

## FLU CLINICS FOR FACULTY AND STAFF

The *University of New Hampshire* is offering several seasonal flu clinics for employees over the next few weeks.

Getting a flu vaccination is the best way to protect you from the seasonal flu along with other preventive actions such as frequent hand washing, covering your mouth and nose with a tissue when coughing and sneezing and avoiding touching your mouth, eyes and nose to stop the spread of germs. These clinics have been scheduled on different days and times to give flexibility for employees to attend the clinic before the work day begins, at the end of the work day and over the lunch period to minimize the amount of work release time needed. Though release time is granted at the discretion of managers and supervisors to attend University-sponsored events such as this, we encourage flexibility to allow as many employees as possible the opportunity to get immunized.

**Thank you for supporting a healthy UNH community!**

*UNH Health Services* is offering a seasonal flu vaccine clinic during **October**. *UNH Human Resources* will be coordinating two seasonal flu vaccine clinics in **November** in collaboration with *Harvard Pilgrim Health Care*. The seasonal flu vaccine protects against 3 flu viruses which are expected to circulate this year but does not protect against H1N1 (formerly known as the swine flu).

OCTOBER Session	NOVEMBER Sessions	
<b>Date:</b> Wednesday, October 14, 2009	<b>Date:</b> Tuesday, November 10, 2009	<b>Date:</b> Wednesday, November 18, 2009
<b>Time:</b> 11:00am – 5:00pm	<b>Time:</b> 11:00am – 5:00pm	<b>Time:</b> 5:30am – 10:00am
<b>Location:</b> Granite State Room, MUB	<b>Location:</b> MUB Room 338/340	<b>Location:</b> MUB Room 338/340
<b>Cost:</b> \$25 for Faculty/Staff	<b>Cost:</b> No cost for UNH Harvard Pilgrim subscribers when presenting UNH Harvard Pilgrim ID. *If you bring family members with you, please have the insurance card for each vaccine recipient.	
<b>Payment:</b> Credit Card (MC/Visa), CATs Cache, check or cash	<b>Payment:</b> Non-Harvard Pilgrim subscribers - \$25 cash or check made out to Maxim Health	

**Registration is not required for these flu clinics.**

\*Please allow 20 minute wait time after receiving the seasonal flu vaccine. For additional information on the seasonal flu visit: [http://www.unh.edu/health-services/news/seasonal\\_flu.html](http://www.unh.edu/health-services/news/seasonal_flu.html)

The UNH Office of Human Resources, in collaboration with Harvard Pilgrim Health Care, is pleased to offer seasonal flu vaccinations for **faculty, staff and their dependents** (age 9 and over) on **November 10<sup>th</sup> and 18<sup>th</sup>**. Harvard Pilgrim is partnering with vendor, Maxim Health to provide these clinics on the Durham campus for both Harvard Pilgrim and non-Harvard Pilgrim subscribers. There will be no out-of-pocket cost to UNH Harvard Pilgrim subscribers as long as they bring their UNH Harvard Pilgrim ID to the clinic. The cost of the vaccination will then be processed directly via claims. For non-Harvard Pilgrim subscribers, the cost will be \$25 by cash or check made out to Maxim Health at the time of vaccination.

UNH Health Services will be providing educational information at all three sessions about the seasonal flu, the H1N1 flu and when the H1N1 flu vaccine will be available on the UNH campuses.