

MY NEW IDENTITY

This activity will allow you to experience a new identity. We're asking you to become a member of a group that you would not normally become a part of. This new identity will allow you to learn new things about yourself.

Instructions:

1. Divide large group into small groups of 4-5, and ask members to sit together. Assign each group one identity listed below:
 - a. African American
 - b. Native American
 - c. Women
 - d. LGBT
 - e. HIV/AIDS
 - f. Obese people
 - g. Men
2. Ask individual group members to silently consider the following questions: Then process in small group.
 - a. Even with your new identity, what things will stay the same in your life?
 - b. What are three things that will change?
 - c. What are your fears?
 - d. What are your hopes?
3. Pass out two sheets of newsprint to each group and ask them to discuss and record their answers to these two questions:

What are some of the stereotypes about your group that make you nervous or uncomfortable?

(process in large group)

- a. ask if there are any members who really belong to that group who would like to comment on the answers

What would you like the other groups to know about your group that might help create greater understanding and sensitivity (process in large group)

Conclusion:

1. Did anything surprise you?
2. What did the groups all have in common?
3. Did you learn anything about groups you really belong to?