

GOOD NEWS! The Embrace Life Fully (ELF) program has expanded coverage for the LIFE LINE Screening Prevention Program to include benefits eligible spouses/same-gender partners of USNH employees.

Stroke is the nation's 3rd largest cause of death behind heart disease and cancer. One of the best ways to prevent a stroke is to test for blockage. LIFE LINE will be offering, as outlined below, three noninvasive and pain free screenings utilizing advanced Doppler ultrasound which can check for vascular disease.

- Carotid Artery/Stroke Screening, which visualizes the buildup of fatty plaque in the carotid arteries which leads to stroke,
- Abdominal Aortic Aneurysm Screening, which visualizes the existence of an aneurysm (enlargement) in the abdominal aorta that could lead to a ruptured aortic artery,
- Peripheral Arterial Disease Screening, which screens for peripheral arterial disease in the lower extremities.

The cost of this program which includes all three screenings is \$99; however, ELF will subsidize \$25 of the cost of the program resulting in an out of pocket charge of \$74 (which is also reimbursable if you have a flexible spending account).

To register for this Program: Please contact Nancy Puglisi by March 31st at: Nancy.Puglisi@unh.edu or call her at 862-0929.