



The Top Ten Reasons Why Sober Sex is Better Sex

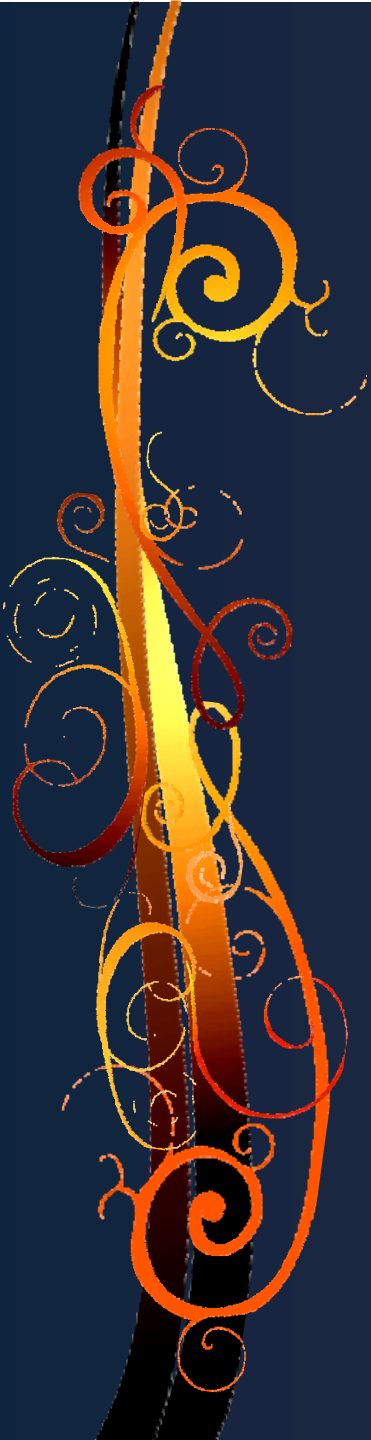
Office of Health Education and Promotion, Health Services
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Number 10

Reason Why Sober Sex is Better Sex

Sober Sex Is Orgasmic ...

moderate to heavy alcohol use
makes it harder to reach an
orgasm for men and women.

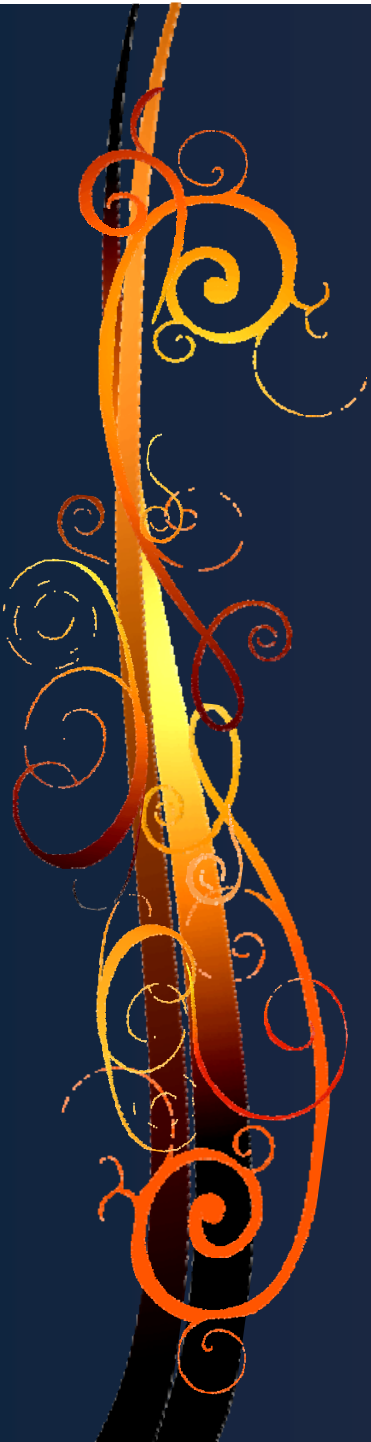


Number 9

Reason Why Sober Sex is Better Sex

Sober Sex Is More Sensual...

You have more time for foreplay.
Plus, when you are drunk, your
nerves are numb – sex doesn't
feel as good when you are numb.

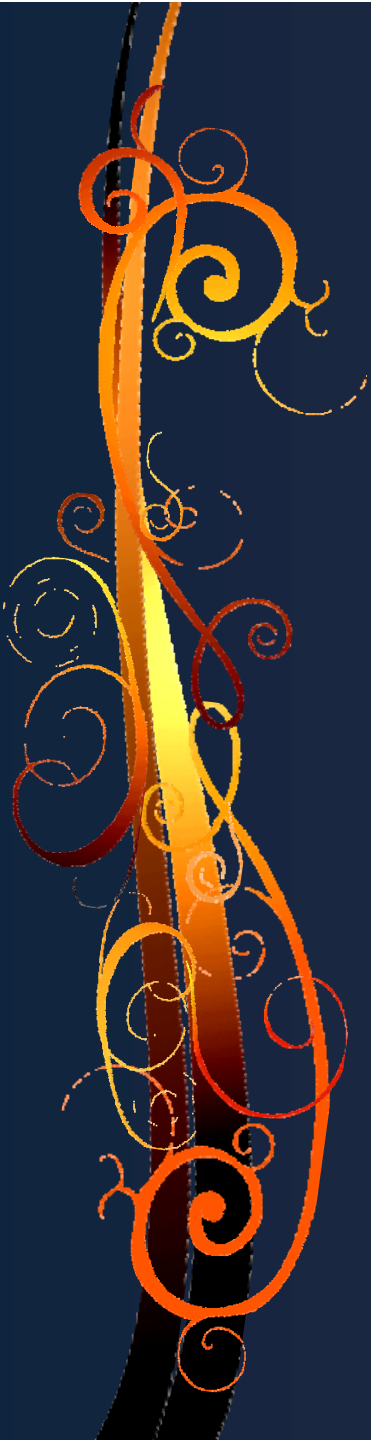


Number 8

Reason Why Sober Sex is Better Sex

Sober Sex Is Sexy...

You are able to clearly communicate what you want and what you like, and how you want what you like.

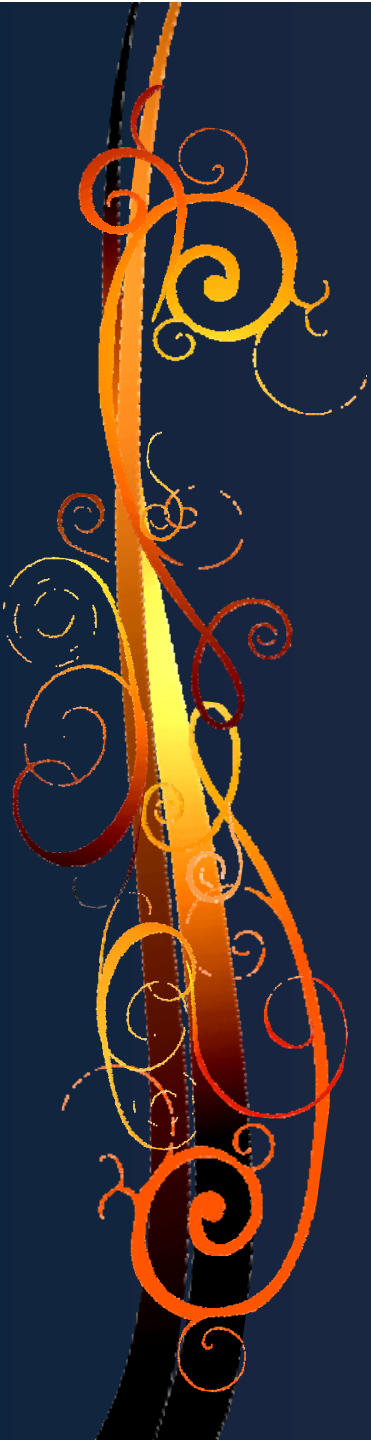


Number 7

Reason Why Sober Sex is Better Sex

Sober Sex Is Memorable...

You remember the experience, every tingling minute. High-risk alcohol use can lead to short term memory loss.

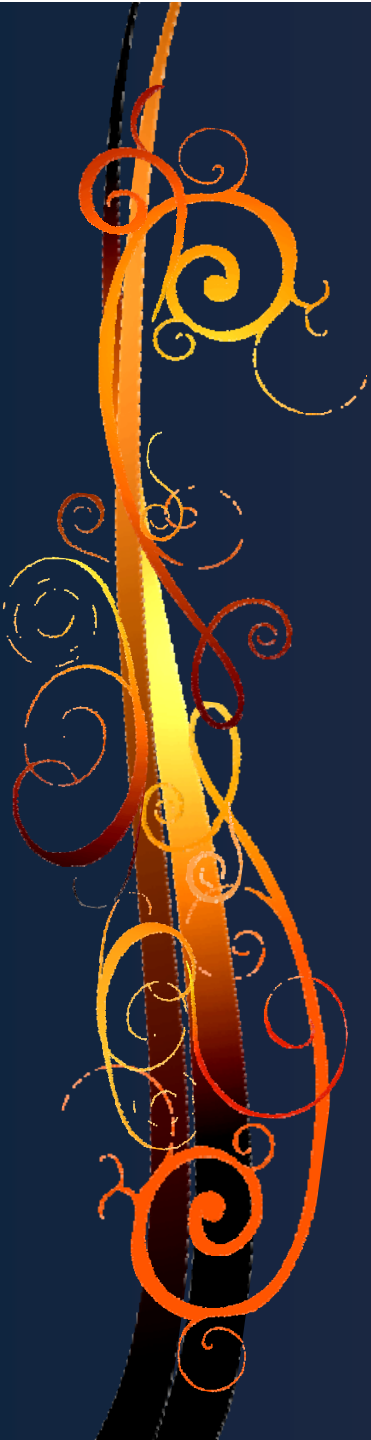


Number 6

Reason Why Sober Sex is Better Sex

*With Sober Sex,
There's No Walk of Shame...*

When you make your decisions sober, there is less chance of regret or embarrassment.



Number 5

Reason Why Sober Sex is Better Sex

Sober Sex Is Fully Functioning...

Intoxication can impair a man's ability to keep an erection. Both men and women can find that they don't respond the way they would like to respond.



Number 4

Reason Why Sober Sex is Better Sex

Sober Sex Is Playful...

Sex is better when both people are into it. If one or both people are too drunk, it's hard to play.

Sex is better when both parties are into it!

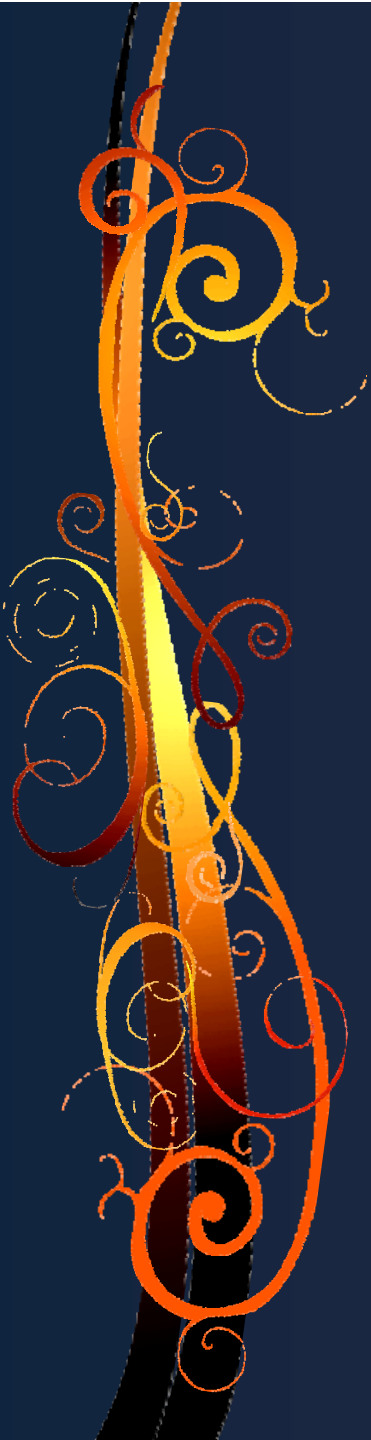


Number 3

Reason Why Sober Sex is Better Sex

Sober Sex Is Passionate...

No interruptions like having to use
the bathroom, vomit, or fall
asleep.





Number 2

Reason Why Sober Sex is Better Sex

Sober Sex Is Legal...

According to NH State law, having sex with an intoxicated person meets the definition for sexual assault.

Number 1

Reason Why Sober Sex is Better Sex

Sober Sex Is Safer Sex...

People are more likely to use a condom incorrectly, or to forget to use one, when drinking.

