

Sample Nomination

Relationship: Kait is a student in the Recreation Management & Policy Department, studying Therapeutic Recreation. She began volunteering with us at Northeast Passage through her coursework, and has continued to volunteer with our programs beyond her course requirements with our adaptive Sled Hockey programs.

Nomination:

Kait is a dedicated young professional, who is taking full advantage of the unique opportunity to work with Northeast Passage (NEP) during her undergraduate career at UNH. Following in her mother's footsteps as an allied health professional, Kait is an aspiring Recreation Therapist, who has taken the initiative to gain valuable experience working with the NEP Adaptive Sled Hockey program. Her dedication to this program is evident as she has assumed the coaching position of the Junior Development team, teaching young athletes with disabilities the game of hockey, skating skills using an ice sledge, teamwork, and sportsmanship. For many of the athletes on this team, this is the first opportunity they may have ever had to play a team sport, and Kait is guiding them, and their parents, through this experience. Kait has proven herself an asset to Northeast Passage programming and we would like to formally recognize her commitment.

In addition to her direct service to our organization, Kait has supported Northeast Passage programming through her family's annual fundraiser. Kait lost her mother to cancer, and every year, her family puts on a golf tournament to support local charities. This year, Kait proposed that the proceeds be donated to Northeast Passage, in support of the programs that have meant so much to her academically, professionally, and personally.

Kait continues to be involved with Northeast Passage programming, working with young athletes with disabilities and their families, and we feel her story is deserving of being "told."

Sample Nomination

Relationship: I first met Brooke when I was a guest lecturer in a class she was taking. Part of the requirement of the class was to do a placement with an educator. She volunteered to work with me. Her project was to design educational materials, staff tables and educate the UNH community about Fat Talk Free week. She immediately became a passionate activist with this initiative. She effectively spread the word about the dangers of fat talk.

While completing her placement with me, Brooke decided to volunteer to become an Eating Concern Mentor (ECM). ECM's are highly trained peer educators who provide support and education to UNH students struggling with eating concerns.

Nomination:

When I first met Brooke, I was struck by her maturity and her real life experiences. She quickly shared with me her history of substance abuse, disordered eating and illness. Brooke transferred to UNH from a local community college. She is a bit older than her peers. She joined the crew team, loves to lift weights and is excited to be a UNH student. She is so grateful that today she is a healthy, engaged and active individual. She is determined to take advantage of the full UNH experience and to keep herself healthy.

She recently shared her life experiences as part of a Health Services body image film series and discussion. She is also contributing her story to an educational project spearheaded by our Alcohol, Tobacco and Other Drugs counselor at Health Services. She credits her recovery to individuals who have helped her along the way and realizes how important helping others is to her own recovery.

Brooke was interviewed by The New Hampshire and had an opportunity to share her story with the UNH community. She has just completed her ECM training and is ready to provide mentoring support to UNH students struggling with eating concerns next semester.

Because of her amazing discovery this semester, Brooke is now majoring in Nutrition and her career goal is to become an eating disorders counselor.

Brooke is one of those students who you feel immensely proud of. She has overcome some amazing adversity, is willing to share her story and pave her own way.