

MY M&M's and me

I have always liked M&M's
The most diverse multicultural integrated candy in the world.

You have your red ones, your yellow ones, your orange ones, your brown ones, and your green ones.

All in one package
All coexisting together

One color doesn't discriminate against the other.

One color doesn't think that it is superior to the other.

All colors are the same size, shape and weight.

All colors look different on the outside but have the same ingredients on the inside.

M&M's all have the same flavor and they all taste
G-o-o-o-o-o-o-o-o-o-D

Not all M&M's are perfect though.
Some have nuts!!!

In the real world we call them racists and bigots.
Wouldn't it be nice if like M&M's our prejudices melted into the abyss like chocolate melts in our mouth and all people were judged by what was inside rather than the color you see on the outside?

If candy can be prejudice free WHY CAN'T WE?

Adapted from: Christine Spagmoto and Jacqueline Gurrieri. Resident Awareness Program. UNH, 2000