

## UNH Managers

Two seasonal flu vaccine clinics will be held in **November** in collaboration with UNH HR and Harvard Pilgrim Health Care. The seasonal flu vaccine protects against 3 flu viruses which are expected to circulate this year but does not protect against H1N1 (formerly known as the swine flu). Seasonal flu vaccinations will be available for **faculty, staff and their dependents** (age 9 and over) on **November 10<sup>th</sup> and 18<sup>th</sup>**. Harvard Pilgrim is partnering with vendor, Maxim Health to provide these clinics on the Durham campus for both Harvard Pilgrim and non-Harvard Pilgrim subscribers.

Getting a flu vaccination is the best way to protect you from the seasonal flu along with other preventive actions such as frequent hand washing, covering your mouth and nose with a tissue when coughing and sneezing and avoiding touching your mouth, eyes and nose to stop the spread of germs. These clinics have been scheduled on different days and times to give flexibility for employees to attend the clinic before the work day begins, at the end of the work day and over the lunch period to minimize the amount of work release time needed. Though release time is granted at the discretion of managers and supervisors to attend University-sponsored events such as this, we encourage flexibility to allow as many employees as possible the opportunity to get immunized.

**Thank you for supporting a healthy UNH community!**

NOVEMBER Sessions	
<b>Date:</b> Tuesday, November 10, 2009	<b>Date:</b> Wednesday, November 18, 2009
<b>Time:</b> 11:00am – 5:00pm	<b>Time:</b> 5:30am – 10:00am
<b>Location:</b> MUB Room 338/340	<b>Location:</b> MUB Room 338/340
<b>Cost:</b> No cost for UNH Harvard Pilgrim subscribers when presenting UNH Harvard Pilgrim ID. *If you bring family members with you, please have the insurance card for each vaccine recipient.	
<b>Payment for non-Harvard Pilgrim subscribers:</b> \$25 cash or check made out to Maxim Health	

**Registration is not required for these flu clinics.**

\*Please allow 20 minute wait time after receiving the seasonal flu vaccine. For additional information on the seasonal flu & swine flu visit the following resources:

[www.unh.edu/health-services/news/seasonal\\_flu.html](http://www.unh.edu/health-services/news/seasonal_flu.html) and [www.usnh.edu/hr/health-wellness/swine-flu.html](http://www.usnh.edu/hr/health-wellness/swine-flu.html)

**FYI** - *UNH Health Services* will be available with educational information at each session about the seasonal flu, the H1N1 flu and when the H1N1 flu vaccine will be available on the UNH campuses.