplinary teacher education*. Teacher Education Division of the Council for Exceptional Children Annual National Conference, New Orleans, LA. [Status: Presented] [Referred].
13. **McNamara, S.**, Dillon, S., Becker, K., Healy, S., & Trujillo-Jenks, T. (June, 2019). *The impact of podcasts on special education administrators' understanding of adapted physical education services*. International Symposium on Adapted Physical Activity, Charlottesville, VA. [Status: Presented] [Referred].
14. **McNamara, S.**, Lavay, B., & Verderber, J., (November, 2018). *NAPEC: Where did we come from and where are we going?*. National Adapted Physical Education Conference, Los Angeles, CA. [Status: Presented] [Referred].
15. Bittner, M., Lavay, B., Abajian, K., & **McNamara, S.** (November, 2018). *Advocating for adapted physical education using social media*. National Adapted Physical Education Conference, Los Angeles, CA. [Status: Presented] [Referred].
16. **McNamara, S.** & Dillon, S. (February, 2018). *Special education administrators and adapted physical education: What you need to know*. Texas Council of Administrators of Special Education. [Status: Presented] [Referred].

17. **McNamara, S.,** Lavay, B. & Silliman-French, F. (November, 2016). *A live podcast discussing assessment in adapted physical education*. National Adapted Physical Education Conference, Los Angeles, CA. [Status: Presented] [Referred].
18. **McNamara, S.** (November, 2016). *Podcast: How and why to create one in physical education*. National Adapted Physical Education Conference, Los Angeles, CA. [Status: Presented] [Referred].
19. **McNamara, S.,** Hilgenbrinck, L., Dillon, S., Weiner, B., Sakai, J., Campbell, A., & Foederer, V. (September, 2016). *A live podcast discussing behavioral strategies in adapted PE and delivery service options in adapted PE*. North Texas Adapted Physical Education Conference, Denton, TX. [Status: Presented] [Referred].
20. **McNamara, S.,** & Silliman-French, L. (June, 2016). *Multi-faceted framework for collaboration between special educators and adapted physical educators*. Texas Council for Exceptional Children Summer Conference, Austin, TX. [Status: Presented] [Referred].
21. Goudy, L., **McNamara, S.,** Davis, R., & Dillon, S. (April, 2016). *Putting disability sport into your general physical education program*. Society of Health and Physical Educators Conference, Minneapolis, MN. [Status: Presented] [Referred].
22. Dillon, S., Jackson, R., Goudy, L., Dhillon, K. & **McNamara, S.** (October, 2015). *Strategies for creating coalitions and partnerships for physical education policy changes: A team approach*. PETE & HETE Conference, Atlanta, GA. [Status: Presented] [Referred].
23. **McNamara, S.,** Goudy, L., & Dillon, S. (March, 2015). *Adapted physical education in the transition process*. Michigan Council for Exceptional Children, Grand Rapids, MI. [Status: Presented] [Referred].
24. Dillon, S., Goudy, L., & **McNamara, S.** (March, 2015). *What is adapted physical education?* Michigan Council for Exceptional Children, Grand Rapids, MI. [Status: Presented] [Referred].
25. **McNamara, S.,** Hope, E., Goudy, L., & Dazer, C. (March, 2015). *Physical activity for students with visual impairments*. Michigan Association for Health and Physical Education, Recreation and Dance, Livonia, MI. [Status: Presented] [Referred].
26. **McNamara, S.,** Dazer, C., & Hope, E. (November, 2014). *Physical activity for students with visual impairments: Camp Abilities Michigan*. Michigan Association for Health and Physical Education, Recreation and Dance, Grand Rapids, MI. [Status: Presented] [Referred].
27. **McNamara, S.** (May, 2014). *Camp Abilities Michigan*. Annual Conference of the Michigan Chapter Association for Education and Rehabilitation of the Blind and Visually Impaired, Livonia, MI. [Status: Presented] [Referred].
28. Dillon, S. R., Goudy, L., Hope, E., **McNamara, S.,** Vettraino, J., Fusco, C., & Dazer, C. (November, 2013). *Field days for special populations*. Annual meeting of the Michigan Association for Health, Physical Education, Recreation and Dance, Lansing, MI. [Status: Presented] [Referred].
29. Dillon, S. R., Eplin, E., Fusco, C., Goudy, L., Hope, E., **McNamara, S.,** & Vettraino, J. (March, 2013). *Michigan Leadership and Education in Adapted*

- Physical Education Project*. 23rd Annual Southeast Michigan Workshop of Michigan Association for Health, Physical Education, Recreation and Dance, Warren, MI. [Status: Presented] [Referred].
30. Fusco, C., Eplin, E., Goudy, L., Hope, E., **McNamara, S.**, Vettraino, J. & Dillon, S. R. (November, 2012). *Inclusive practices in physical education*. Michigan Association for Health, Physical Education, Recreation and Dance, Traverse City, MI. [Status: Presented] [Referred].
 31. Dillon, S. R., Vettraino, J., Eplin, E., Fusco, C., Goudy, L., Hope, E., & **McNamara, S.** (November, 2012). *Michigan Leadership and Education in Adapted Physical Education Project*. Michigan Association for Health, Physical Education, Recreation and Dance, Traverse City, MI. [Status: Presented] [Referred]

Workshops

1. Carlson-Strom, H., Colon, J., Howe, A., Lappin, D., Pardo, F., Segal, B., Taylor, P., Ware, G., Winsper, J., & **McNamara, S.** (November, 2024). *Adapted physical education in action: Practical tools and knowledge*. New Hampshire Association for Health and Physical Education, Recreation and Dance, Waterville, NH. [Status: Presented] [Referred].
2. **McNamara, S.** (August, 2021). *Adapted physical education for students with visual impairments*. Iowa School for the Blind Summer Institute, Des Moines, IA. [Status: Presented] [Referred].
3. Colombo-Dougovito, A., & **McNamara, S.** (June, 2021). *Social media is...: Navigating the purpose, ethics, and access of digital methods for the research involving individuals with disabilities*. International Symposium on Adapted Physical Activity, Charlottesville, VA. [Status: Presented] [Referred].
4. Colombo-Dougovito, A., Blagrove, J., Vanderbom, K., & **McNamara, S.** (June, 2019). *Community engaged research: Improving adapted physical activity outcomes using participatory action research*. International Symposium on Adapted Physical Activity, Charlottesville, VA. [Status: Presented] [Refereed]
5. **McNamara, S.** (February, 2019). *Podcasting and doctoral programs in adapted physical education*. Workshop for graduate adapted physical education students at the University of La Cross Wisconsin.
6. **McNamara, S.**, Lytle, R., Foster, E., Brickhouse, L. (November, 2018). *Panel Discussion: The state of adapted physical education*. National Adapted Physical Education Conference, Los Angeles, CA. [Status: Presented] [Non-Refereed].
*Moderator
7. **McNamara, S.** (October, 2018). *Teaching and Learning Collaborative: Leisure and recreation for children with visual impairments*. Workshop for employees at the School of the Blind Iowa. [Status: Presented] [Non-Refereed]
8. **McNamara, S.** (August, 2018). *Incorporating assistive technology into adapted physical education to achieve healthy outcomes*. Center on Technology and Disability Webinar, Washington D.C.. [Status: Presented] [Refereed]
9. **McNamara, S.** (March, 2018). *Lifeguarding and CPR with people with disabilities*. Texas Woman's University Fitness and Recreation Department InService Training, Denton, TX. [Status: Presented] [Non-Refereed]

10. **McNamara, S.** (November, 2016). *Differentiated instruction: How to make every student successful*. Texas Woman's University Pre-Service Teacher Professional Development Day, Denton, TX. [Status: Presented] [Non-Refereed]
10. Eplin, E., Fusco, C., Goudy, L., Hope, E., **McNamara, S.** & Dillon, S. R. (November, 2012). *Inclusive secondary physical education activities*. Wayne County RESA Physical Education Teachers Professional Development Day, Livonia, MI. [Status: Presented] [Non-Refereed]
11. Eplin, E., Fusco, C., Goudy, L., Hope, E., **McNamara, S.** & Dillon, S. R. (October, 2012). *Movement Education for Early Childhood Service Providers*. Woodward Corridor Early Childhood Consortium Conference, Detroit, MI. [Status: Presented] [Non-Refereed]

Podium

1. Strittmater, G; Kim, M., **McNamara, S.** & Richards, K. A. (May, 2025). *School administrators' understanding of and support for adapted physical education: A socialization perspective*. International Organization for Physical Education in Higher Education Conference, Saint Petersburg Florida, USA. [Status: Accepted] [Refereed]
2. Nowland, L., **McNamara, S.**, & Bassett, L. (September, 2024). *Perspectives and experiences of physical activity professionals working with autistic individuals*. North American Federation of Adapted Physical Activity, Ithaca, NY. [Status: Presented] [Refereed]
3. **McNamara, S.**, Craig, P., Henly, M., & Gravink, J. (March, 2024). *Unveiling Ableism: How disability still leads to marginalization of children in physical education spaces*. Society of Health and Physical Educators Conference, Cleveland, OH. [Status: Presented] [Refereed]
4. **McNamara, S.**, Wilson, W., & Woo, D.W. (June, 2023). *Legal analysis of the interpretation of adapted physical education in US law*. International Symposium for Adapted Physical Activity. Dunedin, NZ. [Status: Presented] [Referred].
5. Richards, K.A., **McNamara, S.**, Trad, A., Abdallah S., & Hill, S. (April, 2023). *Adapted physical educators navigating relationships with school administrators*. American Educational Research Association. Chicago, IL. [Status: Presented] [Referred].
6. **McNamara, S.** & Rizzo, T. (April, 2023). *School administrators' intentions to support adapted physical education: A qualitative inquiry*. Society of Health and Physical Educators Conference, Seattle, WA. [Status: Presented] [Refereed]
7. Pitchford, E.A., & **McNamara, S.** (October, 2022). *Associations amongst college students and their perceptions towards physical activity for people with disabilities*. North American Federation of Adapted Physical Activity, St. Catharines, Ontario, Canada. [Status: Presented] [Refereed]
8. **McNamara, S.**, Richards, K.A., Trad, A., Abdallah S., & Hill, S. (April, 2022). *School administrators' role in the marginalization of adapted physical educators*. Society of Health and Physical Educators Conference, New Orleans, LA. [Status: Presented] [Refereed]
9. **McNamara, S.**, & Pitchford, A. (June, 2021). *College students' demographic characteristics associated with familiarity with adapted physical activity terms*.

- International symposium on Adapted Physical Activity, University of Jyväskylä, Finland. [Status: Presented] [Refereed]
10. Wilson, K.*, **McNamara, S.** & Lieberman, L. (April, 2020). *Syllabi analysis of undergraduate introduction to adapted physical education courses*. INSPIRE, Cedar Falls, IA. [Status: Presented] [Refereed]
 11. Wilson, K.*, **McNamara, S.** & Lieberman, L. (April, 2020). *Current state of adapted physical education introduction courses*. Society of Health and Physical Educators Conference, Salt Lake City, UT. [Status: Presented] [Refereed]
 12. Colombo-Dougovito, A., **McNamara, S.**, Weiner, B., & Ahrens, C. (April, 2020). *Adapted physical educators' views toward educational research*. Society of Health and Physical Educators Conference, Salt Lake City, UT. [Status: Presented Online] [Refereed] [Conference Cancelled]
 13. Townsley, M., **McNamara, S.**, Waldron, J., Alborn-Yilek, S., Schares, D., Huckstadt, D., Gute, D. (April, 2020). School administrators' experiences in a six month health and wellness community of practice. Society of Health and Physical Educators Conference, Salt Lake City, UT. [Status: Presented] [Refereed]
 14. **McNamara, S.**, Dillon, S., Becker, K., Healy, S., & Trujillo-Jenks, L. (June, 2019). *The impact of podcasts on special education administrators' understanding of adapted physical education services*. International symposium on Adapted Physical Activity, Charlottesville, VA. [Status: Presented] [Refereed]
 15. **McNamara, S.** (November, 2018). *Keynote speech: Inclusion in the field of adapted physical education, where are we now*. National Adapted Physical Education Conference, Los Angeles, CA. [Status: Presented] [Non-Refereed].
- *Keynote Speaker**
16. Becker, K. & **McNamara, S.** (June, 2018). The presence of vision impacts *attentional focus effects in continuous tasks*. Annual Meeting of the North American Society for the Psychology of Sport and Physical Activity, Denver, CO. [Status: Presented] [Refereed]
 17. **McNamara, S.**, Becker, K. & Silliman-French, L.S.F. (June, 2017). *Attentional focus effects in children with visual impairments*. Annual Meeting of the North American Society for the Psychology of Sport and Physical Activity, San Diego, CA. [Status: Presented] [Refereed]

Poster

1. Lieberman, L., Greiner, M., Brian, Al., & **McNamara, S.** (July, 2023). Identifying essential content in the introduction to adapted physical education class: Advice from experts. National Consortium for Physical Education for Children with Disabilities, Arlington, VA. [Status: Presented] [Refereed]
2. Barry, A., **McNamara, S.**, Myers, B., Hooper, L., Ashby, C., Dosa, N., Roth, K., Davis, T., & Columna, L. (June, 2023). *A multisite parent-mediate physical activity intervention for children with developmental disabilities*. International Symposium on Adapted Physical Activity, Dunedin, NZ. [Status: Presented] [Referred].
3. **McNamara, S.**, Richards, K.A., Trad, A. (October, 2022). *Adapted physical educators as advocates for themselves, their students, and their programs*. North American Federation of Adapted Physical Activity, St. Catharines, Ontario, Canada. [Status: Presented] [Refereed]

4. **McNamara, S.** & Pitchford, E. (April, 2022). *College students' perceptions towards the importance of physical activity for people with disabilities*. Society of Health and Physical Educators Conference, New Orleans. [Status: Presented] [Refereed]
5. **McNamara, S.,** Ng, K., & Healy, S. (June, 2021). *Adapted physical educators use of social media to bridge the professional learning gap*. International Symposium on Adapted Physical Activity, University of Jyväskylä, Finland. [Status: Presented] [Refereed]
6. **McNamara, S.** & Pitchford, E. (February, 2021). *College students' familiarity with terms associated with adapted physical activity*. National Consortium for Physical Education for Children with Disabilities, Virtual. [Status: Presented] [Refereed]
7. **McNamara, S.,** Brian, A., & Bittner, M. (February, 2021). *Using content acquisition podcasts to increase preservice physical educators' knowledge and self-efficacy towards teaching students with visual impairments*. National Consortium for Physical Education for Children with Disabilities, Virtual. [Status: Presented] [Refereed]
8. Colombo-Dougovito, A., **McNamara, S.,** Blagrove, J., Kupferstein, K. (February, 2021). *"Not everybody enjoys physical activity": A qualitative Twitter study of the barriers experienced by autistic adults*. National Consortium for Physical Education for Children with Disabilities, Virtual. [Status: Presented] [Refereed]
9. Colombo-Dougovito, A., **McNamara, S.,** Blagrove, J., Kupferstein, K. (May, 2020). *A conversation on Twitter: Autistic adults perceptions of physical activity*. International Society of Autism Research. Seattle, WA. [Status: Presented] [Refereed]
10. **McNamara, S.,** Bittner, M., & Healy, S. (April, 2020). *The feasibility of online training to enable fitness professionals to work with individuals with autism spectrum disorder*. Society of Health and Physical Educators Conference, Salt Lake City, UT. [Status: Presented] [Refereed]
11. **McNamara, S.** & Rizzo, T. (April, 2020). *The development of the school administrators' attitudes toward adapted physical education survey*. Society of Health and Physical Educators Conference, Salt Lake City, UT. [Conference Cancelled]
12. **McNamara, S.,** Weiner, B., Lieberman, L., McMullen, B. (April, 2020). *Validation of an IEP Checklist: Advocating for Adapted Physical Education Services*. Society of Health and Physical Educators Conference, Salt Lake City, UT. [Status: Presented] [Refereed]
13. **McNamara, S.,** Shaw, M., Wilson, K., & Cox, A. (November, 2019). *Educational podcasts within the field of kinesiology: A scoping review*. University of Northern Iowa's Education Summit. Cedar Falls, IA [Status: Presented] [Refereed]
14. Davis, T., Tymenson, G., & **McNamara, S.** (July, 2019). *State of the union in adapted physical education certification*. National Consortium for Physical Education for Children with Disabilities, Columbia, SC [Status: Presented] [Refereed]
15. Pan, C., & **McNamara, S.** (June, 2019). *The associations between sport psychological capital and physical self-concept toward athletes with physical disabilities*. International symposium on Adapted Physical Activity, Charlottesville, VA. [Status: Presented] [Refereed]
16. **McNamara, S.,** Becker, K., Weigel, W., Marcy, P., & Haegele J. (June, 2019). *Attentional focus effects on balance for children with visual impairments*.

International symposium on Adapted Physical Activity, Charlottesville, VA. [Status: Presented] [Refereed]

17. Becker, K., **McNamara, S.**, Marcy, P., Weigel, W., & Haegele J. (June, 2019). *Attentional focus effects on goalball for children with visual impairments*. North American Society for Psychology of Sport and Physical Activity, Baltimore, MD. [Status: Presented] [Refereed]
18. Wilson, K.*, & **McNamara, S.** (April, 2019). *The effectiveness of using a podcast to teach person-first language*. Annual Graduate Student Symposium, Cedar Falls, IA. [Status: Presented] [Referred].
19. **McNamara, S.**, & Dillon, S. (January, 2019). *Mislabeled, Misplaced, Misunderstood: Finding a Home for Adapted Physical Education in IEP Software*. Council for Exceptional Children, Tampa, FL. [Status: Presented] [Referred].
20. Fulton, N., **McNamara, S.**, & Dillon, S. (April, 2018). *Online learning for school administrators: A systematic review*. Texas Woman's University Research Symposium, Denton, TX. [Status: Presented] [Referred].
21. **McNamara, S.**, Healy, S., & Haegele, J. (March, 2018). *Social media usage behaviors of adapted physical education specialists*. Society of Health and Physical Educators Conference, Nashville, TN. [Status: Presented] [Referred].
22. Bittner, M., **McNamara, S.**, Katz, H., & Silliman-French, L. (February, 2018). *School administrators' opinion survey towards adapted physical education*. Council for Exceptional Children, Tampa, FL. [Status: Presented] [Referred].
23. **McNamara, S.** & Dillon, S. R. (July, 2017). *Using podcast to inform special education administrators on adapted physical education*. National Consortium for Physical Education for Children with Disabilities, Washington D.C. [Status: Presented] [Refereed]
24. **McNamara, S.** & Becker, K. (June, 2017). *The role of vision and attentional focus in performing a balancing task*. Annual Meeting of the North American Society for the Psychology of Sport and Physical Activity, San Diego, CA. [Status: Presented] [Referred].
25. Adams, D., **McNamara, S.**, Nichols, D., & Silliman-French, L. (April, 2017). *Undergraduate student's perceptions on the benefits of teaching styles*. Texas Woman's University Research Symposium, Denton, TX. [Status: Presented] [Referred].
26. Goudy, L., Adams, D., Bittner, M., **McNamara, S.**, & Dillon, S. (July, 2016). *Establishing exercise as evidence-based practice for individuals with autism spectrum disorder*. National Consortium for Physical Education for Children with Disabilities, Washington D.C. [Status: Presented] [Referred].
27. **McNamara, S.**, Bittner, M., Adams, D., Goudy, L., & Dillon, S. (June, 2016). *Exercise recognized as an evidence-based practice for individuals with autism spectrum disorder*. Texas Autism Research Conference, Austin, TX. [Status: Presented] [Referred].
28. **McNamara, S.**, Debner, G., & Davis, R. (April, 2016). *Using fitness logs with people with cerebral palsy to increase at home physical activity*. Student Creative Arts and Research Symposium, Denton, TX. [Status: Presented] [Referred].
29. McNamara, S., Goudy, L., & Dillon, S. (July, 2013). *Community-based sport programming for youth with autism: Implementing evidence-based practices*.

National Consortium for Physical Education for Children with Disabilities,
Washington D.C. [Status: Presented] [Referred].

Selected Invited Presentations (Non-Referred)

1. **McNamara, S.** (April, 2024). *Nothing about us, without us: Exercise and disability*. Guest Speaker in Undergraduate Course: Topics in Applied Physiology. University of New Hampshire.
2. **McNamara, S.** (March, 2024). *Creating meaningful and impactful future directions for the APE/APA professions*. Keynote at Mult-Institutional Mentorship Consortium Retreat*, Cleveland, OH.
3. **McNamara, S.** (January, 2024). *APE 101: Best practices and resources for supporting educators and supervisors in meeting students' needs*. Health and Physical Education State & District Administrator Special Interest Group, Society of Physical and Health Educators, Virtual.
4. Goh, T.L., Dauenhaur, B., **McNamara, S.**, & Tuda, E. (October, 2023). *Emerging minds: Unveiling new research fellows' work*. Society of Health and Physical Educators Conference, Online.
5. **McNamara, S.** (February, 2023). *Introduction to adapted physical education*. Presented at the New Hampshire Leadership Series: Education for All. Concord, NH.
6. **McNamara, S.** (February, 2022). *Educational research and physical educators*. Guest Speaker in the Graduate Course: Student Teaching in Physical Education. Georgia State University.
7. **McNamara, S.** (October, 2021). *Research methodology: Quasi-experimental design*. Guest Speaker in the Graduate Course: Research Methods in Kinesiology, Health Promotion, and Recreation. University of North Texas.
8. Ellison, S., Hernández-Saca, D.I., Levingston, J., & McNamara, S. (2022). Social Justice Education in the Midst of Pandemics and Crises. [Audio podcast episode]. *Midwest and Plains (MAP) Equity Assistance Center*, Indiana University - Purdue University Indianapolis.
9. **McNamara, S.** (March, 2021). *Adapted physical education & sports for children with disabilities*. Presentation to parents through ASK Resource Center (online).
10. **McNamara, S.** (March, 2021). *101 of adapted physical education*. Presentation to parents through ASK Resource Center (online).
11. **McNamara, S.** (November, 2020). *Social media and assistive technology in adapted physical education*. Presentation for undergraduate physical education students at the University Of Wisconsin Platteville.
12. **McNamara, S.** & Columna, L. (February, 2020). *Diversity and Reaching Families: An interview with Luis Columna*. [Audio podcast]. In What's New in Adapted Physical Education.
13. **McNamara, S.** (January, 2020). *Research methods and agenda*. Presentation for graduate psychology students at the University Of Northern Iowa.
14. **McNamara, S.** & Yell, M. (January, 2020). *Special education law and APE*. [Audio podcast]. In What's New in Adapted Physical Education.
15. **McNamara, S.** & Brian, A. (October, 2019). *Houston we have a movement issue:*

- An interview with Dr. Ali Brian.* [Audio podcast]. In What's New in Adapted Physical Education.
16. **McNamara, S.** & Heims, J. (July, 2019). *An interview with Paralympian Jessica Heims.* [Audio podcast]. In What's New in Adapted Physical Education.
 17. **McNamara, S.,** Marttinen, R., Rizzo, T., & Richards, K. (March, 2019). *Physical education and adapted physical education: A collaboration.* [Audio podcast]. In What's New in Adapted Physical Education.
 18. **McNamara, S.** & Haegele, J. (February, 2019). *Inclusion vs. integrated physical education: A discussion with Dr. Justin Haegele.* [Audio podcast]. In What's New in Adapted Physical Education.
 19. **McNamara, S.** (February, 2019). *Technology and social media in physical education.* Presentation for undergraduate and graduate adapted physical education students at the University of La Cross Wisconsin.
 20. **McNamara, S.** (February, 2019). *Implementing disability sport into a general physical education setting.* Presentation for graduate adapted physical education students at the University of La Cross Wisconsin.
 21. **McNamara, S.** (February, 2019). *Teaching strategies for students with visual impairments.* Presentation for undergraduate adapted physical education students at the University of La Cross Wisconsin.
 22. **McNamara, S.,** & Lieberman, L. (February, 2019). *Camp abilities and sports camps for children with visual impairments.* Online presentation for employees at the School of the Blind Iowa.
 23. Lieberman, L., & **McNamara, S.** (January, 2019). *Validated instruments to use when working with children with visual impairments.* Online presentation for employees at the School of the Blind Iowa.
 24. **McNamara, S.,** & Lieberman, L. (December, 2018). *Transition and physical activity for students with visual impairments.* Online presentation for employees at the School of the Blind Iowa.
 25. Lieberman, L., & **McNamara, S.** (November, 2018). *Universal design and inclusive physical education for students with visual impairments.* Online presentation for employees at the School of the Blind Iowa.
 26. **McNamara, S.,** Kelly, L., Davis, T., & Bader, T. (October, 2018). *The Adapted Physical Education National Standards: How to use them.* [Audio podcast]. In What's New in Adapted Physical Education.
 27. **McNamara, S.,** Dillon, S., & Bader, T. (July, 2018). *Adapted physical education endorsements: Why do we need them.* [Audio podcast]. In What's New in Adapted Physical Education.
 28. **McNamara, S.** Rimmer, J., Martinez, A. (May, 2018). *NCPHAD: Building healthy communities.* [Audio podcast]. In What's New in Adapted Physical Education.
 29. **McNamara, S.,** Lepore, M. (April, 2018). *Adapted physical education practicum experiences around the nation.* [Audio podcast]. In What's New in Adapted Physical Education.
 30. **McNamara, S.** (January, 2018). *The Dear Colleague Letter and other laws that pertain to adapted physical education.* Presentation for undergraduate disability sports course, Texas Woman's University, Denton, TX.

31. **McNamara, S.**, Arnhold, R., & Brickhouse, L. (November, 2017). *Transition in physical education*. [Audio podcast]. In What's New in Adapted Physical Education.
32. **McNamara, S.** (November, 2017). *Adapted physical activity taxonomy, how it works*. Doctoral Seminar, Texas Woman's University, Denton, TX.
33. **McNamara, S.**, Block, M., Healy, S., & Bittner, M. (May, 2017). *Autism in physical education*. [Audio podcast]. In What's New in Adapted Physical Education.
34. **McNamara, S.** & Davis, R. (March, 2017). *Teaching disability sport in general physical education*. [Audio podcast]. In What's New in Adapted Physical Education.
35. **McNamara, S.**, Tymenson, G., & Aiello, R. (August, 2016). *Parent Advocacy*. [Audio podcast]. In What's New in Adapted Physical Education.
36. **McNamara, S.**, Lieberman, L., Haegele, J., Mescall, M., & Beaver, K. (June, 2016). *Camp Abilities*. [Audio podcast]. In What's New in Adapted Physical Education.
37. **McNamara, S.**, Lavay, B., Weiner, B., & Viajar, R. (March, 2016). *Podcast 12: Behavior management*. [Audio podcast]. In What's New in Adapted Physical Education.

GRANTS AND AWARDS

Grants

Submitted Grants

McNamara, S. & Columna, L. (Resubmission). *Enhancing physical activity and fundamental motor skills in children with autism: A theory-driven podcast intervention for parents*. National Institute of Health (R21). (\$260,000)

McNamara, S. *Enhancing physical activity for people with disabilities in Coos county*. Neil and Louise Tillotson Fund- Local Grant Program (\$20,000).

Funded Grants (Total Awarded = \$1.37 Million)

McNamara, S. (2023-2028). *Project supporting health and physical education (SHAPE)*. The Office of Special Education Programs: CFDA 84.325K Preparation in Special Education. (\$1,250,000)

McNamara, S., Maher, A., & Townsley, M. (2024-2026). *Physical educators' and school administrators' conceptualizations of inclusion for disabled children and impacts on policy and practice*. Spencer Foundation, Small Research Grant. (\$50,000)

Strittmater, G., Richards, K., & **McNamara, S.** (2023). *Developing content acquisition podcasts to support administrator support for and understanding of adapted physical education*. Co-Principal Investigator, Illinois Association for Health, Physical Education, Recreation, & Dance (\$6,500).

McNamara, S., Craig, P., Henly, M., & Gravink, J. (2022). *The Status of Adapted Physical Activity for K-12 Students with Disabilities in New England*. Research Support Initiative Proposal, Principal Investigator, University of New Hampshire. (\$15,000)

*\$5,000 of this was matched from the Institute on Disability

McNamara, S. (2021). College of Education Faculty Summer Fellowship, Principal Investigator, University of Northern Iowa (\$4,000).

McNamara, S. (2021) *Virtual Adapted Physical Education Practicum*, The Center for Disabilities and Development, Iowa's University Center for Excellence in Developmental Disabilities (\$3,800).

McNamara, S. (2020-2021). Ross A. Nielson Award, Principal Investigator, University of Northern Iowa (\$1,500).

McNamara, S., & Hooper, L. (2020). *Online Fit Families Program*, Building Capacity Grant, University of Northern Iowa (\$10,000).

McNamara, S. (2020). Veridian Community Engagement & College of Education Dean's Fund for Excellence Fellowship Award, Principal Investigator, University of Northern Iowa (\$3,830).

McNamara, S. (2020). Graduate College Summer Fellowship, Principal Investigator, University of Northern Iowa (\$4,000).

McNamara, S. (2019). College of Education Faculty Summer Fellowship, Principal Investigator, University of Northern Iowa (\$4,000)

McNamara, S., & Hurley, K. (2018). College of Education Technology Grant, Principal Investigator, University of Northern Iowa (\$3,400)

Hurley, K., & McNamara, S. (2018). College of Education Technology Grant, CoPrincipal Investigator, University of Northern Iowa (\$2,500)

McNamara, S. (2018). Dean's Faculty Support Strategic Endowment, Principal Investigator, University of Northern Iowa (\$2,500)

McNamara, S., Dillon, S. (2017), Small Grants Program, Principal Investigator, Texas Woman's University (\$500)

Becker, K & McNamara, S. (2018), Research Funding, Austin's Lions Club, Austin, CoPrincipal Investigator (\$500)

McNamara, S. (2018), University Conference Travel Grant, Texas Woman's University, Principal Investigator (\$350)

McNamara, S. (2017), University Conference Travel Grant, Texas Woman's University, Principal Investigator (\$150)

McNamara, S. (2016), University Conference Travel Grant, Texas Woman's University, Principal Investigator (\$50)

McNamara, S., Winkel, T., Burke, W., & Tunesi, L. (2015) Technology Grant, Michigan Association for Computer Users in Learning, Principal Investigator (\$2,000)

McNamara, S. (2013), Equipment Grant, Michigan Association for Health, Physical Education, Recreation & Dance, Principal Investigator (\$1000)

Select Non-Funded Grants

McNamara, S. & Kelshaw, T. *Motor Learning and Mental Health for Autistic Adults: Unraveling the Pathways to Well-being*. National Research Consortium on MHIDD. (\$131,000)

McNamara, S. *Examining the effectiveness of podcasts on school administrators' knowledge of adapted physical education*, Office of Elementary and Secondary Education: Education and Innovation Research: Mid-Phase Grants (\$91,605).

McNamara, S., Craig, P., Henly, M., Newington, T., & Gravink, J. (2022). *Parents' Perceptions of the Right to Physical Activity for Individuals with Disabilities in New England*. CoRe Grant, Principal Investigator, University of New Hampshire. (\$30,000)

McNamara, S. & Martinsen, R. (2022). *Building a Sustainable Community of Practice Around Health and Physical Education (HPE) Podcasts to Disseminate Knowledge Promoting a Culture of Health.* Pioneering Ideas: Exploring the Future to Build a Culture of Health, Robert Wood Foundation (\$161,000).

Awards

CHHS Outstanding New Investigator Research Award, University of New Hampshire, 2025

Helen M. Heitmann Young Scholar Award, SHAPE America, 2025

Reviewer of the Year Award, Journal of Teaching in Physical Education, 2025

Young Professional Award in Adapted Physical Activity, International Federation of Adapted Physical Activity, 2023

College of Health and Human Services Deans Scholar, University of New Hampshire, 2023

SHAPE America Research Council Fellow, SHAPE America, 2023

David P. Beaver APA Professional Young Scholar Award, National Consortium for Physical Education for Individuals with Disabilities, 2021

Quality Matters Course Development Award, University of Northern Iowa, 2020

Mentored Graduate Student Who Won 4th place at the Annual Graduate Student Symposium, University of Northern Iowa, 2019

Kinesiology Outstanding Doctoral Student of the Year, Kinesiology Department, Texas Woman's University, 2018

Doctoral Student Award of Excellence (Nominated), Texas Woman's University, 2018

Academic Scholarships

RehabMart Scholarship, 2017 (\$200)

Ruth Abernathy Presidential Scholarship, 2017 (\$1,750)

Graduate Experiential Student Scholar Program, 2017 (\$1,000)

Herb and Della French Scholarship Endowment, 2017-2018 (\$167)

Elizabeth Anne Sugars Scholar, 2017-2018 (\$134)

Holley Harvey Scholarship, 2016-2017 (\$5,000)

Texas Woman's University Graduate Student Scholarship, 2015-2018 (\$7,500)

Ivalene & Robert Sherrill Award, 2016-2018 (\$216)

Elizabeth Anne Sugars Scholar, 2016 (\$192)

Joseph Taranto Education Scholarship, 2015 (\$1,000)

MI-LEAPE Fellowship, U.S. Department of Education, 2012-2013 (\$30,000)

Board of Governors' Grant, Wayne State University, 2010-2012 (\$1,200)

Board of Governors' Academic Grant, Wayne State University, 2009-2012 (\$3,700)

Michigan Tuition Incentive Program, State of Michigan, 2009-2011 (\$1,500)

Wayne State University Transfer Scholarship, Wayne State University, 2009-2011 (\$2,500)

PROFESSIONAL SERVICE

Editorial Activities

Associate Editor, *Journal of Disability Policy Studies*, 2023-2026

Book and Media Editor, *Adapted Physical Activity Quarterly*, 2022-Present

Editorial Board Member, *Journal of Teaching in Physical Education*, 2022-2025
Editorial Board Member, *Journal of Physical Education, Recreation and Dance*, 2022-2025
Editorial Board Member, *Palestra*, 2022-Present
Editorial Advisory Board Member, *Special Education Design and Development Tools for School Rehabilitation Professionals*, 2020

Reviewer Activities

Qualitative Research in Sport, Exercise and Health, 2025
TEACHING Exceptional Children, 2025
Intellectual and Developmental Disabilities, 2025
Measurement in Physical Education and Exercise Science, 2024
Journal of Medical Internet Research, 2024
International Journal of Inclusive Education, 2024
British Journal of Educational Technology, 2024
Health Education and Behavior, 2024
Quest, 2023-Present
Autism, 2023-Present
Review of Educational Research, 2023
Journal of Physical Activity and Health, 2023
International Journal of Human-Computer Interaction, 2023
International Journal of Developmental Disabilities, 2022- Present
European Physical Education Review, 2021- Present
Journal of Hospitality, Leisure, Sport & Tourism Education, 2021
Physical Education and Sport Pedagogy, 2020-Present
Adapted Physical Activity Quarterly, 2020 - Present
International Journal of Disability, Development and Education, 2020 – Present
British Journal of Visual Impairments, 2020-2022
Special Edition Reviewer, *International Journal of Sport Communication* entitled *Sport and the Coronavirus Crisis*, 2020
Maternal and Child Health Journal, 2020
Journal of Teaching in Physical Education, 2019- Present
Perceptual and Motor Skills, 2019- 2021
International Journal of Kinesiology in Higher Education, 2018- Present
Strategies, 2018- Present
Journal of Physical Education, Recreation and Dance, 2018- Present
PALAESTRA, 2016- Present

Service to the Profession

Adapted Physical Education Representative, New Hampshire Association for Health, Physical Education, Recreation and Dance, 2024-2027
Parliamentarian/Historian, National Consortium for Physical Education and Recreation for Individuals with Disabilities, 2023-2025
Reviewer for Research Abstracts, International Symposium of Adapted Physical Activity, 2025
Reviewer for Thomas MacKenize Research Award, SHAPE America, 2025

Scientific Committee, North American Federation of Adapted Physical Activity
 Symposium, Member, 2024
 Mission Review Committee, National Consortium for Physical Education and Recreation
 for Individuals with Disabilities, 2024
 Physical Education Standards Task Force, Member, SHAPE America, 2023-2024
 Adapted Physical Education Awards Committee Chair, SHAPE America, 2022-2025
 Adapted Physical Education SIG Chair, SHAPE America, 2022-2025
 Review Panel Chair, SHAPE America National Conference, 2021, 2023-2024
 Reviewer for the Tommy Wilson Memorial Grant, SHAPE America National
 Conference, 2020-2021, 2023-2024
 Cedar Valley Inclusive Health Coalition, Member, 2020-2021
 Abstract Reviewer, SHAPE America National Conference, 2020, 2023
 Awards Committee, National Consortium for Physical Education and Recreation for
 Individuals with Disabilities, 2019-2022
 Membership Committee, National Consortium for Physical Education and Recreation for
 Individuals with Disabilities, 2019-2022
 Ad Hoc Website Development Committee, National Consortium for Physical Education
 and Recreation for Individuals with Disabilities, 2018-2019
 National Consortium for Physical Education and Recreation for Individuals with
 Disabilities, Student Representative, 2016-2018
 Kinesiology Department Graduate Student Committee on Salary Compensation, Texas
 Woman's University, Denton, 2017-2018
 Adapted Physical Education National Standards (APENS) Test Question Reviewer, 2017
 Mentor to First Year Teaching Assistants, 2017
 Kinesiology Department Student Representative for Faculty Meetings, Texas Woman's
 University, Denton, 2016-2017
 Texas Council for Exceptional Children, Practitioner's Committee Coordinator,
 2016-2017
 Camp Abilities Michigan, Chapter Founder and Executive Director, 2013- 2017
 Athletes with Autism, Coach, 2012-2015
 TOPSoccer (The Outreach Program for Soccer) Coach, 2010-2012

Service to the University

Institute on Disability Director Search Committee Member, 2024-2025
 Graduate Coordinator for Adapted Physical Education Program, 2023-Present
 Annual Undergraduate Research Symposium Judge, 2023
 Health and Physical Education Student Club Liaison, 2022-Present
 Department of Kinesiology Honor's Liaison, 2022-2025
 Health and Physical Education Search Committee Member, 2022
 New Hampshire Adapted Physical Education Conference, Coordinator, 2021-Present
 Lifetime Activity Program Committee, Member, 2021- Present
 Secondary Teacher Education Senate, Member, 2020-2021
 Research & Data Analyst Center for Educational Transformation, Search Committee
 Member, 2021
 Carlton-Mellichamp Lecture in Education Committee, 2019-2021

Undergraduate Physical Education Student Adviser, 2019-2021
University Web Design Project, Committee Member, 2021
Annual Graduate Student Symposium Judge, 2019-2021
Community Service Project Coordinator, Panther Play at the University of Northern Iowa, 2018- 2020
Commencement Marshal for College of Education Graduation Ceremony, 2019
Student Outcome Assessment Physical Education Committee, Member, 2019

Professional Memberships

New Hampshire Association for Health, Physical Education, Recreation and Dance, 2022-Present, *Member*
North American Federation of Adapted Physical Activity, 2021- Present, *Member*
International Symposium on Adapted Physical Activity, 2019- Present, *Member*
Society of Health and Physical Educators, 2013-Present, *Member*
National Consortium for Physical Education and Recreation for Individuals with Disabilities, 2013-Present, *Member*
National Association for Kinesiology in Higher Education, 2021, *Member*
Teacher Education Division of the Council for Exceptional Children, 2019-2020, *Member*
Council for Exceptional Children, 2018-2019, *Member*
North American Society for the Psychology of Sport and Physical Activity, 2017-2018, *Member*
California Association for Health Physical Education, Recreation Dance, 2016-2017, *Member*
Texas Association for Health Physical Education, Recreation Dance, 2015-2016, *Member*
Texas Council for Exceptional Children, 2015-2016, *Member*
Michigan Association for Health Physical Education, Recreation and Dance, 2012-2015, *Member*
Michigan Council for Exceptional Children, 2011-2015, *Member*
Golden Key National Honor Society, Lifelong, *Member*

Certifications and Training

Hanover Research Grant Academy, 2022-2023
Designing Your Online Course (Virtual), Quality Matters, 2020
Summer 2020 Grant Writing Workshop, University of Northern Iowa, 2020
Practices for Instruction & Learning for Online Teaching Program, 2017
CPR & First Aid Certified, 2017
APENS, Certified Adapted Physical Educator (CAPE) Certified, 2013-2021
Teacher of students requiring adapted physical education (S.P. Endorsement), 2013
Teaching Certificate: Elementary K-5 all subjects, 2012
Cognitive Impairment Endorsement, Certified to teach K-12, K-8 self-contained classroom, 2012
Michigan Provisional Teaching Certificate, 2012
Wayne State University Dean's List, 2010-2013