

Flow Chart for missed ACTIVE oral contraceptive pills

Missed 1 pill	Take as soon as possible. Take next pill at regular time.	No back- up method is needed.		
Missed 2 pills during weeks 1 or 2	Take 2 pills a day for 2 days at least 6 hours apart with food (if queasy) and finish pack.	Use back-up method for the next 7 consecutive days.		
Missed 2 pills During Week 3	Sunday Starter	Take 1 pill everyday till Sunday. Start NEW pack on Sunday.	Use back-up method for next 7 consecutive days.	
Day 1 starter	Stop using rest of pack. Start NEW pack same day.	Use back-up method for next 7 consecutive days.		
Missed 3 or more pills	Sunday Starter	Take 1 pill every day till Sunday. Start NEW pack on Sunday	If unprotected intercourse consult with your health care provider	Use back up method for next 7 consecutive days.
Day 1 Starter	Stop using rest of pack. Start New pack on same day.	If unprotected intercourse consult with your health care provider	Use back up method for next 7 consecutive days.	

***Save partially used packs for spare until they expire,
then throw unused pills away.**