



NATUROPATHIC PHYSICIAN

A brief educational and career guide prepared by:

The UNH Pre-Professional Health Programs Advising Office
Hood House, room 102.

Phone: 862-2064, E-mail: Premed.Advising@unh.edu

Web: <http://www.unh.edu/premed-advising>



What is a Naturopathic Physician?

A licensed naturopathic physician (Doctor of Naturopathic Medicine, or ND) attends a four-year graduate level naturopathic medical school and is educated in all of the same basic sciences as an MD but also studies holistic and nontoxic approaches to therapy with a strong emphasis on disease prevention and optimizing wellness. In addition to a standard medical curriculum, the naturopathic physician is required to complete four years of training in clinical nutrition, acupuncture, homeopathic medicine, botanical medicine, psychology, and counseling (to encourage people to make lifestyle changes in support of their personal health). Graduates of approved naturopathic colleges take a national board examination called the Naturopathic Physicians Licensing Examination for licensing. Currently, NDs are licensed primary care providers in 14 states: AK, AZ, CA, CT, HI, ID, KS, ME, MT, NH, OR, UT, VT, and WA.

Programs

There are currently four colleges of naturopathic medicine in the U.S. They are:

Bastyr University
College of Naturopathic
Medicine
14500 Juanita Dr. NE
Bothell, WA 98011
(206) 823-1300
www.bastyr.edu

U. of Bridgeport
College of Naturopathic
Medicine
221 University Ave.
Bridgeport, CT 06601
(203) 576-4109
www.bridgeport.edu

National College of
Naturopathic Medicine
11231 SE Market St.
Portland, OR 97216
(503) 255-4869
www.ncnm.edu

Southwest College of
Naturopathic Medicine
2140 East Broadway
Tempe, AZ 85282
(602) 858-9100
www.scnm.edu

There are also two ND programs in Canada. For further information on all six programs refer to the Association of Accredited Naturopathic Medical Colleges (AANMC) www.aanmc.org

OVER

Admissions Requirements

Admissions requirements vary from school to school, but generally ND programs expect a BA or BS with the following undergraduate curriculum:

- 1 year Biology with lab (BIOL 411-412)
- 1 year Chemistry with lab (CHEM 403-404)
- 1 year Organic Chemistry with lab (CHEM 651/653 -652/654)
- 1 year Physics with lab (PHYS 401 -402)
- 1 year English
- 1 year Math (1 semester of statistics, 1 of finite or calculus)
- 1 year Psychology
- 1 year Humanities
- 1 semester Social Sciences

An applicant's undergraduate major is not a factor in admission, so students may complete these prerequisites as major requirements, general education requirements, or as electives. Since prerequisites vary from school to school, students should be sure to check the specific requirements of each program that they are applying to.

ND programs require neither the MCAT nor GRE. Since there is no central application service for ND programs, applications should be requested directly from the schools themselves. Deadlines for application generally fall February -April of the year of entry.

Further Information

A valuable source of information is the American Association of Naturopathic Physicians (AANP), and The Association of Accredited Naturopathic Medical Colleges.

AANP
601 Valley Street, Ste #105
Seattle, WA 98109
Phone: 206-298-0126
Web: www.naturopathic.org/

**Assoc. of Accredited Naturopathic
Medical Colleges (AANMC)**
4435 Wisconsin Avenue NW, Suite 403
Washington, DC 20016
Phone: 202.237.8150 or 866.538.2267
(toll-free)
Fax: 202.237.8152
info@aanmc.org
www.aanmc.org/