



Eye Drops

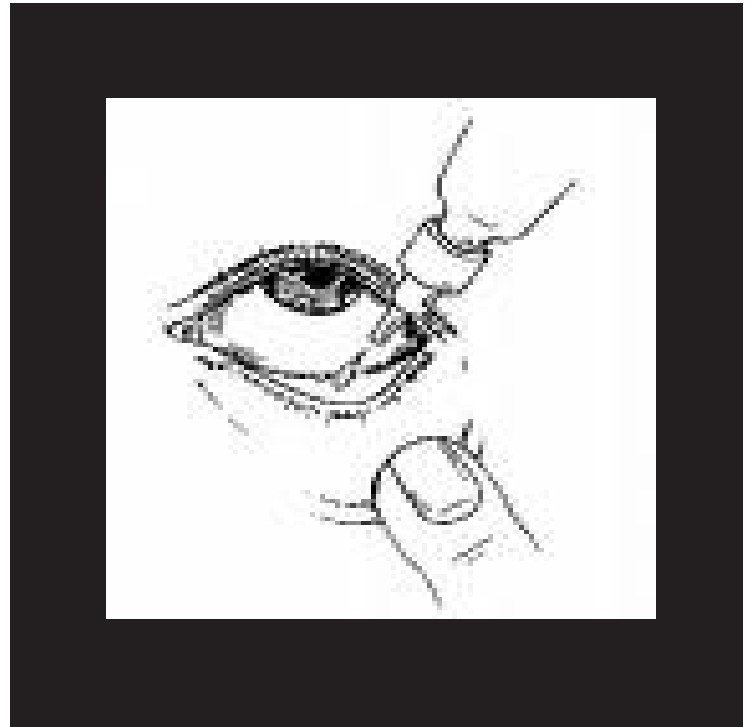


HOW TO USE EYE DROPS:

- Wash hands thoroughly with soap and water.
- If a dropper is supplied, make sure there are not chips or cracks at the end of the dropper.
- If a dropper is supplied, hold the dropper tip down all the time. This prevents the drops from flowing back into the bulb where they may become contaminated.
- The eye drops must be kept clean. Avoid touching the dropper against the eye or anything else.
- If the eye drops are a cloudy suspension, shake them for ten seconds.
- Lie down with pillow under shoulders, this will flex your neck.
- Close your eyes gently.
- Drop 2 drops into inner corner of eye or have someone else do it for you.
- Open and close your eyes slowly 3-4 times to allow the medication to flow into your eye.
- Wipe off excess fluid with tissue.
- Wash hands to remove any medicine.

REMEMBER:

- Follow instructions carefully
- Do not miss dose
- Use the exact number of drops



Contact Health Services if you have any additional questions or concerns



HEALTH SERVICES

(603)862-2856 (during hours of operation) | (603) 862-1530 (after hours)
www.unh.edu/health-services

