

Career Transition Assistance

Resources

- **Snowden Associates**
Len Rishkofski, President
(603) 431-1553
www.snowdenassociates.com

Cost: \$900 for 8 hours spent with a counselor. Flexible on how the time is used (e.g., 2 hours per week).

- **Bruce Mast & Associates, Inc.**
Pine Street Shilling
11 Court Street
Exeter, NH 03833
(603) 772-4488
bmast@bmaunlimited.com

Cost is \$1,200 for first month; \$800 for each additional month. First month includes five 1-1/2 hour sessions with a career consultant

Services by both companies:

- Both provide relocation support to help the family member or partner clarify and address
 - career goals
 - Needs analysis. Assessing interests, strengths, and career objectives
 - Developing a market driven resume
 - Designing an individual marketing plan
 - Reviewing search and networking techniques

Snowden will also assist with cultivating position offers; they have contacts with placement firms.

- Career ReloCorp
80 Business Park Drive
Armonk, NY 10504
1-800-701-RELO
services@relocorp.com

Provides transition assistance, helping employees and families embark upon new and rewarding careers and lifestyles. They provide support to: making the right career decision, finding a new and rewarding job, settling into a new community. Fee is \$1,500 for the

program which includes intake by telephone, resume writing, contacting 25 companies regarding employment opportunities (add'l \$500 for additional 25 companies). Companies are identified through area research of multiple databases. For an additional \$300, in-person interview training is provided.

Placement services available:

- Key Partners, Inc.
216 Lafayette Road
N. Hampton, NH 03862
(603) 964-9495
www.keypartnersinc.com

Seacoast area of NH, Maine and Vermont within a 50-mile radius. Placement services are of no charge to the spouse or partner. Resume preparation charges are \$100.00 (usually a 2 hour turn around time to receive hard copy and diskette). Any spouse/partner referrals should indicate they are with UNH and in search of a job.

- Adecco
195 Hanover Street, Suite 16
Portsmouth, NH 03801
(603) 436-5335
(800) 455-5335

Short-term and long-term temporary, temp-to-hire and direct-hire positions. No charge to spouse or partner for direct placement. Servicing the seacoast area as well as Nashua and Manchester. Work includes accounting, engineering, systems networks and some administrative.