

Local Alcoholics Anonymous Meetings

Town	Day	Time	Location	Meeting Type
Durham	Monday	12:00-1:00 pm	St. George's Episcopal Church, Main Street	DCHN September-May Only
		5:30-6:30 pm	St. George's Episcopal Church, Main Street	Women in Dignity
	Tuesday	12:10-1:00 pm	St. George's Episcopal Church, Main Street	Durham Action Group: SBDHN
		8:00-9:00 pm	Unitarian Church, 20 Madbury Road	Durham Original Group: SDN
	Thursday	7:00-8:15 pm	St. George's Episcopal Church, Main Street	Fresh Beginners, CSDN
Dover	Sunday	9:00-10:00 am	Triangle Club, 120 Broadway	Half and Half Group: CDH
		10:30-12:00 pm	Wentworth Douglas Hospital Auditorium	Resurrection Group: SDHN
		12:00-1:00 pm	Triangle Club, 120 Broadway	Sunday Noon: SH
		4:30-5:30 pm	Triangle Club. 120 Broadway	Steps 1-2-3 Only: CXDH
		7:30 pm	First Parish Church, Silver and Central Ave.	Road to Recovery: SDN
		8:00 pm	Triangle Club, 120 Broadway	Sunday Night S.D. Group: SDH
	Monday	7:00-8:00 am	Hale House- St. Thomas Church, 5 Hale St.	Morning Reflections Group: D
		12:00-1:00 pm	Triangle Club, 120 Broadway	Monday Noon Group: SDH
		5:30-6:45 pm	Triangle Club, 120 Broadway	A Way of Life: CXDH
		7:30-8:30pm	Triangle Club, 120 Broadway	Just for Today: SDH
	Tuesday	12:00-1:00 pm	Triangle Club, 120 Broadway	Noontime Group: SH
		7:30-8:45 pm	Triangle Club, 120 Broadway	We Care Group: DH
	Wednesday	7:00-8:00 am	Hale House- St. Thomas Church, 5 Hale	Moring Reflections Group: D

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		12:00-1:00 pm	Triangle Club, 120 Broadway	As Bill Sees It: SDH
		5:30-6:30 pm	Triangle Club, 120 Broadway	After Work Group: SDH
		7:00-8:00 pm	ST. Joseph's Church, Central Avenue	Clean Sweep Group: CXDN
		7:30-8:45 pm	Triangle Club, 120 Broadway	Grateful Hearts Group: CBDH
		7:30-8:30 pm	Dover Youth Center, 30 St. Thomas St.	Locker Room Young Peoples Mtg
	Thursday	10:00-11:00 pm	Triangle Club, 120 Broadway	Morning Step Meeting: SDH
		12:00-1:00 pm	Triangle Club, 120 Broadway	H.O.W. Group: SDH
		7:00-8:00 pm	Triangle Club, 120 Broadway	KISS Group: DH
		7:30-8:30 pm	St. Thomas Episcopal Church	Dover Original Group: SHN
	Friday	7:00-8:00 am	Hale House- St. Thomas Church, 5 Hale St.	Morning Reflections Group: D
		7:00-8:15 pm	Triangle Club, 120 Broadway	Friday Night Friendship: SH
	Saturday	8:30-9:30 pm	Triangle Club, 120 Broadway	Eye Opener Meeting: SDH
		10:00-11:00 am	Triangle Club, 120 Broadway	Ultimatum Group: SDH
		12:00-1:00 pm	Triangle Club, 120 Broadway	Saturday Noon Group: SDH
		6:00-7:00 pm	Triangle Club, 120 Broadway	Sat. Night Commitment: SH
Lee	Sunday	8:30-9:30 pm	Lee Community Church, Route 155	Lee Discussion Group: SDHN
Kittery, ME	Sunday	4:30-5:30pm	1 st Congregational Chr. Parish Hall, Rt 103	Seaside Group
	Monday	7:30-8:30 am	Kittery Youth Connection, Shapleigh Rd.	What's Good About Today
	Tuesday	7:30-8:30 am	Kittery Youth Connection, Shapleigh Rd.	What's Good About Today
	Wednesday	7:30-8:30 am	Kittery Youth Connection, Shapleigh	What's Good About Today

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		7:00-8:00 pm	St. Raphael Church, Whipple Road	There is a Solution
	Thursday	7:30-8:30 am	Kittery Youth Connection, Shapleigh Rd.	What's Good About Today
		7:30-9:00 pm	1 st Congregational Church, Pepperell Rd.	Men's 12 & 12
	Friday	7:30-8:30 am	Kittery Youth Connection, Shapleigh Rd.	What's Good About Today
	Saturday	9:00-10:00 am	St. Raphael Church, Whipple Road	Kittery Original Group: SHN
		7:00-8:00 pm	Kittery Youth Connection, Shapleigh Rd.	Sat. Night Alternative Group
Newmarket	Wednesday	7:00-8:00 pm	Community Church, Main Street	New Beginning Group: SDN
Newington	Friday	8:00-9:30 pm	Holy Trinity Church, 22 Fox Run Road	Pease Big Box Group: DHN
	Saturday	9:00-10:30 am	Holy Trinity Church, 22 Fox Run Road	CBXHN
Portsmouth	Sunday	8:00-9:00 am	Portsmouth Pavilion, Borthwick Avenue	Sunday Morning Daybreak: SHN
		10:30-11:30	Senior Citizens Center, next to Police	CSDN
		7:30-8:30 pm	Community Campus, 100 Campus Drive	Sundowners: SHN
	Monday	10:00-11:00 am	St. Catherine's Church, Woodbury Avenue	Early Birds Group: SN
		12:00-1:00 pm	Salvation Army, 15 Middle Street	Hi-Nooners: DHN
		7:30-9:00 pm	Union Hall across from Yokens	Men's Group: CDN
		7:30-8:30 pm	Salvation Army, 15 Middle Street	Back to Basics: SDN

	Tuesday	7:00-8:00 am	Karnan House, 206 Court Street	Good Morning Tuesday, SDN
		12:00-1:00 pm	Salvation Army, 15 Middle Street	Hi-Nooners: DHN
		7:00-8:30 pm	ST. John's Church, 105 Chapel Street	Young People: SD
		7:30-8:30 pm	Cross Roads House, 600 Lafayette Road	Feelings Group: DN
		7:30-8:30 pm	Community Campus, 100 Campus Drive	Fresh Start Beg. Mtg., DN
	Wednesday	7:30-8:30 am	Karnan House, 206 Court Street	As Bill Sees It
		10:00-11:30 am	St. Catherine's Church, Woodbury Avenue	Bring Your Own Book: CDN
		12:00-1:00 pm	Salvation Army, 15 Middle Street	Hi-Nooners: DHN
		7:30-8:30 pm	Community Campus, 100 Campus Drive	High Power Group: SHN
	Thursday	10:00-11:00 am	St. James Church, Lafayette Road	Eyeopener Group: SN
		12:00-1:00 pm	Salvation Army, 15 Middle Street	Hi-Nooners: DHN
		5:30-6:30 pm	United Methodist Church, 129 Miller Ave.	12 & 12
		6:30-8:00 pm	477 State Street	Women's Step Meeting: CN
		7:30-8:45 pm	Cross Roads House, 600 Lafayette Road	Living Today: SDN
		7:30-8:30 pm	United Methodist Church, 129 Miller Ave.	Living the Solution
	Friday	12:00-1:00 pm	Salvation Army, 15 Middle Street	Hi-Nooners: DHN
		5:30-6:30 pm	Unitarian Church, 292 State Street	Happy Hour Group: DN
		7:30-8:30 pm	Community Campus, 100 Campus Drive	Wing Ding Group: SHN
		8:00-9:15 pm	Salvation Army. 15 Middle Street	Portsmouth Faith Group: SHN
		8:00-9:30 pm	Red Cross Bld- City Hall, Junkins Avenue	Gay Together in Sobriety: GDN
	Saturday	2:00-3:00 pm	Salvation Army, 15 Middle Street	Afternoon Delight, DHN

		7:30-8:30 pm	Town Hall, Great Room, Junkins Avenue	Original Beginner Meeting: HDN
		7:30-9:00 pm	Community Campus, 100 Campus Drive	1-2-3 Basic Step Group

Key to Meeting Descriptions:

H = Handicapped Accessible

S = Speaker

D = Discussion

B= Big Book Meeting

C = Closed to all but AA members and those who have a desire to stop drinking

X = Step Meeting

Z = Smoking Allowed

● = AlAnon meeting the same place at the same time